



Department of Health Care Services Community Services Division - Operations Branch

Assisted Outpatient Treatment (AOT) 1st Quarter Roundtable Meeting

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CARE TA Center



Housekeeping

- All participants have been muted to enable the speakers to present without interruption.
- Please reserve all questions for the Q & A section of the presentation.
- For technical assistance related to this webinar please contact CAREMHSInfo@cars-rp.org



Additional DHCS TA and Resources

Mental Health Block Grant: MHBG@dhcs.ca.gov

Mental Health Services Act: MHSA@dhcs.ca.gov

Behavioral Health Medi-Cal County Customer Services: MedCCC@dhcs.ca.gov

COVID related Informational Notice (IN):
<https://www.dhcs.ca.gov/Documents/COVID-19/BHIN-20-009-COVID-19-Guidance-and-FAQs-update-07232020.pdf>



Agenda

- AOT Overview
- Overview of AB-1421 & AB-1976
- Review AOT Legislative Report: 2021 Key Findings
- Training and Education Development (TED) Plan Analysis and Discussion
- Roundtable Discussion
- Q&A



Assisted Outpatient Treatment

AB 1421

- The Assisted Outpatient Treatment (AOT) Demonstration Project Act of 2002, known as Laura's Law, provides for court-ordered community treatment for individuals with a history of hospitalization and contact with law enforcement.
- Counties utilize courts, probation, and mental health systems to address the needs of individuals unable to participate in community mental health treatment programs without supervision.



Assisted Outpatient Treatment

AB 1976

- All California counties are required to offer AOT or opt out through the passage of a resolution adopted by their County Board of Supervisors.
- The bill prohibits a county from reducing existing voluntary mental health programs as a result of the implementation of AOT services.
- AB 1976 repeals the sunset date of Laura's Law, thereby extending the program indefinitely.



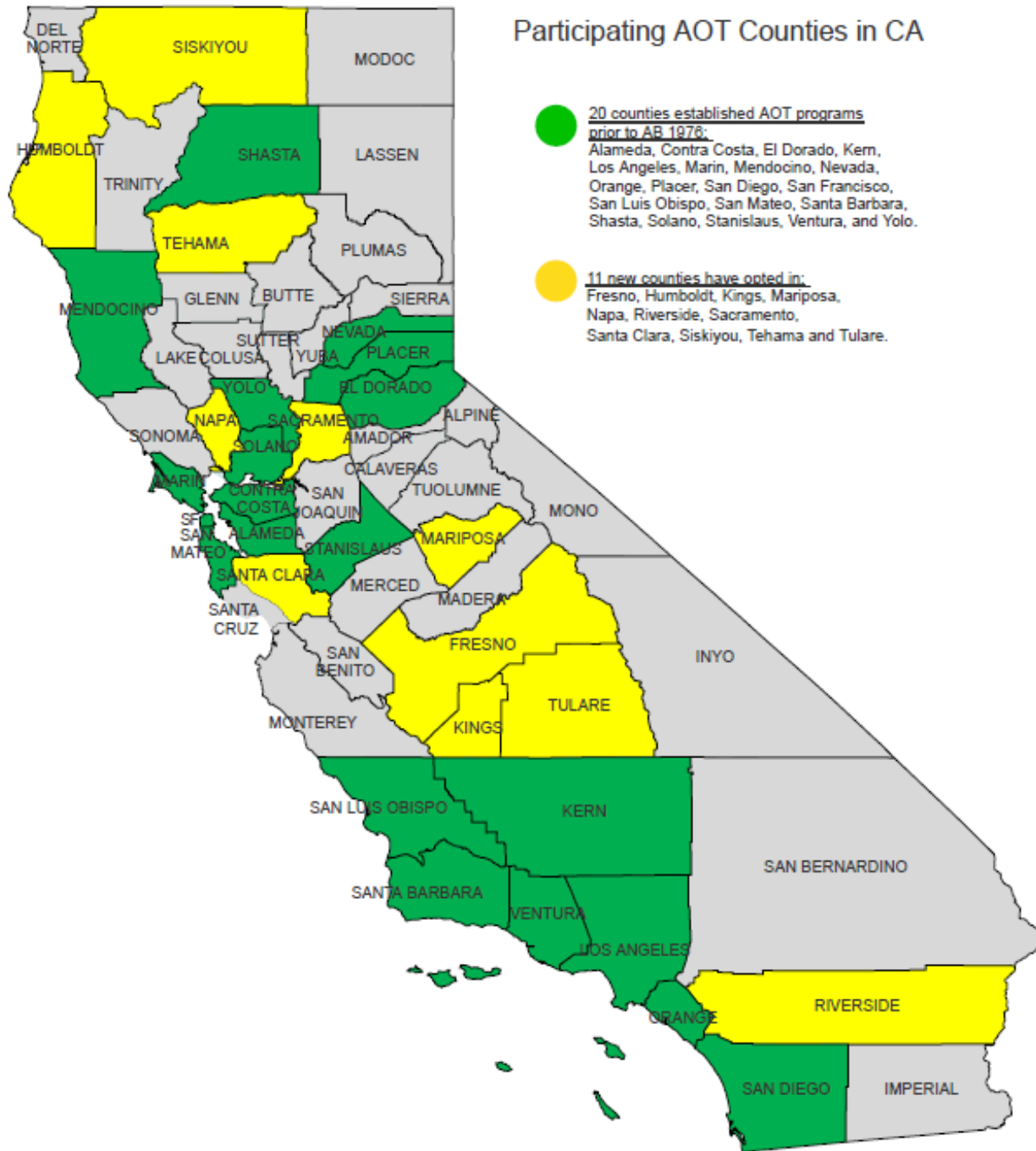
AOT Participation

AOT Participation

- 20 counties established AOT programs prior to AB 1976: Alameda, Contra Costa, El Dorado, Kern, Los Angeles, Marin, Mendocino, Nevada, Orange, Placer, San Diego, San Francisco, San Luis Obispo, San Mateo, Santa Barbara, Shasta, Solano, Stanislaus, Ventura, and Yolo.
- 11 new counties have opted in: Fresno, Humboldt, Kings, Mariposa, Napa, Riverside, Sacramento, Santa Clara, Siskiyou, Tehama and Tulare.



Participating AOT Counties in CA





2021 AOT Legislative Report

Overview

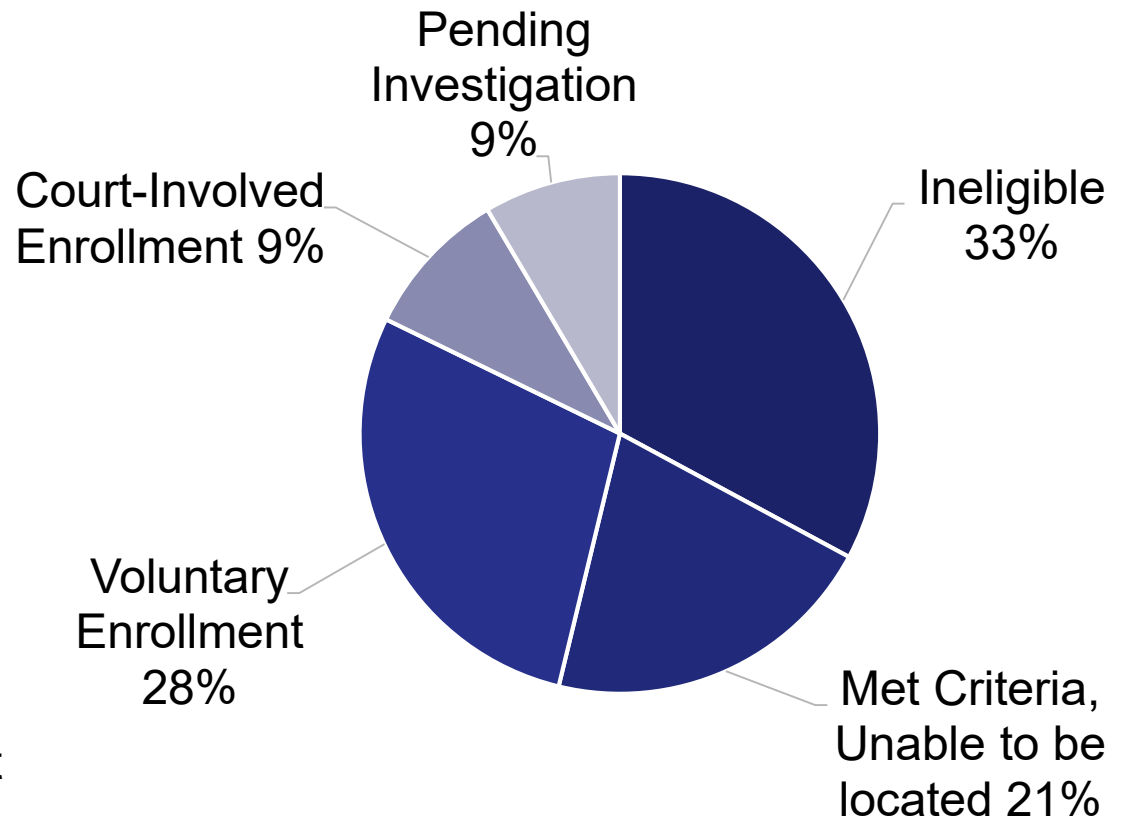
The 2021 Annual AOT Report to the legislature provides an overview of the strategies employed by all AOT programs across California and reflects aggregated data for individuals served by court-order or court-settlement during the July 1, 2018 - June 30, 2019 State Fiscal Year.



2021 Annual Legislative Report

Key Findings

Totals



- Ineligible
- Met Criteria, Unable to be located
- Voluntary Enrollment
- Court-Involved Enrollment
- Pending Investigation



2021 AOT Legislative Report

Key Findings (cont.)

- 218 participants were served by court-order or court-settlement within 12 counties: Alameda, Contra Costa, Los Angeles, Mendocino, Nevada, Orange, Placer, San Diego, San Francisco, San Mateo, Santa Barbara, and Ventura.



2021 AOT Legislative Report

Key Findings (cont.)

- Homelessness decreased by 35 percent;
- Hospitalization decreased by 39 percent;
- Contact with law enforcement decreased by 45 percent;
- Victimization was decreased by 71 percent;
- Violent behavior decreased by 47 percent;



| DEMOGRAPHIC | TOTAL | % |
|----------------------------|------------|-------------|
| COURT PROCESS | | |
| Court Order | 113 | 52% |
| Court Settled | 105 | 48% |
| TOTAL | 218 | 100% |
| SEX/GENDER | | |
| Female | 67 | 31% |
| Male | 151 | 69% |
| TOTAL | 218 | 100% |
| AGE CATEGORIES | | |
| 18-25 | 41 | 19% |
| 26-49 | 135 | 62% |
| 50+ | 42 | 19% |
| TOTAL | 218 | 100% |
| RACE/ETHNICITY | | |
| Caucasian/White | 84 | 39% |
| Black/African American | 27 | 12% |
| Hispanic/Latino | 48 | 22% |
| Asian/Pacific Islander | 30 | 14% |
| Other, Multi-race, Unknown | 29 | 13% |
| TOTAL | 218 | 100% |



2021 Annual Legislative Report

Key Findings (cont.)

- 29 percent of individuals were able to secure employment or participated in employment and/or educational services;
- Clients presenting with a co-occurring mental health and substance use disorder decreased substance use by 8 percent;
- Most counties reported improvements in clients' social functioning and independent living skills; and,
- Client and family satisfaction surveys indicated satisfaction with AOT services.



2021 Annual Legislative Report

To access the full legislative report, please visit:

[2021 Legislative Report](#)

DHCS [AOT Webpage](#)



TED Plans Overview: Topics

N= 98 (4 counties preparing to submit)

| Frequency of Mention | Topics |
|----------------------|---|
| 30 | AOT 101 / Overview of Policy, Processes, & Data Collection |
| 15 | 5150 & Other LPS Codes / Patient Rights |
| 12 | AOT for Law Enforcement / Justice / Hearing Officer / CIT |
| 8 | Community Member / Stakeholder/ Family Member Meetings |
| 7 | Evidence Based or Best Practices: DBT, CBT, Moral Recognition, ACCESS, Risk Assessment, & Dignity First |

Additional Specific Populations/Topics:

FSP, TAY, SUD, Privacy, Peer Specialists, Board of Supervisors Mtg, Weekly Care Coordination Meeting, NAMI



No Cost Online Trainings

Treatment Advocacy Center/SMI Advisor

- 4, 1-hour modules
- Monthly calls

CARE TA Center

- Memphis Model / CIT
- Quarterly Roundtables



TED Plans Overview

Audience

- Law Enforcement & Justice
- Conservators
- Behavioral Health Staff
- Stakeholders, Community
- Family

Mode & Frequency

- Mostly virtual, some in-person
- Collaborative meetings to didactic presentations
- Ranging from once a year to weekly meetings



No Cost Evidence Based Practices (EBPs) in SAMHSA-funded AOT

- A. Cognitive Behavioral Therapy
- B. Motivational Interviewing
- C. Crisis Intervention / Crisis Stabilization
- D. Supported Employment
- E. Supported Housing
- F. Supported Education
- G. (Cognitive) Skills Training and Development/ Cognitive Enhancement Therapy
- H. Mobile Crisis Response (Peer Support Mobile Crisis Teams)



Example AOT Educational Materials

California

[Alameda Assisted Outpatient Treatment and Community Conservatorship](#) This brochure includes information on what to expect, services, and admission criteria
[LA County Department of Mental Health AOT Information](#) Includes informational PPT and video about AOT; FAQs; Candidate criteria; referral forms. No training information.

[County of San Luis Obispo Health Agency: Assisted Outpatient Treatment](#) This webpage contains information about AOT, including the process, criteria, costs, and locations.

[San Mateo County Health: Starting Over With Assisted Outpatient Treatment](#) This contains a personal narrative of an experience with AOT and provides information about the outcomes of San Mateo County's AOT program.

[Shasta County Health & Human Services Agency \(Laura's Law\)](#) This contains information about AOT in Shasta County, including qualifications and referrals.

[Stanislaus County Behavioral Health and Recovery Services: Assisted Outpatient Treatment \(AOT\)](#) This webpage contains information about AOT, including a sample referral form.



Example AOT Educational Materials

Other states

[New York State Unified Court System: Mental Illness/Assisted Outpatient Treatment](#) This resource contains information on eligibility, process, and legal assistance.

[Northern Nevada Adult Mental Health Services \(NNAMHS\) Assisted Outpatient Treatment \(AOT\)](#) This website contains information on AOT, including criteria, referrals, and length of treatment.

[S.F. 2212 -- to Enhance Iowa's Assisted Outpatient Treatment \(AOT\) Law: Frequently Asked Questions](#) This contains information on Iowa's new proposed AOT law.



COVID-19 and AOT

Zoom Poll and Open Discussion



Training and Technical Assistance

- For assistance with AOT implementation and reporting requirements, please contact DHCSAOT@dhcs.ca.gov.
- [DHCS AOT Webpage](#)
- CARE TA Center: CARE-MHSA.org.



Additional DHCS TA and Resources

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AOT Roundtable

The 2nd Quarter Roundtable is scheduled for
Thursday, January, 6th
10:30 AM -12 PM



Questions





Thank You!