



**Medi-Cal Home and Community-Based Services Resource List
Kern County
October 1, 2020 version**

The Medi-Cal program offers a number of home- and community-based services to support individuals with Medi-Cal, particularly around transitions home following a stay in an acute or long-term care facility. This resource guide has information about Medi-Cal managed care plans, providers, and agencies in your county that can arrange or provide home and community-based services. Some services may be accessed concurrently with others. Below you will find descriptions of the various Medi-Cal home and community-based services, including enrollment processes, as well as contacts for how to access services in your county. We encourage use of these services to help support Californians during the COVID-19 pandemic.

This resource guide was last updated October 1, 2020 and may not be comprehensive. To update this guide, contact info@calduals.org. Not all programs may have immediate availability. Please contact the organization to learn more.

Medi-Cal Managed Care Plans:

Medi-Cal Managed Care plans have established networks of providers, including doctors, hospitals, and other providers. Managed care benefits include outpatient services, hospitalization, emergency services, preventive services, rehabilitative services, preventive services, mental health services, transportation, and hospice and palliative care. Additional services are available through Fee-For-Service (FFS) Medi-Cal.

Most Medi-Cal beneficiaries in Kern County are required to enroll in Medi-Cal managed care. Exceptions include individuals dually eligible for Medicare and Medi-Cal, as well as individuals in long-term stays at skilled nursing facilities (generally over 60 days).

For individuals being discharged from hospitals, Medi-Cal managed care plans coordinate with hospital discharge planners on available options, including services available at the individual's home, community settings, and institutional settings.

To enroll in a Medi-Cal managed care plan, or change plans, call Health Care Options at 1-800-430-4263.

Medi-Cal Managed Care Concurrent Program Enrollment		
Program	Yes	No
PACE		X
IHSS	X	
CBAS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service		X



Medi-Cal Managed Care Plan		
MCP	Phone Number	Website
Health Net Community Solutions, Inc.	(800) 675-6110	https://www.healthnet.com/portal/shopping/shp/medic.al.action
Kern Family Health Care	(800) 391-2000	https://www.kernfamilyhealthcare.com/

Program of All-Inclusive Care for the Elderly (PACE):

The PACE model of care provides a comprehensive medical/social service delivery system using an interdisciplinary team approach in a PACE Center or that provides and coordinates all needed preventive, primary, acute and long-term care services. Services are provided to older adults who would otherwise reside in nursing facilities. The PACE model helps eligible individuals remain independent and in their homes for as long as possible. To be eligible, a person must be 55 years or older, reside in a PACE service area, be determined eligible at the nursing home level of care by the Department of Health Care Services, and be able to live safely in their home or community at the time of enrollment. To enroll in PACE, Medi-Cal beneficiaries should contact one of the PACE Organizations listed below.

PAC Concurrent Program Enrollment		
Program	Yes	No
Any other Medi-Cal Managed Care Plan		X
PACE		X
IHSS		X
CBAS		X
1915(c) Waivers		X
Medi-Cal Fee-For-Service		X

PACE Plan			
PACE Plan	Phone Number	Website	Contact
Bakersfield PACE	(661) 872-3860	http://www.bakersfieldpace.org/	http://www.bakersfieldpace.org/contact/

In-Home Supportive Services (IHSS) Program:

In-Home Supportive Services (IHSS) is a Medi-Cal based program that assists eligible low-income aged, blind, and disabled persons, including children, who are at risk for out-of-home placement, to remain safely at home by providing payment for care provider services. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities. The types of services that can be authorized



through IHSS are domestic and related services (such as housecleaning, meal preparation, laundry and grocery shopping), personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.

To request IHSS, please contact the Kern County Aging & Adult Services.

IH Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
CBAS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service	X	

IHSS Provider			
IHSS Provider	Phone Number	Website	Contact
Kern County Aging & Adult Services	(661) 868-1003	https://www.kerncounty.com/government/aging-adult-services/services/in-home-supportive-services	ihssinfo@kerncounty.com

California Community Transitions (CCT):

CCT Lead Organizations serve eligible Medi-Cal beneficiaries of all ages, who have nursing level of care needs and have continuously resided in state-licensed health care facilities for a period of 90 consecutive days or longer, with at least one day paid by Medi-Cal. Facility stays for short-term rehabilitation services reimbursed by Medicare are not counted toward the 90-day required period. CCT Lead Organizations employ or contract with transition coordinators who work directly with willing and eligible individuals, support networks, and providers to obtain home and community based long-term services and supports required for individuals to maintain their health and welfare during and after transitioning to the community setting of their choice.



To enroll in CCT, Medi-Cal beneficiaries should contact Lasting Income for Elderly, Inc. (LIFE), Independent Living Center Of Kern County, or the Lead Organizations in Kern County, for assistance.

CC Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS	X	
CBAS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service	X	

CCT Lead Organization			
CCT Lead Organization	Phone Number	Website	Contact
Independent Living Center Of Kern County	(661) 325-1063 x12	https://ilcofkerncounty.org/	patty@ilcofkerncounty.org
Libertana Home Health Of Sherman Oaks	(800) 750-1444	https://www.libertana.com/	info@libertana.com

Multipurpose Senior Services Program (MSSP):

MSSP provides both social and health care management services to assist frail individuals aged 65 or older to remain in their own homes and communities. To be eligible for MSSP, these individuals must meet the criteria for skilled nursing facility care and live within an MSSP site area. The Program's goal is to prevent or delay institutionalization through ongoing care management, using available community services and resources, and purchasing needed services when they are not already available. The total annual combined cost of care management and other services must be lower than the cost of receiving skilled nursing facility care.

To enroll in MSSP, Medi-Cal beneficiaries can begin the application process, or request to be put on a waitlist, by contacting the Partners In Care Foundation-Kern.

M Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS	X	
CBAS	X	
Other 1915(c) Waivers		X
Medi-Cal Fee-For-Service	X	



MSSP Site			
MSSP Site	Phone Number	Website	Contact
Partners In Care Foundation-Kern	(818) 837-3775	https://www.picf.org/multipurpose-senior-services-program-mssp/	https://www.picf.org/contact-us-2/ arachal@picf.org

Home and Community-Based Alternatives (HCBA) Waiver:

The HCBA Waiver provides care management services to persons at risk for nursing home or institutional placement. The care management services are provided by a multidisciplinary care team comprised of a nurse and social worker. The care management team coordinates Waiver and State Plan services (e.g., medical, behavioral health, In-Home Supportive Services, etc.), and arranges for other available long-term services and supports available in the local community. Care management and Waiver services are provided in the Participant's community-based residence. This residence can be privately owned, secured through a tenant lease arrangement, or the residence of a Participant's family member.

To enroll in the HCBA waiver, Medi-Cal beneficiaries should complete an application for the HCBA Waiver program, and submit it to the local HCBA Waiver Agency, Libertana Home Health. The waiver application form can be found on the Waiver Agency's website.

HCBA Waiver Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS	X	
CBAS	X	
Other 1915(c) Waivers		X
Medi-Cal Fee-For-Service	X	

HCBA Waiver Agency			
HCBA Waiver Agency	Phone Number	Website	Contact
Libertana Home Health	(800) 750-1444	https://www.libertana.com/hcba	info@libertana.com

Assisted Living Waiver (ALW):



The ALW Program is designed to assist Medi-Cal beneficiaries to remain in their community as an alternative to residing in a licensed health care facility. The program provides specified benefits to eligible seniors and persons with disabilities. Medi-Cal reimburses for the services provided to residents enrolled in the ALW; however, the resident is responsible to pay for their own room and board.

ALW eligible individuals are those who are enrolled in Medi-Cal and meet the level of care provided in a nursing facility due to their medical needs. Individuals with Medi-Cal benefits that include a share of cost may not be enrolled in the ALW. Determination of care needs is done by registered nurses (RN) employed by a Care Coordination Agency (CCA).

To enroll in ALW, Medi-Cal beneficiaries should contact one of the agencies below.

AL Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS		X
CBAS		X
Other 1915(c) Waivers		X
Medi-Cal Fee-For-Service	X	

ALW Care Coordination Agencies (CCA)			
ALW CCA	Phone Number	Website	Contact
All Hours Adult Care	(844) 657-4748	https://www.allhoursadultcare.com/	info@allhoursadultcare.com
Star Nursing, Inc.	(916) 542-1445	http://app.starnursing.com/assisted-living-waiver-program-alwp/	care@starnursing.com

Community-Based Adult Services (CBAS):

CBAS offers services to eligible older adults and/or adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization.

CBAS is an alternative to institutionalization for individuals who are capable of living at home with the aid of appropriate health, rehabilitative, personal care, and social services. Each CBAS center has a multidisciplinary team of health professionals who conduct a comprehensive assessment of each potential participant to determine and plan services needed to meet the individual's specific health and social needs. Services provided include the following: professional nursing services, physical, occupational, and speech therapies; mental health services; therapeutic activities; social services;



personal care; meals and nutritional counseling; and transportation to and from the participant's residence.

CBAS Temporary Alternative Services (TAS) represent a short-term, modified service delivery approach that allows certified CBAS providers to deliver essential services to participants most at risk during the COVID-19 outbreak. CBAS providers who are approved for CBAS TAS will be allowed to provide limited individual in-center activities, as well as telephonic, telehealth and in-home services to CBAS participants.

CBAS is a Medi-Cal Managed Care benefit available to eligible Medi-Cal beneficiaries enrolled in Medi-Cal Managed Care. Eligibility to participate in CBAS is determined by the beneficiary's Medi-Cal Managed Care Plan. CBAS also remains a Medi-Cal fee-for-service benefit for a small percentage of individuals who are exempt from Medi-Cal managed care enrollment.

Medi-Cal beneficiaries should begin the CBAS enrollment process by contacting the CBAS center (listed below) from which they would like to receive services. Beneficiaries can also begin the CBAS enrollment process by contacting their Medi-Cal managed care plan.

CBS Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service	X	

CBAS Center		
CBAS Center	Phone Number	Website/Email
Chateau D'Bakersfield	(661) 863-0350	https://www.ca-mentor.com/locations/b3/
Delano Adult Day Health Care Center	(661) 725-7070	http://delanochamberofcommerce.org/delano-adult-day-health-care-center/
THV Enterprises	(661) 871-3404	

Targeted Case Management (TCM):

Targeted Case Management (TCM) is a Medi-Cal program that reimburses participating counties or cities for the federal share of costs for case management services provided to Medi-Cal beneficiaries in specific target populations. The TCM Program provides specialized case management services to Medi-Cal enrolled individuals in a defined target population, to gain access to needed medical, social, educational, and other



services. The target population includes: Individuals at Jeopardy of Negative Health or Psycho-Social Outcomes.

To request TCM services, contact Kern County.

TCM Providers			
TCM Provider	Phone Number	Website	Contact
Kern County	661-868-8300 (661) 868-4154	http://www.kerncounty.com/	rebeccajamison@kernprobation.org

Other Related Resources Contact Information:

Related Resources			
Related Resource	Phone Number	Website	Contact
Kern County Aging & Adult Services	(661) 868-1000	https://www.kerncounty.com/government/aging-adult-services	aginginfo@kerncounty.com
Kern Public Health Services Department	(661) 321-3000	https://kernpublichealth.com/	publichealth@kerncounty.com
Valley Caregiver Resource Center	(800) 541-8614	www.valleycrc.org	https://valleycrc.org/contact-us/
Local Resource List		http://www.reachkerncounty.org/services/resources/community-resource-directory/	

Hospitals in Kern County:

Hospitals	
Hospital	Phone Number
Adventist Health Bakersfield	(661) 395-3000
Adventist Health Delano	(661) 725-4800
Adventist Health Tehachapi Valley	(661) 823-3000
Bakersfield Heart Hospital	(661) 316-6015
Bakersfield Memorial Hospital	(661) 327-1792
Crestwood Psychiatric Health Facility	(661) 363-8127
Encompass Health Rehabilitation Hospital Of Bakersfield	(661) 323-5500



Hospitals	
Hospital	Phone Number
Good Samaritan Hospital	(661) 399-4461
Kern Medical Center	(661) 326-2102
Kern Valley Healthcare District	(760) 379-2681
Mercy Hospital	(661) 632-5000
Mercy Southwest Hospital	(661) 632-5623
Ridgecrest Regional Hospital	(760) 446-3551
Southern Sierra Medical Clinic	(760) 446-6404

Nursing Facilities in Kern County:

Nursing Facilities	
Nursing Facilities	Phone Number
Adventist Health Delano D/P SNF	(661) 725-4800
Bakersfield Healthcare Center	(661) 327-7687
Bella Sera	(760) 446-3591
Brookdale Riverwalk SNF (CA)	(661) 587-0182
Delano District Skilled Nursing Facility	(661) 720-2100
Evergreen Arvin Healthcare Center	(661) 871-3133
Golden LivingCenter - Shafter	(661) 746-3912
Height Street Skilled Care	(661) 748-1300
Kern River Transitional Care	(661) 325-9900
Kern Valley Healthcare District D/P SNF	(760) 379-6667
Kingston Healthcare Center, LLC	(661) 327-7107
Parkview Julian Healthcare Center	(661) 831-9150
Ridgecrest Regional Transitional Care And Rehabilitation Unit	(760) 446-3551
Rosewood Health Facility	(661) 835-2526
San Joaquin Nursing Center	(661) 323-2894
Shafter Nursing Care	(661) 746-3912
The Orchards Post-Acute	(661) 327-7687
The Rehabilitation Center Of Bakersfield	(661) 872-2121
Valley Convalescent Hospital	(661) 334-2200
Valley View Care Center	(661) 725-2501
Windsor Post-Acute Center Of Arvin	(661) 854-4475
Windsor Post-Acute Center Of Bakersfield	(661) 871-3133