



“Achieving Health Equity Through Public Health”

*Medi-Cal Tribal and Indian Health Program
Designee Annual Meeting*

March 3, 2015



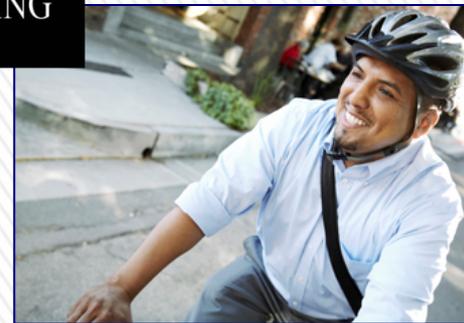
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California Department of Public Health**



Mission

Office of Health Equity

The Office of Health Equity (OHE) will provide a key leadership role to reduce health and mental health disparities to vulnerable communities.



“Health Equity”

Means efforts to ensure that all people have full and equal access to opportunities that enable them to lead healthy lives.

Source: California Health and Safety Code Section 131019.5



Aligning state resources, decision-making, and programs, OHE is charged with the following:



- Achieve the highest level of health and mental health for all people, with special attention focused on those who have experienced socioeconomic disadvantage and historical injustice, including, but not limited to, vulnerable communities and culturally, linguistically, and geographically isolated communities.
- Work collaboratively with the Health in All Policies Task Force to promote work to prevent injury and illness through improved social and environmental factors that promote health and mental health.
- Advise and assist other state departments in their mission to increase access to, and the quality of, culturally and linguistically competent health and mental health care and services.
- Improve the health status of all populations and places, with a priority on eliminating health and mental health disparities and inequities.



Definition of Terms

Health and Mental Health Equity

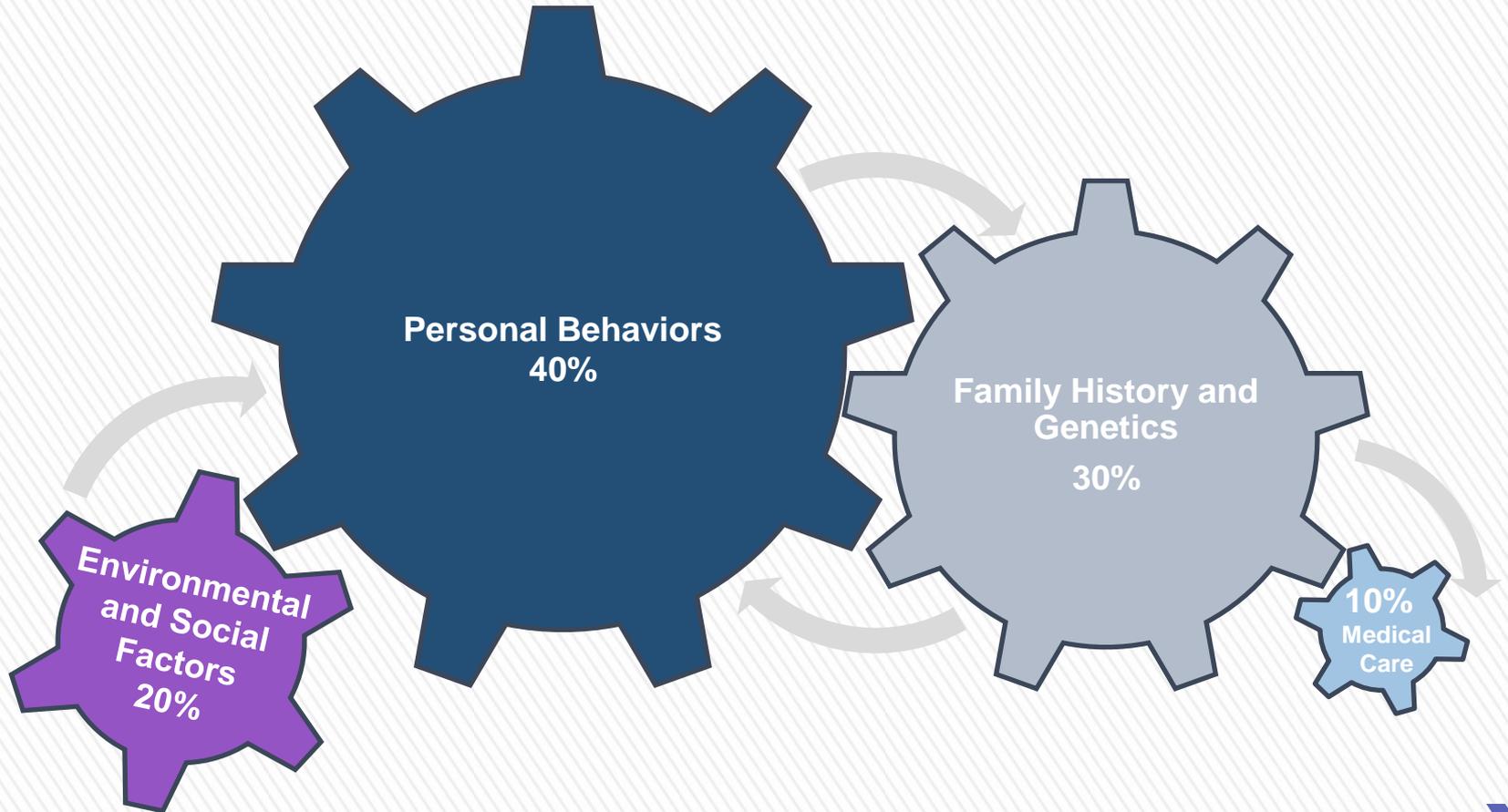
- ❑ **Determinants of Equity:** The social, economic, geographic, political, and physical environmental conditions that lead to the creation of a fair and just society.
- ❑ **Health and Mental Health Disparities:** Differences in health and mental health status among distinct segments of the population, including differences that occur by gender, age, race or ethnicity, sexual orientation, gender identity, education or income, disability or functional impairment, or geographic location, or the combination of any of these factors.
- ❑ **Health and Mental Health Inequities:** Disparities in health or mental health, or the factors that shape health, that are systemic and avoidable and, therefore, considered unjust or unfair.
- ❑ **Vulnerable Communities:** Vulnerable communities include, but are not limited to, women, racial or ethnic groups, low-income individuals and families, individuals who are incarcerated and those who have been incarcerated, individuals with disabilities, individuals with mental health conditions, children, youth and young adults, seniors, immigrants and refugees, individuals who are limited-English proficient (LEP), and Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQQ) communities, or combinations of these populations.
- ❑ **Vulnerable Places:** Places or communities with inequities in the social, economic, educational, or physical environment or environmental health and that have insufficient resources or capacity to protect and promote the health and well-being of their residents.

Source: California Health and Safety Code Section 131019.5



More Than Access to Care

Health is driven by multiple factors that are intricately linked – of which medical care is one component.



Determinants of Health and Their Contribution to Premature Death. Adapted from McGinnis et al. Copyright 2007



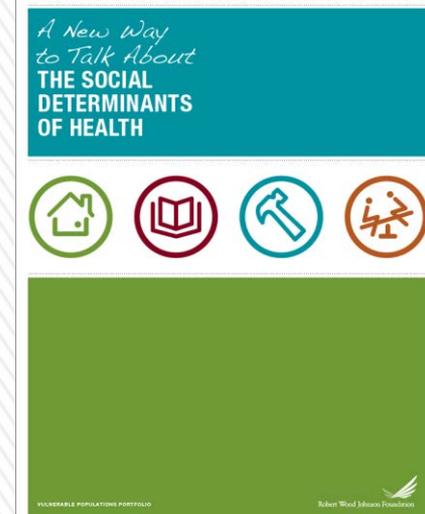
What are Social Determinants of Health?

According to the World Health Organization...

- The social determinants of health are the conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power and resources at global, national and local levels.

A New Way to Talk About...

- Health starts where we live, learn, work, pray and play.
- “Not just for people working in the field, but for policy-makers.”



Addressing “Social Determinants” of Health and Mental Health Disparities and Inequities



- (A) Income security
- (B) Food security and nutrition
- (C) Child development, education, and literacy rates
- (D) Housing
- (E) Environmental quality
- (F) Accessible built environments
- (G) Health care
- (H) Prevention efforts
- (I) Assessing ongoing discrimination and minority stressors
- (J) Neighborhood safety and collective efficacy
- (K) The efforts of the Health in All Policies Task Force
- (L) Culturally appropriate and competent services and training
- (M) Linguistically appropriate and competent services and training
- (N) Accessible, affordable, and appropriate mental health services.



Transforming the conditions in which people are **BORN, GROW, LIVE, WORK and AGE** for optimal health, mental health & well-being.

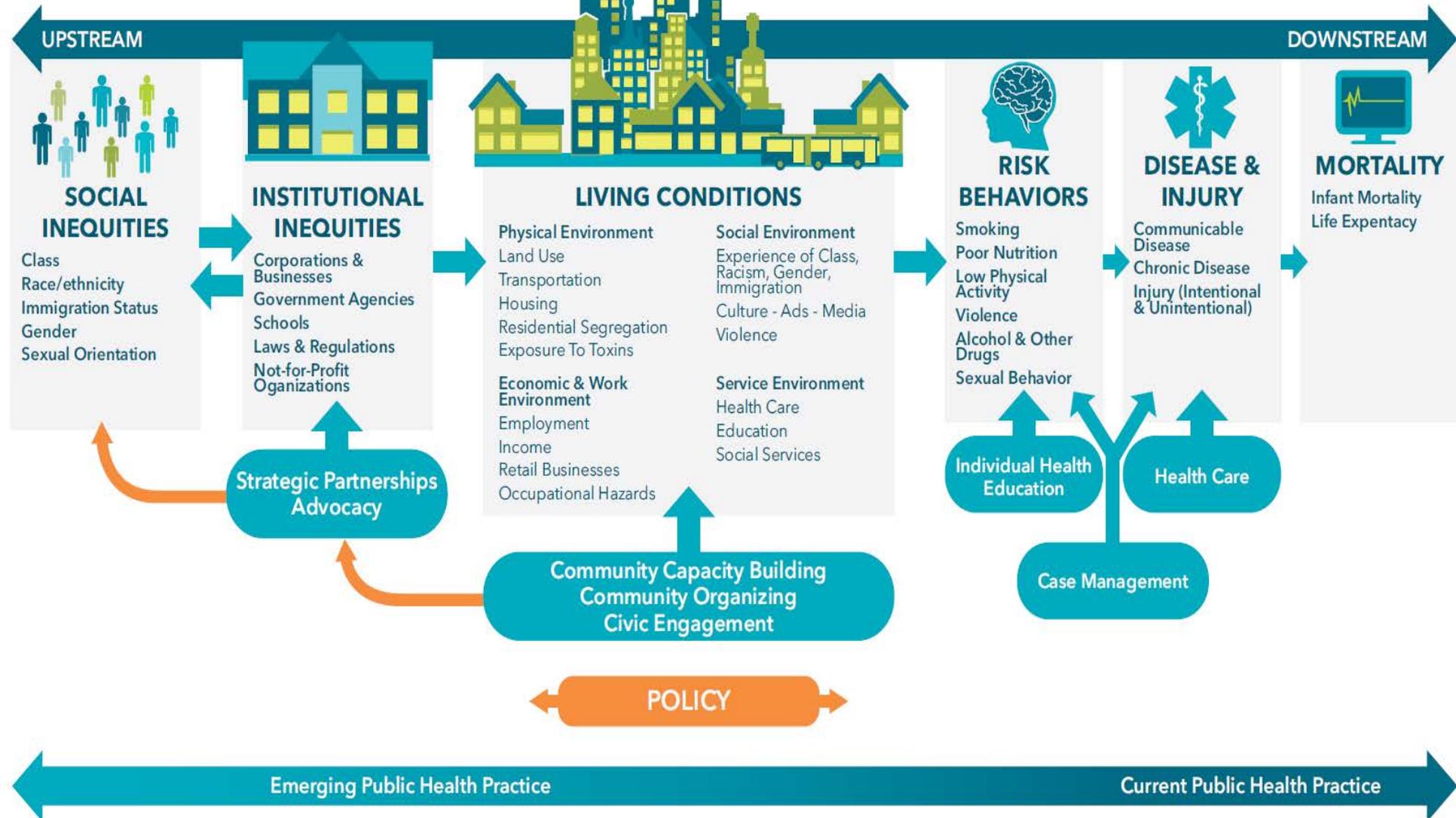


FIGURE 4: Achieving Health & Mental Health Equity At Every Level

Source: California Department of Public Health, Office of Health Equity as inspired by World Health Organization, Robert Wood Johnson Foundation, and many others.

How Do We Get There?

A PUBLIC HEALTH FRAMEWORK FOR REDUCING HEALTH INEQUITIES BAY AREA REGIONAL HEALTH INEQUITIES INITIATIVE





PORTRAIT OF PROMISE:

California's Statewide Plan to Promote
Health and Mental Health Equity

Report to the Legislature and the People of California
by the Office of Health Equity,
California Department of Public Health,
July 1, 2014



CALIFORNIA'S STATEWIDE PLAN TO PROMOTE HEALTH AND MENTAL HEALTH EQUITY

VISION

Everyone in California has equal opportunities for optimal health, mental health and well-being.

MISSION

Promote equitable social, economic, and environmental conditions to achieve optimal health, mental health, and well-being for all.

CENTRAL CHALLENGE

Mobilize understanding and sustained commitment to eliminate health inequity and improve the health, mental health, and well-being of all.

ASSESSMENT

COMMUNICATION

INFRASTRUCTURE

HEALTH PARTNERS | HEALTH FIELD | COMMUNITIES

Eliminate Health and Mental Health Inequities



CAPACITY BUILDING FOR IMPLEMENTATION

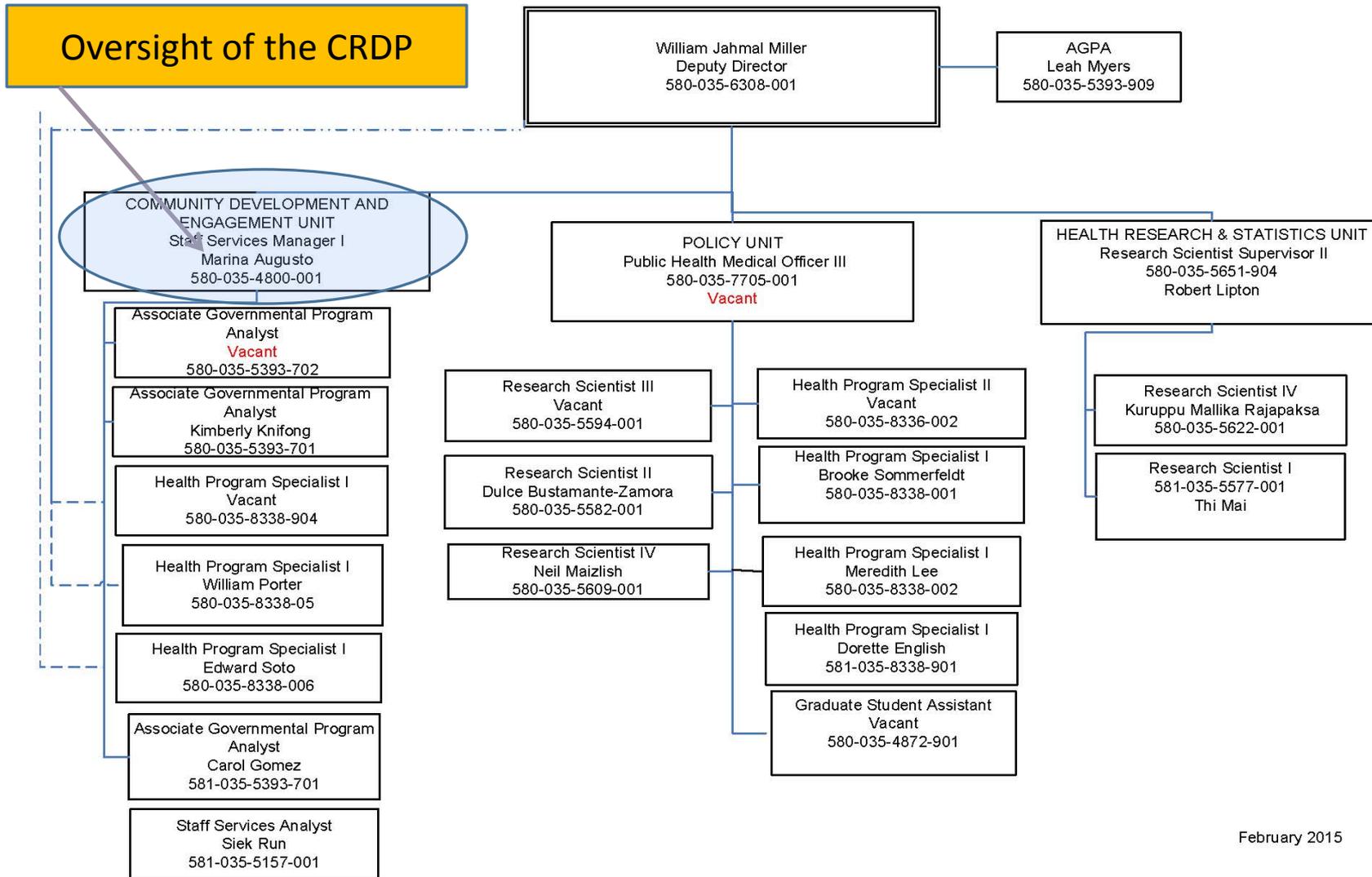
Key OHE Program Highlights

- Inter-Agency Agreement w/ the Department of Health Care Services
- California Reducing Disparities Project – Phases I & II
- Health in All Policies & Climate Change Activities
- California Department of Public Health's Tribal Consultation Policy Update – OHE's leadership role
- Call for applications to serve on OHE's Health Equity Advisory Committee





California Department of Public Health Office of Health Equity



[http://www.cdph.ca.gov/programs/Pages/CaliforniaReducingDisparitiesProject\(CRDP\).aspx](http://www.cdph.ca.gov/programs/Pages/CaliforniaReducingDisparitiesProject(CRDP).aspx)

Favorites

California Reducing Disparities Project (CRDP)

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CRDP Updates

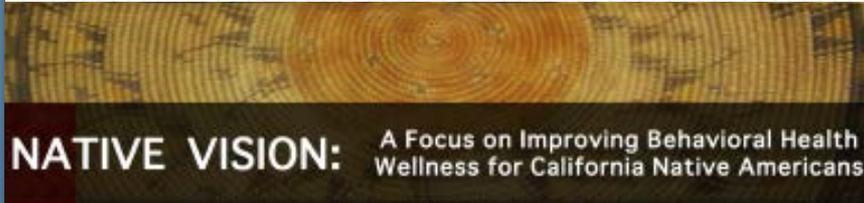
- California Reducing Disparities Project (CRDP) African American Strategic Planning Workgroup (SPW) [Population Report](#)
- California Reducing Disparities Project (CRDP) Asian Pacific Islander Strategic Planning Workgroup (SPW) [Population Report](#)
- California Reducing Disparities Project (CRDP) Latino Strategic Plan Workgroup (SPW) [Population Report](#)
- California Reducing Disparities Project (CRDP) LGBTQ Strategic Planning Workgroup (SPW) [Population Report](#)
- Report California Reducing Disparities Project (CRDP) Native American Strategic Planning Workgroup (SPW) [Population Report](#)

CRDP Contractors

- SPW: The African American Health Institute of San Bernardino County
- ... Clinics
- ... California Davis

Native Vision:

A Focus on Improving Behavioral Health Wellness for California Native



1. Improving Mental Health Wellness: Challenges, Needs, and Opportunities
2. Strategies, Approaches, and Methods for Improving Mental Health Wellness
3. Strategic Directions and Recommended Actions



Tribal Engagements



CDPH Executive Engagement with Tribal Representatives:

- ❑ March 2013
- ❑ February 2014
 - Inter-Tribal Council of California, Inc.
 - Shingle Springs Band of Miwoks
 - Native American Health Center
 - California Consortium from Urban Indian Health

OHE CDPH Additional Engagements:

- ❑ June 2014 | California Rural Indian Health Board (CRIHB), Inc.
- ❑ November 14, 2014 | OHE CDPH attended the CRDP Native American Planning Workshop
- ❑ End of 2014 | OHE Internship/Preceptorship
 - Developed draft Tribal Consultation Policy

Upcoming Engagements:

- ❑ March 2015 | CDPH Office of Quality Performance and Accreditation (OQPA)
 - OQPA is utilizing Prevention Grant funding to support provision of accreditation readiness technical assistance to the local health departments and Tribal health partners.
 - OQPA is engaging in collaborative efforts with the California Rural Indian Health Board (CRIHB).
 - OQPA's External Relations Staff will attend a CRIHB sponsored training for Tribal health programs on March 12, 2015.
 - OQPA's technical assistance to the CRIHB training participants.





Questions?

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www.cdph.ca.gov/programs/pages/ohemain.aspx

