

### Medi-Cal Home and Community-Based Services Resource List San Joaquin County August 25, 2020 version

The Medi-Cal program offers a number of home- and community-based services to support individuals with Medi-Cal, particularly around transitions home following a stay in an acute or long-term care facility. This resource guide has information about Medi-Cal managed care plans, providers, and agencies in your county that can arrange or provide home and community-based services. Some services may be accessed concurrently with others. Below you will find descriptions of the various Medi-Cal home and community-based services, including enrollment processes, as well as contacts for how to access services in your county. We encourage use of these services to help support Californians during the COVID-19 pandemic.

This resource guide was last updated August 25, 2020 and may not be comprehensive. To update this guide, contact info@calduals.org. Not all programs may have immediate availability. Please contact the organization to learn more.

#### **Medi-Cal Managed Care Plans:**

Medi-Cal Managed Care plans have established networks of providers, including doctors, hospitals, and other providers. Managed care benefits include outpatient services, hospitalization, emergency services, preventive services, rehabilitative services, preventive services, mental health services, transportation, and hospice and palliative care. Additional services are available through Fee-For-Service (FFS) Medi-Cal.

Most Medi-Cal beneficiaries in San Joaquin County are required to enroll in Medi-Cal managed care. Exceptions include individuals dually eligible for Medicare and Medi-Cal, as well as individuals in long-term stays at skilled nursing facilities (generally over 60 days).

For individuals being discharged from hospitals, Medi-Cal managed care plans coordinate with hospital discharge planners on available options, including services available at the individual's home, community settings, and institutional settings.

To enroll in a Medi-Cal managed care plan, or change plans, call Health Care Options at 1-800-430-4263.

Medi-Cal Managed Care Concurrent Program Enrollment			
Program	No		
PACE		X	
IHSS	X		
CBAS	X		
1915(c) Waivers	X		
Medi-Cal Fee-For-Service		X	



Medi-Cal Managed Care Plan			
MCP Phone Number Website			
Health Net Community Solutions, Inc.	(800) 675-6110 TTY/TDD (800) 431-0964	https://www.healthnet.com/ content/healthnet/en_us.ht ml	
Health Plan of San Joaquin	(888) 936-7526 TTY/TDD (209) 942-6306	https://www.hpsj.com/	

## Program of All-Inclusive Care for the Elderly (PACE):

The PACE model of care provides a comprehensive medical/social service delivery system using an interdisciplinary team approach in a PACE Center or that provides and coordinates all needed preventive, primary, acute and long-term care services. Services are provided to older adults who would otherwise reside in nursing facilities. The PACE model helps eligible individuals remain independent and in their homes for as long as possible. To be eligible, a person must be 55 years or older, reside in a PACE service area, be determined eligible at the nursing home level of care by the Department of Health Care Services, and be able to live safely in their home or community at the time of enrollment. To enroll in PACE, Medi-Cal beneficiaries should contact one of the PACE Organizations listed below.

PAC	Concurrent Program Enrollment		
Program	Yes	No	
Any other Medi-Cal		X	
Managed Care Plan			
PACE		X	
IHSS		X	
CBAS		X	
1915(c) Waivers		X	
Medi-Cal Fee-For-Service		X	

PACE Plan			
PACE Plan	Phone Number	Website	Contact
Central Valley PACE	(209) 724-6000	https://cvpace .org/	
Stockton PACE	(209) 442-6077 TTY/TDD: (209) 932-0357	https://stockto npace.welbeh ealth.com/	stocktonpace.info @welbehealth.co m



#### In-Home Supportive Services (IHSS) Program:

In-Home Supportive Services (IHSS) is a Medi-Cal based program that assists eligible low-income aged, blind, and disabled persons, including children, who are at risk for out-of-home placement, to remain safely at home by providing payment for care provider services. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities. The types of services that can be authorized through IHSS are domestic and related services (such as housecleaning, meal preparation, laundry and grocery shopping), personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.

To request IHSS, please contact the San Joaquin County Human Services Agency.

IH Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
CBAS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service	X	

IHSS Provider			
IHSS Provider Phone Number Website			
San Joaquin	209-468-1104	http://www.sjchsa.org/Services/Aging-	
County Human and-Community-Services/In-Home-			
Services Agency			

### California Community Transitions (CCT):

CCT Lead Organizations serve eligible Medi-Cal beneficiaries of all ages, who have nursing level of care needs and have continuously resided in state-licensed health care facilities for a period of 90 consecutive days or longer, with at least one day paid by Medi-Cal. Facility stays for short-term rehabilitation services reimbursed by Medicare are not counted toward the 90-day required period. CCT Lead Organizations employ or contract with transition coordinators who work directly with willing and eligible individuals, support networks, and providers to obtain home and community based long-term services and supports required for individuals to maintain their health and welfare during and after transitioning to the community setting of their choice.



To enroll in CCT, Medi-Cal beneficiaries should contact Home and Health Care Management (HHCM), the Lead Organization in San Joaquin County, for assistance.

CC Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS	X	
CBAS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service	X	

CCT Lead Organization			
CCT Lead Phone Number Website Contact			
Home and Health	(530) 343-0727 /	https://www.homea	<u>ilehmann@homean</u>
Care Management	(800) 400-0727 <u>ndhealthcaremana</u> <u>dhealthcarema</u>		dhealthcaremgmt.c
(HHCM)		gement.com/	<u>om</u>

#### Multipurpose Senior Services Program (MSSP):

MSSP provides both social and health care management services to assist frail individuals aged 65 or older to remain in their own homes and communities. To be eligible for MSSP, these individuals must meet the criteria for skilled nursing facility care and live within an MSSP site area. The Program's goal is to prevent or delay institutionalization through ongoing care management, using available community services and resources, and purchasing needed services when they are not already available. The total annual combined cost of care management and other services must be lower than the cost of receiving skilled nursing facility care.

To enroll in MSSP, Medi-Cal beneficiaries can begin the application process, or request to be put on a waitlist, by contacting the Catholic Charities of the Diocese Stockton.

M	Concurrent Program Enrollment	
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		Χ
IHSS	X	
CBAS	X	
Other 1915(c) Waivers		X
Medi-Cal Fee-For-Service	X	

DH	HCS

MSSP Site			
MSSP Site Phone Number Website Contact			
Catholic Charities of the Diocese Stockton	(209) 444-5931	https://www.ccstock ton.org/senior- services	info@ccstockton.o rg

#### Home and Community-Based Alternatives (HCBA) Waiver:

The HCBA Waiver provides care management services to persons at risk for nursing home or institutional placement. The care management services are provided by a multidisciplinary care team comprised of a nurse and social worker. The care management team coordinates Waiver and State Plan services (e.g., medical, behavioral health, In-Home Supportive Services, etc.), and arranges for other available long-term services and supports available in the local community. Care management and Waiver services are provided in the Participant's community-based residence. This residence can be privately owned, secured through a tenant lease arrangement, or the residence of a Participant's family member.

To enroll in the HCBA waiver, Medi-Cal beneficiaries should complete an application for the HCBA Waiver program, and submit it to the local HCBA Waiver Agency, Libertana Home Health. The waiver application form can be found on the Waiver Agency's website.

HCBAaiver Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS	X	
CBAS	X	
Other 1915(c) Waivers		X
Medi-Cal Fee-For-Service	Х	

HCBA Waiver Agency			
HCBA Waiver Agency	Phone Number	Website	Contact
Home Health Care Management	1-800-400-0727	https://www.homea ndhealthcaremana gement.com/hcba- waiver-agency.html	info@homeandheal thcaremgmt.com



#### Assisted Living Waiver (ALW):

The ALW Program is designed to assist Medi-Cal beneficiaries to remain in their community as an alternative to residing in a licensed health care facility. The program provides specified benefits to eligible seniors and persons with disabilities. Medi-Cal reimburses for the services provided to residents enrolled in the ALW; however, the resident is responsible to pay for their own room and board.

ALW eligible individuals are those who are enrolled in Medi-Cal and meet the level of care provided in a nursing facility due to their medical needs. Individuals with Medi-Cal benefits that include a share of cost may not be enrolled in the ALW. Determination of care needs is done by registered nurses (RN) employed by a Care Coordination Agency (CCA).

To enroll in ALW, Medi-Cal beneficiaries should contact one of the agencies below.

AL Concurrent Program Enrollment			
Program	Yes	No	
Medi-Cal Managed Care	X		
PACE		X	
IHSS		X	
CBAS		X	
Other 1915(c) Waivers		X	
Medi-Cal Fee-For-Service	X		

ALW Care Coordination Agencies (CCA)			
ALW CCA	Phone Number	Website	Contact
Guidant Care	(0.4.4), 40.4, 60000	https://www.allhour	Info@guidantcare.c
Management	(844) 494-6303	sadultcare.com/	<u>om</u>
Home and Health	1-800-400-0727	https://www.libertan	info@homeandheal
Care Management	. 000 100 01 = 1	a.com/	thcaremgmt.com
Infinity Care		http://app.starnursi	http://infinitycares.c
Services, Inc.		ng.com/assisted-	om/contact-us/
		living-waiver-	
	(209) 264-0300	program-alwp/	
NorCal Care		https://norcalcca.co	https://norcalcca.co
Coordinator		m/	m/contact/
Agency	(916) 385-2784	1117	
Star Nursing, Inc.		http://app.starnursi	care@starnursing.c
		ng.com/assisted-	<u>om</u>
		living-waiver-	
	(916) 542-1445	program-alwp/	



#### Community-Based Adult Services (CBAS):

CBAS offers services to eligible older adults and/or adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization.

CBAS is an alternative to institutionalization for individuals who are capable of living at home with the aid of appropriate health, rehabilitative, personal care, and social services. Each CBAS center has a multidisciplinary team of health professionals who conduct a comprehensive assessment of each potential participant to determine and plan services needed to meet the individual's specific health and social needs. Services provided include the following: professional nursing services, physical, occupational, and speech therapies; mental health services; therapeutic activities; social services; personal care; meals and nutritional counseling; and transportation to and from the participant's residence.

CBAS Temporary Alternative Services (TAS) represent a short-term, modified service delivery approach that allows certified CBAS providers to deliver essential services to participants most at risk during the COVID-19 outbreak. CBAS providers who are approved for CBAS TAS will be allowed to provide limited individual in-center activities, as well as telephonic, telehealth and in-home services to CBAS participants.

CBAS is a Medi-Cal Managed Care benefit available to eligible Medi-Cal beneficiaries enrolled in Medi-Cal Managed Care. Eligibility to participate in CBAS is determined by the beneficiary's Medi-Cal Managed Care Plan. CBAS also remains a Medi-Cal fee-for-service benefit for a small percentage of individuals who are exempt from Medi-Cal managed care enrollment.

Medi-Cal beneficiaries should begin the CBAS enrollment process by contacting the CBAS center (listed below) from which they would like to receive services. Beneficiaries can also begin the CBAS enrollment process by contacting their Medi-Cal managed care plan.

CBS	Concurrent Program Enrollment		
Program	Yes	No	
Medi-Cal Managed Care	X		
PACE		X	
IHSS	X		
1915(c) Waivers	X		
Medi-Cal Fee-For-Service	X		



	CBAS enter			
СВА	S Center	Phone Number	Website	Contact
Active Life Health Care	•	(209) 260-1777	https://activel ifemed.com/ cbas/	WeCare@ActiveLif eCBAS.com

# Other Related Resources Contact Information:

Related Resources			
Related Resource	Phone Number	Website	Contact
Human Services Agency - San Joaquin County Aging & Community Services	209-468-1104	http://www.sjchsa.o rg/Services/Aging- and-Community- Services	
San Joaquin County Public Health Services	(209) 468-3400	http://www.sjcphs.o rg/	phs- info@sjcphs.org
Local Resource List		http://www.frrcsj.org /Common/Commun ityResources.htm	

# **Hospitals in San Joaquin County:**

Hospitals			
Hospital	Phone Number		
Adventist Health Lodi Memorial	(209) 339-7884		
Dameron Hospital	(209) 944-5550		
Doctors Hospital Of Manteca	(209) 239-8361		
Kaiser Foundation Hospital Manteca	(209) 825-3500		
San Joaquin General Hospital	(209) 468-6000		
St. Joseph'S Medical Center Of Stockton	(209) 943-2000		
Sutter Tracy Community Hospital	(209) 835-1500		

# Nursing Facilities in San Joaquin County:

Nursing Facilities		
Nursing Facilities	Phone Number	
Anberry Nursing And Rehabilitation	(209) 333-1222	
Center		
Bethany Home Society San Joaquin	(209) 599-4221	
County		
Clearwater Healthcare Center	(209) 957-4539	



Nursing Facilities		
Nursing Facilities	Phone Number	
Creekside Center	(209) 478-6488	
Crestwood Manor	(209) 478-2060	
Dycora Transitional Health - Quail Lake	(209) 477-2664	
Dycora Transitional Health - Weber Oaks	(209) 466-3522	
Fairmont Rehabilitation Hospital	(209) 368-0693	
Fulton Gardens Post Acute, Llc	(209) 466-2066	
Good Samaritan Rehabilitation And Care	(209) 948-8762	
Center		