

California Behavioral Health Planning Council

Performance Outcomes Committee Agenda

Tuesday, June 17, 2025

2:00 pm to 5:00 pm

DoubleTree Hotel Marina del Rey

13480 Maxella Avenue

Marina del Rey, CA 90292

Panache I Room

[Zoom Meeting Link](#)

Join by phone: 1 669 900 6833

Meeting ID: 826 7223 4727

Passcode: 002848

- | | | |
|---------|---|-------|
| 2:00 pm | Welcome, Introductions, and Housekeeping
<i>Noel O’Neill, Chairperson</i> | |
| 2:05 pm | Review April 2025 Meeting Minutes
<i>Noel O’Neill, Chairperson</i> | Tab 1 |
| 2:10 pm | Data Notebook “Part I” Analysis Report (Action Item)
<i>Noel O’Neill, Chairperson and Samantha Spangler</i> | Tab 2 |
| 2:35 pm | Behavioral Health Transformation Quality and Equity Advisory Committee Updates
<i>Noel O’Neill, Chairperson and Samantha Spangler</i> | Tab 3 |
| 2:45 pm | Public Comment | |
| 2:50 pm | Break | |
| 3:00 pm | Data Notebook 2024 (Homelessness) Report (Action Item)
<i>Susan Wilson and Linda Dickerson</i> | Tab 4 |
| 3:45 pm | Public Comment | |
| 3:50 pm | Break | |
| 4:00 pm | Data Notebook 2025 (Wellness Centers) Development
<i>Noel O’Neill, Chairperson and All</i> | Tab 5 |
| 4:45 pm | Public Comment | |
| 4:50 pm | Next Steps and Planning for Future Activities
<i>Noel O’Neill, Chairperson and All</i> | |
| 5:00 pm | Adjourn | |

If reasonable accommodations are required, please contact the Council at (916) 701-8211, not less than 5 working days prior to the meeting date.

The scheduled times on the agenda are estimates and subject to change.

Public Comment: Limited to a **2-minute maximum** to ensure all are heard

Performance Outcome Committee Members

Chairperson: Noel O'Neill

Chair-Elect: Don Morrison

Members:

Karen Baylor

Steve Leoni

Liz Oseguera

Uma Zykofsky

Erin Franco

Catherine Moore

Susan Wilson

Lanita Mims

Invited External Partners

Theresa Comstock, CA Association of Local Behavioral Health Boards/Commissions

Samantha Spangler, Behavioral Health Data Project

Council Staff

Justin Boese

Linda Dickerson

**California Behavioral Health Planning Council
Performance Outcomes Committee**

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Agenda Item: Review April 2025 Meeting Minutes

Enclosures: Draft of April 2025 Meeting Minutes.

Background/Description:

Committee members will review the draft meeting minutes for April 2025 and have the opportunity to request edits to the documents.

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Committee Members Present:

Noel O’Neill, Chairperson
Karen Baylor
Catherine Moore
Susan Wilson

Don Morrison, Chair-Elect
Erin Franco
Liz Oseguera
Uma Zykofsky

Invited External Partners Present:

Theresa Comstock, CA Association of Local Behavioral Health Boards/Commissions
Samantha Spangler, Behavioral Health Data Project

Staff Present:

Justin Boese
Linda Dickerson

Jenny Bayardo

Item #1: Welcome and Introductions

The committee meeting began at 2:00 p.m.

Noel O’Neill welcomed all committee members and guests. A quorum was established with 8 out of 9 members.

Item #2: Review Meeting Minutes

The Committee reviewed the meeting minutes for January and February 2024. The minutes were accepted with no revisions.

Item #3: Data Notebook “Part I” Analysis

The Council executed a contract with Samantha Spangler of the Behavioral Health Data Project in May 2024 to analyze the Part I data collected from 2019-2023. Samantha presented a full draft of the Part I analysis report for committee review, starting with the executive summary. She highlighted changes from the previous draft which incorporated feedback from committee members as she went through the report.

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Committee members provided further edits and asked for clarification on several parts of the report.

Samantha then discussed the recommendations from the executive summary, which are:

1. Focus on Quantifying unmet needs and ensuring services are provided at the appropriate level of care.
2. Expand Institutions for Mental Diseases (IMD) and Short-Term Residential Therapeutic Program (STRTP Services) in Rural Areas.
3. Prioritize diversion, shelter, and affordable housing for individuals experiencing both behavioral health challenges and risk of homelessness.
4. Track recovery-oriented measures to demonstrate the effectiveness of behavioral health programs.

Samantha said she will provide an updated and final draft of the report to the committee in the next 2-3 weeks and will discuss it with the committee at the June quarterly meeting. Noel O'Neill said the committee will also discuss the distribution of the report in June. Susan Wilson said that the most important part of the report are the recommendations, and the committee should look carefully at them. Noel asked the committee to send any suggestions or recommendations to Samantha.

Item #4: Behavioral Health Transformation Quality and Equity Advisory Committee Updates

Noel O'Neill provided a brief overview of the Behavioral Health Transformation Quality and Equity Advisory Committee (QEAC) for those who were unfamiliar. He noted that Liz Oseguera, Theresa Comstock, and himself are on the main committee, while Samantha Spangler is additionally a member of the technical subcommittee. The Performance Outcomes Committee had an interim meeting in February to discuss the performance outcomes measures being developed with input from the technical subcommittee. The Council sent a letter to the Department of Health Care Services with detailed feedback on the proposed measures.

Noel said that the QEAC had moved on to the next phase of their work. Liz Oseguera is in one of the workgroups that will be providing feedback for this phase. She shared that she completed a very detailed survey gathering input on the behavioral health goals and potential measures.

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Item #5: Subcommittee Reports (Action Item)

At the October 2024 quarterly meeting, the Performance Outcomes Committee decided to form two subcommittees to facilitate work on specific workplan goals. The two subcommittees formed are:

- Subcommittee 1, focused on Workplan Goal #4: Showcasing effective programs that feature the guiding principles of the committee and the Council that are successful in assisting consumers in their recovery.
- Subcommittee 2, focused on Workplan Goal #3: Facilitating stakeholder engagement on behalf of the Council.

Susan Wilson updated the committee on Subcommittee 2. The subcommittee is guided by the officer team and Executive Committee. She said that the subcommittee don't want to pick topics for public forum on their own and will instead gather feedback from other committees on topics of interest. The subcommittee helped plan the film screening of Hiding in Plain Sight that the council hosted during the January quarterly meeting. Susan said she will continue to update the Performance Outcomes Committee on the subcommittee's activity.

Noel O'Neill updated the committee on Subcommittee 1, which met on April 3. The subcommittee discussed the topic of Wellness and Recovery Centers and reviewed a report on the topic published by the Council in 2011. The report was developed by the Adults Systems of Care Committee using survey data from several wellness centers. The report included addressed topics like funding, program design, services, community partnerships, and staffing. Noel said that Subcommittee 1 discussed conducting a survey of all counties to gather data on wellness and recovery centers, rather than collecting anecdotal information through a couple site visits.

Item #6: Data Notebook 2024 (Homelessness) Survey Results

Linda Dickerson presented the results of the 2024 Data Notebook on Homelessness. A total of 52 completed data notebook surveys were submitted, representing 52 counties and 1 non-county mental health board (Tri-City). There were 3 large population counties who had not responded. There was very good representation from medium and small population counties. Many counties reported providing a lot of services like specialty case management and navigation of health care and social support services.

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Linda has reviewed the data and has begun the analysis. This data notebook has fewer survey questions that have been simplified compared to previous data notebooks. Linda believes that this will make it easier to analyze the data and present a cohesive narrative for the report.

Susan Wilson asked if Linda felt she would be able to have a draft of the overview report done by the June quarterly meeting. Linda responded that she believed she would. Noel O'Neill affirmed that it would be placed on the June agenda.

Item #7: Data Notebook Distribution Discussion

Noel O'Neill asked Susan Wilson how the finished Data Notebook overview report is distributed beyond sending it back to the behavioral health boards and county directors. Susan Wilson said that it is important to share the report with other partners and ensure it is available online and on social media. She also suggested that the Council could hold a public forum on homelessness to share the results.

Noel asked if the executive summary gets sent to the legislators and the governor's office. Jenny Bayardo replied that the report is usually sent to the Department of Health Care Services and the Oversight and Accountability Commission. She added that the Council's annual report is sent to the legislators, which contains a link to the Data Notebook reports if they are finished by the time that goes out. Jenny said that if the committee would like the Council to reach out to legislators to share the executive summary directly, she would be happy to do that. Samantha Spangler suggested reaching out to the Steinberg Institute as well because they have a strong interest in housing issues and have good connections with the legislature.

Item #8: Data Notebook 2025/2026 Planning

Noel O'Neill then transitioned to a discussion of the 2025/2026 data notebook. Linda Dickerson provided an overview on the background research she conducted for the topics selected, which were juvenile justice and school-based wellness for youth. Linda shared that she identified a number of resources, which included:

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- The Children and Youth Behavioral Health Initiative (CYBHI) Evaluation: Objectives Analysis Chartbook 2013 to 2023.
- A report by the California Behavioral Health Data Project titled California Behavioral Health Data Landscape: Preparing for Transformation.
- The California Department of Education webpage for school-based health programs.
- Data on foster youth and justice involved youth from the Department of Social Services, the Council on Criminal Justice and Behavioral Health, and the Department of Justice.
- The Office of Youth and Community Restoration webpage.
- Various datasets from KidsData.org including demographics, behavioral health, foster care, and juvenile arrests.

Linda concluded by saying that whatever the direction the committee wants to go, it will be important to have a clear focus on what they want to know, because the topics are very broad and there is a lot of aspects to consider.

Noel O'Neill stated that he is concerned that there is already so much data available on these topics and asked what the committee felt like they wanted to learn from the boards and commissions and behavioral health departments. Susan Wilson expressed a similar concern. She said that the committee had previously discussed wanting to make the Data Notebook more directed and accessible, with a focus on recommendations. She said she thinks these topics feels very complicated and not as approachable for the boards and suggested that the committee would need to focus on one or the other and not try to pursue both of them in one Data Notebook.

Catherine Moore stated that committee could narrow down the topic if they looked specifically at the intersection of school-aged youth who are involved in the criminal justice system. It could be useful to look at that particular high-needs group and look into what they get out of the various systems of care.

Susan suggested pivoting to focus on wellness centers and services in schools since the committee is already interested in looking at wellness centers for adults. Karen Baylor agreed with Susan that the topic needs to be narrowed down to keep it accessible for the behavioral health boards, as well as to keep the Data Notebook project timely. Theresa Comstock also said that she liked the idea of keeping the topic focused and not asking the board and commission members or county staff to contact multiple agencies to complete the Data Notebook survey. Theresa added that counties have some requirements around collecting data on prevention and early intervention which could be incorporated.

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Noel shared that he liked the idea of having wellness centers at school sites, but the limitations for space and funding limited how available they were. He suggested broadening the idea from wellness centers specifically to asking about any behavioral health services or interventions that are offered for youth. Susan agreed that it wasn't just about wellness centers, but wellness services in general for school-aged youth. Noel also suggested focused on a specific age range, and Theresa suggested middle school and high school.

Samantha Spangler expressed support for focusing on wellness centers and other services for middle and high school aged youth. However, she added that there are two big projects going on at the Oversight and Accountability Commission currently related to youth drop-in centers and student mental health and suggested leaving those topics to them as they are already conducting ongoing evaluations.

Uma Zykofsky said that she liked the idea of tying it into the report on adult Wellness Centers. She said that the committee should keep the focus narrow and the questions simple for the counties, so they are not overloaded with work. Noel agreed that this would be a priority.

Susan suggested focusing on wellness centers for adults for the 2025 Data Notebook and then follow up with wellness for middle and high school youth in 2026. Samantha said it would be a good idea to ask the same questions from 2025 again in 2026 to get the most consistent data, which Noel agreed with. She also suggested including a couple open-ended questions about the children's system in the 2025 data notebook to inform the survey for 2026.

Item #9: Next Steps and Planning for Future Activities

Noel O'Neill and the committee members identified next steps and agenda items for the June 2025 meeting. These next steps include:

- Review a draft of the analysis report for the 2024 Data Notebook on homelessness.
- Develop the 2025 Data Notebook on wellness and recovery centers.
- Review the final draft of the Part I analysis by Samantha Spangler.
- Updates from the DHCS Quality and Equity Advisory Committee.

The meeting adjourned at 5:00pm.

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Agenda Item: Data Notebook “Part I” Analysis Report (Action Item)

Enclosure: Data Notebook Part I Analysis Report*

How This Agenda Item Relates to Council Mission

To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides Council members with an update on the analysis of data collected through the Data Notebook Project from 2019-2023. The Performance Outcomes Committee will use this data for the evaluation of the behavioral health system.

Performance Outcomes Committee Work Plan: This agenda item corresponds to **Goal 1:** Collect County-Specific Data to Evaluate the Public Behavioral health System.

Background/Description:

Each year the Council releases a Data Notebook to the local mental/behavioral health boards and commissions to complete with their perspectives on focused areas of the system. From 2019 to 2023, the committee designed a section of the survey (designated as “Part I”) with standard questions to track potential trends in the behavioral health system affecting vulnerable populations. This included foster youth, homeless individuals, and those with serious mental illness (SMI) who need housing in adult residential facilities (ARFs) and some other settings.

The Council executed a contract with Samantha Spangler of the Behavioral Health Data Project in May 2024 to analyze the Part I data collected from 2019-2023. The committee will review the final draft of the report and discuss plans for distribution.

Motion: Approve the final draft of the Data Notebook Part I Analysis Report

*For a copy of this document, please contact Justin Boese at Justin.Boese@cbhpc.dhcs.ca.gov

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Agenda Item: Behavioral Health Transformation Quality and Equity Advisory Committee Updates

How This Agenda Item Relates to Council Mission

To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides Council members with updates regarding the ongoing work of the Quality and Equity Advisory Committee to establish statewide behavioral health measures. The Performance Outcomes Committee will use this information to provide ongoing feedback to the Department of Health Care Services on the development of outcomes measures as part of the Council's mandated duties.

Performance Outcomes Committee Work Plan: This agenda item corresponds to **Goal 2:** Review and approve performance outcomes measures for the Public Behavioral Health System.

Background/Description:

The Department of Health Care Services established the Behavioral Health Transformation Quality and Equity Advisory Committee to support the development of a quality and equity strategy and advise the Department in improving behavioral health statewide. This committee will meet quarterly to provide the Department with guidance and recommendations on proposed statewide population behavioral health goals and associated measures. A subset of members of the Quality and Equity Advisory Committee are involved on the Technical Sub-Committee, which will meet bi-monthly to provide DHCS with recommendations based on their expertise in behavioral health data and measurement, population health, quality improvement, and equity.

The Performance Outcomes Committee has identified that the activities of the Quality and Equity Advisory Committee regarding performance outcomes measures align with the committee's duties and interests. Several members and partners of the Performance Outcomes Committee are on the Quality and Equity Advisory Committee including Noel O'Neill, Theresa Comstock, and Samantha Spangler. Samantha is also on the Quality and Equity Advisory Committee Technical Sub-Committee. They will provide relevant updates to the Performance Outcomes Committee.

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Agenda Item: Data Notebook 2024 (Homelessness) Report

Enclosures: 2024 Data Notebook Report*

How This Agenda Item Relates to Council Mission

To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides Council members with an update on the survey results and analysis of the 2024 Data Notebook on Homelessness in the Public Behavioral Health System. The Performance Outcomes Committee will use this data for the evaluation of the behavioral health system.

Performance Outcomes Committee Work Plan: This agenda item corresponds to **Goal 1:** Collect County-Specific Data to Evaluate the Public Behavioral health System.

Background/Description:

Each year the Council releases a Data Notebook to the local mental/behavioral health boards and commissions to complete with their perspectives on focused areas of the system. The topic for the 2024 Data Notebook is “Homelessness in the Public Behavioral Health System.”

Linda Dickerson will present a draft of the 2024 Data Notebook analysis report to the committee. Committee members have an opportunity to review and comment on the analysis and discuss recommendations.

Motion: Approve the Data Notebook 2024 Report with proposed edits and recommendations.

*For a copy of this document, please contact Justin Boese at Justin.Boese@cbhpc.dhcs.ca.gov

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Agenda Item: 2025 Data Notebook Development

Enclosures: Wellness and Recovery Centers Survey Questions

How This Agenda Item Relates to Council Mission

To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides Council members with background information and survey questions on wellness and recovery Centers. The Performance Outcomes Committee will use this information for the development of the 2025 Data Notebook as part of the committee's work evaluating the behavioral health system.

Performance Outcomes Committee Work Plan: This agenda item corresponds to **Goal 1:** Collect County-Specific Data to Evaluate the Public Behavioral health System.

Background/Description:

At the April 2025 meeting, the committee decided to focus on the topic of wellness and recovery for the 2025 and 2026 Data Notebooks. The 2025 Data Notebook will focus on wellness and recovery centers, and the 2026 Data Notebook will focus on wellness services for middle and high school aged youth.

The committee will review draft survey questions and background information on wellness and recovery centers. Committee members will provide feedback and work on the development of the 2025 Data Notebook survey document.

Questions to ask Counties and Wellness Centers about their programs

Performance Outcome Committee of the CBHPC

Developed with input from CASRA

5/21/25

The following questions are intended to seek information concerning currently operating Wellness Centers. Some questions may need to be eliminated. The goal is to ask questions that are mostly one-word answers, so questions are simple to answer and easy to analyze.

Regarding the financing of your program (FY '24-'25):

1. What is your total program budget? _____
2. Is the program underwritten by MHSA/BHSA? Y/N
 - a. If yes, what percentage of the program budget is funded via this source?
_____ %
3. Does your program bill Medi-Cal (Medicaid) Y/N
 - a. If yes, what percentage of the program budget is funded via this source?
_____ %
4. Are other source funds used? Y/N
 - a. If yes, what percentage of the program budget is funded via this source?
_____ %
5. Do you anticipate a significant shift in funding (amount/source) in FY '25-'26 and/or FY '26-'27? Y/N
 - a. If yes, please describe: _____

Regarding the oversight of your program:

6. Is it County operated? Y/N
7. Is it run by a non-profit or for-profit via a county contract? Y/N
8. Is it a stand-alone program independent of county behavioral health (not under a county contract)? Y/N

Regarding the staffing of your program:

9. Are there certified peer staff working in the program? Y/N
 - a. What percentage of the overall staffing for the program are peer certified?
_____ %
10. Are there persons with lived experience that are not yet certified working in the program? Y/N
 - a. What percentage of the overall staffing for the program are persons with lived experience? _____ %

11. Are volunteers regularly scheduled/utilized to assist in the operation of the program? Y/N
- a. What percentage of the overall staffing for the program are volunteers?
_____ %

In terms of guidance for the program:

12. Is there a Board of Directors (or similar body) consisting of membership from the program? Y/N
13. Is the director/manager of the program a person with lived experience? Y/N
14. Who decides what programming will be offered? (members, staff, both)

In terms of the model used to operate the program:

15. Is there a particular model used to provide a structure? Y/N
- a. If yes, what is the model? _____
16. Is membership required to participate in the program? Y/N
17. Is there a set of rules/guidelines/code of conduct participants agree to? Y/N

In terms of programming:

18. Is there a set schedule of activities? Y/N
19. Do you offer/facilitate groups? Y/N
- a. If yes, what are some names/topics of the groups you offer?

20. Is there support for medication access/compliance? Y/N
21. Does your center address both symptoms of mental illness as well as addiction issues? Y/N
22. Are licensed clinicians employed by your program? Y/N
23. Do you offer activities/programming on the weekends? Y/N
24. Do you offer any activities/programming at night? Y/N
25. Do you provide transportation to participants? Y/N

In terms of referrals:

26. Do you **receive referrals** from county BH/county contracted outpatient programs? Y/N
27. Do you **receive referrals** from crisis level programs/services (hospital, crisis residential treatment, CSU/MHUC, police/fire)? Y/N
- a. If yes, please describe: _____
28. Please list any other **referral sources** (in order of frequency).

29. Do you **make referrals** to county BH/county contracted agencies for persons interested in outpatient treatment? Y/N

30. Do you **make referrals** to crisis level programs/services (hospital, crisis residential treatment, CSU/MHUC)? Y/N
a. If yes, please describe: _____
31. Please list any other **referred to services/programs** (in order of frequency).

Additional questions:

32. What is your average daily attendance? _____
33. Is your physical location accepted by neighboring businesses or residences? Y/N
a. If no, can you briefly describe the situation? _____
34. Would you say your Wellness Center is recovery based? Y/N
a. If no, can you describe the focus of the program?

35. Do you have showers for the participants? Y/N
36. Do you offer meals? Y/N
37. Do you offer snacks? Y/N
38. Will your wellness center be included in the stakeholder planning process for the BHT/BHSA? Y/N
39. How many wellness centers exist in your county (including yours)? _____