### Health Care Program for Children in Foster Care (HCPCFC) Program Activities: Psychotropic Medication Monitoring & Oversight (PMM&O)





# **HCPCFC Training Modules**

#### » Program Activities

- Program Guidance
- Applicable Statutes and Regulations
- Program Measures
- Scope of Work
- Tools, Databases & Resources
- Confidentiality & Consent
- Psychotropic Medication Monitoring & Oversight (PMM&O)
- Navigating Health Care Services
- Understanding Child Welfare & Probation

### Introduction

- This section provides an overview of HCPCFC responsibilities associated with Psychotropic Medication Monitoring & Oversight (PMM&O), which are required of public health nurses (PHN) by Welfare and Institution Code (WIC) 16501.3(c)(3).
- All questions regarding PHN role, including difficulty obtaining or sharing information, should be documented, reported to the direct supervising HCPCFC PHN, and addressed immediately.

# **Required Training & Primary References**

- » All HCPCFC staff are required to complete a review of all components of the following PMM&O resources, regardless of their role, prior to participating in program activities:
  - 1. <u>Psychotropic Medication Toolkit</u>
  - 2. <u>California Guidelines for the Use of Psychotropic Medication with Children and Youth in</u> <u>Foster Care</u>
  - 3. <u>California Courts: Guide to Psychotropic Medication Forms (JV-217-Info & All</u> <u>Associated Forms Listed)</u>

### **Policy & Procedure**

» HCPCFC programs statewide vary when it comes to the extent and timing of PHN involvement when foster children and youth are prescribed psychotropic medication.

# **Policy & Procedure (continued)**

- » Roles and Procedures of the PHN:
  - 1. How and when HCPCFC receives documents relating to the prescription of psychotropic medication to foster children and youth.
  - 2. The role and procedures of the PHN specifically to other applicable members of the care team.
  - 3. The role and procedures of the PHN in addressing discrepancies identified with a prescription and required health indicators (lab results, inadequate assessment, etc.).
  - 4. PHN role and procedure to address issues obtaining or accessing medication.
  - 5. PHN role and procedure to educate and obtain information/follow-up.

### **Policy & Procedure (continued)**

- 6. PHN role and procedure in educating, answering questions, and providing feedback to providers.
- 7. PHN role and procedure to request/facilitate requests for health information/records.
- 8. PHN role and procedure to interface with health providers, including medical, developmental, behavioral, and psychotropic focused care.
- 9. Information sharing procedures and privacy.
- 10. The procedures HCPCFC staff follow from the initiation of program involvement to the resolution of the HCPCFC PMM&O involvement.

The required policy and procedures (P&P) must be always readily available to HCPCFC staff.

### PMM&O Documentation & Standard Procedure

» Please refer to the Scope of Work, Psychotropic Medication Monitoring & Oversight and Documentation training modules.

#### **PMM&O Resources**

- >> How Can a Public Health Nurse Help Me? from the Psychotropic Quality Improvement Collaborative
- CHILDREN AND YOUTH IN OUT-OF-HOME CARE: What do Caregivers Need to Know about Psychotropic Medications?
- >> <u>A 6-step process to Understanding Psychotropic Medications Before You Agree to Take Them</u>
- >> California Rules of Court Rule 5.640. Psychotropic medications
- Quality Improvement Project: Improving the Use of Psychotropic Medication among Children and Youth in Foster Care
- >> California Guidelines for the Use of Psychotropic Medication with Children and Youth in Foster Care
- >> Ensuring Foster Youth Are Only Prescribed Psychotropic Medication When in Their Best Interest

#### **Contact Information**

Questions may be directed to: <u>HCPCFC@dhcs.ca.gov</u>.



