

Mental Health Service Act (MHSA) Performance Review Report
Sacramento County Program Review
March 14, 2024

FINDINGS

This program review consists of a review of Sacramento County's Fiscal Year (FY) 2021-24 Three-Year Program and Expenditure Plan (Plan)

Finding #1: Sacramento County identified the number of Child, Transition Aged Youth (TAY), Adult, and Older Adults by age group and by gender in their narrative analysis of the mental health needs of unserved, underserved/inappropriately served, and fully served county residents who qualify for MHSA services. However, did not identify the number of Child, TAY, Adult, and Older Adults by race/ethnicity and primary language in the adopted Fiscal Year (FY) 2021-24 Three-Year Program and Expenditure Plan (Plan). (California Code of Regulations (Cal. Code Regs.), title (tit.) 9, section (§) 3650).

Recommendation #1: The County must include in their narrative analysis the mental health needs of unserved, underserved/inappropriately served, and fully served county residents who qualify for MHSA services by the number of Child, TAY, Adult, and Older Adults by age group, gender, race/ethnicity, and primary language in each subsequent adopted Plan thereafter.

Finding #2: Sacramento County provided the estimated number of clients in each age group to be served in the Full-Service Partnership (FSP) category, however, did not provide the information for each fiscal year of the adopted FY 2021-24 Plan. (Cal. Code Regs., tit. 9, § 3650(a)(3)).

Recommendation #2: The County must provide an estimate of the number of clients, in each age group, to be served in the FSP service category for each fiscal year of the Plan, in each subsequent adopted Plan thereafter.

Finding #3: Sacramento County indicates the average cost per client for Prevention and Early Intervention (PEI) and Innovation (INN) for FY 2021-22 in the FY 2021-24 Plan, however, did not indicate the average cost per client by age group and for each fiscal year of the adopted FY 2021-24 Plan. The County indicates the average cost per client for PEI and INN for the FY 2022-23 Annual Update (Update), however, does not indicate the average cost per client for each age group in the FY 2022-23 Update. (Welfare and Institution Code (W&I Code) section 5847(e); CCR §§ 3755(k), 3755(o)(8)), (if applicable, 3930(4)(C))).

Recommendation #3: The County must indicate the number of Child, TAY, Adults, and Older Adults to be served, and indicate the cost per person for PEI and INN (if

applicable), for each fiscal year in each subsequent adopted Plan and Update thereafter.

SUGGESTED IMPROVEMENTS

Suggested Improvement #1: Department of Health Care Services (DHCS) recommends the county include the Three-Year PEI Evaluation report as a distinct part of each subsequent adopted Plan and/or Update hereafter to ensure that future Three-Year PEI Evaluation reports are easily located and identified. It should be clearly labeled, indicating what years are being reported and the location of the report within the Plan or Update. The Three-Year PEI Evaluation report is not to be used in lieu of Cal. Code of Regs., tit. 9, § 3755, which are the regulations for the PEI Component of the Plan and Update. DHCS recommends the county submit the report as an addendum or attachment to the Plan or Update and include a cover page for the Three-Year PEI report with the title:

*Three-Year Prevention and Early Intervention Evaluation Report
FY XXXX to FY XXXX*

The Three-Year PEI Evaluation report is due every third year as part of the Plan and/or Update and shall report on the evaluation(s) for the three prior fiscal years. (Cal. Code of Regs., tit. 9, § 3560.020).

Suggested Improvement #2: DHCS recommends the County ensure each Access and Linkage to Treatment Program includes a description on how each program will follow up with referrals to support engagement in treatment.

Suggested Improvement #3: Due to the COVID-19 Public Health Emergency (PHE), the MHSA Extension Form 5510 for FY 2020-21 allowed the county to extend the effective timeframe of its currently approved Plan or Update. By doing so, the county's subsequent Plans and Updates FY's will change to align and be consistent with all counties FY 2026-29 Plan due date. Therefore, the following guidance is the schedule for the county's subsequent Plans and Updates due to DHCS. DHCS recommends that the county submit a BOS adopted Plan or Update to DHCS per the following schedule:

- FY 2024-26 Plan to DHCS no later than June 30, 2024.
- FY 2025-26 Update is due to DHCS no later than June 30, 2025, allowing the county to remain on schedule for the...
- FY 2026-29 Plan due to DHCS no later than June 30, 2026.