Executive Department
State of California

PROCLAMATION

BY THE GOVERNOR OF THE STATE OF CALIFORNIA

In 2013, approximately 20,430 men in California will be diagnosed with prostate cancer, and more than 3,085 men will die.

Prostate cancer is the most common cancer among men in almost all race/ethnic groups in California. African American men are at especially high risk for prostate cancer, as they are more than 45 percent more likely to develop this disease than non-Hispanic white men. Nearly 60% of prostate cancers are diagnosed among men aged 65 and older.

Very little is known about the cause of prostate cancer. Studies have shown that a diet high in fat, especially animal fat, may be associated with an increased risk of prostate cancer. An increase in a man's dietary intake of fruits and vegetables may lower his risk of getting prostate cancer.

Prostate cancer can be detected by simple tests before any symptoms appear. Men are encouraged to talk with their doctor about the benefits and risks of being tested.

During the month of September, community organizations and individuals throughout California will be commemorating Prostate Cancer Awareness Month through a variety of public education and awareness events.

NOW THEREFORE I, EDMUND G. BROWN JR., Governor of the State of California, do hereby proclaim September 2013 as "Prostate Cancer Awareness Month."

IN WITNESS WHEREOF I have hereunto set my hand and caused the Great Seal of the State of California to be affixed this 28th day of August 2013.

EDMUND G. BROWN JR.
Governor of California

ATTEST:

DEBRA BOWEN
Secretary of State