

California Children's Services: Medical Therapy Program

Training Acronyms

Acronym	Term/Phrase
ISCD	Integrated Systems of Care Division
CCS	California Children's Services
LEA	Local Education Agency
SELPA	Special Education Local Plan Area
IEP	Individualized Education Program

Training Acronyms (cont.)

Acronym	Term/Phrase
MTP	Medical Therapy Program
MTU	Medical Therapy Unit
MTC	Medical Therapy Conference
OT	Occupational Therapy
PT	Physical Therapy
DME	Durable Medical Equipment
O&P	Orthotics and Prosthetics

Training Summary

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- » Eligibility Criteria
- » Services
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CCS MTP Overview

- » California Children's Services (CCS) is a program for children and young adults with certain diseases or health problems. Through this program, children and young adults up to 21 years old can receive the health care and rehabilitation services they need.
- » The MTP is a sub-program within CCS that provides medically necessary physical and occupational therapy services to children and young adults with MTP-eligible conditions at a convenient school location.



History

1945

1945
State legislation
established MTP

1961

1961
The Budget Act
expanded
eligibility

1968

1968
The Crown Act
established county
responsibility in
public schools

1975

1975
Public Law 94-
142 increased
complexity

History (cont.)

1984

1984

AB 3632 was
passed into law

1987

1987

MTP and Special
Education operated
under emergency
regulations

1997

1997

Title 2, § 60300-60330
was added to the
California Code of
Regulations

Target population

- » Children/young adults ages birth to age 21 years with a CCS MTP eligible condition(s)
- » There are currently over 20,000 children/young adults who are clients in the statewide MTP caseload
- » Approximately 50% of those clients have an IEP or IFSP



Referrals

- » Many professionals may initiate the referral process to MTP:
 - Specialty physician, school nurse or other school staff, family physician, regional centers.
- » Referrals are reviewed for medical, residential, and financial eligibility.



What does an MTP referral include?

- » Written request for MTP eligibility consideration
- » CCS application
- » Medical report
- » PT/OT prescription

Eligibility Criteria

» Age

- Clients 0-21 years of age

» Medical

- CCS MTP medically eligible condition(s)

» Residential

- Reside in California

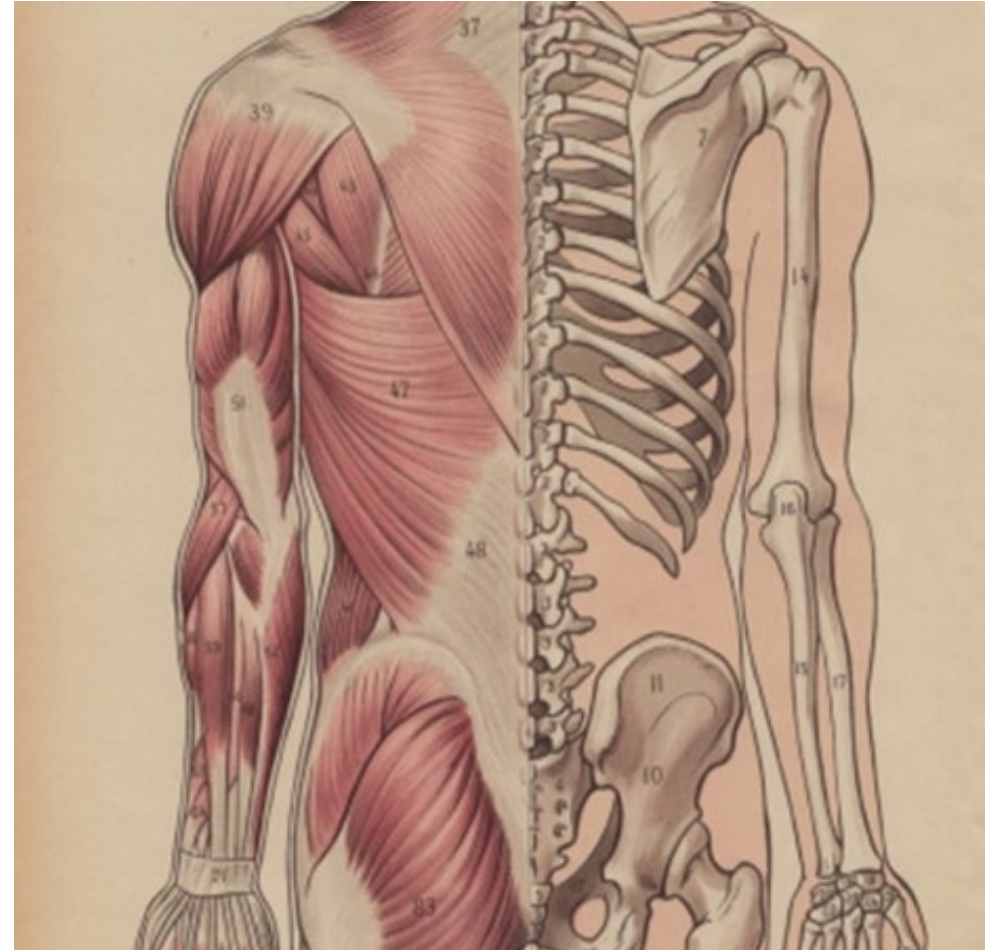
» Financial

- No requirement for OT, PT or Medical Therapy Conference (MTC) services.
 - Financial eligibility may be required for specialized services or durable medical equipment

Medically Eligible Conditions

» Disabilities of childhood that are chronic (or will result in) chronic conditions that include but are not limited to:

- Cerebral Palsy
- Neuromuscular diseases, e.g., muscular dystrophy, Spina bifida
- Musculoskeletal diseases, e.g., arthrogryposis, juvenile rheumatoid arthritis
- Those conditions manifesting similarly to CP
- Acquired conditions
- Spinal cord injuries (SCI)
- Traumatic brain injury (TBI)
- Brachial Plexus injury
- Contractures resulting from burns



MTP Services

- » Medically necessary Occupational Therapy (OT) and Physical Therapy (PT)
- » Medical Therapy Conference (MTC)
 - Overall medical management of CCS- MTP eligible condition
 - Interdisciplinary conference



Medically-based Occupational Therapy and Physical Therapy Services

- » Evaluation
- » Treatment
- » Consultation
- » Monitoring
- » Durable Medical Equipment (DME)
- » Orthotics and Prosthetics (O&P)



MTP Occupational Therapy

- » OT services in the MTP are primarily provided to address ADLs. Some examples include:
 - Feeding
 - Dressing
 - Hygiene and grooming
 - Home skills
 - Community skills
 - Classroom consultation
 - Home accessibility assessment
- » OT is provided by Occupational Therapists and Occupational Therapist Assistants licensed to practice in the State of California.

MTP Physical Therapy

- » PT services in the MTP are primarily provided to address gross motor mobility and ambulation needs. Some examples include:
- » Crawling
- » Walking
- » Wheelchair mobility
- » Household mobility
- » Transferring into and out of cars
- » Balance and safety
- » Classroom consultation
- » Home accessibility assessment
- » PT is provided by Physical Therapists and Physical Therapist Assistants licensed to practice in the State of California.



Durable Medical Equipment (DME)

- » With physician prescription
- » Assessment for appropriate equipment provided by OT and/or PT with a DME Provider/Vendor



Common DME obtained through MTP

» Some of the items assessed by the MTP therapists include:

- Wheelchairs (manual and power)
- Walkers
- Gait Trainers
- Stenders
- Bathing and Toileting Equipment
- Speech Generating Devices



Orthotics and Prosthetics

- » Orthotics and Prosthetics are custom-crafted by CCS-Paneled Orthotists/Prosthetists



Orthotics and Prosthetics (cont.)

- » With physician prescription
- » Orthotics may also be crafted by the OT or PT



Medical Therapy Conference*

- » The MTC interdisciplinary team includes:
 - Client and their family
 - A CCS-paneled physician who specializes in the care of clients with MTP eligible medical conditions
 - The MTP occupational and physical therapists
 - Other members include orthotists, prosthetists DME vendors, CCS general program Public Health Nurse case managers, dietitians or nutritionists, and social workers, Managed Care Plan case managers.

* Some clients receive these services through their private physician rather than attending the MTC.

Medical Therapy Conference*

The purpose of the MTC appointment is for the MTC physician, therapists, and care team to collaborate in providing medical case management regarding the client's MTP eligible condition(s).

- » Topics addressed in this appointment may include:
 - Medically necessary occupational and physical therapy services
 - Recommendations for DME and O&P
 - Referrals to various medical specialists such as orthopedics gastroenterology, neurology, endocrinology, cardiology, etc.

* Some clients receive these services through their private physician rather than attending the MTC.

MTP therapy cycle:

- » How does the therapy gets started?
 - CCS determines MTP eligibility
 - OT and/or PT evaluations completed, and treatment plan created with family
 - MTC physician reviews OT/PT evaluations and approves treatment plans. MTC team recommends DME/orthotics and medical referrals needed
 - Client re-evaluated periodically to assess response to treatment services and create new treatment plans as needed
 - Client is referred to the CCS MTP



Service Areas

- » MTP Services are offered statewide



Service Settings

- » MTP services are provided at 126 Medical Therapy Units (MTUs) and 23 MTU satellites located at public school sites, throughout the state in 46 counties. The remaining 12 counties do not have MTUs. Services for clients living in those counties may be provided by contract therapists in various settings e.g. regional hospitals or at MTUs in adjacent counties.
- » Local Education Agencies provide the space, equipment, and supplies for each MTU on a public-school site according to State and Local Interagency Agreements between DHCS and the State Department of Education
- » Many MTUs are Medi-Cal certified Outpatient Rehabilitation Centers (OPRC).



MTP/Education Collaboration

- » The local MTP and Education teams work toward a common goal:
 - To help each client achieve the highest level of independence and success at home, school, and in the community.
 - While the MTP provides medically necessary OT and PT services, education provides educationally necessary, school-based OT and PT.

Governing Authority

- » Health and Safety Code, Article 5, § 123950
- » California Code of Regulations, Title 22, § 41517.5
- » Government Code Chapter 26.5, Section 7575 (b)
- » Government Code Chapter 26.5, Section 7573
- » Government Code Chapter 26.5, Section 7582
- » California Code of Regulations, Title 2, § 60300, 60310, 60325
- » Government code Title 14, Section 95012
- » Title 22



Funding Source

- » State and county share in cost of program
 - Title XIX (50% FFP)
 - Title XXI (65% FFP)*
 - CCS-Only (State/County)
- » MTU facility and supply costs are shared between State, County, and local school district.
- » There are no charges for therapy and MTC services to families at any time.



Stakeholders

- » MTP stakeholders and providers are:
 - Clients
 - Families
 - County CCS programs
 - County-employed MTU, Ots, and PTs
 - “Vendored therapists include:
 - CCS-paneled OTs
 - CCS-paneled PTs
 - Pediatric specialty physicians (MTC)
 - California Department of Education
 - Public school systems
 - DME providers and O & P providers

Program Oversight

- » DHCS provides State-level MTP oversight
- » Local County CCS Programs administer MTP operations with oversight and guidance from ISCD and local IAA
- » DHCS works with CDE on program agreements/ State Interagency Agreement
- » DHCS assists local programs with local Interagency Agreements
- » DHCS inspects and approves all MTU relocations and openings.
- » DHCS offers state therapist consultation to county MTPs



Further information/Questions

- » DHCS MTP website:
- » www.dhcs.ca.gov/services/ccs/Pages/MTP.aspxm
- » DHCS state CCS website:
www.dhcs.ca.gov/services/ccs/Pages/default.aspx
- » MTPCentral@dhcs.ca.gov

Questions?

Email MTPCentral@dhcs.ca.gov

