State/Territory: California

20. Extended Services for Pregnant Women

a. Pregnancy-related and postpartum services for 60 days after pregnancy ends.

<u>Provided</u>: Pregnancy-related and postpartum services include all antepartum (prenatal) care, care during labor and delivery, postpartum care, and family planning. Pregnancy –related services include all care normally provided and during pregnancy (examinations, routine urine analyses, evaluations, counseling, and treatment) and labor and delivery (initial and ongoing assessment of maternal and fetal well-being and progress of labor, management of analgesia and local or pudendal anesthesia, vaginal delivery with or without episiotomy, initial assessment and, when necessary, resuscitation of the newborn infant). Postpartum care includes those services (hospital and scheduled office visits during the puerperium, assessment of uterine involution and, as appropriate, contraceptive counseling) provided 60 days after pregnancy ends. Family planning services include contraceptive counseling and tubal ligation.

Pregnancy-related and postpartum services may also include outpatient alcohol and other drug treatment services that ameliorate conditions that complicate pregnancy when prescribed by a physician as medically necessary. These services include women-specific treatment and recovery services.

See Supplement 3 to Attachment 3.1-A page 3 for a complete description of services available to all beneficiaries

b. Services for any other medical conditions that may complicate pregnancy.

<u>Provided</u>: Treatment for obstetrical complications (including preexisting or developing maternal or fetal conditions) which create a high-risk pregnancy and which may or may not be pregnancy-related is also covered.

The components of perinatal residential substance use disorder services are: (see Day Care Rehabilitative Treatment, Supplement 3 to Attachment 3.1-A pg 3, for definitions)

- Intake
- Individual Counseling
- Group Counseling
- Medication Services
- Collateral Services
- Crisis Intervention Services

Perinatal Services shall include:

- Therapeutic interventions addressing issues such as relationships, sexual and physical abuse, and parenting.
- Mother/Child rehabilitative services: development of parenting skills and training in child development, which may include the provision of cooperative childcare.
- Service Access: provision of, or arrangement for transportation to and from medically necessary treatment.
- Education to reduce harmful effects of alcohol and drugs on the mother and fetus or the mother and infant.
- Coordination of ancillary services: assistance in accessing and completing dental services, social services, community services, educational/vocational training and other services which are medically necessary to prevent risk to fetus or infant.

b. Services for any other medical conditions that may complicate pregnancy.

<u>Provided</u>: Treatment for obstetrical complications (including preexisting or developing maternal or fetal conditions) which create a high-risk pregnancy and which may or may not be pregnancy-related is also covered.

Approval Date: _____ Effective Date: July 1, 2012

TN No. <u>12-005</u> Supersedes TN No. <u>None</u>