

### CalAIM In Lieu Of Services (ILOS) - Case Study #3

James Smith is a 63-year old member with diabetes and hypertension which were diagnosed roughly one year ago. He frequently forgets or refuses to take his medication and does not actively self-manage his conditions. He reports he does not like his PCP so he does not regularly attend his medical appointments. James was hospitalized 1 time in the last 6 months for complications associated with his unmanaged diabetes and is ready for discharge after his most recent hospitalization. He rents a studio apartment in a neighborhood that he reports he does not like. He does not want to go home to his apartment and he would like to move. He receives Meals on Wheels, is able to live independently and has one daughter who lives nearby and checks in on him weekly. She reports James has begun to isolate himself from friends and other family but that he does not appear to be experiencing any cognitive decline; she describes him as “getting really grumpy about everything.”

ILOS applies	ILOS Name
	Housing Transition/Navigation Services
	Housing Deposits
	Housing Tenancy and Sustaining Services
	Short-Term Post- Hospitalization Housing
	Recuperative Care
	Respite
	Day Habilitation Programs
	Nursing Facility Transition/Diversion to Assisted Living Facilities
	Nursing Facility Transition to Home
	Personal Care (Beyond IHSS) and Homemaker Services
	Environmental Accessibility Adaptations
	Meals/Medically Tailored Meals
	Sobering Centers

Things to consider:

- ⇒ **Mr. Smith would NOT be a candidate for Enhanced Care Management or ILOS at this time. He is not currently high risk and may be more appropriate for an internal disease management or case management program to manage his current issues. In addition, the plan can help him find a new PCP and refer him for depression screening and behavioral health services to address his growing social isolation.**