### Mental Health Services Act (MHSA) Performance Review Report Humboldt County Program Review July 25-26, 2023

## **FINDINGS**

**Finding #1**: Humboldt County did not provide the cost per person for Community Services and Support (CSS), Prevention and Early Intervention (PEI), and Innovation (INN), but did indicate the number of children, TAY, adults, and older adults to be served in the FY 2020-23 Plan and FY 2022-23 Annual Update (Update). (Welfare and Institution Code section 5847(e)).

<u>Recommendation #1</u>: The County must indicate the number of children, TAY, adults, and older adults to be served, and indicate the cost per person for CSS, PEI, and INN, in each subsequent adopted Plan and Update thereafter.

**Finding #2**: Humboldt County did not specify the methods and activities to be used to change attitudes, knowledge, and/or behavior regarding being diagnosed with mental illness, having mental illness and/or seeking mental health services for each Stigma and Discrimination Reduction Program (Cal. Code Regs., tit. 9, § 3755(f)(3)).

<u>Recommendation #2</u>: The County must specify the methods and activities to be used to change attitudes, knowledge, and/or behavior regarding being diagnosed with mental illness, having mental illness and/or seeking mental health services for each Stigma and Discrimination Reduction Program in each subsequent adopted Plan and Update thereafter.

**Finding #3**: Humboldt County did not include a description of the Access and Linkage to Treatment Program and Strategy within each program on how individuals, and, as applicable, their parents, caregivers, or other family members, will be linked to county mental health services, a primary care provider, or other mental health treatment in the Plan and Update; and how the program will follow up with the referral to support engagement in treatment. (Cal. Code Regs., tit. 9, §§ 3755(h)(4-5)).

<u>Recommendation #3</u>: The County must explain how individuals, and, as applicable, their parents, caregivers, or other family members, will be linked to county mental health services, a primary care provider, or other mental health treatment; and how the program will follow up with the referral to support engagement in treatment for each Access and Linkage to Treatment Program and Strategy within each program and in each subsequent adopted Plan and Update thereafter.

# SUGGESTED IMPROVEMENTS

<u>Suggested Improvement #1</u> DHCS recommends the county include the Annual PEI report as a distinct part of each subsequent adopted Plan and/or Update hereafter to ensure that future Annual PEI reports are easily located and identified. It should be clearly labeled, indicating what years are being reported and the location of the report

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within the Plan or Update. The Annual PEI report is not to be used in lieu of California Code of Regulations, title 9, section 3755, which are the regulations for the PEI Component of the Plan and Update. DHCS recommends the county submit the report as an addendum or attachment to the Plan or Update and include a cover page for the Annual PEI report with the title:

## Annual PEI Report FY XXXX to XXXX

<u>Suggested Improvement #2</u>: DHCS recommends the county include the Three-Year PEI Evaluation report as a distinct part of each subsequent adopted Plan and/or Update hereafter to ensure that future Three-Year PEI Evaluation reports are easily located and identified. It should be clearly labeled, indicating what years are being reported and the location of the report within the Plan or Update. The Three-Year PEI Evaluation report is not to be used in lieu of Cal. Code of Regs., tit. 9, § 3755, which are the regulations for the PEI Component of the Plan and Update. DHCS recommends the county submit the report as an addendum or attachment to the Plan or Update and include a cover page for the Three-Year PEI report with the title:

## Three-Year Prevention and Early Intervention Evaluation Report FY XXXX to FY XXXX

The Three-Year PEI Evaluation report is due every third year as part of the Plan and/or Update and shall report on the evaluation(s) for the three prior fiscal years. (Cal. Code of Regs., tit. 9, § 3560.020).