



BHT PERFORMANCE MEASURES

IN-4: Follow-Up After Hospitalization for Mental Illness--7 Days

FY 24-25 Rates

As part of California's Behavioral Health Transformation (BHT), the Department of Health Care Services (DHCS) has developed BHT performance measures intended to capture progress on 14 statewide behavioral health (BH) goals. These performance measures will be used for transparency, planning, population health, and—over time and as appropriate—performance targets will be enforced. Additional details can be found in the Behavioral Health Services Act (BHSA) County [Policy Manual](#) and in the BHT Performance Measures [Specifications Manual](#).

This document contains the official fiscal year (FY) 24-25 rates for the following BHT performance measure:

Measure Details	Description
Measure Name	Follow-Up After Hospitalization for Mental Illness--7 Days (FUH-7d)
Measure Description	Percent of discharges for people 6 years of age and older enrolled in Medi-Cal who were hospitalized for a principal diagnosis of mental illness, or any diagnosis of intentional self-harm in a 12-month period, for which the person received a follow-up service within 7 calendar days after the discharge.
Measure Background	This measure is a part of the Healthcare Effectiveness Data and Information Set (HEDIS) measure set developed by the National Committee for Quality Assurance (NCQA), and it tracks outpatient follow-up within 7 days of a Mental Health (MH) related hospital discharge for people 6 years of age and older enrolled in Medi-Cal or receiving other

Measure Details	Description
	county BH services¹. This measure currently includes only Medi-Cal members, but DHCS is exploring including non-Medi-Cal members who receive county BH services in this measure at a future date. Identified as an Intervention Measure for the “Reduce Institutionalization” statewide BH goal, this measure focuses on an intervention shown to reduce the risk of institutionalization. It includes any Medi-Cal member who has a qualifying hospital discharge during the measurement period. Consistent with a person-centered quality measurement approach and DHCS's No Wrong Door Policy, this measure will assess whether a member received a follow-up service regardless of whether the service was delivered by a Medi-Cal Managed Care Plan (MCP) or by a county Behavioral Health Plan (BHP). For the MCP rates, all members assigned to an MCP are included in the rates if they meet denominator criteria. For the BHP rates, because BHPs do not have assigned members, all Medi-Cal members in that county (defined by their county of responsibility assignments²) are included in their rate if they meet denominator criteria.
Measure Steward	NCQA

¹In addition to Medi-Cal members, DHCS will explore over time including people who receive county BH services but are not enrolled in Medi-Cal. This includes, but is not limited to, services funded by the BHSA, 1991 and 2011 Realignment, and the Substance Abuse and Mental Health Services Administration (SAMHSA)'s Projects for Assistance in Transition from Homelessness, Mental Health Block Grants, and Substance Use Prevention, Treatment, and Recovery Services Block Grants. This version of the measure only includes Medi-Cal members. DHCS will explore whether non-Medi-Cal recipients of county BH services could be incorporated into this measure at a future date.

² A Medi-Cal member's county of responsibility is the official source for determining which County BHP is financially accountable for Specialty Mental Health Services (SMHS) and substance use disorder treatment services for that member. In some cases, this may be different than the member's county of residence. See Behavioral Health Information Notice [24-008](#) for more information.

Measure Details	Description
Measure Goal	This measure is 1 of 5 measures in the "Reduce Institutionalization" statewide BH goal.
Measure Category	Intervention Measure
Responsibility	Medi-Cal MCPs and County BHPs

Table 1. Statewide Rate

State	Rate
California	44.12%

Table 2. Statewide Rate Stratifications by Age Group

Age Group	Rate
0-5 years	0.00%
6-11 years	60.09%
12-17 years	58.36%
18-20 years	49.33%
21-25 years	43.45%
26-34 years	40.80%
35-49 years	39.36%
50-64 years	37.32%
65-74 years	23.77%
75 years and older	21.43%

Table 3. Statewide Rate Stratifications by Sex

Sex	Rate
Female	46.98%
Male	41.37%

Table 4. Statewide Rate Stratifications by Race/Ethnicity

Race/Ethnicity	Rate
American Indian or Alaska Native	46.92%
Asian	46.18%
Black or African American	38.76%
Hispanic or Latino	44.41%
Native Hawaiian or Pacific Islander	47.71%
White	46.37%
Multiracial and/or Multiethnic	43.57%
Other	48.08%
Asked But No Answer/Unknown	43.27%

Table 5. Statewide Rate Stratifications by Language (Primary Spoken Language)

Language (Primary Spoken Language)	Rate
English	43.77%
Spanish	47.17%
Vietnamese	44.51%
Other	40.76%

Table 6. County Behavioral Health Plan Rates

County Behavioral Health Plan	Rate
Alameda	62.84%
Alpine	0.00%
Amador	S

County Behavioral Health Plan	Rate
Butte	51.66%
Calaveras	62.00%
Colusa	S
Contra Costa	68.51%
Del Norte	64.00%
El Dorado	63.64%
Fresno	46.95%
Glenn	69.57%
Humboldt	38.89%
Imperial	72.82%
Inyo	S
Kern	57.41%
Kings	46.56%
Lake	55.75%
Lassen	S
Los Angeles County	34.46%
Madera	34.29%
Marin	55.56%
Mariposa	S
Mendocino	60.12%
Merced	44.80%
Modoc	S
Mono	0.00%
Monterey	70.63%
Napa	46.88%
Nevada	61.36%
Orange	48.48%

County Behavioral Health Plan	Rate
Placer	54.68%
Plumas	S
Riverside	59.62%
Sacramento	46.96%
San Benito	48.48%
San Bernardino	34.56%
San Diego	42.49%
San Francisco	49.66%
San Joaquin	50.12%
San Luis Obispo	57.07%
San Mateo	60.43%
Santa Barbara	42.63%
Santa Clara	52.73%
Santa Cruz	56.36%
Shasta	54.38%
Sierra	0.00%
Siskiyou	S
Solano	52.98%
Sonoma	54.87%
Stanislaus	41.90%
Sutter/Yuba	50.00%
Tehama	42.62%
Trinity	S
Tulare	52.65%
Tuolumne	56.47%
Ventura	44.81%
Yolo	48.13%

Table 7. Medi-Cal Managed Care Plan Rates³

Medi-Cal Managed Care Plan	Rate
AIDS Healthcare Foundation	S
Alameda Alliance for Health	62.81%
Anthem Blue Cross	49.21%
Blue Shield of CA Promise Health Plan	41.78%
CalOptima	48.09%
CalViva Health	45.63%
CenCal Health	48.36%
Central California Alliance for Health	60.35%
Community Health Group Partnership Plan	40.56%
Community Health Plan of Imperial Valley	C
Contra Costa Health Plan	68.64%
Gold Coast Health Plan	45.59%
Health Net Community Solutions	35.75%
Health Plan of San Joaquin	42.34%
Health Plan of San Mateo	59.49%
Inland Empire Health Plan	46.07%
Kaiser Permanente	50.93%

³ In this release, the Medi-Cal MCP rates listed are not at the county level, but rather for all counties statewide in which the plan operates.

Medi-Cal Managed Care Plan	Rate
Kern Family Health Care	56.80%
L.A. Care Health Plan	34.44%
Molina Healthcare of California	41.52%
Mountain Valley Health Plan	S
Partnership Health Plan of California	51.53%
San Francisco Health Plan	49.86%
Santa Clara Family Health Plan	51.55%

"S" represents values that are based on less than 11 individuals which are not shown in accordance with the DHCS Data De-identification Guidelines (DDG) Version 3.0.

Values reported as "0.00" indicate that no events were observed.

Values reported as "N/A" indicate that no persons qualified for the denominator.

"C" denotes complementary data that is not shown to comply with DHCS DDG Version 3.0 to prevent the re-derivation of other sensitive information.