



State of California—Health and Human Services Agency  
Department of Health Care Services



GAVIN NEWSOM  
GOVERNOR

DATE: June 21, 2020

Behavioral Health Information Notice No: 20-037

TO: California Alliance of Child and Family Services  
California Association for Alcohol/Drug Educators  
California Association of Alcohol & Drug Program Executives, Inc.  
California Association of DUI Treatment Programs  
California Consortium of Addiction Programs and Professionals  
California Council of Community Behavioral Health Agencies  
California Opioid Maintenance Providers  
California State Association of Counties  
Coalition of Alcohol and Drug Associations  
County Behavioral Health Directors  
County Behavioral Health Directors Association of California  
County Drug & Alcohol Administrators

SUBJECT: Level II Heat Alert Advisory

REFERENCE: [National Weather Service Website](#)

PURPOSE: Provides notification to counties that the National Weather Service ([NWS](#)) has issued Excessive Heat Warnings for June 22 to June 26, covering large portions of California, due to forecasts of dangerous and excessive heat.

**BACKGROUND:**

Per the National Weather Service (NWS), a prolonged period of very hot temperatures is expected next week and possibly next weekend, with the Sacramento and San Joaquin Valleys and foothill highs expected to reach the mid 90s to triple digits. Overnight temperatures will only fall to the mid 60s to 70s, offering little relief. Marine influenced areas may experience slightly cooler overnight lows but will remain hot during the day. Moderate to high heat impacts will begin Monday afternoon, with the most notable heat impacts expected across the Central Valley through at least Thursday. Areas of advisories and warnings are possible for next week, especially for Inland California and into the desert areas. Forecasted fire potential over the next seven days remains low in much of the state with the Central Valley and areas along the southern Nevada border seeing moderate risk levels.

**POLICY:**

DHCS urges providers, employees and their families in the affected areas to take precautions and help reduce the risk of heat-related health problems.

Key Points

- A significant warming trend statewide is expected starting Monday and lasting through at least Friday.
- Hottest temperatures and highest heat risk are expected on Tuesday. Temperatures forecasted to be 10 - 15 degrees higher than normal in portions of the state starting Monday.
- No rivers currently forecasted to hit flood stage.
- The Significant Fire Potential remains at “Low risk” statewide with the Central Valley and portions of the southeast reaching “Moderate Risk” throughout the week.

Potential Impacts

- Today through Friday, groups sensitive to heat and those without effective cooling and/or adequate hydration are likely to be impacted, especially for those working outside or in a vulnerable population (including individuals wearing restrictive PPE).
- The heat wave may start to affect the general population by Wednesday and Thursday as the high heat persists.
- Cold and swift moving waterways due to increasing snowmelt.

DHCS encourages individuals to take extra precautions during this heat wave and urges everyone to help reduce his or her risk of heat-related health problems. An excessive heat warning means that a prolonged period of dangerously hot temperatures will occur. This warning is targeted at the elderly or infirmed who might be much more sensitive to heat and thus at greater risk. Individuals who fall into this category should be especially careful by drinking plenty of water, reducing outdoor exposure, staying out of the sun, seeking a cooler location for the day if no air conditioning is available in the living quarters, and/or asking a friend or relative to check on them frequently.

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The California State Warning Center email address is [Warning.Center@oes.ca.gov](mailto:Warning.Center@oes.ca.gov).  
If you have any questions or concerns, please contact the California State Warning Center at (916) 845-8911.

Sincerely,

Original signed by:

Kelly Pfeifer, M.D.  
Deputy Director  
Behavioral Health