

California Department of Health Care Services Substance Use Disorder Compliance Division California Hub and Spoke System (CA H&SS)

**Redding Community Outreach Plan** 

## **Redding Community Outreach Plan**

The purpose of this community outreach plan is to outline how Aegis Treatment Centers will distribute information regarding available services under the MAT expansion project through the Hub and Spoke System in Shasta, Siskiyou, Trinity, and Del Norte Counties with the CA H&SS Grant awarded at the Hub in Redding, California. The plan outlines the audiences, efforts we will employ, timeframes, and goals for increasing MAT services for individuals in need.

## 1. Communication Plan

- a. Outreach
  - i. Upon receipt of grant funding, outreach will begin. Aegis will contact all constituent groups within the community to inform them of the awarded grant and goals for providing OUD services through the Hub and Spoke System. The plan is to target a wide variety of audiences to respond to the opioid epidemic as a whole team effort.
    - 1. Outreach Plan includes four key components:
      - a. Educate the community on effective MAT treatment options
      - b. Reduce stigma surrounding OUD and treatment
      - c. Collaborate with providers to develop comprehensive services
      - d. Prevention of OUD
    - 2. The outreach plan will target the following stakeholders in each community:
      - **a.** Department of Health and Human Services (HHS), Behavioral Health, and/or Public Health.
      - b. County Administrative Staff
      - c. Hospitals and Other Health Care providers
      - d. Local Law Enforcement and Emergency First Responders
      - e. County Courts and Legal System
      - f. Opioid Coalitions
- **b.** Community Involvement
  - i. Grant Meetings
    - 1. Initial meetings to build awareness and communication of the MAT expansion project.
      - **a.** Aegis will contact constituent groups within the community to arrange an initial meeting with members from the audiences listed above. This meeting will include but is not limited to:
        - i. Grant introduction
          - **1.** History of grant funding
          - 2. Explanation of Hub and Spoke System
          - 3. Maps outlining Hub and Spoke project

- 4. Implementation Plans
- ii. Grant questions and answers
- iii. Assessment of unmet needs
- iv. Networking and sharing of contacts within the community such as Data Waivered Doctors or
  FQHCs that may not be in attendance.
- v. Coordination of site visits and one-on-one meetings with potential spokes
- 2. Follow up meetings
  - a. This phase will consist of detailed planning and communication with interested groups to work towards implementation of the Hub and Spoke System
- ii. Community Meetings
  - **1.** Attendance in local community meetings
    - a. Opioid coalition meetings
      - i. Meet with Counties with existing coalitions for collaboration and support. We are participating members in the coalitions below:
        - 1. Siskiyou Against Rx Addiction
        - 2. Trinity Opioid Safety Coalition
    - We have had a few meetings for collaboration and coordination of care with No Rx Abuse in Shasta County
    - b. Bi Monthly County Provider meetings
    - c. County and Community Stakeholder meetings
    - d. Town Hall meetings

# Meetings Attended for H&S Planning and Community Outreach for the Redding Hub Up to Date

Date	Meeting Title	City	Organization
7/20/2017	Shasta County Health and Human Services and	Redding	HHS
	Partnership HealthPlan		
9/6/2017	Partnership HealthPlan and County Bup. Providers	Yreka	County
9/6/2017	Siskiyou Against Rx Addiction-Opioid Coalition and	Yreka	Fairchild
	Fairchild Medical Center		
9/14/2017	Shasta County Health and Human Services	Redding	HHS
11/7/2017	San Diego Steering Committee	San Diego	DHCS
11/16/2017	Sam Quinones booth – Community Outreach	Redding	
11/28/2017	Follow-up call CA H&SS Grant with Raymond	Conference	Mountain Valley
	Mandel Mountain Valley Health Center	Call	Health Centers
11/30/2017	Follow up meeting with Fairchild Medical Centers	Yreka	Fairchild Medical
			Centers
11/30/2017	Siskiyou Co Bx Hlth Mtg Mt Shasta- Grant	Mt. Shasta	County
	Introduction		,
11/30/2017	Meeting with Dr Staszel	Mt. Shasta	Private Practice
12/5/2017	Grant Meeting with Mountain Valley Health	Burney	Mountain Valley
	Centers	,	Health Centers
12/8/2017	No Rx Abuse Prep Call	Conference	Coalition
		Call	
12/11/2017	Call with trinity county- Grant introduction	Conference	County
		Call	
12/11/2017	No Rx Abuse Prep Call	Conference	Coalition
		Call	
12/12/2017	Meeting with No Rx Abuse in Redding	Redding	Coalition
12/14/2017	Meeting with Chief Moore	Redding	Redding PD
12/21/2017	Hill Country Grant Meeting	Round	Hill Country
		Mountain	Health and
			Wellness Centers
1/4/2018	Phone Conference with Paulette Adams & Maggie	Conference	Fairchild Child
	for Fairchild- Follow up grant call	Call	Medical Centers
			and Coalition
1/11/2018	Aegis meeting with Brandon and Dr. Bosworth in	Redding	Shasta
	Redding	_	Community
			Health Centers

#### c. Education

- i. Introduction to Medication Assisted Treatment
- ii. Addiction, stigma reduction, and statistics
- iii. Importance of behavioral therapy and utilization of evidenced based treatment

## d. Improved Access

- i. Increasing access to MAT in rural areas including funding for buprenorphine in order to reduce overdose deaths
- e. OUD Prevention
  - i. Community referrals for supportive services
    - 1. HIV and HCV testing
    - 2. Professional Medical, Social Work, and Mental Health Services
    - 3. Recovery and/or Peer Support Services
    - 4. Maternal Addiction Treatment
  - ii. Coordination of care with other providers

#### 2. Engagement of Individuals

- a. Referral Network
  - i. Provide outreach to collateral providers so that they know about the Hub and Spoke resources and will be able to refer patients to receive services. Contacting data waivered doctors
  - **ii.** Working with existing and prospective patients within the community to provide education about existing services through the CA H&SS Grant
- b. Advertisement
  - i. Community advertisement will be utilized to engage and inform communities of opioid epidemic and services available in their community.
    - 1. Medical Centers
      - a. Aegis will establish relationships with local medical centers to educate and prevent OUD, and develop relationships to aid of coordination of care
    - 2. Hub Open House Events
      - a. Open to the community Aegis will promote these events to reduce stigma and introduce treatment to the communities
    - 3. Local Media and PSAs
      - Aegis will identify media outlets that are the best channels for reaching the target population. Examples include specific newspapers, free papers, radio stations, movie theaters (pre-show slides), and free public access TV channels

- 4. Social Media
  - Aegis website and official Facebook page will be updated and pages specific to the relevant
    CA H & SS communities will be created
  - b. Spokes will be provided support to provide relevant CA H&SS information to their communities through their websites.
  - **c.** Coalition websites will be updated frequently to include relevant information regarding the CA H&SS in their communities.
- 5. Pamphlets and fliers
  - Providing information via form of a pamphlet or flyer indicating how to access services locally will be distributed at locations such as, but not limited to: food banks, libraries, medical offices, shelters, schools, recreational areas, businesses, and public transportation
- 6. Local High Schools, Colleges & Universities
  - a. Due to the epidemic level status of prescription drug abuse and its alarming upward trend among young adults, Aegis will establish relationships with local schools to present to at risk youth to educate and prevent OUD. Aegis will network with relevant counseling and medical treatment departments to provide additional treatment referral options within the scope of the H&SS Grant.
- 7. Grassroots Outreach
  - Other agency providers, needle exchange providers, homeless shelters, food banks, residential treatments. This will be done through grass root efforts and through education to access points in other social service, medical and clinical agencies.

#### 3. Timeframes

- a. Submit RFA
- b. Grant Awarded: July 2017
- c. Initial Outreach and Spoke Development: July 2017 through duration of the grant
- d. Ongoing Outreach : July 2017 through duration of the grant
- e. Spoke Outreach: Upon initiation of a fully executed agreement, services through the CA H&SS will be initiated within 30 days.

\*Initial RFA included three identified Spoke Cities, however, through the implementation of this community outreach plan ten more Spoke Cities have been added.

Original Spoke Cities	Additional Spoke Cities	
Weaverville	Burney	
Mt. Shasta	Round Mountain	
Yreka	Weed	
	Fall River Mills	
	Tulelake	
	Dorris	
	Redding	
	Shasta Lake City	
	Anderson	
	Happy Valley	

## \*Redding Spoke Development Progress Up To Date

Spoke	City and County	Status
Hill County Health & Wellness	Round Mountain, Shasta	Official Spoke as of 1/11/2018
Center	County	
Hill County Health & Wellness	Redding Spoke 1, Shasta	Official Spoke as of 1/11/2018
Center	County	
Hill County Health & Wellness	Redding Spoke 2, Shasta	Official Spoke as of 1/11/2018
Center	County	
Fairchild Medical Center	Yreka, Siskiyou County	Reviewing Subcontract
		Agreement
Dr. Mike Staszel	Mt. Shasta, Siskiyou	Reviewing Subcontract
	County	Agreement
Dignity Health	Mt. Shasta, Siskiyou	Setting up initial meeting
	County	
Dignity Health	Weed, Siskiyou County	Setting up initial meeting
Mountain Valley Health Centers	Burney, Shasta County	Reviewing Subcontract
		Agreement

Spoke	City and County	Status	
Mountain Valley Health Centers	Fall River Mills, Shasta	Reviewing Subcontract	
	County	Agreement	
Mountain Valley Health Centers	Tulelake, Siskiyou County	Reviewing Subcontract	
		Agreement	
Mountain Valley Health Centers	Dorris, Siskiyou County	Reviewing Subcontract	
		Agreement	
Trinity County Health and Human	Weaverville, Trinity County	Assessing to see if their	
Services		Psychiatrist is willing to run	
		MAT program	
Shasta Community Health Center	Shasta Lake City, Shasta	Considering becoming a Spoke	
	County		
Shasta Community Health Center	Anderson, Shasta County	Considering becoming a Spoke	
Shasta Community Health Center	Happy Valley, Shasta	Considering becoming a Spoke	
	County		

\*Map below includes all of the potential Spoke and current Spoke locations that have been contacted during both the initial and ongoing outreach portion of the Spoke Development

#### **REDDING H&S MAP**

