

ENCLOSURE 1

Definitions

Except for the definitions below, see California State Plan, Sec. 3, Att. 3.1-A, Supp. 3 for definitions related to DMC-ODS services.

“Group Counseling” consists of contacts with multiple members at the same time. Group Counseling shall focus on the needs of the participants. Group counseling shall be provided to a group that includes 2-12 individuals.

“Medication Services” includes prescription or administration of medication related to SUD services, or the assessment of the side effects or results of the medication. Medication Services does not include MAT for OUD or MAT for Alcohol Use Disorders (AUD) and other Non-Opioid Substance Use Disorders. Medication Services includes prescribing, administering, and monitoring medications used in the treatment or management of SUD and/or withdrawal management not included in the definitions of MAT for OUD or MAT for AUD services.

“Medications for Addiction Treatment (also known as medication assisted treatment (MAT)) for Opioid Use Disorder (OUD)” includes all medications approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262) to treat OUD.

MAT for OUD may be provided in clinical or non-clinical settings and can be delivered as a standalone service or as a service delivered as part of a level of care listed below in the “Levels of Care” section. This service includes:

- Assessment
- Care Coordination
- Counseling (individual and group)
- Family Therapy
- Medication Services
- Patient Education, which is education for the member on addiction, treatment, recovery, and associated health risks.
- Prescribing and monitoring for MAT for OUD, which is prescribing, administering, dispensing, ordering, monitoring, and/or managing the medications used for MAT for OUD
- Recovery Services
- SUD Crisis Intervention Services
- Withdrawal Management Services

“Medications for Addiction Treatment (also known as medication assisted treatment (MAT)) for Alcohol Use Disorder (AUD)” includes all FDA-approved drugs and services to treat AUD and other SUDs involving FDA-approved medications to treat AUD and SUDs.

MAT for AUD and other SUDs may be provided in clinical or non-clinical settings and can be delivered as a standalone service or as a service delivered as part of a level of care listed below in the “Levels of Care” section. This service includes:

- Assessment
- Care Coordination
- Counseling (individual and group)
- Family Therapy
- Medication Services
- Patient Education
- Prescribing and monitoring for MAT for AUD and SUDs, which is prescribing, administering, dispensing, ordering, monitoring, and/or managing the medications used for MAT for AUD and SUDs
- Recovery Services
- SUD Crisis Intervention Services
- Withdrawal Management Services