

**Utilization Review – 1: Medical Therapy Program Utilization Review Checklist**

Acronyms used: CCS (California Children's Services), DOB (Date of Birth), MTP (Medical Therapy Program), MTU (Medical Therapy Unit), OT (Occupation Therapy), PT (Physical Therapy), PTR (Patient Therapy record), UR (Utilization Review)

**CCS County:** \_\_\_\_\_

**MTU:** \_\_\_\_\_

**Date of Review:** \_\_\_\_\_

**1) Beneficiary Information**

<b>Last Name:</b>	<b>First Name:</b>	<b>Middle Initial:</b>
<b>DOB: (MM/DD/YYYY)</b>	<b>CCS Number:</b>	
<b>MTP Eligible Diagnosis (es):</b>		
<b>Date opened to MTP (MM/DD/YYYY):</b>		

**2) Documentation Review**

Review of Therapy Plans	Yes	No	Comments
Initial MTP eligibility report in chart			

**3) Physician's Report**

Prescribing Managing Physician's Report	Yes	No	Comments
From physician signing OT/PT Prescriptions			
Current			
Information relevant/complete			

☐ Items above reviewed by UR Team Physician

**4) Therapy Plans**

<b>Review of Therapy Plans</b>	<b>OT</b>			<b>PT</b>		
<b>OT/PT Evaluation Summary</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>
Current						
All required elements documented						

**5) Medical Therapy Plan**

<b>Review of Therapy Plans</b>	<b>OT</b>			<b>PT</b>		
<b>OT/PT Evaluation Summary</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>
Current						
Signed and dated by physician						
Functional status						
Functional/measurable goals						
Benefits of previous therapy						
Rehab potential						
Treatment methods						
Treatment frequency						
Treatment duration						

**6) PTR**

<b>PTR / Running Notes</b>	<b>OT</b>			<b>PT</b>		
<b>OT/PT Evaluation Summary</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>
Documentation meets standards						

**7) Therapy Services**

<b>Review of Therapy Services Delivered</b>	<b>OT</b>			<b>PT</b>		
<b>OT/PT Evaluation Summary</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>	<b>YES</b>	<b>NO</b>	<b>N/A</b>
Services relate to goal(s) in Medical Therapy Plan						

Review of Therapy Services Delivered	OT			PT		
OT/PT Evaluation Summary	YES	NO	N/A	YES	NO	N/A
Progress achieved toward goal(s)						
Evidence of continued potential for functional						

☐ Items above reviewed by UR Team Occupational and Physical Therapist.

**8) UR Team Findings:** (Findings due to the MTU within five business days)

- ☐ No Deficiencies Identified-No MTU response to UR Team needed. Review process complete.
- ☐ Deficiencies identified:

**UR Team Representative:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Date (MM/DD/YYYY): \_\_\_\_\_

**9) MTU response to UR Team Finding/Plan to Correct Deficiencies:** (MTU Plan due to UR Team within 30 business days. UR Team response to plan due to the MTU within five business days.)

**MTU Supervising/Lead Therapist:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Date (MM/DD/YYYY): \_\_\_\_\_

- ☐ MTU Plan Accepted- UR Team's response due to the MTU within five business days. Review process complete.

**UR Team Representative:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Date (MM/DD/YYYY): \_\_\_\_\_

☐ MTU Plan Not Approved (UR Team response due to the MTU within five business days.)

**UR Team Representative:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Date (MM/DD/YYYY): \_\_\_\_\_

**10) MTU Revised Plan to Correct Deficiencies:** (Revised MTU Plan due to UR Team within 30 business days. UR Team response to plan due to the MTU within five business days.)

**MTU Supervising/Lead Therapist:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Date (MM/DD/YYYY): \_\_\_\_\_

☐ MTU Plan Approved- UR Team response due to the MTU within five business days. No MTU response to UR Team needed (if corrections are not completed by the anticipated due date the MTU will notify the UR Team of a revised anticipated date of completion.)

**Review process complete.**

**UR Team Representative:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Date (MM/DD/YYYY): \_\_\_\_\_

☐ MTU Revised Plan Not Approved\* (UR Team response due to the MTU within five business days.)

**UR Team representative:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Date (MM/DD/YYYY): \_\_\_\_\_

\*Continue cycle of revised plans by the MTU and review by UR Team until the MTU Plan is approve by the UR Team and the review process completed.

11) Comments