



# Healthy San Diego

## Overview 2021

Formed in 1998, Healthy San Diego is the umbrella in which Medi-Cal Managed Care Plans operate. There are 3 Medi-Cal Managed Care Models. County Operated Health Systems (COHS), Two Plan Models and Geographic Managed Care. San Diego and Sacramento are Geographic Managed Care.

- COHS is a system in which a County runs the Medi-Cal Managed Care system. For example, Orange County is a COHS. CalOptima is the one and only Medi-Cal Managed Care Plan.
- Two Plan model is a system in which there are two basic plans to choose. 1 would be a County managed plan and 1 a private plan. For example, LA is a Two Plan Model. In LA County, you choose LA Care or Health Net. Under LA Care and Health Net are other contracted plans like Kaiser, Blue Cross, Blue Shield etc... However, a members card will say LA Care or Health Net.
- Geographic Managed Care is in San Diego and Sacramento only. Any plan can apply to be a Medi-Cal Managed Care Plan in these two Counties. It promotes healthy competition among Plans and consumer choice.

### HSD STRUCTURE

**Healthy San Diego Joint Consumer & Professional Advisory Committee.** Monitors Medi-Cal Managed Care issues affecting San Diego County and advises the Director of San Diego Health and Human Services Agency (HHS).

**Healthy San Diego QI Subcommittee.** The QI Subcommittee consists of the health plans, AIS, BHS, Hospitals, Providers, CCHEA and HHS. All of our Work Groups report up to the QI Subcommittee.

**Healthy San Diego BH Subcommittee.** The BH Subcommittee consists of the health plans, BHS, BHS Organizational Providers, Hospital Association, Psychiatric Health Facilities, The Patient Advocacy Program, CCHEA and HHS. (See reverse side for details)

**Work Groups.** Work Group's report to either the QI or BH Subcommittee.

- Health Plan Work Group
- Regional Center Work Group
- Health Ed/Cultural Linguistics Work Group
- Facility Site Review Work Group
- Health Homes Work Group
- BH Operations Work Group
- CalAIM Work Group
- CalAIM Leadership Team
- Health Plan-AIS Work Group
- Health Plan-Consumer Center Work Group
- CCS Work Group
- COVID-19 Task Force

MOU's. Within HSD we manage MOU's with several agencies, mostly HHS. Examples are Behavioral Health, AIS, Regional Center, California Children's Services (CCS), CHDP, TB Program, Polinsky Center for Children, Women, Infants & Children (WIC) and several others.



## **Behavioral Health Subcommittee**

The Healthy San Diego (HSD) Behavioral Health Subcommittee was formed in 1998 when Specialty Mental Health was contractually carved out of Medi-Cal Managed Care. At this time, San Diego County Behavioral Health Services became the Mental Health Plan (MHP) for all Medi-Cal beneficiaries including those in a Medi-Cal Managed Care Plan. The HSD Behavioral Health Subcommittee consists of membership from the following:

- Medi-Cal Managed Care Plans
- County Mental Health Plan Leadership
- Health Plan Providers
- MHP Providers including psychiatric facilities
- Hospital Association of San Diego & Imperial Counties
- Patient Advocacy Program
- Consumer Center for Health Education & Advocacy
- Federally Qualified Health Centers
- County Mental Health Contractors Association
- County Alcohol & Drug Services Providers Association
- Aurrera HealthGroup (representing DHCS)

The primary purpose of the HSD Behavioral Health Subcommittee is to ensure our mutual members/clients have access to quality physical and behavioral health services that is well coordinated and to break down any barriers to care. The HSD BH Subcommittee meets monthly and has over 150 members. There are two primary sub groups that report up to the HSD BH Subcommittee:

### **HSD Behavioral Health Operations Work Group**

The HSD Behavioral Health Operations Work Group was formed in 2014 when the State's Coordinated Care Initiative and the Health Plans new Mild to Moderate Mental Health Benefit became effective. This smaller Work Group updates and maintains our existing Memorandums of Understandings (MOU's), Care Coordination Forms and Policy & Procedures. Meetings are held monthly or as needed.

### **HSD Behavioral Health Operations Dispute Resolution Team**

The HSD Behavioral Health Operations Dispute Resolution Team consists of members of the HSD Operations Work Group and additional members as needed. The last hour of the HSD Behavioral Health Operations Work Group is set aside for the Dispute Resolution Team to meet in the event of a dispute between a Medi-Cal Managed Care Plan and the MHP. To date, we have never had the need to activate the Dispute Resolution Process which is in our existing MOU.

### **Behavioral Health Case Consultations**

The MHP Office of the Clinical Director oversees our County's Behavioral Health Case Consultation Process. On an as-needed basis, representatives are invited to participate to assist with care coordination between Health Plan and MHP providers and stakeholders. These meetings have become the initial step in identifying needs and issues and working to resolve them.