



# BHT PERFORMANCE MEASURES

## BH-5: Three or More Behavioral Health Services for People with Mental Health Needs

### FY 24-25 Rates

As part of California’s Behavioral Health Transformation (BHT), the Department of Health Care Services (DHCS) has developed BHT performance measures intended to capture progress on 14 statewide behavioral health (BH) goals. These performance measures will be used for transparency, planning, population health, and—over time and as appropriate—performance targets will be enforced. Additional details can be found in the Behavioral Health Services Act (BHSA) County [Policy Manual](#) and in the BHT Performance Measures [Specifications Manual](#).

This document contains the official fiscal year (FY) 24-25 rates for the following BHT performance measure:

| Measure Details            | Description                                                                                                                                                                                                                      |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Measure Name</b>        | Three or More BH Services for People with Mental Health (MH) Needs (BHSRV3-WMH)                                                                                                                                                  |
| <b>Measure Description</b> | Percent of people enrolled in Medi-Cal and living with MH needs who receive three or more core clinical services to address BH in a 12-month period.                                                                             |
| <b>Measure Background</b>  | This novel measure calculates the utilization of three or more core clinical services to address BH during a 12-month period among people enrolled in Medi-Cal or receiving other county BH services <sup>1</sup> living with an |

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<sup>1</sup> In addition to Medi-Cal members, DHCS will explore over time including people who receive county BH services but are not enrolled in Medi-Cal. This includes, but is not limited to, services funded by the BHSA, 1991 and 2011 Realignment, and the Substance Abuse and Mental Health Service Administration (SAMHSA)’s Projects for Assistance in Transition from Homelessness, Mental Health Block Grants, and Substance Use Prevention, Treatment, and Recovery Services

| Measure Details | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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|                 | <p>identified MH need. This measure currently includes only Medi-Cal members, but DHCS is exploring including non-Medi-Cal members who receive county BH services in this measure at a future date.</p> <p>Identified as one of the Goal Measures for the “Reduce Untreated BH Conditions” statewide BH goal, this measure includes all Medi-Cal members with an identified MH need. Consistent with a person-centered quality measurement approach and DHCS’ No Wrong Door Policy, it assesses whether members received at least 3 core clinical services to address BH regardless of whether they should be served by the Specialty Mental Health Services (SMHS) or Non-Specialty Mental Health Services (NSMHS) system.</p> <p>For the Medi-Cal Managed Care Plan (MCP) rate, all members assigned to an MCP are included in their rate if they meet denominator criteria for identified MH needs. For the County Behavioral Health Plan (BHP) rate, because BHPs do not have assigned members, all Medi-Cal members in that county (defined by county of responsibility assignments<sup>2</sup>) are included in their rate if they meet denominator criteria for identified MH needs.</p> <p>People with MH needs include people with an identified need for MH services across the full continuum of care, including mild, moderate, and significant MH needs. DHCS identifies people with MH needs using administrative data, leveraging diagnosis, utilization, and systems involvement data indicating a need; DHCS cannot identify people with</p> |

Block Grants. This version of the specification only includes Medi-Cal members. DHCS will explore whether non-Medi-Cal recipients of county BH services could be incorporated into the eligible population of this measure at a future date.

<sup>2</sup> A Medi-Cal member’s county of responsibility is the official source for determining which County BHP is financially accountable for SMHS and substance use disorder treatment services for that member. In some cases, this may be different than the member’s county of residence. See Behavioral Health Information Notice [24-008](#) for more information.

| Measure Details         | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                         | <p>MH needs for which there is no available administrative data indicating that need.</p> <p>This measure uses the standard definition of core clinical services utilized by all BHT measures, which is inclusive of services for both MH and Substance Use Disorder (SUD) needs. Core clinical services are intended to capture services in which a person’s BH needs (including MH and SUD needs) are met. They focus on outpatient services delivered in community or clinic settings (excluding Emergency Department (ED), crisis, and acute inpatient visits) and include both services in the county BH and Medi-Cal managed care delivery systems. Improving performance on this measure therefore requires coordination between counties and MCPs.</p> <p>This measure differs from DHCS’ existing SMHS Penetration Rates and NSMHS Penetration Rates, which look at whether a Medi-Cal member received five or more services in the respective delivery system—not limited to core clinical services—regardless of whether they had an MH need. The rate for this measure is expected to be higher than the engagement rates because it is limited to people living with an identified MH need, rather than all Medi-Cal members. Note that this measure does not assess if people with unidentified MH needs are accessing or utilizing services; DHCS cannot identify someone living with MH needs who has not previously used the health care system for their need.</p> |
| <b>Measure Steward</b>  | DHCS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Measure Goal</b>     | This measure is 1 of 8 measures in the “Reduce Untreated Behavioral Health Conditions” statewide BH goal.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Measure Category</b> | Goal Measure                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Responsibility</b>   | Medi-Cal MCPs and County BHPs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

**Table 1. Statewide Rate**

| State      | Rate   |
|------------|--------|
| California | 36.19% |

**Table 2. Statewide Rate Stratifications by Age**

| Age Group          | Rate   |
|--------------------|--------|
| 0-5 years          | 22.36% |
| 6-11 years         | 31.53% |
| 12-17 years        | 36.37% |
| 18-20 years        | 31.57% |
| 21-25 years        | 39.54% |
| 26-34 years        | 43.56% |
| 35-49 years        | 41.96% |
| 50-64 years        | 38.15% |
| 65-74 years        | 31.65% |
| 75 years and older | 24.57% |

**Table 3. Statewide Rate Stratifications by Sex**

| Sex    | Rate   |
|--------|--------|
| Female | 38.11% |
| Male   | 33.87% |

**Table 4. Statewide Rate Stratifications by Race / Ethnicity**

| Race/Ethnicity                   | Rate   |
|----------------------------------|--------|
| American Indian or Alaska Native | 39.63% |
| Asian                            | 29.91% |
| Black or African American        | 36.16% |
| Hispanic or Latino               | 33.60% |

| Race/Ethnicity                      | Rate   |
|-------------------------------------|--------|
| Native Hawaiian or Pacific Islander | 31.15% |
| White                               | 41.36% |
| Multiracial and/or Multiethnic      | 38.73% |
| Other                               | 33.87% |
| Asked But No Answer/Unknown         | 36.66% |

**Table 5. Statewide Rate Stratifications by Language (Primary Spoken Language)**

| Language (Primary Spoken Language) | Rate   |
|------------------------------------|--------|
| English                            | 38.41% |
| Spanish                            | 31.14% |
| Vietnamese                         | 22.59% |
| Other                              | 28.42% |

**Table 6. County Behavioral Health Plan Rates**

| County Behavioral Health Plan | Rate   |
|-------------------------------|--------|
| Alameda                       | 33.26% |
| Alpine                        | 37.36% |
| Amador                        | 36.35% |
| Butte                         | 42.12% |
| Calaveras                     | 35.25% |
| Colusa                        | 36.56% |
| Contra Costa                  | 36.74% |
| Del Norte                     | 34.64% |
| El Dorado                     | 39.39% |
| Fresno                        | 34.87% |

| County Behavioral Health Plan | Rate   |
|-------------------------------|--------|
| Glenn                         | 38.92% |
| Humboldt                      | 47.20% |
| Imperial                      | 46.20% |
| Inyo                          | 31.72% |
| Kern                          | 37.08% |
| Kings                         | 32.22% |
| Lake                          | 38.04% |
| Lassen                        | 39.15% |
| Los Angeles County            | 33.78% |
| Madera                        | 34.19% |
| Marin                         | 42.09% |
| Mariposa                      | 39.01% |
| Mendocino                     | 41.35% |
| Merced                        | 31.00% |
| Modoc                         | 41.36% |
| Mono                          | 42.18% |
| Monterey                      | 39.21% |
| Napa                          | 36.33% |
| Nevada                        | 48.24% |
| Orange                        | 34.42% |
| Placer                        | 39.34% |
| Plumas                        | 31.70% |
| Riverside                     | 41.35% |
| Sacramento                    | 33.46% |
| San Benito                    | 35.48% |
| San Bernardino                | 38.92% |
| San Diego                     | 37.25% |

| County Behavioral Health Plan | Rate   |
|-------------------------------|--------|
| San Francisco                 | 37.62% |
| San Joaquin                   | 30.31% |
| San Luis Obispo               | 48.78% |
| San Mateo                     | 38.43% |
| Santa Barbara                 | 43.72% |
| Santa Clara                   | 34.51% |
| Santa Cruz                    | 45.98% |
| Shasta                        | 46.65% |
| Sierra                        | 26.94% |
| Siskiyou                      | 39.87% |
| Solano                        | 35.02% |
| Sonoma                        | 38.78% |
| Stanislaus                    | 29.47% |
| Sutter/Yuba                   | 35.97% |
| Tehama                        | 34.99% |
| Trinity                       | 38.51% |
| Tulare                        | 33.78% |
| Tuolumne                      | 40.99% |
| Ventura                       | 38.90% |
| Yolo                          | 37.17% |

**Table 7. Medi-Cal Managed Care Plan Rates<sup>3</sup>**

| Medi-Cal Managed Care Plan | Rate   |
|----------------------------|--------|
| AIDS Healthcare Foundation | 40.66% |

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<sup>3</sup> In this release, the Medi-Cal MCP rates listed are not at the county level, but rather for all counties statewide in which the plan operates.

| Medi-Cal Managed Care Plan               | Rate   |
|------------------------------------------|--------|
| Alameda Alliance for Health              | 32.87% |
| Anthem Blue Cross                        | 34.32% |
| Blue Shield of CA Promise Health Plan    | 39.84% |
| CalOptima                                | 34.60% |
| CalViva Health                           | 35.38% |
| CenCal Health                            | 45.40% |
| Central California Alliance for Health   | 37.80% |
| Community Health Group Partnership Plan  | 37.49% |
| Community Health Plan of Imperial Valley | 46.18% |
| Contra Costa Health Plan                 | 37.18% |
| Gold Coast Health Plan                   | 39.00% |
| Health Net Community Solutions           | 34.16% |
| Health Plan of San Joaquin               | 28.99% |
| Health Plan of San Mateo                 | 38.70% |
| Inland Empire Health Plan                | 42.96% |
| Kaiser Permanente                        | 34.07% |
| Kern Family Health Care                  | 38.62% |
| L.A. Care Health Plan                    | 33.83% |
| Molina Healthcare of California          | 34.39% |
| Mountain Valley Health Plan              | 40.18% |
| Partnership Health Plan of California    | 40.36% |
| San Francisco Health Plan                | 38.36% |
| Santa Clara Family Health Plan           | 34.68% |

"S" represents values that are based on less than 11 individuals which are not shown in accordance with the DHCS Data De-identification Guidelines (DDG) Version 3.0.

Values reported as "0.00" indicate that no events were observed.

Values reported as "N/A" indicate that no persons qualified for the denominator.

"C" denotes complementary data that is not shown to comply with DHCS DDG Version 3.0 to prevent the re-derivation of other sensitive information.