



Managing Pain Safely:

Partnership HealthPlan of California's approach to combating the opioid epidemic

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PHC Overview

- Medi-Cal Health Plan
- County Organized Health System
- 14 counties
- 570,000 members

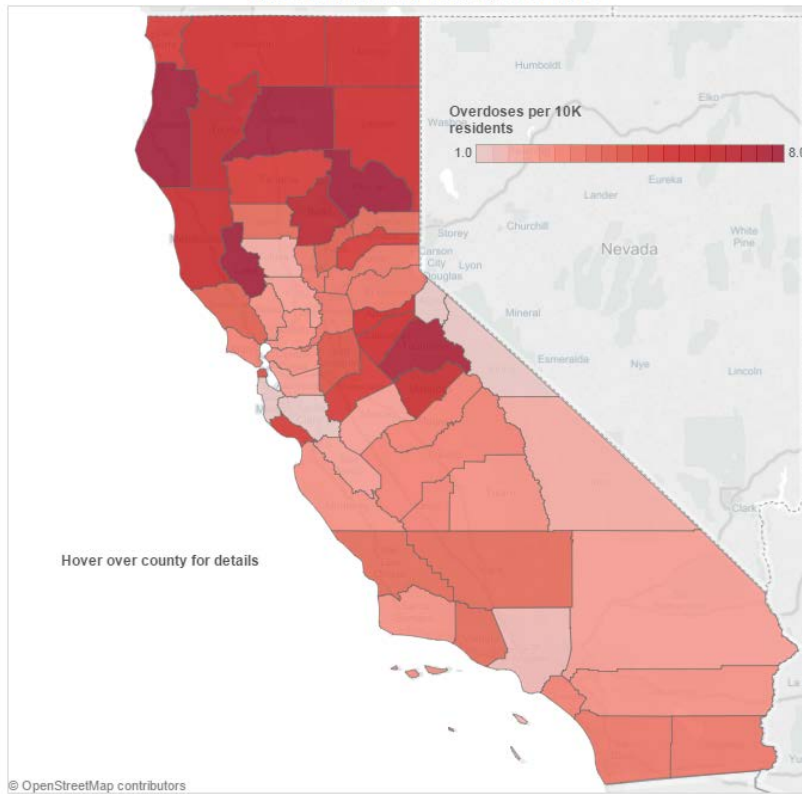




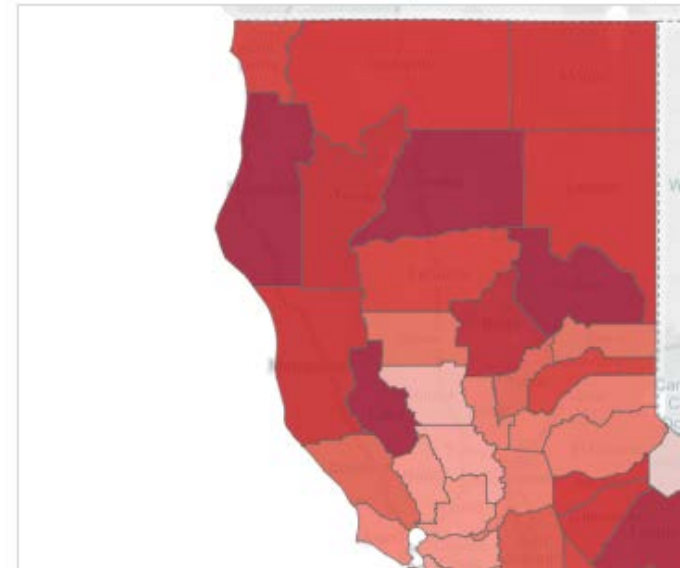
Opioid Overdoses in CA

Opioid Overdoses 2006-2013

Opioid overdoses by county, 2006-2013

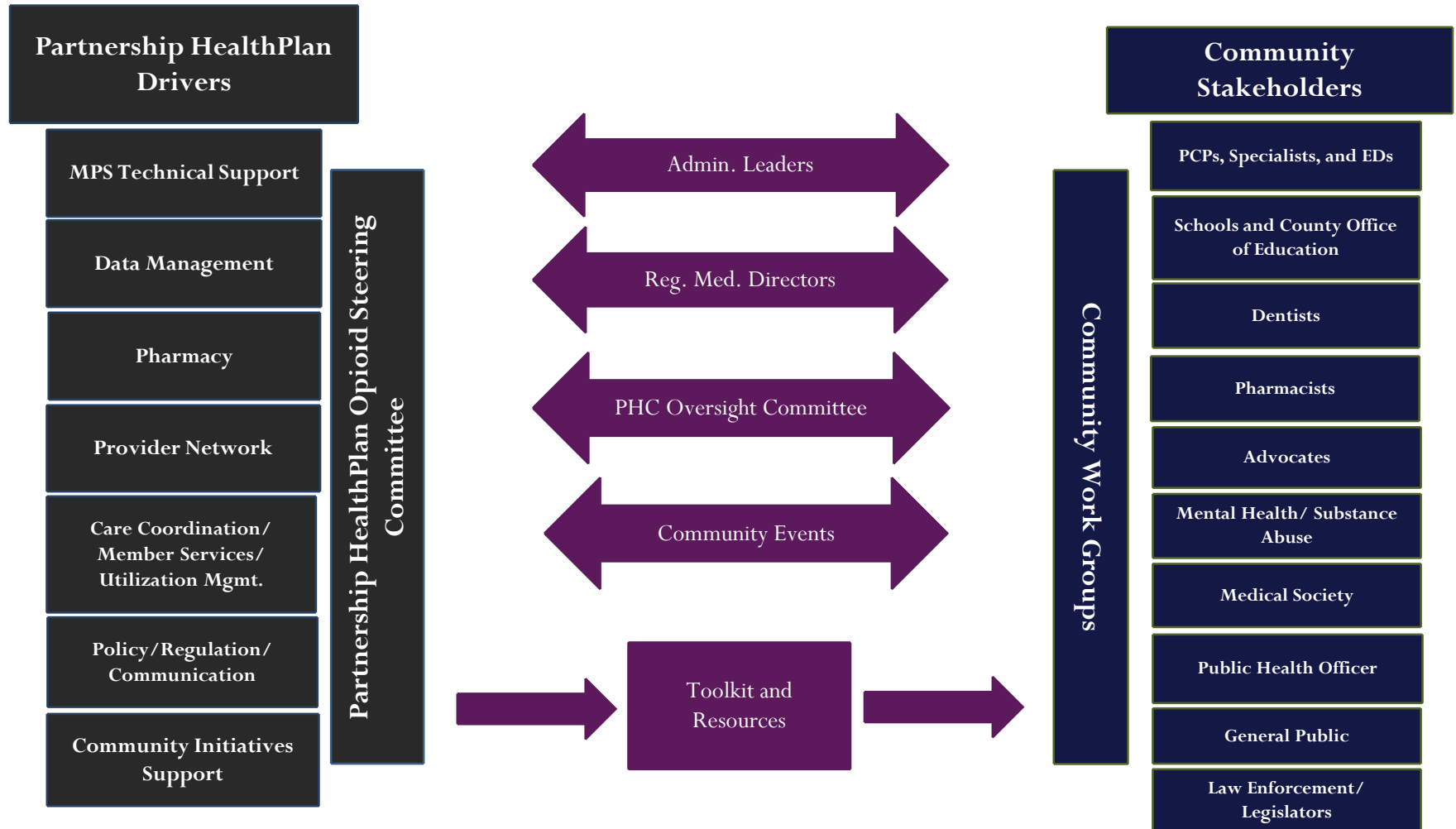


- Red= Above Ave
- Blue = Below Ave
- Pink = US Ave





PHC and Community Drivers





Managing Pain Safely Aim Statement

- By December 31, 2016, we will improve the health of PHC members by ensuring that prescribed opioids are for appropriate indications, at safe doses, and in conjunction with other treatment modalities as measured by a:
 - Decrease in total number of initial prescriptions by 75%
 - Decrease in total number of inappropriate prescription escalations by 90%
 - Decrease in total number of patients on high-dose opioids* by 75%

*Defined as greater than 120 mg. MED



Interventions

- Education
- Health plan pharmacy prior authorization changes
- Additional options for treating pain
- Community activation
- Aligned incentives
- Provider toolkits and additional resources
- Pay for performance incentives
- Naloxone program
- Opioid related data analysis and sharing



Pharmacy Prior Authorization Changes

1. Scrutinize justification for high doses of **expensive** opioids.
2. Scrutinize **escalation** of high-dose opioids (no matter what the price).
3. Scrutinize all prescriptions for all **stable** high doses of opioids.
 - Request explanation for stable high dose.
 - Difficult cases may require supporting documentation of mental health, pain specialist, or pain medication oversight committee.
 - Track responses with PHC-level registry of patients on high dose opioids.
4. Maximum 30 tablets of short acting opioids without prior authorization for new onset acute pain.



MPS Data

Reporting Period January 1, 2014- June 31, 2017

Measure	Goal (by December 31, 2016)	Current % Decrease
Total Prescriptions	90% decrease	68%
Initial Prescriptions	50% decrease	45%
Rate of Chronic Opioid Users Escalations, January 2014 cohort	90% decrease	80%
Members on Opioids on Unsafe Dose	75% decrease	79%
MED P100MPM	No goal defined	73%



Next Steps

- Sustainability phase and data monitoring
- MAT support



Questions



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