



# California's Tribal ODS & Tribal Medication Assisted Treatment (MAT) Expansion Project Update

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October 2019



# DMC-ODS Tribal update

- Information Notice to clarify existing Federal 438 requirements.
- Medi-Cal 2020 waiver renewal (inclusive of language for Tribal services)
- Waiver renewal stakeholder engagement set to begin in November 2019.



# Opioid Epidemic in California

In 2018, California had ...

**2,311**

opioid overdose  
deaths

**743**

fentanyl overdose  
deaths

**8,832**

opioid overdose ED  
visits

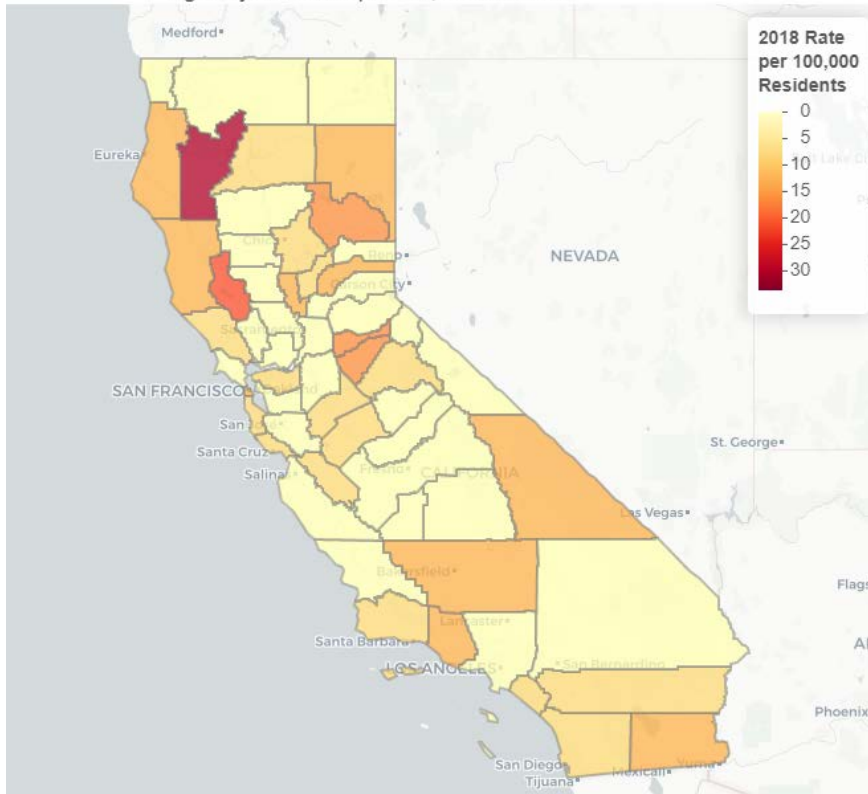
**19,808,224**

opioid prescriptions



# Opioid Overdose Death Rates in California

Any Opioid-Related Overdose Deaths - Total Population, Prelim. 2018  
Age-Adjusted Rate per 100,000 Residents



## CA's Age Adjusted Opioid Overdose Rate Deaths Per 100,000 Residents in 2018

Trinity	33.53
Lake	23.01
Plumas	18.11
Calaveras	17.41
Amador	15.69
San Francisco	14.96
Mendocino	14.64
Lassen	14.53
Inyo	14.45
Venturya	10.66
<b>Statewide</b>	<b>5.54</b>

Source: California Opioid Overdose Surveillance Dashboard  
<https://discovery.cdph.ca.gov/CDIC/ODdash/>



# MAT Expansion Project Objectives



Develop additional MAT locations



Provide MAT services to special or underserved populations



Transform entry points and create effective referrals into treatment



Develop processes to better manage high-risk transitions of care (e.g., jails or hospital re-entry)

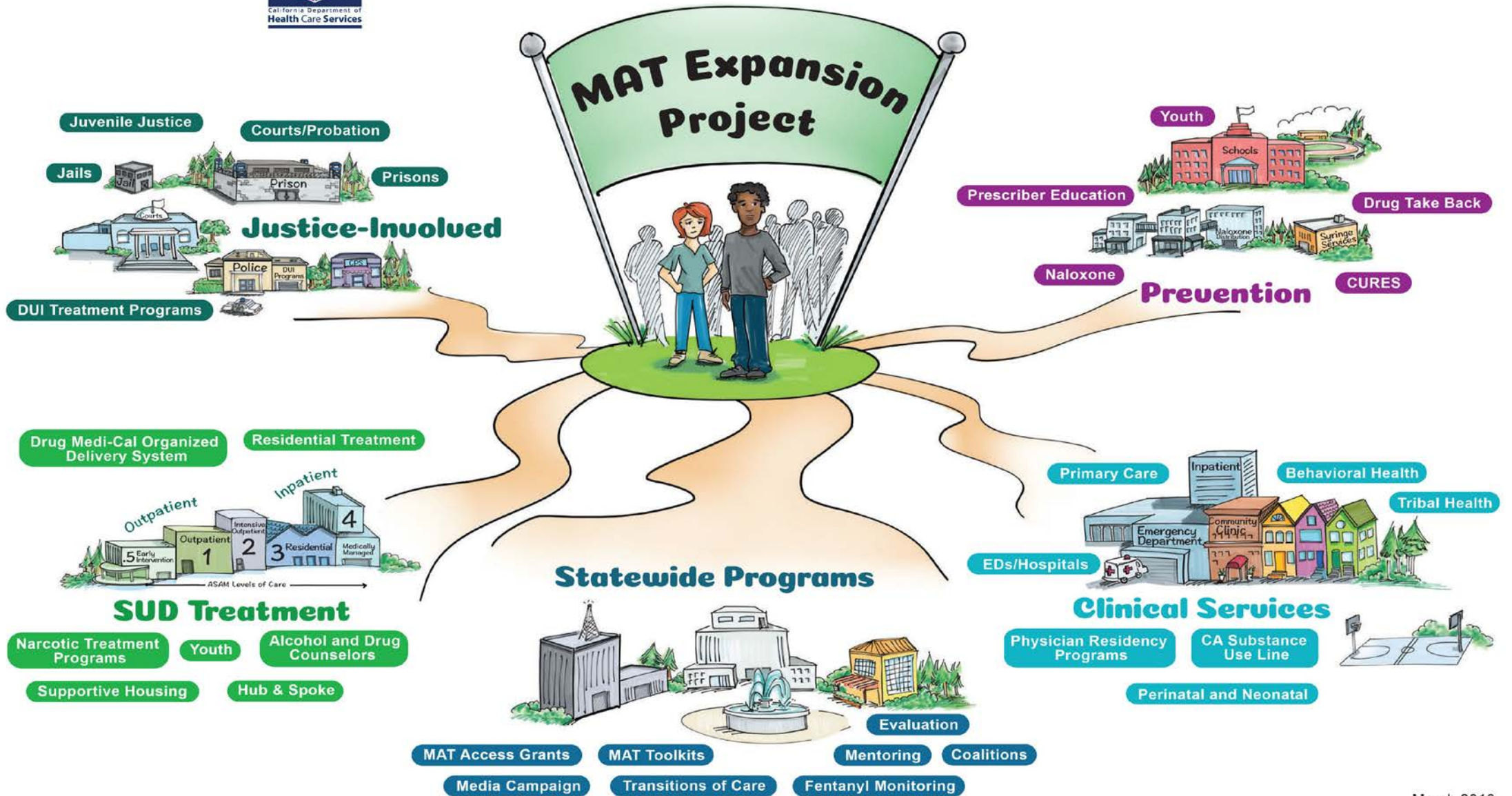


Engage prescribers to increase provision of MAT



Prevent opioid misuse and OUD deaths

# In California, Treatment Starts Here





# The Naloxone Distribution Project (NDP)

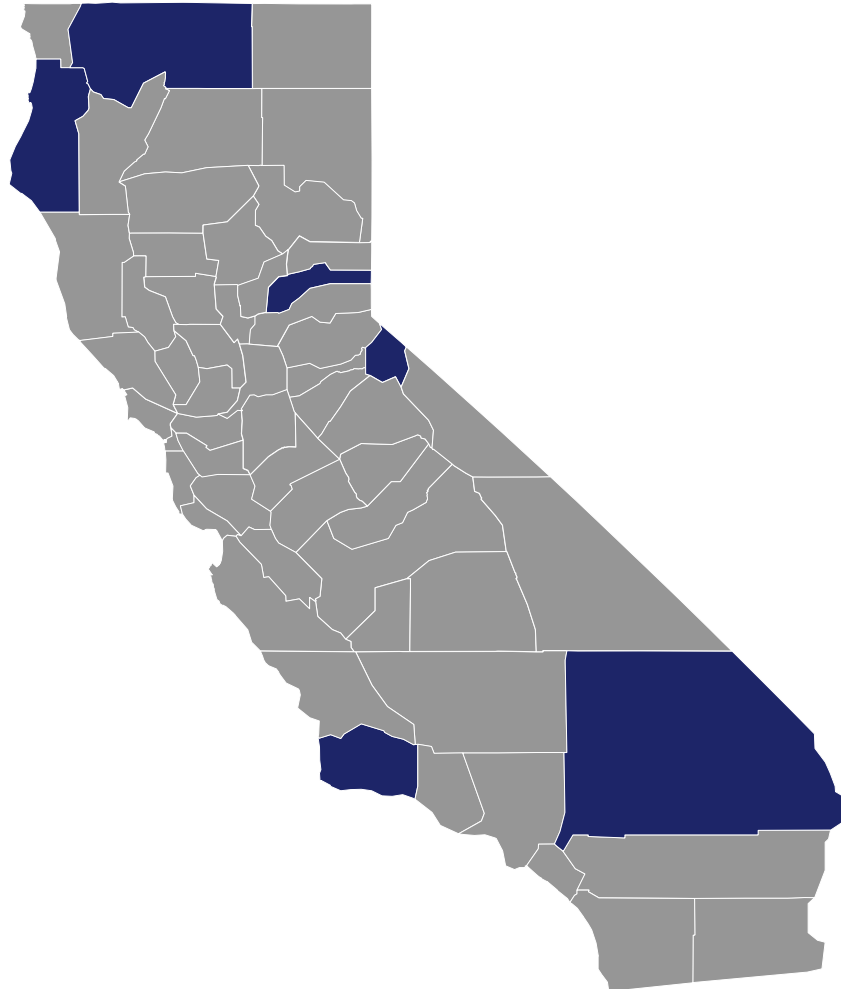
- DHCS is working to reduce opioid overdose-related deaths through provision of **FREE** Naloxone to qualified entities.
- Since October 2018, the NDP has:
  - Processed over **1,000** applications for naloxone
  - Distributed over **230,000** naloxone units
  - Reversed **2,157** opioid overdoses
- To download the application and for more information, visit the DHCS website: <https://bit.ly/2w2Vx9f>.





# Naloxone Distribution to Tribal Organizations

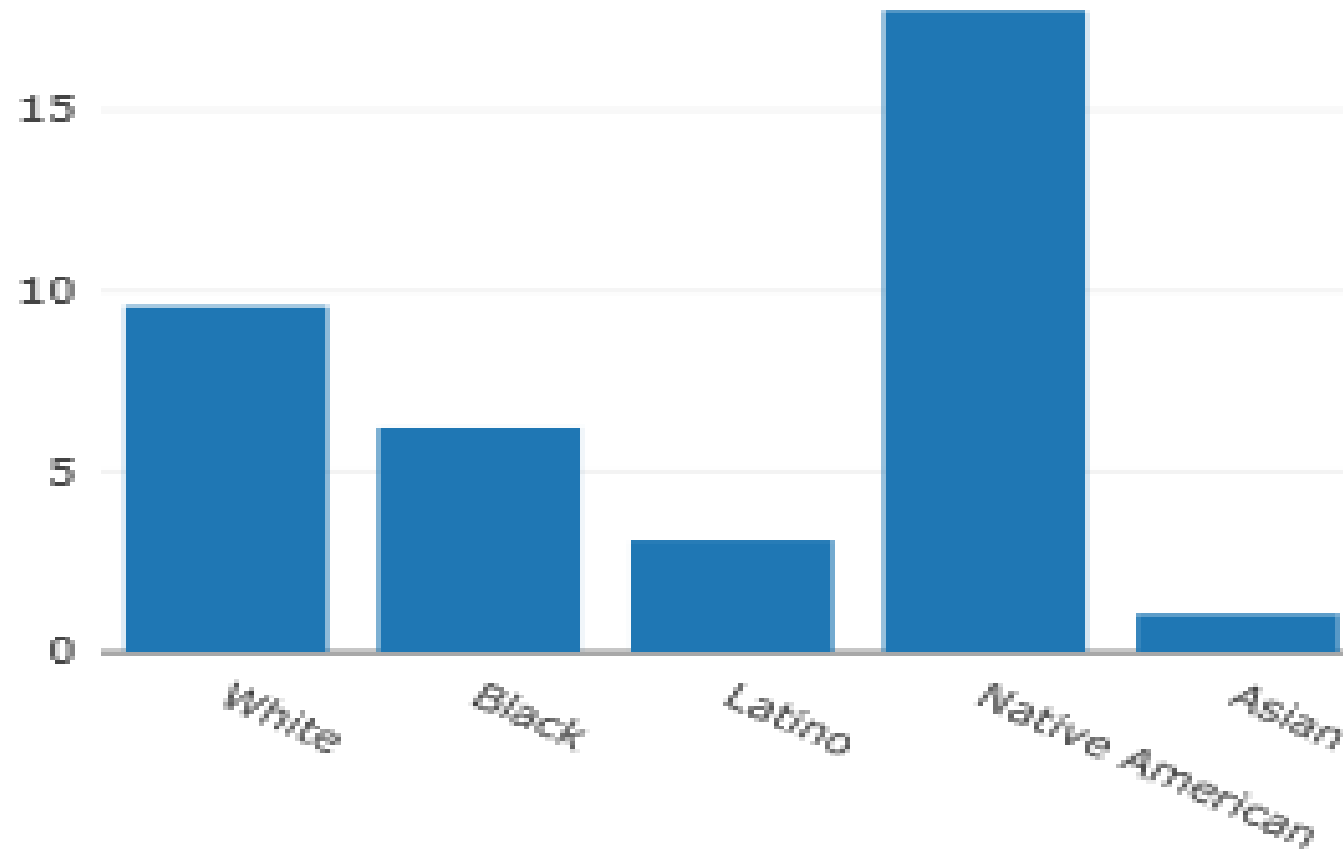
- Several tribal organizations and health clinics have received naloxone through the NDP
- As of June 2019, **1,700** units of naloxone have been supplied to tribal entities in six counties
- If you work with tribal organizations, encourage them to apply!







## CA Deaths - Native American - 2018 Race/Ethnicity : All Opioid Overdose Deaths : Age-Adjusted Percentage Rate per 100k





# Opioid Use Disorder and CA Tribal Communities

- In 2015, DHCS began conversations with tribal communities regarding the gaps in treatment availability for SUD services.
- Tribal partners, Tribal health clinics and the state began designing a culturally responsive system, the 1115 waiver.
- Relationships built from the 1115 process were utilized to design the Tribal MAT Project.
- The state dedicated \$11M of federal STR and SOR dollars specifically for the Tribal MAT Project.
- In addition, all other STR and SOR projects are available for Tribal communities and Tribal health clinics.

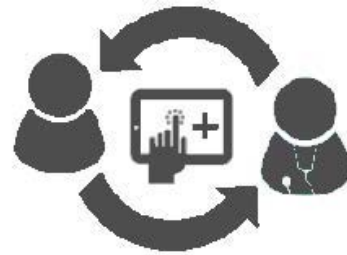


# Tribal MAT

- The Tribal MAT Program aims to improve MAT access for urban and tribal communities and is composed of the following projects:



**Project ECHO**



**Tele-MAT**



**MAT Champions**



**Suicide Prevention**



**Needs Assessment**



# MAT Champions

- Five MAT Champions are receiving funding to perform:
  - Engagement with county local opioid coalitions or to begin Tribal opioid coalitions.
  - Distribution of Narcan (naloxone) to Tribal Indian first responders and Native individuals. Including training on opioid overdose recognition, response, and NARCAN administration using culturally adapted training education materials.
  - Funding for telehealth equipment for OUD services.
  - Education materials development and OUD campaign.
  - On-site OUD technical assistance.



# MAT Champions

- Efforts underway:
  - CCUIH opioid summit held in September 2018
  - CRIHB opioid summit held in December 2018
  - CRIHB-CCUIH collaboration launched a statewide California Indian Opioid Safety Coalition in April 2018
  - 14 Tribal Opioid Safety Coalitions awarded by CRIHB
  - 8 Urban Indian health programs awarded subcontracts by CCUIH to participate in the Opioid Safety Coalitions



# MAT Champions

A recent report from CRIHB indicated:

- Approximately nearly 5,000 naloxone kits have been purchased and distributed.
- 876 people at 20 Tribal organizations, representing 50 Tribes have been trained to administer naloxone.
- Nearly 200 patients have received MAT services through the project.



# Tele-MAT

- The contractor is providing MAT telehealth services for patients with OUD and co-occurring disorders in 12 Indian Health Programs statewide.
- Also provided are onsite scheduling of patient visits, Indian Health Provider needs assessment, TA around naloxone and ASAM criteria, as well as several other efforts to enhance the MAT in the Indian Health Provider settings.
- On-site TA and protocols for Tribal clinics adding MAT at their site.



# Tele-MAT

## Additional Services Provided by the Contractor

- Referral service to contractor for MAT patients with more complex co-occurring disorders.
- The delivery of monthly educational Webinars for participating programs.
- TeleWell website @ [www.telewell.org](http://www.telewell.org) that includes all webinar recordings, all intake materials available for download, coaching/TA materials (including Katie Bell's MAT Handbook).





# TA for Tribal Clinics

A nurse specializing in MAT in coordination with the Tele-MAT contractor has provided:

- Site specific assistance in starting a new or expanding a MAT program for eight Tribal clinics.
- Staff and leadership training and identifies clinical and operational needs.
- Counties of clinics benefited are in Riverside, Lake, Humboldt, Inyo, Santa Barbara, Mendocino, Siskiyou and Tuolumne.
- Large presence of MAT patients identified at these clinics will benefit from the TA provided to these clinics.



# Native Project ECHO

In partnership with UCLA, Project ECHO is designed to:

- Increase the number of waivered prescribers, provide expanded MAT services that include tribal values and culture and expand MAT in Tribal and Urban communities.
- Increase the availability and utilization of buprenorphine to tribal communities in urban and rural settings.
- Expand availability and access to overdose prevention services through naloxone.
- Sessions are didactic with case reviews and discussion.
- The kickoff session was on January 15, 2018 and are conducted on a quarterly basis with nine sessions conducted to date with 238 participants.



# OUD Suicide Prevention

Two Feathers Native American Family Services has developed a Tribal Youth and Family Services consortium consisting of tribal partners that provides the following services:

- OUD prevention, suicide prevention, and intensive case management for Native youth ages 10-24;
- OUD prevention services to the parent(s) or guardian(s) of youths receiving care at the consortium;



# OUD Suicide Prevention

- OUD prevention and intensive case management programs utilizing a family focused wraparound model and the Native American Mental Health Theory of Change framework for youth and their families.
- Community activity engagement for youth and their families.
- Developing a curriculum around suicide prevention and it's relation to OUD.
- Services began November 2018 and are at capacity.



# Tribal Needs Assessment

- The University of Southern California is performing a statewide needs assessment to determine the MAT needs of the Tribal communities in California.
- Accomplished with the guidance of a Community Advisory Board (CAB) that consists of 10 representatives that work with Tribal and Urban Indian communities.



# Tribal Needs Assessment

- The goals of the needs assessment were to:
  - Identify the most common substances used in their community,
  - survey the availability and access of MAT and other opioid use disorder/substance use disorder (OUD/SUD) treatment and recovery services,
  - understand the impact of culturally centered services on OUD/SUD prevention, treatment, and recovery, and
  - capture recommendations to improve OUD/SUD prevention, treatment, and recovery services.



# Tribal Needs Assessment

- Results with recommendations!
- Overall, 279 AIAN individuals (33 key informants, 163 adults, and 83 youth) participated in key informant interviews or focus groups.
- Gaps and limitations in OUD/SUD services were identified across five nested levels of the Socio-Ecological Model: **individual, interpersonal, organizational, community, and policy.**



# Tribal Needs Assessment

## Summary of Recommendations

- Address Stigma with education and peer support.
- OUD Prevention for youth with SUD education.
- OUD Prevention with education in health care settings.
- Standardize screening for OUD/SUD in clinic visits.
- Address need for MAT and buprenorphine training for providers serving AI/AN communities.
- The assessment will be available by late fall.





# DHCS Reorganization

- The Department of Mental Health, Department of Health Care Services and the Department of Alcohol and Drug Program merged in 2012.
- Reorganization became effective July 2019
- Knowledge transfers complete with continued support.



# DHCS Reorganization

## Goals and Objectives

- Preserve unique policy/program while better integrating behavioral health in overall health care system
- Improve service delivery and program outcomes
- Leverage experience and expertise that exist in other areas of the department
- Improve communication and engagement for stakeholders and employees
- Increase program administration accountability
- Increase efficiencies department-wide and reduce duplication of work



# DHCS Reorganization

This reorganization has created four new divisions:

- Behavioral Health Financing Division
- Behavioral Health Licensing & Certification Division
- Community Services Division
- Medi-Cal Behavioral Health Division
- Additionally, some MHSUDS functions and staff will be shifted to other DHCS divisions including A&I, CAASD, Provider Enrollment Division, Fiscal Forecasting, and EITS



# Contact & Resources

- DHCS MAT Expansion Project Website  
<https://www.dhcs.ca.gov/individuals/Pages/State-Targeted-Response-to-Opioid-Crisis-Grant.aspx>
- California MAT Expansion Website  
<http://www.californiamat.org/>
- MAT Expansion Project email  
[DHCSMATExpansion@dhcs.ca.gov](mailto:DHCSMATExpansion@dhcs.ca.gov)
- Choose MAT <https://choosemat.org/>