

NOTICE OF GENERAL PUBLIC INTEREST

DEPARTMENT OF HEALTH CARE SERVICES (DHCS) PROPOSES TO SUBMIT A STATE PLAN AMENDMENT (SPA) TO DEFINE CARDIOVASCULAR AND PULMONARY REHABILITATION SERVICES UNDER THE MEDI-CAL PROGRAM.

DHCS will submit SPA 18-0027 to the Centers for Medicare and Medicaid Services (CMS) to seek necessary approvals to clarify the frequency, scope, or amount of cardiovascular and pulmonary rehabilitation services for Medi-Cal eligible beneficiaries.

Additionally, this notice provides information of public interest with respect to Section 440.386 of Title 42 of the Code of Federal Regulations, which requires Medicaid states to publish a public notice to solicit public input regarding the amendment to the Medi-Cal Alternative Benefit Plan (ABP). DHCS will submit SPA 18-0027 to CMS to seek the necessary approval to update and define cardiovascular and pulmonary rehabilitation services under the Medi-Cal program in the ABP. DHCS complied with the provisions of section 5006(e) of the American Recovery and Reinvestment Act of 2009 by publishing the Tribal Notice for SPA 18-0027 on May 25, 2018 and will hold a tribal webinar on May 30, 2018

Defining Cardiovascular and Pulmonary Rehabilitative Services

The ABP update will define cardiovascular and pulmonary rehabilitation services for eligible beneficiaries. Cardiovascular rehabilitation will be reimbursed for a maximum of two one-hour sessions per day and 24 one-hour sessions over 24 weeks. An additional 24 sessions may be reimbursed with a Treatment Authorization Request (TAR) if medically necessary. Intensive cardiovascular rehabilitation (ICR) services will be reimbursed for a maximum of six one-hour sessions per day over 18 weeks, up to 72 one-hour sessions. CMS must approve all ICR programs. Each new qualifying cardiovascular event provides medical necessity for a new course of cardiovascular rehabilitation/ICR. Only cardiovascular rehabilitation sessions that are exercise based are reimbursable. Must be delivered in an outpatient setting.

Additionally, exercise sessions for pulmonary rehabilitation will be limited to two one-hour sessions per day, up to 36 sessions. An additional 36 sessions may be reimbursed with an approved TAR. The maximum is 72 sessions per lifetime. Cardiovascular and pulmonary rehabilitation benefits provided under the Medi-Cal ABP will be the same schedule of benefits provided to Medi-Cal beneficiaries under the State Plan.

Public Review and Comment

Interested parties may submit written comments, request copies of the draft SPA pages, and/or copies of submitted public comments. Comments may be sent to the address below. Jim Elliott, Chief, Benefits Analysis Section; Department of Health Care Services; MS 4601; P.O. Box 997417; Sacramento, CA 95899-7417. All written comments must be received by June 26, 2018.