



## **NOTICE OF GENERAL PUBLIC INTEREST**

RELEASE DATE: AUGUST 22, 2023

# **PROPOSED STATE PLAN AMENDMENT TO UPDATE MEDI-CAL REHABILITATIVE MENTAL HEALTH SERVICES, TARGETED CASE MANAGEMENT, SUBSTANCE USE DISORDER TREATMENT SERVICES, EXPANDED SUBSTANCE USE DISORDER TREATMENT SERVICES AND MEDICATION- ASSISTED TREATMENT PROVIDER TYPES AND QUALIFICATIONS**

This notice is to provide information of public interest about a proposed State Plan Amendment (SPA) 23-0026 by the Department of Health Care Services (DHCS). SPA 23-0026 proposes changes to the Rehabilitative Mental Health Services, Targeted Case Management, Substance Use Disorder Treatment Services, Expanded Substance Use Disorder Treatment Services, Medication-Assisted Treatment and Community-Based Mobile Crisis Intervention Services provider types and qualifications.

The purpose of this SPA is to achieve consistency in the providers that are authorized to provide Medi-Cal specialty mental health and substance use disorder services. These changes effectuate the goals of DHCS' California Advancing and Innovating Medi-Cal (CalAIM) initiative, including the Behavioral Health Administrative Integration project. The CalAIM Behavioral Health Administrative Integration project aims to facilitate greater access to services, improve quality of services, and provide a more integrated care experience for beneficiaries with co-occurring mental health and substance use disorder conditions.

DHCS requests input from beneficiaries, providers, and other interested stakeholders concerning proposed SPA 23-0026, which is attached.

DHCS estimates that the annual aggregate Medi-Cal expenditures will be budget neutral by \$0 in total funds.



The effective date of the proposed SPA is July 1, 2023. All proposed SPAs are subject to approval by the Centers for Medicare and Medicaid Services (CMS).

## **Public Review and Comments**

The proposed changes included in draft SPA 23-0026 are enclosed in this notice for public comment.

Upon submission to CMS, a copy of proposed SPA 23-0026 will be published at the following internet address:

<https://www.dhcs.ca.gov/formsandpubs/laws/Pages/Pending-2023.aspx>.

If you would like to view the SPA in person once it becomes available, please visit your local county welfare department. You may also request a copy of proposed SPA 23-0026 or a copy of submitted public comments related to SPA 23-0026 by submitting a request in writing to the mailing or email address listed below. Please identify SPA 23-0026 in the subject line or message making this request.

Written comments may be sent to the following address:

Department of Health Care Services  
Medi-Cal Behavioral Health – Policy Division  
Attn: Garrick Chan  
P.O. Box 997413, MS 2702  
Sacramento, California 95899-7417

Comments may also be emailed to [PublicInput@dhcs.ca.gov](mailto:PublicInput@dhcs.ca.gov). Please identify SPA 23-0026 in the subject line or message including the comments.

To be assured DHCS considers the comments prior to submission of the SPA to CMS, comments must be received no later than August 28, 2023. Please note that comments will continue to be accepted after August 28, 2023, but DHCS may not be able to consider those comments prior to the initial submission of SPA 23-0026 to CMS.

Services are provided in a psychiatric health facility under a multidisciplinary model and some service components may be delivered through telehealth or telephone. Psychiatric health facilities may only admit and treat patients who have no physical illness or injury that would require treatment beyond what ordinarily could be treated on an outpatient basis.

This service includes ~~of~~ the following service components:

- Assessment
- Treatment Planning
- Therapy
- Psychosocial Rehabilitation
- Crisis Intervention

Limitations: Psychiatric health facility services are not reimbursable on days when any of the following services are reimbursed, except for the day of admission to psychiatric health facility services: adult residential treatment services, crisis residential treatment services, crisis intervention, day treatment intensive, day rehabilitation, psychiatric inpatient hospital services, medication support services, mental health services, crisis stabilization, or psychiatric nursing facility services.

Psychiatric health facility services are not provided in an institution for mental disease as defined in SSA Sec. 1905(i) and 42 CFR 435.1010.

## PROVIDER QUALIFICATIONS

Rehabilitative Mental Health Services are provided by certified mental health organizations or agencies and by mental health professionals who are credentialed according to state requirements or non-licensed providers who agree to abide by the definitions, rules, and requirements for Rehabilitative Mental Health Services established by the Department of Health Care Services; and sign a provider agreement with a county mental health plan.

Rehabilitative Mental Health Treatment Services are provided by or under the direction of (for those providers that may direct services) the following mental health providers functioning within the scope of their professional license and applicable state law. "Under the direction of" means that the individual directing service is acting as a clinical team leader, providing direct or functional supervision of service delivery. An individual directing a service is not required to be physically present (**except as noted below**) at the service site to exercise direction. The licensed professional directing a service assumes ultimate responsibility for the Rehabilitative Mental Health Service provided. Services are provided under the

direction of: a physician; a licensed or waived psychologist; a licensed, waived or registered social worker; a licensed, waived or registered marriage and family therapist; a licensed, waived or registered professional clinical counselor; ~~or~~ a registered nurse (including a certified nurse specialist, or a nurse practitioner); ~~and~~ **or a licensed occupational therapist**. All providers of Rehabilitative Mental Health Services must act within the scope of their professional license and applicable state law.

### PRACTITIONER QUALIFICATIONS

	Rehabilitative Mental Health Treatment Services						
	Assessment	Medication Support Services	Peer Support Services	Psychosocial Rehabilitation	Referral and Linkages	Therapy	Treatment Planning
Provider Qualifications	L, M, PA, Ph, <del>Q</del> , OP, <b>MA, CT</b>	L, PA, Ph	P	L, M, PA, Ph, <del>Q</del> , OP, <b>MA, CT</b>	L, M, PA, Ph, <del>Q</del> , OP, <b>MA, CT</b>	L, <b>CT</b>	L, M, PA, Ph, <del>Q</del> , OP, <b>MA, CT</b>

#### **CT = Clinical Trainee**

**A clinical trainee is an unlicensed individual who is enrolled in a post-secondary educational degree program in the State of California that is required for the individual to obtain licensure as a Licensed Mental Health Professional; is participating in a practicum or internship approved by the individual's program; and meets all relevant requirements of the program and/or applicable licensing board to participate in the practicum or internship and provide rehabilitative mental health services, including, but not limited to, all coursework and supervised practice requirements.**

#### **L= Licensed Mental Health Professional**

A Licensed Mental Health Professional includes any of the following providers who are licensed in accordance with applicable State of California licensure requirements: licensed physicians; licensed psychologists (includes waived psychologists); licensed clinical social workers (includes waived or registered clinical social workers); licensed professional clinical counselors (includes waived or registered professional clinical counselors); licensed marriage and family therapists (includes waived or registered marriage and family therapists); registered nurses (includes certified nurse specialists and nurse practitioners); licensed vocational nurses; licensed psychiatric technicians; and **licensed occupational therapists**.

For a psychologist candidate, "waivered" means an individual who either

(1) is gaining the experience required for licensure or (2) was recruited for employment from outside California, has sufficient experience to gain admission to a licensing examination, and has been granted a professional licensing waiver approved by the Department of Health Care Services to the extent authorized under state law.

For a social worker candidate, a marriage and family therapist candidate, or a professional clinical counselor candidate, “registered” means a candidate for licensure who is registered **or is in the process of obtaining registration in accordance with the criteria established by** ~~with~~ the corresponding state licensing authority for the purpose of acquiring the experience required for licensure, in accordance with applicable statutes and regulations and “waivered” means a candidate who was recruited for employment from outside California, whose experience is sufficient to gain admission to the appropriate licensing examination and who has been granted a professional licensing waiver approved by the Department of Health Care Services to the extent authorized under state law.

**M = Mental Health Rehabilitation Specialist**

A mental health rehabilitation specialist is an individual who has a baccalaureate degree and four years of experience in a mental health setting as a specialist in the fields of physical restoration, social adjustment, or vocational adjustment. Up to two years of graduate professional education may be substituted for the experience requirement on a year-for-year basis; up to two years of post-associate arts clinical experience may be substituted for the required educational experience in addition to the requirement of four years' experience in a mental health setting.

**MA = Medical Assistant**

**A medical assistant is an individual who is at least 18 years of age, meets all applicable education, training and/or certification requirements, and provides administrative, clerical, and technical supportive services, according to their scope of practice, under the supervision of a licensed physician and surgeon, or to the extent authorized under state law, a nurse practitioner or physician assistant that has been delegated supervisory authority by a physician and surgeon. The licensed physician and surgeon, nurse practitioner or physician assistant must be physically present in the treatment facility (medical office or clinic setting) during the provision of services by a medical assistant.**

**P = Peer Support Specialist**

A Peer Support Specialist is an individual with a current State-approved Medi-Cal Peer Support Specialist Certification Program certification and must meet ongoing education requirements. Peer Support Specialists provide services under the direction of a Behavioral

SUPPLEMENT 3 TO ATTACHMENT 3.1-A

Health Professional.

\*Peer Support Services will be implemented and have an effective date of July 1, 2022.

PA = Physician Assistant

A physician assistant must be licensed in accordance with applicable State of California licensure requirements.

Ph = Pharmacist

A pharmacist must be licensed in accordance with applicable State of California licensure requirements.

~~OT = Occupational Therapist~~

~~Occupational therapists must be licensed in accordance with applicable State of California licensure requirements.~~

OP = Other Qualified Provider

An individual at least 18 years of age with a high school diploma or equivalent degree plus two years of related paid or non-paid experience (including experience as a service recipient or caregiver of a service recipient), or related secondary education.

Assurances: The state assures that Rehabilitative Mental Health Services shall be available to all children found to be eligible under the provisions of Social Security Act (SSA) Sec. 1905(r)(5). The state assures that services will not be available to residents of an institution for mental disease as defined in SSA Sec. 1905(i) and 42CFR 435.1010. The state assures that the Single State Agency shall not delegate to any other state agency the authority and responsibilities described in 42 CFR 431.10(e).

“SUD Crisis Intervention Services” consists of contacts with a beneficiary in crisis. A crisis means an actual relapse or an unforeseen event or circumstance which presents to the beneficiary an imminent threat of relapse. SUD Crisis Intervention Services shall focus on alleviating the crisis problem, be limited to the stabilization of the beneficiary's immediate situation, and be provided in the least intensive level of care that is medically necessary to treat their condition.

## PROVIDER QUALIFICATIONS

### Provider Entities

SUD Treatment Services are provided by DMC certified providers. DMC certified providers providing SUD Treatment Services must: 1) be licensed, registered, enrolled, and/or approved in accordance with all applicable state and federal laws and regulations; 2) abide by the definitions, rules, and requirements for stabilization and rehabilitation services established by the Department of Health Care Services; and 3) sign a provider agreement with a county or the Department of Health Care Services.

	SUD Treatment Services						
	Assessment*	Counseling (Individual and Group)	Medical Psychotherapy	Medication Services	Patient Education	Peer Support Services	SUD Crisis Intervention
Practitioner Qualifications	C, CT, L*, MA	C, CT, L	M	L	C, CT, L, MA	P	C, CT, L

### **C = Counselors**

An Alcohol or other drug (AOD) counselor that is 4) either certified or registered by an organization that is recognized by the Department of Health Care Services and accredited with the National Commission for Certifying Agencies (NCCA).

### **CT = Clinical Trainee**

**A clinical trainee is an unlicensed individual who is enrolled in a post-secondary educational degree program in the State of California that is required for the individual to obtain licensure as a Licensed Practitioner of the Healing Arts; is participating in a practicum or internship approved by the individual's program; and meets all relevant requirements of the program and/or the applicable licensing board to participate in the practicum or internship and provide substance use disorder treatment services, including, but not limited to, all coursework and supervised practice requirements.**

### **L= Licensed Practitioner of the Healing Arts**

A Licensed Practitioner of the Healing Arts (LPHA) include any of the following: Physician, Nurse Practitioner (NP), Physician Assistant (PA), Registered Nurse, Registered Pharmacist, Licensed Clinical Psychologist

(LCP), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), Licensed Marriage and Family Therapist (LMFT), **Licensed Vocational Nurse (LVN), Licensed Occupational Therapist (LOT), Licensed Psychiatric Technician (LPT)**, and licensed-eligible practitioner working under the supervision of a licensed clinician.

**M = Medical director of a Narcotic Treatment Program**

The medical director of a Narcotic Treatment Program is a licensed physician in the State of California.

**MA = Medical Assistant**

**A medical assistant is an individual who is at least 18 years of age, meets all applicable education, training and/or certification requirements and provides administrative, clerical, and technical supportive services, according to their scope of practice, under the supervision of a licensed physician and surgeon, or to the extent authorized under state law, a nurse practitioner or physician assistant that has been delegated supervisory authority by a physician and surgeon. The licensed physician and surgeon, nurse practitioner, or physician assistant must be physically present in the treatment facility (medical office or clinic setting) during the provision of services by a medical assistant.**

**P = Peer Support Specialist**

A Peer Support Specialist is an individual with a current State-approved Medi-Cal Peer Support Specialist Certification Program certification and must meet ongoing education requirements. Peer Support Specialists provide services under the direction of a Behavioral Health Professional.

**Notes**

\* The physical examination shall be conducted by an LPHA in accordance with their scope of practice and licensure. An SUD diagnosis may only be made by an LPHA.

**SUBSTANCE USE DISORDER TREATMENT LEVELS OF CARE**

1. Intensive Outpatient Treatment Services are provided to beneficiaries when medically necessary in a structured programming environment.

Intensive Outpatient Treatment includes the following service components:

- Assessment (as defined above)
- Individual Counseling (as defined above)
- Group Counseling (as defined above)
- Patient Education (as defined above)
- Medication Services (as defined above)
- MAT for OUD (as defined in Supplement 7 to Attachment 3.1-A)

PRACTITIONER QUALIFICATIONS

	Expanded SUD Treatment Services											
	Assessment *	Care Coordination **	Crisis Intervention	Family Therapy	Counseling (Individual and Group)	Medical Psychotherapy	Medication Services	Patient Education	Peer Support Services	Observation	Recovery Services	Prescribing and Monitoring of MAT for AUD and Other Non- Opioid Substance Use Disorders
Practitioner Qualifications	C, CT, L*, MA	C, CT, L, MA	C, CT, L	CT, L	C, CT, L	M	L	C, CT, L, MA	P	C, CT, L	C, CT, L, MA	L***

**C = Counselors**

An Alcohol or other drug (AOD) counselor that is either certified or registered by an organization that is recognized by the Department of Health Care Services and accredited with the National Commission for Certifying Agencies (NCCA).

**CT = Clinical Trainee**

**A clinical trainee is an unlicensed individual who is enrolled in a post-secondary educational degree program in the State of California that is required for the individual to obtain licensure as a Licensed Practitioner of the Healing Arts; is participating in a practicum or internship approved by the individual's program; and meets all relevant requirements of the program and/or applicable licensing board to participate in the practicum or internship and provide substance use disorder treatment services, including, but not limited to, all coursework and supervised practice requirements.**

**L = Licensed Practitioner of the Healing Arts**

A Licensed Practitioner of the Healing Arts (LPHA) include any of the following: Physician, Nurse Practitioner (NP), Physician Assistant (PA), Registered Nurse, Registered Pharmacist, Licensed Clinical Psychologist (LCP), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), and Licensed Marriage and Family Therapist (LMFT), and **Licensed Vocational Nurse (LVN), Licensed Occupational Therapist (LOT), Licensed Psychiatric Technician (LPT), and** licensed-eligible practitioner working under the supervision of a licensed clinician.

**M = Medical director of a Narcotic Treatment Program**

The medical director of a Narcotic Treatment Program is a licensed physician in the State of California.

**MA = Medical Assistant**

**A medical assistant is an individual who is at least 18 years of age, meets all applicable education, training and/or certification requirements and provides administrative, clerical, and technical supportive services, according to their scope of practice, under the supervision of a licensed physician and surgeon, or to the extent authorized under state law, a nurse practitioner or physician assistant that has been delegated supervisory authority by a physician and surgeon. The licensed physician and surgeon, nurse practitioner, or physician assistant must be physically present in the treatment facility (medical office or clinic setting) during the provision of services by a medical assistant.**

**P = Peer Support Specialist**

A Peer Support Specialist is an individual with a current State-approved Medi-Cal Peer Support Specialist Certification Program certification and must meet ongoing education requirements. Peer Support Specialists provide services under the direction of a Behavioral Health Professional.

**Notes**

\*The physical examination shall be conducted by an LPHA in accordance within their scope of practice and licensure. An SUD diagnosis may only be made by an LPHA.

\*\* **Registered or c**ertified counselors may assist with some aspects of this service, however, a licensed provider is responsible for supervising this service component.

All personnel performing observations must complete training in withdrawal management.

\*\*\*May be provided by an LPHA within their scope of practice.

PRACTITIONER QUALIFICATIONS

## Provider Entities

All MAT for OUD services are provided by DMC certified providers. DMC certified providers providing MAT for OUD services must: 1) be licensed, registered, enrolled, and/or approved in accordance with all applicable state and federal laws and regulations; 2) abide by the definitions, rules, and requirements for stabilization and rehabilitation services established by the Department of Health Care Services; and 3) sign a provider agreement with a county or the Department of Health Care Services, if applicable.

Practitioners

MAT for OUD Services							
	Assessment*	Crisis Intervention	Counseling (Individual and Group)	Medical Psychotherapy	Medication Services	Patient Education	Prescribing and monitoring of MAT for OUD
Practitioner Qualifications	C, <b>CT</b> , L*, <b>MA</b>	C, <b>CT</b> , L	C, <b>CT</b> , L	M	L	C, <b>CT</b> , L, <b>MA</b>	L**

**C = Counselors**

An Alcohol or other drug (AOD) counselor that is either certified or registered by an organization that is recognized by the Department of Health Care Services and accredited with the National Commission for Certifying Agencies (NCCA).

**CT = Clinical Trainee**

A clinical trainee is an unlicensed individual who is enrolled in a post-secondary educational degree program in the State of California that is required for the individual to obtain licensure as a Licensed Practitioner of the Healing Arts; is participating in a practicum or internship approved by the individual's program; and meets all relevant requirements of the program and/or the applicable licensing board to participate in the practicum or internship and provide substance use disorder treatment services, including, but not limited to, all coursework and supervised practice requirements.

**L = Licensed Practitioner of the Healing Arts**

A Licensed Practitioner of the Healing Arts (LPHA) include any of the following: Physician, Nurse Practitioner (NP), Physician Assistant (PA), Registered Nurse, Registered Pharmacist, Licensed Clinical Psychologist (LCP), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), and Licensed Marriage and Family Therapist (LMFT), **Licensed Vocational Nurse (LVN), and Licensed Occupational Therapist (LOT), Licensed Psychiatric Technician (LPT)** and licensed-eligible practitioner working under the supervision of a licensed clinician.

**M = Medical director of a Narcotic Treatment Program.** The medical director of a Narcotic Treatment Program is a licensed physician in the State of California.

**MA = Medical Assistant**

A medical assistant is an individual who is at least 18 years of age, meets all applicable education, training and/or certification requirements and provides administrative, clerical, and technical supportive services, according to their scope of practice, under the supervision of a licensed physician and surgeon or to the extent authorized under state law, a nurse practitioner or physician assistant that has been delegated supervisory authority by a physician and surgeon. The licensed physician and surgeon, nurse practitioner or physician assistant must be physically present in the treatment facility (medical office or clinic setting) during the provision of services by a medical assistant.

**Notes**

\*The physical examination shall be conducted an LPHA in accordance within their scope of practice and licensure. An OUD diagnosis may only be made by an LPHA.

\*\* May be provided by an LPHA within their scope of practice. Providers must be a waived prescriber of buprenorphine to prescribe or order buprenorphine.

TN No. 23-0026

Supersedes TN No. 20-0006-B

Approval Date:

Effective Date: 7/1/2023

- b. Activities to monitor, support, and assist the client on a regular basis in developing or maintaining the skills needed to implement and achieve the goals of the Client Plan. Services would typically include support in the use of psychiatric, medical, educational, socialization, rehabilitation, and other social services.

Monitoring and update of the Client Plan is conducted on an annual basis or at a shorter interval as appropriate.

E. Qualification of Providers (42 CFR 441.1B(a)(8)(v) and 4  
CFR 441.1B(b))

Targeted Case Management services are provided by certified mental health organizations or agencies and by mental health professionals who are credentialed according to state requirements or non-licensed providers who agree to abide by the definitions, rules, and requirements for Targeted Case Management services established by the Department of Health Care Services to the extent authorized under state law.

Targeted case management services may be provided by or under the direction (for those providers that may direct services) of the following ~~Licensed Mental Health Professional~~ providers or teams of providers determined to be qualified to provide the service, consistent with state law.

"Licensed Mental Health Professional" means: licensed physicians, licensed psychologists (**includes waived psychologists**), licensed clinical social workers (**includes waived or registered clinical social workers**), licensed professional clinical counselors (**includes waived or registered professional clinical counselors**), licensed marriage and family therapists (**includes waived or registered marriage and family therapists**), registered nurses (includes certified nurse specialists and nurse practitioners), licensed vocational nurses, and licensed psychiatric technicians, **and licensed occupational therapists.**

"Under the direction of" means that the individual directing service is ~~either directly providing the service, or~~ acting as a clinical team leader, providing direct or functional supervision of service delivery ~~or review, approval, and signing client plans.~~ An individual directing a service is not required to be physically present at the service site to exercise direction. The licensed professional directing a service assumes ultimate responsibility for the targeted case management service provided. Services are provided under the direction of: a physician; a licensed or waived psychologist; a licensed, waived or registered social worker; a licensed, waived or registered marriage and family therapist; a licensed, waived or registered professional clinical counselor; ~~or a registered nurse~~ (including a certified nurse specialist, or a nurse practitioner); **or and a licensed occupational therapist.**

"Waivered/Registered Professional" means:

- (1) For a psychologist candidate, "waivered" means an individual who either (1) *is* gaining the experience required for licensure or (2) was recruited for employment from outside California, has sufficient experience to gain admission to a licensing examination, and has been granted a professional licensing waiver approved by the Department of Health Care Services to the extent authorized under state law.
- (2) For a social worker candidate, a marriage and family therapist candidate, or a professional counselor candidate, "registered" means a candidate for licensure who *is* registered **or is in the process of obtaining registration in accordance with the criteria established by** ~~with~~ the corresponding state licensing authority for the purpose of acquiring the experience required for licensure, in accordance with applicable statutes and regulations, and "waivered" means a candidate who was recruited for employment from outside California, whose experience is sufficient to gain admission to the appropriate licensing examination and who has been granted a professional licensing waiver approved by the Department of Health Care Services to the extent authorized under state law.

The following specific minimum provider qualifications apply for each individual delivering or directing services.

1) Physicians

Physicians must be licensed in accordance with applicable State of California licensure requirements. Physicians may direct services.

2) Psychologists

Psychologists must be licensed in accordance with applicable State of California licensure requirements. Psychologists may direct services.

A psychologist may also be a Waivered Professional who has a waiver of psychologist licensure to the extent authorized under State law. Waivered Psychologists may also direct services under the supervision of a Licensed Mental Health Professional in accordance with laws and regulations governing the waiver.

3) Licensed Clinical Social Workers (LCSW)

Licensed clinical social workers must be licensed in accordance with applicable State of California licensure requirements. Licensed clinical social workers may direct services.

A clinical social worker may also be a Waivered/Registered Professional who has (1) registered **or is in the process of obtaining registration** with the State licensing authority for clinical

social workers for the purpose of acquiring the experience required for clinical social work licensure in accordance with applicable statutes and regulations or (2) been waived by the Department of Health Care Services as a candidate who was recruited for employment from outside California and whose experience is sufficient to gain admission to the appropriate licensing examination but who requires time in which to make arrangements for and take the appropriate licensing examination.

(4) Licensed Professional Clinical Counselors

Licensed professional clinical counselors must be licensed in accordance with applicable State of California licensure requirements. Licensed professional clinical counselors may direct services.

A professional clinical counselor may also be a Waivered/Registered Professional who has (1) registered **or is in the process of obtaining registration** with the State's licensing authority for professional clinical counselors for the purpose of acquiring the experience required for licensure, in accordance with applicable statutes and regulations, or (2) been waived by the Department of Health Care Services as a candidate who was recruited for employment from outside California and whose experience is sufficient to gain admission to the appropriate licensing examination but who requires time in which to make arrangements for and take the appropriate licensing examination.

(5) Marriage and Family Therapists (MFT)

Marriage and family therapists must be licensed in accordance with applicable State of California licensure requirements. Marriage and family therapists may direct services.

A marriage and family therapist may also be a Waivered/Registered Professional who has (1) registered **or is in the process of obtaining registration** with the State licensing authority for marriage and family therapists for the purpose of acquiring the experience required for marriage and family therapist licensure, in accordance with applicable statutes and regulations. or (2) been waived by the Department of Health Care Services as a candidate who was recruited for employment from outside California and whose experience is sufficient to gain admission to the appropriate licensing examination but who requires time in which to make arrangements for and take the appropriate licensing examination.

(6) Registered Nurses (RN)

Registered nurses must be licensed in accordance with applicable State of California licensure requirements. Registered nurses may direct services.

## (13) Pharmacists

Pharmacists must be licensed in accordance with applicable State of California licensure requirements.

## (14) Occupational Therapists (OT)

Occupational therapists must be licensed in accordance with applicable State of California licensure requirements.

## (15) Other Qualified Provider

**An individual at least 18 years of age with a high school diploma or equivalent degree plus two years of related paid or non-paid experience (including experience as a service recipient or caregiver of a service recipient), or related secondary education. ~~An individual at least 18 years of age with a high school diploma or equivalent degree determined to be qualified to provide the service by the county mental health department.~~**

## (16) Clinical Trainee

**A clinical trainee is an unlicensed individual who is enrolled in a post secondary educational degree program in the State of California that is required for the individual to obtain licensure as a Licensed Mental Health Professional; is participating in a practicum or internship approved by the individual's program; and meets all relevant requirements of the program and/or the applicable licensing board to participate in the practicum or internship and provide Targeted Case Management, including, but not limited to, all coursework and supervised practice requirements.**

F. Freedom of Choice (42 CFR 441.18(A)(1))

The State assures that the provision of case management services will not restrict an individual's free choice of providers in violation of section 1902(a) (23) of the Act.

1. Eligible individuals will have free choice of any qualified Medicaid provider within the specified geographic area identified in this plan.
2. Eligible individuals will have free choice of any qualified Medicaid providers of other medical care under the plan.

G. Freedom of Choice Exception (Section 1915(a)(1) and 42 CFR 441.18(b))

X Target group consists of eligible individuals who meet medical necessity criteria for specialty mental health services. Providers are limited to qualified Medicaid providers of case management services employed by or contracted with the county mental health department who are capable of ensuring that individuals receive needed services.

H. Access to Services (42 CFR 441.18(A)(2), 42 CFR 441.18(a)(3), 42 CFR 441.18(a)(6))

The State assures the following:

- Targeted case management services will not be used to restrict an individual's access to other services under the plan.
- Individuals will not be compelled to receive case management services, condition receipt of targeted case management on the receipt of other Medicaid services, or condition receipt of other Medicaid services on receipt of targeted case management services; and

REIMBURSEMENT OF REHABILITATIVE MENTAL HEALTH AND TARGETED  
CASE MANAGEMENT SERVICES

A. GENERAL APPLICABILITY

Reimbursement of rehabilitative mental health and targeted case management services provided by eligible providers will be limited to the fee schedule developed by the State.

B. Definitions

“Day Services” means Day Treatment Intensive, Day Rehabilitation, and Crisis Stabilization Services as those services are defined in Supplement 3 to Attachment 3.1-A.

“Eligible Provider” means a public or private provider enrolled in the Medi-Cal program and certified to provide one or more Rehabilitative Mental Health or Targeted Case Management service as those services are defined in Supplement 1 and Supplement 3 to Attachment 3.1-A of this State Plan.

“Full-day” means a beneficiary received faced-to-face services in a program with services available for more than four hours.

“Half-day” means a beneficiary received face-to-face service in a program with services available from three to four hours.

“Home Health Agency Market Basket Index” means the IHS Global Inc. CMS Market Basket Index Levels for Home Health Agencies.

~~“Licensed Practitioner of the Healing Arts Mental Health Professional (LMHPLPHA)”~~ means **Licensed Physicians, Licensed Psychologists (includes waived psychologists); Licensed Clinical Social Worker (LCSW) (includes Waivered/Registered clinical social workers LCSW), Licensed Professional Clinical Counselor (LPCC) (includes Waivered/Registered professional clinical counselors LPCC), Licensed Marriage and Family Therapist (LMFT) (includes and Waivered/Registered marriage and family therapists MFT); Registered Nurses (includes certified nurse specialists and nurse practitioners); Licensed Vocational Nurses; Licensed Psychiatric Technicians; and Licensed Occupational Therapists** as those terms are defined in Supplement 3 to Attachment 3.1-A.

“Outpatient Services” means Mental Health Services, Medication Support Services, Crisis Intervention Services, and Targeted Case Management Services as those

services are defined in Supplement 3 and Supplement 1 to Attachment 3.1-A.

“Provider Type” means **Clinical Trainee, Licensed Mental Health Professional, Physician, Psychologist, Waivered Psychologist, Registered Nurse (RN), Licensed Vocational Nurse (LVN), Psychiatric Technician (PT), Mental Health Rehabilitative Specialist (MHRS), Medical Assistant, Physician Assistant (PA), Nurse Practitioner (NP), Certified Nurse Specialist (CNS), Pharmacist, Occupational Therapist (OT), Peer Support Specialists, and Other Qualified Provider** as those terms are defined in Supplement 3 to Attachment 3.1-A of this State Plan.; ~~and Licensed Practitioner of the Healing Arts.~~

“Rehabilitative Mental Health and Targeted Case Management Services” means Outpatient Services, Day Services, and Twenty-Four Hour Services -as those services are defined in Supplement 3 to Attachment 3.1-A of this State Plan.

“Services Provided in a Treatment Foster Home” means a bundle of rehabilitative mental health services provided to children and youth up to 21 years of age who have been placed in a Residential Treatment Foster Home and who meet medical necessity criteria for this service as established by the State. The bundle of rehabilitative mental health services includes plan development, rehabilitation, and crisis intervention, as those services are defined in Supplement 3 to Attachment 3.1-A of this State Plan.

“Twenty-Four Hour Services” means Adult Residential Treatment, Crisis Residential Treatment, and Psychiatric Health Facility Services as those services are defined in Supplement 3 to Attachment 3.1-A and Services Provided in a Treatment Foster Home.

### C. Outpatient Services Reimbursement Methodology

1. The State reimburses all eligible providers of Outpatient Services on a fee for service basis pursuant to a fee schedule established by the State. Eligible providers claim reimbursement for Outpatient Services by Provider Type using appropriate Current Procedural Terminology (CPT®) or Healthcare Common Procedure Coding System (HCPCS) codes. The fee schedule contains a rate for each County where the provider is located and combination of Provider Type and CPT®/HCPCS code.
2. The fee schedule that is effective July 1, 2023, and annually thereafter, is posted to the following webpage.
3. The State will annually increase the per-unit rates for HCPCS and CPT Codes effective July 1, 2023 by the percentage change in the four quarter average Home Health Agency Market Basket Index. The updated rates will be posted to the following webpage annually.

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“Eligible Provider” means a public or private provider enrolled in the Medi-Cal program and certified to provide one or more Expanded Substance Use Disorder Services” as those services are defined in Section 13.d.6 in Supplement 3 to Attachment 3.1-A of this State Plan.

“Home Health Agency Market Basket Index” means the IHS Global Inc. CMS Market Basket Index Levels for Home Health Agencies.

“Licensed Practitioner of the Healing Arts (LPHA)” means **Physician, Nurse Practitioner (NP), Physician Assistant (PA), Registered Nurse (RN), Registered Pharmacist (RP), Licensed Clinical Psychologist (LCP)**, Licensed Clinical Social Worker (LCSW), ~~Waivered/Registered LCSW~~, Licensed Professional Clinical Counselor (LPCC), ~~Waivered/Registered LPCC~~, **Licensed Marriage and Family Therapist (LMFT), and** ~~Waivered/Registered MFT~~, **Licensed Vocational Nurse, and Licensed Occupational Therapist, and Licensed Psychiatric Technician**, as those terms are defined in Supplement 3 to Attachment 3.1-A.

“Provider Type” means ~~Physician, Psychologist, Waivered Psychologist, Registered Nurse (RN), Physician Assistant (PA), Nurse Practitioner (NP), Pharmacist, Registered/Certified Alcohol and Drug Counselor, and~~ **Clinical Trainee, Licensed Practitioner of the Healing Arts, Medical Director of a Narcotic Treatment Program, Medical Assistant, and Peer Support Specialists** as those terms are defined in Supplement 3 to Attachment 3.1-A of this State Plan and ~~Licensed Practitioner of the Healing Arts~~.

“Substance Use Disorder Treatment Services” means Outpatient Services, Twenty-Four Hour Services, and Narcotic Treatment Program Services.

“Twenty-Four Hour Services” means Perinatal Residential Substance Use Disorder Treatment as defined in Section 13.d.6 in Supplement 3 to Attachment 3.1-A of this State Plan.

A. Outpatient Services Reimbursement Methodology

1. The State reimburses all eligible providers of Outpatient Services on a fee for service basis pursuant to a fee schedule established by the State. Eligible providers claim reimbursement for Outpatient Services using appropriate Current Procedural Terminology (CPT®) or Healthcare Common Procedure Coding System (HCPCS) codes. The fee schedule contains a rate for each County where the Eligible Provider is located and combination of Provider Type and CPT®/HCPCS code.
2. b. The fee schedule that is effective July 1, 2023, and annually thereafter, is posted to the following webpage.
3. c. The State will annually increase the county specific per-unit rates for HCPCS and CPT Codes effective July 1, 2023 by the percentage change in the four quarter average Home Health Agency Market Basket Index. The updated rates will be posted to the following webpage annually.

Crisis Intervention Services when provided in an Outpatient Treatment Services Level of Care, Intensive Outpatient Treatment Services Level of Care, or Partial Hospitalization Level of Care; and Peer Support Services, Recovery Services, MAT for AUD, Mat for AUD Medication, MAT for OUD, and MAT for OUD Medication provided in any Expanded Substance Use Disorder Level of Care as those services and levels of care are defined in Section 13.d.6 in Supplement 3 to Attachment 3.1-A of this State Plan.

“Eligible Provider” means a public or private provider enrolled in the Medi-Cal program and certified to provide one or more Expanded Substance Use Disorder Services” as those services are defined in Section 13.d.6 in Supplement 3 to Attachment 3.1-A of this State Plan.

“Home Health Agency Market Basket Index” means the IHS Global Inc. CMS Market Basket Index Levels for Home Health Agencies.

“Licensed Practitioner of the Healing Arts (LPHA)” means **Physician, Nurse Practitioner (NP), Physician Assistant (PA), Registered Nurse (RN), Registered Pharmacist (RP), Licensed Clinical Psychologist (LCP)**, Licensed Clinical Social Worker (LCSW), ~~Waivered/Registered~~ LCSW, Licensed Professional Clinical Counselor (LPCC), ~~Waivered/Registered~~ LPCC, **Licensed Marriage and Family Therapist (LMFT), and** ~~Waivered/Registered~~ MFT, **Licensed Vocational Nurse (LVN), Licensed Occupational Therapist (LOT), and Licensed Psychiatric Technician (LPT)**, as those terms are defined in Supplement 3 to Attachment 3.1-A.

“Provider Type” means ~~Physician, Psychologist, Waivered Psychologist, Registered Nurse (RN), Licensed Vocational Nurse (LVN), Psychiatric Technician (PT), Mental Health Rehabilitative Specialist (MHRS), Physician Assistant (PA), Nurse Practitioner (NP), Certified Nurse Specialist (CNS), Pharmacist, Occupational Therapist (OT), Peer Support Specialists, and Other Qualified Provider~~ **Counselor, Clinical Trainee, Licensed Practitioner of the Healing Arts, Medical Director of a Narcotic Treatment Program, Medical Assistant, and Peer Support Specialist**, as those terms are defined in Supplement 3 to Attachment 3.1-A of this State Plan; ~~and Licensed Practitioner of the Healing Arts.~~

“Expanded Substance Use Disorder Treatment Services” means Outpatient Services, Twenty-Four Hour Services, NTP Services, and Withdrawal Management Services.

“Twenty-Four Hour Services” means Level 3.1 – Clinically Managed Low-Intensity Residential Services, Level 3.2 – WM, Level 3.3. – Clinically Managed Population-Specific High Intensity Residential Services, and Level 3.5 – Clinically Managed High Intensity Residential Services as those services are defined in Section 13.d.6 in Supplement 3 to Attachment 3.1-A of this State Plan.

“Regional County” means Humboldt County, Lake County, Lassen County, Mendocino

County, Modoc County, Shasta County, Siskiyou County, and Solano County.

“Non-Regional County” means all counties in California except for Regional Counties.

A. Reimbursement Methodology – Non-Regional Counties

This segment of the State Plan describes the reimbursement methodology for providers located in Non-Regional Counties

**Table 1. Qualified Mobile Crisis Team Members by Delivery System**

<b>Rehabilitative Mental Health Treatment Providers*</b>	<b>SUD Treatment Providers**</b>	<b>Expanded SUD Treatment Providers**</b>	<b>Other Provider Types***</b>
<ul style="list-style-type: none"> <li>• Physician</li> <li>• Psychologist</li> <li>• Waivered Psychologist</li> <li>• Licensed Clinical Social Worker</li> <li>• Waivered/Registered Clinical Social Worker</li> <li>• Licensed Professional Clinical Counselor</li> <li>• Waivered/Registered Professional Clinical Counselor</li> <li>• Marriage and Family Therapist</li> <li>• Waivered/Registered Marriage and Family Therapist</li> <li>• Registered Nurse</li> <li>• Certified Nurse Specialist</li> <li>• Licensed Vocational Nurse</li> <li>• Psychiatric Technician</li> <li>• Mental Health Rehabilitation Specialist</li> <li>• Physician Assistant</li> </ul>	<ul style="list-style-type: none"> <li>• Licensed Practitioner of the Healing Arts (LPHA)</li> <li>• AOD Counselor</li> <li>• Peer Support Specialist</li> <li>• <b>Clinical Trainee</b></li> <li>• <b>Medical Assistant</b></li> </ul>	<ul style="list-style-type: none"> <li>• LPHA</li> <li>• AOD Counselor</li> <li>• Peer Support Specialist</li> <li>• <b>Clinical Trainee</b></li> <li>• <b>Medical Assistant</b></li> </ul>	<ul style="list-style-type: none"> <li>• Community Health Workers as defined in the Community Health Worker Services preventive services benefit.</li> <li>• Emergency Medical Technicians. Emergency Medical Technicians must be certified in accordance with applicable State of California certification requirements.</li> <li>• Advanced Emergency Medical Technicians. Advanced Emergency Medical Technicians must be certified in accordance with applicable State of California certification requirements. Paramedics. Paramedics must be licensed in accordance with applicable State of California licensure requirements.</li> </ul>

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<b>Rehabilitative Mental Health Treatment Providers*</b>	<b>SUD Treatment Providers**</b>	<b>Expanded SUD Treatment Providers**</b>	<b>Other Provider Types***</b>
<ul style="list-style-type: none"> <li>• Nurse Practitioner</li> <li>• Pharmacist</li> <li>• Occupational Therapist</li> <li>• Other Qualified Provider</li> <li>• Peer Support Specialist</li> <li>• <b>Clinical Trainee</b></li> <li>• <b>Medical Assistant</b></li> </ul>			<ul style="list-style-type: none"> <li>• Community Paramedics. Community paramedics must be licensed, certified, and accredited in accordance with applicable State of California licensure requirements.</li> </ul>

\*Defined in the “Provider Qualifications” subsection of the “Rehabilitative Mental Health Services” section of this supplement. Rehabilitative Mental Health Treatment services are provided by certified mental health organizations or agencies and by mental health professionals who are credentialed according to state requirements or non-licensed providers who agree to abide by the definitions, rules, and requirements for Rehabilitative Mental Health Services established by the Department of Health Care Services, to the extent authorized under state law.

\*\*Defined in the “Provider Qualifications” subsection of the “SUD Treatment” and “Expanded SUD Treatment” sections of this supplement. SUD and Expanded SUD Treatment services are provided by DMC certified providers that: 1) are licensed, registered, enrolled, and/or approved in accordance with all applicable state and federal laws and regulations; 2) abide by the definitions, rules, and requirements for stabilization and rehabilitation services established by the Department of Health Care Services; and 3) sign a provider agreement with a county or the Department of Health Care Services.

\*\*\*Other Provider Types are eligible to participate on mobile crisis teams delivering Rehabilitative Mental Health Treatment, SUD Treatment, or Expanded SUD Treatment services as defined above.

### **Limitations**

In accordance with Section 1947(b)(1)(A) of the Social Security Act (Title 42 of the United States Code section 1396w-6(b)(1)(A)), added by Section 9813 of the American Rescue Plan Act, and applicable CMS guidance, mobile crisis services cannot be provided to beneficiaries in a hospital or other facility setting.

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