



Don't Let Your Child be Without a Dental Home:

- * Ask for a list of dentists from your insurance company. For Medi-Cal, contact Medi-Cal Dental Program 1-800-322-6384 www.smilecalifornia.org
- * Contact Child Health & Disability Prevention (CHDP) Program at your health department www.dhcs.ca.gov/services/chdp
- * Contact California Dental Association 1-800-232-7658 www.cda.org/Home/Public/Find-a-Dentist
- * Ask friends, family, coworkers about their dental office
- * Call or visit the dental office and talk to staff before choosing a dental home



Every Child Needs a
Dental Home





What is a Child's Dental Home?

It is a place to take your child for regular dental visits.

When Should You Find a Dental Home for Your Child?

By the 1st birthday is best, but it's never too early or too late to find a dental home.

Why Does Your Child Need a Dental Home?

- ☑ To help build a lifetime of healthy dental habits and good oral health.
- ☑ To find dental problems early - before they hurt.
- ☑ To have a place where the dental staff knows your child's special needs and has a record of care.
- ☑ To receive sealants, fluoride, and tips to prevent tooth decay.
- ☑ To know where to call when there's a dental emergency.

Tips for Visiting Your Child's Dental Home:

- ☑ **Arrive 15 minutes early** with teeth brushed and flossed.
- ☑ **Keep all appointments;** if you can't, call at least 2 days ahead.
- ☑ **Be positive with your child.** Don't use words like "pain," "hurt," or "shot".
- ☑ **Keep children calm and quiet** in the dental office.
- ☑ **Ask questions** about your child's oral health and treatment needs.