

## **Child Health and Disability Prevention (CHDP) Program Medical and Dental Health Check-Ups**

Free for Babies, Children, and Youth Under age 21 with Full Scope Medi-Cal or Under Age 19 with Low Family Income. No Documentation Required

### **Why Get Health Check-Ups?**

Health check-ups are important for all children and youth. Health check-ups are a time to:

- Find and address medical, dental, mental, and behavioral health problems
- Get needed shots
- Ask your doctor questions

Health check-ups can also be used for foster care, sports, camp, or school entry, as needed.

### **Who is Eligible?**

Children and youth up to age 21 who are eligible for Medi-Cal. Children and youth under age 19 with family incomes less than or equal to 200% Federal Income Guidelines are also eligible. Proof of residence and income is not required

### **Babies and Toddlers (Birth through 3 Years)**

Regular check-ups can keep your baby happy and healthy. You can find out about your baby's growth, weight, and health, and needed shots are given. At 1 year and 2 years, your baby should be tested for lead. A test for anemia is also given. Your child should see a dentist at least once a year starting by age 1.

### **Dental**

Please contact your local CHDP office for assistance to find a Dentist who accepts Denti-Cal. CHDP may also assist with appointment scheduling and transportation if necessary.

### **School Children (4 through 12 Years)**

It is important to make sure your child is healthy and ready for school. State laws require children to be up to date on their shots and get a health check-up. School children will also get vision and hearing screenings. If your child has not had a lead test before, he/she should have one by age 6 or before. Your child should see a dentist at least once a year.

### **Vision & Hearing**

The local CHDP office can provide assistance to obtain vision and hearing services if medically necessary.

### **Teens and Young Adults (13 through 20 Years)**

Teens need health check-ups too! This is a chance to make sure your teen is growing and developing well. It is also a time for you or your teen to ask the doctor any questions. Extra health check-ups can be given for sports and camp physicals. Your child should see a dentist at least once a year.

## **Mental Health, Autism and Behavioral Services**

Contact the local CHDP office for assistance to access these services.

### **What Does CHDP Offer?**

The CHDP program helps to prevent or find health problems through regular, no cost, health check-ups. A check-up includes:

- Health and developmental history
- Physical exam
- Needed shots
- Oral health screening and routine referral to a dentist starting by age 1
- Nutrition screening
- Behavioral screening
- Vision screening
- Hearing screening
- Health information
- Lab tests, which may include: anemia, lead, tuberculosis, and other problems, as needed
- Referral to Women, Infants, and Children (WIC) program for children up to age 5

### **Other Services**

If further health services are needed, we will help you find them, including:

- Dentists that accept Denti-Cal for the care of your child's teeth
- Medical specialists, as needed
- Mental and behavioral health services, as needed diagnosis and treatment can be paid for as long as your child has Medi-Cal.

### **Information**

For more information about CHDP, transportation options, or for help setting up an appointment, contact your local CHDP office.

You can find your local CHDP office by visiting the California Department of Health Care Services website at:

[www.dhcs.ca.gov/services/chdp](http://www.dhcs.ca.gov/services/chdp)

Regular health check-ups keep your child healthy. Health check-ups can also find and treat problems before they become serious.



Edmund G. Brown, Jr. Governor, State of California