

CalAIM In Lieu Of Services (ILOS) - Case Study #1

Karen Smith, a 78-year old member, has been residing in a NF for the past 3 years. Karen had a stroke with some significant functional deficits. She has a diagnosis of coronary artery disease, PVD, and osteoarthritis. She has no family close by and was unable to go home after rehabilitation. Many of the functional deficits have now resolved but she still needs some assistance dressing and bathing herself. She is cognitively intact and has expressed a desire to “go home”. Her family sold her home when they thought she would never be able to return there. She desires to move back to where she lived since all of her friends live there. Ms. Smith is ultimately transitioned to a senior living community and rents a 2-BR home.

Service Matches	ILOS Name
	Housing Transition/Navigation Services
	Housing Deposits
	Housing Tenancy and Sustaining Services
	Short-Term Post- Hospitalization Housing
	Recuperative Care
	Respite
	Day Habilitation Programs
	Nursing Facility Transition/Diversion to Assisted Living Facilities
X	Nursing Facility Transition to Home
X	Personal Care (Beyond IHSS) and Homemaker Services
X	Environmental Accessibility Adaptations
	Meals/Medically Tailored Meals
	Sobering Centers

Things to consider:

- Nursing Facility Transition to Home: to transition people who do not have a home/apartment of their own and provide additional resources and information to residents and their social workers to help identify available affordable housing.
- Environmental Accessibility Adaptations: to place a ramp outside her home. (Could also be used for a Personal Emergency Response System (PERS) unit if deemed medically necessary)
- Personal Care and Homemaker: to provide PCA services for the first four weeks from her transition home date until IHSS completes their evaluation and initiates services. (Referral to IHSS must already be completed)

⇒ **Mrs. Smith would be a candidate for Enhanced Care Management due to her coordination needs at the highest level of intensity post transfer to the community.**