Drug Medi-Cal Organized Delivery System – Peer Support Services

Technical Assistance Webinar for Counties
April 5, 2018
Overview of Presentation

• State Updates
• DHCS Presentation: Peer Support Services
• County Perspective: San Luis Obispo
• Questions and Discussion
• Adjourn
State Updates
Drug Medi-Cal Organized Delivery System (DMC-ODS)

Peer Support Services

Kevin Masuda
Department of Health Care Services (DHCS)
Substance Use Disorder Compliance Division
DMC-ODS Peer Support Services

• **Peer support services** are an evidence-based behavioral health model of care, which consists of qualified peer support staff who assist beneficiaries with their recovery from SUDs.

• **Recovery Services** are a required service within the DMC-ODS system of care.
  - Substance Abuse Assistance
  - Peer-to-peer service and relapse prevention
Peer Support Federal Requirements

- Centers for Medicare & Medicaid Services (CMS) State Medicaid Director (SMD) Letter #07-011 provides the requirements for:
  - **Supervision**: amount, duration and scope.
  - **Care-Coordination**: coordinated within a comprehensive, individualized plan of care and goals.
  - **Training and Credentialing**: must provide basic set of competencies and evaluate abilities.
Peer Support Requirements

- MHSUDS Information Notice 17-008: Peer Support Services in the DMC-ODS Waiver
- Special Terms and Conditions (STC) 142
  - Counties must submit a Peer Support Training Plan and receive DHCS approval prior to providing billable peer support services.
  - Peer support services can only be reimbursed as a component of Recovery Services.
Peer Support Training Plan

• Plan Guide requirements
  ▪ Peer Support Training Plan should not exceed 5 pages in total.
  ▪ Counties must ensure reimbursable services are provided by peer support staff that are:
    • Eligible for participation in the Medi-Cal program
    • Not on the OIG exclusion list
    • Not on the Medi-Cal suspension or ineligible list
Peer Support Training Plan

• The plan submissions should consist of the following two categories:
  ▪ Client Plan Development, Documentation, Supervision and Oversight; and
  ▪ Training and Designation
Peer Support Training Plan Submission Updates

- Peer Support Training Plan submission status
  - Riverside, San Luis Obispo, and Kern have submitted and received DHCS approval for Peer Support Training Plans.
  - However, nearly all County DMC-ODS Implementation Plan submissions reported the intent to provide some form of peer support services within their Recovery Services.
DMC-ODS Peer Support Training Plan Submission

• How to submit?
  ▪ DMCODSWAIVER@dhcs.ca.gov or
    Kevin.Masuda@dhcs.ca.gov

• For more information, please see information notice 17-008 at
  http://www.dhcs.ca.gov/provgovpart/Pages/FAQs_Fa ct_Sheets.aspx
Implementing Peer Support Services in San Luis Obispo County

- We hired our first Peer-to-Peer Coach in October 2017.
  - Currently recruiting for three others.

- Three distinct regions in the county:
  - South County
  - San Luis Obispo
  - North County

- Utilized existing Alumni Groups:
  - South County had an existing AB-109 Alumni (3 years running)
  - San Luis Obispo had an existing Adult Drug Court Alumni (15 years running) SLOCo Recovery Support Network
  - North County had an Alumni up and running in two months.
Implementing Peer Support Services in San Luis Obispo County

➤ County of San Luis Obispo handles most of the treatment services in the county.

➤ Focus is on developing a Peer-to-Peer group of community members to help in each of the regions and will cover all of the clinics.

➤ Minimum Qualifications: Lived experience, past interviews, screening and vetting process, county application, Live-scan background process.
Implementing Peer Support Services in San Luis Obispo County

Clark Guest
Program Supervisor

Peer-to-Peer Employees

Peer Support North Co.

Peer Support San Luis Obispo

Peer Support South Co.

SLOCO Recovery Support Network (Non-Profit)
What Are Peer Support Services?

- Linkage for treatment services to community based services.

- Opportunity to speak in groups/community/CCP, provide rides, meet and greet at our walk-in clinics, hospital outreach, help provide needs such as clothing, furniture, rides or bus passes.

- Attend bi-weekly/monthly Alumni meetings where clients getting ready to complete can/should attend.
What Are Peer Support Services?

Peers....

- Are on the Board of Directors of the SLOCO Recovery Support Network (Non-Profit)
- Support for SLOCO Recovery Support Network
- Link clients in need to the SLOCO Recovery Support Network
- Follow through to make sure the client’s needs are met
- They formed an 800 number so clients/community members can call and receive support 24/7

And they are just getting started!
Challenges to Peer Support Services

- Hiring Process with live-scan background process
- Relapse Potential
- Regional Politics and Alumni’s wanting to remain independent
- Computer capabilities and shifting into our training plan
Contact Information

Dr. Star Graber PhD, LMFT
County of San Luis Obispo Division Manager
805-7814759
sgraber@co.slo.ca.us

Clark Guest LMFT, LAADC
County of San Luis Obispo Program Supervision
cguest@co.slo.ca.us
Questions and Discussion

For optimal sound quality, please ensure that you are dialed-in using your phone and that you have inputted your audio PIN.
DMC-ODS Resources

• For additional information, please see the DMC-ODS Resources section of the DHCS Website: http://www.dhcs.ca.gov/provgovpart/Pages/DMC_ODS_Resources.aspx

• For questions, please contact dmcodswaiver@dhcs.ca.gov
Harbage Consulting

Don Kingdon, PhD, Principal, Behavioral Health Policy
don@harbageconsulting.com
Molly Brassil, MSW, Director, Behavioral Health Policy
molly@harbageconsulting.com
Erynne Jones, MPH, Senior Policy Consultant
erynne@harbageconsulting.com
Courtney Kashiwagi, MPH, Program Manager, Behavioral Health Policy
courtney@harbageconsulting.com