

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State / Territory: California

DEFINITION OF SPECIALIZED SERVICES

- I. Specialized services do not include mental health or mental retardation services which are of lesser intensity than specialized services and/or services furnished to NF residents as NF services and/or within the scope of services that the NF is required to provide or arrange, pursuant to 42 USC § 1396r, subdivisions (b)(2), (b)(4) and (e)(7)(G)(iii); and 42 CFR § 483.120, 483.124, 483.126 and 483.130.
- II. For individuals with Serious Mental Illness (SMI), defined in 42 CFR § 483.102 (b)(1), specialized services, as defined in 42 CFR § 483.120 (a)(1), means the services specified by the State which, combined with services provided by the NF, results in the continuous and aggressive implementation of an individualized plan of care that:
 - A. Is developed under and supervised by an interdisciplinary team, which includes a physician, qualified mental health professionals and, as appropriate, other professionals;
 - B. Prescribes specific therapies and activities for the treatment of individuals experiencing an acute episode of serious mental illness, which necessitates supervision by trained mental health personnel; and
 - C. Is directed toward diagnosing and reducing the individual's behavioral symptoms that necessitated institutionalization, improving his/her level of independent functioning, and achieving a functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.
- III. For individuals with mental retardation (MR), defined in 42 CFR § 483.102 (b)(3), specialized services, as defined in 42 CFR § 483.120 (a)(2), means the services specified by the State, which, combined with services provided by the NF or other service providers, results in treatment which meets the requirements of 42 CFR § 483.440 (a)(1), i.e., a continuous active treatment program, which includes aggressive,

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DEFINITION OF SPECIALIZED SERVICES Cont.

consistent implementation of a program of specialized and generic training, treatment, and health related services that are directed toward:

- A. The acquisition of the behaviors necessary for the individual to function with as much self-determination and independence as possible; and
- B. The prevention or deceleration of regression or loss of current optimal functional status.

This does not include services to maintain generally independent individuals who are able to function with little supervision or in the absence of a continuous active treatment program.

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