

Local Contact Agencies (LCA) for MDS 3.0 Section Q

Department of Health Care Services

Revised October 2020

Local Contact Agencies (LCAs) are available throughout California to provide options counseling to individuals who answer “Yes” to Q0500 of the Minimum Data Set 3.0 assessment. The LCAs are listed in alphabetical order, by county, in the list below.

Alameda

1. Center for Independent Living (510) 841-4776
 2. East Bay Innovations (510) 618-1580, Ext. 38
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Alpine

1. Elder Options, Inc. (530) 626-6939
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Amador

1. Disability Resource Agency for Independent Living (209) 521-7260 / (209) 532-0963
 2. Elder Options, Inc. (530) 626-6939
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Butte

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727
 2. PASSAGES (530) 898-5923
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Calaveras

1. Disability Resource Agency for Independent Living (209) 521-7260 / (209) 532-0963
2. Elder Options, Inc. (530) 626-6939

Colusa

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|--|---------------------------------|
| 1. FREED Center for Independent Living | (530) 742-4474 |
| 2. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |
| 3. PASSAGES | (530) 898-5923 |
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Contra Costa

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| 1. Independent Living Resource of Solano & Contra Costa Counties | (707) 435-8174 |
| 2. Rehabilitation Services of Northern California | (925) 682-6330 / (925) 778-4171 |
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Del Norte

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|----------------------------------|---------------------------------|
| 1. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |
| 2. Tri-County Independent Living | (707) 445-8404 |
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El Dorado

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|--|---------------------------------|
| 1. Blossom Ridge Home Health Agency, LLC | (800) 991-6147 / (916) 550-9813 |
| 2. Elder Options, Inc. | (530) 626-6939 |
| 3. Home & Health Care Management | (530)343-0727 / (800) 400-0727 |
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Fresno

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|---|---------------------------------|
| 1. Libertana | (818) 902-5000 / (800) 750-1444 |
| 2. Resources for Independence, Central Valley | (530) 221-2330 |
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Glenn

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|----------------------------------|---------------------------------|
| 1. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |
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2. PASSAGES

(530) 898-5923

Humboldt

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727
 2. Tri-County Independent Living (707) 445-8404
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Imperial

1. Access to Independence (619) 293-3500
 2. Libertana (818) 902-5000 / (800) 750-1444
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Inyo

1. Resources for Independence, Central Valley (559) 221-2330
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Kern

1. Independent Living Center of Kern County (661) 325-1063
 2. Libertana (818) 902-5000 / (800) 750-1444
 3. The Caring Connection (818) 368-5007
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Kings

1. Resources for Independence, Central Valley (559) 221-2330
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Lake

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727

Lassen

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| 1. Home & Health Care Mangement | (530) 343-0727 / (800) 400-0727 |
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Los Angeles

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|---|--------------------------------|
| 1. Archangel Home Health Inc. | (562) 861-7047 |
| 2. Communities Actively Living Independent and Free (CALIF) | (213) 627-0477 |
| 3. Independent Living Center of Southern California (ILCSC) | (818) 785-6934 |
| ILCSC - Lancaster Satellite Center | (661) 942-9726 |
| 4. Libertana | (818) 902-5000 / (800)750-1444 |
| 5. LifeSTEPS | (916) 965-0110 |
| 6. SCAN/Independence at Home (SCAN) | (866)563-7380 |
| 7. Southern California Resource Services for Independent Living | (562) 862-6531 |
| 8. The Caring Connection (TCC) | (818) 368-5007 |
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Madera

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| 1. Resources for Independence, Central Valley | (559) 221-2330 |
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Marin

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| 1. Marin County Aging & Adult Services | (415) 473-4636 |
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Mariposa

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| 1. Disability Resource Agency for Independent Living | (209) 521-7260 / (209) 532-0963 |
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Mendocino

1. Disability Services & Legal Center (707) 528-2745
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Merced

1. Blossom Ridge Home Health Agency, LLC (800) 991-6147 / (916) 550-9813
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Merced

2. Resources for Independence, Central Valley (559) 221-2330
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Modoc

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727
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Mono

1. Resources for Independence, Central Valley (559) 221-2330
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Monterey

1. Central Cost Center for Independent Living (831) 757-2968
 2. Health Projects Center (800) 624-8304
 3. Libertana (818) 902-5000 / (800) 750-1444
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Napa

1. Disability Services & Legal Center (707) 528-2745
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Nevada

1. FREED Center for Independent Living (530) 477-3333 / (800) 655-7732
TTY (530) 477-8194
 2. Home & Health Care Management (530) 343-0727 / (800) 400-0727
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Orange

1. Archangel Home Health Inc. (562) 861-7047
 2. Alzheimer's Family Services Center (714) 593-9630
 3. Dayle McIntosh Center (714) 621-3300
 4. Libertana (818) 902-5000 / (800) 750-1444
 5. The Caring Connection (818) 368-5007
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Placer

1. Blossom Ridge Home Health Agency, LLC (800) 991-6147 / (916) 550-9813
 2. Elder Options, Inc. (530) 626-6939
 3. Home & Health Care Management (530) 343-0727 / (800) 400 - 0727
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Plumas

1. Home & Health Care Management (530) 343-0727 / (800) 400 - 0727
 2. PASSAGES (530) 898-5923
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Riverside

1. Archangel Home Health Inc. (562) 861-7047
2. Community Access Center (951) 274-0358
3. Libertana (818) 902-5000 / (800) 750-1444
4. Riverside County Office on Aging (951) 867-3800
5. The Caring Connection (819) 368-5007

Sacramento

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|--|---------------------------------|
| 1. Blossom Ridge Home Health Agency, LLC | (800) 991-6147 / (916) 550-9813 |
| 2. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |

San Benito

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|--|----------------|
| 1. Central Coast Center for Independent Living | (831) 757-2968 |
| 2. Health Projects Center | (800) 624-8304 |

San Bernardino

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|---|---------------------------------|
| 1. Archangel Home Health, Inc. | (562) 861-7047 |
| 2. Libertana | (818) 902-5000 / (800) 750-1444 |
| 3. LifeSTEPS | (916) 965-0110 |
| 4. Rolling Start Inc. Center for Independent Living | (909) 890-9516 |
| 5. The Caring Connection | (818)-368-5007 |

San Diego

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| 1. County of San Diego Health & Human Services Agency | (800) 339-4661 |
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San Francisco

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| 1. Independant Living Resource Center San Francisco | (415) 543-6222 |
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San Joaquin

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| 1. Blossom Ridge Home Health Agency, LLC | (800) 991-6147 / (916) 550-9813 |
| 2. Disability Resource Agency for Independent Living | (209) 521-7260 / (209) 477-8143 |
| 3. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |

San Luis Obispo

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| 1. Independent Living Resource Center | (805) 963-0595 |
| 2. Libertana | (818) 902-5000 / (800) 750-1444 |

San Mateo

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| 1. Center for Independence of Individuals with Disabilities | (650) 645-1780 |
| 2. Institute on Aging | (415) 750-4111 |

Santa Barbara

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|---------------------------------------|---------------------------------|
| 1. Independent Living Resource Center | (805) 963-0595 |
| 2. Libertana | (818) 902-5000 / (800) 750-1444 |
| 3. LifeSTEPS | (916) 965-0110 |
| 4. The Caring Connection | (818) 368-5007 |

Santa Clara

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|---|----------------|
| 1. Institute on Aging | (818) 368-5007 |
| 2. LifeSTEPS | (916) 965-0110 |
| 3. Silicon Valley Independent Living Center | (408) 894-9041 |
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Santa Cruz

1. Central Coast Center for Independent Living (831) 757-2968
2. Health Projects Center (831) 459-6639 / (800) 624-8304

Shasta

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727
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Sierra

1. FREED Center for Independent Living (530) 477-3333
 2. Home & Health Care Management (530) 343-0727 / (800)400-0727
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Siskiyou

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727
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Solano

1. Home & Health Care Management (530) 343-0727 / (800) 400-0727
 2. Independent Living Resources of Solano & Contra Costa Counties Solano Main Office:
(925) 778-4171
 3. Rehabilitation Services of Northern California (925) 778-4171
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Sonoma

1. Adult and Aging Services, Sonoma County Human Services Department (707) 565-5900
 2. Disability Services & Legal Center (707) 528-2745
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Stanislaus

1. Disability Resource Agency for Independent Living (209) 521-7260
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Sutter

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|--|--------------------------------|
| 1. FREED Center for Independent Living | (530) 742-4474 |
| 2. Home & Health Care Management | (530)343-0727 / (800) 400-0727 |
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Tehama

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|----------------------------------|--------------------------------|
| 1. Home & Health Care Management | (530)343-0727 / (800) 400-0727 |
| 2. PASSAGES | (530) 898-5923 |
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Trinity

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| 1. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |
| 2. Tri-County Independent Living, Inc. | (707) 445-8404 |
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Tulare

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|---|----------------|
| 1. Resources for Independence, Central Valley | (559) 221-2330 |
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Tuolumne

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| 1. Disability Resource Agency for Independent Living | (209) 521-7260/ (209) 532-0963 |
| 2. Elder Options, Inc. | (530) 626-6939 |
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Ventura

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|--|---------------------------------|
| 1. Independent Living Resource Center | (805) 963-0595 |
| 2. Libertana | (818) 902-5000 / (800) 750-1444 |
| 3. The Caring Connection | (818) 368-5007 |
| 4. Ventura County Area Agency on Aging | (805) 477-7300 |

Yolo

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|--|---------------------------------|
| 1. Blossom Ridge Home Health Agency, LLC | (800) 991-6147 / (916) 550-9813 |
| 2. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |

Yuba

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|--|---------------------------------|
| 1. FREED Center for Independent Living | (530) 742-4474 |
| 2. Home & Health Care Management | (530) 343-0727 / (800) 400-0727 |