

CHILD AND ADOLESCENT NEEDS AND STRENGTHS (CANS) – SAN BERNARDINO

CHECK ONE: Initial CANS Update CANS Planned Discharge Unplanned Discharge

Date Assessed: _____

Child/Youth's Name: _____

Age: _____

Under 6 Y/O¹

Over 15 Y/O²

Date of Birth: _____

Medical Record No: _____

Assessor's Name: _____

Signature: _____

LIFE DOMAIN FUNCTIONING

0 = no evidence of problems 1 = history, mild
2 = actionable - moderate 3 = Immed/Intense Servs

	NA	0	1	2	3
Family Functioning ³		0	0	0	0
Living Situation		0	0	0	0
Social Functioning		0	0	0	0
Recreational		0	0	0	0
Developmental/Intellectual ⁴		0	0	0	0
Job Functioning ¹⁵	0	0	0	0	0
Legal		0	0	0	0
Decision Making		0	0	0	0
Medical/Physical		0	0	0	0
Sexual Development ⁵		0	0	0	0
Sleep		0	0	0	0
School Behavior ⁶	0	0	0	0	0
School Achievement ⁶	0	0	0	0	0
School Attendance ⁶	0	0	0	0	0

STRENGTHS DOMAIN

0 = centerpiece 1 = useful
2 = identified 3 = not yet identified

	NA	0	1	2	3
Family Strengths		0	0	0	0
Interpersonal		0	0	0	0
Optimism		0	0	0	0
Educational Setting	0	0	0	0	0
Vocational	0	0	0	0	0
Talents/Interests		0	0	0	0
Spiritual/Religious		0	0	0	0
Cultural Identity		0	0	0	0
Community Life		0	0	0	0
Natural Supports		0	0	0	0
Relationship Permanence ⁷		0	0	0	0
Well-Being*		0	0	0	0
Resilience		0	0	0	0
Resourcefulness		0	0	0	0

CULTURAL FACTORS

0 = no evidence of problems 1 = history, mild
2 = moderate 3 = Immed/Intense Servs

	0	1	2	3
Language	0	0	0	0
Traditions and Rituals	0	0	0	0
Cultural Stress	0	0	0	0

MODULES 1 » 0 thru 5 2 » TAY 3 » Family Diff. 4 » Dev.Needs (DD)
5 » Sexuality 6 » School 7 » Permanency 8 » Trauma
9 » Subst. Use D/O (SUD) 10 » Violence 11 » Sexually Aggr. Bx (SAB)
12 » Runaway 13 » Juv. Just.(JJ) 14 » Fire Setting (FS) 15 » Vocational (VOC)

CAREGIVER STRENGTHS & NEEDS

0 = strength/no evidence of prob. 1 = useful/monitor
2 = requires action 3 = Immed/Intense Servs

NOT APPLICABLE - No Caregiver Identified 0

	0	1	2	3
Supervision	0	0	0	0
Involvement with Care	0	0	0	0
Knowledge	0	0	0	0
Organization	0	0	0	0
Social Resources	0	0	0	0
Residential Stability	0	0	0	0
Medical/Physical	0	0	0	0
Mental Health	0	0	0	0
Substance Use	0	0	0	0
Developmental	0	0	0	0
Safety	0	0	0	0

BEHAVIORAL /EMOTIONAL NEEDS

0 = no evidence of problems 1 = hx or sub-threshold
2 = signif, meets dx 3 = Immed/Intense Servs

	0	1	2	3
Psychosis (Thought Disorder)	0	0	0	0
Impulsivity/Hyperactivity	0	0	0	0
Depression	0	0	0	0
Anxiety	0	0	0	0
Mania*	0	0	0	0
Oppositional	0	0	0	0
Conduct	0	0	0	0
Adjustment to Trauma ⁸	0	0	0	0
Attachment Difficulties	0	0	0	0
Anger Control	0	0	0	0
Eating Disturbances*	0	0	0	0
Emotional/Phys. Dysregulation*	0	0	0	0
Behavioral Regressions*	0	0	0	0
Somatization*	0	0	0	0
Substance Use ⁹	0	0	0	0

RISK BEHAVIORS

0 = no evidence of problems 1 = Hx - Watch/Prevent
2 = recent - ACT 3 = Immed/Intense Servs

	0	1	2	3
Suicide Risk	0	0	0	0
Non-Suicidal Self-Injurious Bx	0	0	0	0
Other Self Harm (Recklessness)	0	0	0	0
Danger to Others ¹⁰	0	0	0	0
Sexual Aggression ¹¹	0	0	0	0
Runaway ¹²	0	0	0	0
Delinquent Behavior ¹³	0	0	0	0
Fire Setting ¹⁴	0	0	0	0
Intentional Misbehavior	0	0	0	0
Exploitation*	0	0	0	0

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CANS-SB Modules											
	unkwr	0	1	2	3		unkwr	0	1	2	3
Early Childhood (EC) Module - 0-5											
Motor		0	0	0	0	Substance Exposure	0	0	0	0	0
Sensory		0	0	0	0	Maternal Availability	0	0	0	0	0
Communication		0	0	0	0	Parent or Sibling Problems		0	0	0	0
Aggression		0	0	0	0	Empathy for Child		0	0	0	0
Regulatory Problems		0	0	0	0	Curiosity		0	0	0	0
Failure to Thrive		0	0	0	0	Playfulness		0	0	0	0
PICA		0	0	0	0	Adaptability		0	0	0	0
Birth Weight	0	0	0	0	0	Persistence		0	0	0	0
Prenatal Care	0	0	0	0	0	Self-Care/Daily Living Skills		0	0	0	0
Labor and Delivery	0	0	0	0	0						
Transitional Age Youth (TAY) Module											
Independent Living Skills		0	0	0	0	Gender Identity		0	0	0	0
Residential Stability		0	0	0	0	Sexual Orientation		0	0	0	0
Transportation		0	0	0	0	Medication Compliance		0	0	0	0
Parenting Roles		0	0	0	0	Educational Attainment		0	0	0	0
Interpersonal/Social Connectedness		0	0	0	0	Vocational/Career		0	0	0	0
Personality Disorder		0	0	0	0	Meaningfulness		0	0	0	0
Intimate Relationships		0	0	0	0	Victimization		0	0	0	0
Family Difficulties (FAM) Module											
Relationship with Bio-Mother		0	0	0	0	Parental/Caregiver Collaboration		0	0	0	0
Relationship with Bio-Father		0	0	0	0	Family Communication		0	0	0	0
Relationship with Primary Caregiver		0	0	0	0	Family Role Approp/Boundaries		0	0	0	0
Relationship Among Siblings		0	0	0	0	Family Conflict		0	0	0	0
Developmental Needs (DD) Module											
Cognitive		0	0	0	0	Developmental		0	0	0	0
Communication		0	0	0	0	Self Care/Daily Living Skills		0	0	0	0
Sexuality Module											
Promiscuity		0	0	0	0	Knowledge of Sex		0	0	0	0
Masturbation		0	0	0	0	Choice of Relationships		0	0	0	0
Reactive Sexual Behavior		0	0	0	0	Sexual Exploitation		0	0	0	0
School Module											
Attention-Concentration in School		0	0	0	0	Depression in School		0	0	0	0
Sensory Integration Difficulties in School		0	0	0	0	Peer Relations in School		0	0	0	0
Affect Dysregulation in School		0	0	0	0	Oppositional in School		0	0	0	0
Anxiety in School		0	0	0	0	Conduct in School		0	0	0	0
Permanency Module											
Siblings		0	0	0	0	Current Living Situation		0	0	0	0
Biological/Adoptive Mother		0	0	0	0	Grief & Loss		0	0	0	0
Biological/Adoptive Father		0	0	0	0	Family Identity & Belonging		0	0	0	0
Other Significant Adults		0	0	0	0	Family Finding		0	0	0	0
Trauma Module											
(Characteristics of the Trauma Experience)											
Sexual Abuse		0	0	0	0	Natural Disaster		0	0	0	0
Physical Abuse		0	0	0	0	Witness to Family Violence		0	0	0	0
Emotional Abuse		0	0	0	0	Witness to Comm./School Violence		0	0	0	0
Neglect		0	0	0	0	Victim/Witness - Criminal Acts		0	0	0	0
Medical Trauma		0	0	0	0	Marital/Partner Violence		0	0	0	0
Sexual Abuse Expansion - Complete if Sexually Abused											
Emotional Closeness to Perpetrator		0	0	0	0	Force		0	0	0	0
Frequency of Abuse		0	0	0	0	Reaction to Disclosure		0	0	0	0
Duration		0	0	0	0						
Traumatic Stress Symptoms - Complete for All Traumas											
Emotional/Physical Dysregulation (Item in Bx/Emo Needs)						Numbing		0	0	0	0
Intrusions/Re-Experiencing		0	0	0	0	Dissociation		0	0	0	0
Hyperarousal		0	0	0	0	Avoidance		0	0	0	0
Traumatic Grief & Separation		0	0	0	0	Caregiver Post-Traumatic Reaction		0	0	0	0

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Substance Use Disorder (SUD) Module	0	1	2	3		0	1	2	3
Severity of Use	0	0	0	0	Parental Influences	0	0	0	0
Duration of Use	0	0	0	0	Environmental Influences	0	0	0	0
Stage of Recovery	0	0	0	0	Recovery Community Supports	0	0	0	0
Peer Influences	0	0	0	0					
Violence Module	0	1	2	3		0	1	2	3
(Historical Risk Factors)									
History of Physical Abuse	0	0	0	0	Witness to Domestic Violence	0	0	0	0
History of Violence	0	0	0	0	Witness to Environmental Violence	0	0	0	0
(Emotional/Behavioral Risks)									
Bullying	0	0	0	0	Paranoid Thinking	0	0	0	0
Frustration Management	0	0	0	0	Secondary Gains From Anger	0	0	0	0
Hostility	0	0	0	0	Violent Thinking	0	0	0	0
Resiliency Factors									
Aware of Violence Potential	0	0	0	0	Commitment to Self-Control	0	0	0	0
Response to Consequences	0	0	0	0	Treatment Involvement	0	0	0	0
Sexually Aggressive Bx (SAB) Module	0	1	2	3		0	1	2	3
Relationship	0	0	0	0	Response to Accusation	0	0	0	0
Physical Force/Threat	0	0	0	0	Temporal Consistency	0	0	0	0
Planning	0	0	0	0	History of Sexual Behavior	0	0	0	0
Age Differential	0	0	0	0	Severity of Sexual Abuse	0	0	0	0
Type of Sex Act	0	0	0	0	Prior Treatment	0	0	0	0
Runaway Module	0	1	2	3		0	1	2	3
Frequency of Running	0	0	0	0	Likelihood of Return on Own	0	0	0	0
Consistency of Destination	0	0	0	0	Involvement with Others	0	0	0	0
Safety of Destination	0	0	0	0	Realistic Expectations	0	0	0	0
Involvement in Illegal Activities	0	0	0	0	Planning	0	0	0	0
Juvenile Justice (JJ) Module	0	1	2	3		0	1	2	3
History	0	0	0	0	Parental Criminal Behavior	0	0	0	0
Seriousness	0	0	0	0	Environmental Influences	0	0	0	0
Planning	0	0	0	0	Arrests	0	0	0	0
Community Safety	0	0	0	0	Legal Compliance	0	0	0	0
Peer Influences	0	0	0	0					
Fire Setting (FS) Module	0	1	2	3		0	1	2	3
History	0	0	0	0	Community Safety	0	0	0	0
Seriousness	0	0	0	0	Response to Accusation	0	0	0	0
Planning	0	0	0	0	Remorse	0	0	0	0
Use of Accelerants	0	0	0	0	Likelihood of Future Fire	0	0	0	0
Intention to Harm	0	0	0	0					
Vocational (VOC) Module	0	1	2	3		0	1	2	3
Job History	0	0	0	0	Job Relations	0	0	0	0
Job Attendance	0	0	0	0	Job Skills	0	0	0	0
Job Performance	0	0	0	0					

*NOTE: The seven Core Items in with * and blue text are in addition to Standard CANS-Comp Core Items