

## Background

Each quarter, counties receiving funds from the Department of Health Care Services (DHCS) from the federal Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUPTRS, also known as SUBG) are required to submit data on services and activities related to recovery support services (RSS), harm reduction (HR), and syringe services programs (SSP). Following are definitions of key terms and acronyms that may assist counties in accurately completing their data entry obligations.

## Key Terms and Definitions

- » Recovery Support Services (RSS): Recovery support services are non-clinical services intended to help individuals stay engaged in the recovery process, provide emotional or practical support to navigate care systems, and sustain positive behavior change.
- » Harm Reduction (HR): Harm reduction is an evidence-based approach that empowers people who use drugs to create positive change and potentially save their lives. An important component of a harm reduction strategy is the distribution of naloxone (Narcan) as well as fentanyl test strips to prevent opioid-related deaths, which are allowable SUBG expenses.
- » Syringe Service Program (SSP): A syringe service program is a comprehensive harm reduction program for people who inject drugs that include the provision of sterile needles, syringes and other drug preparation equipment, disposal services, and additional services, such as risk reduction counseling, disease screening, provision of naloxone, and referral and linkages to SUD treatment and recovery services, primary medical care, or mental health services.
- » Aggregated: Aggregated refers to data that has been combined from multiple sources (e.g., various providers).
- » Unduplicated: Unduplicated refers to counting each individual only one time in the data set. This means that even though individuals receiving recovery support

services may receive more than one type of service or receive services multiple times, they must only be accounted for one time per fiscal year.

- » Substance Use Disorder (SUD): Persistent use/abuse of drugs despite harm and adverse consequences.
- » Medications for Assisted Treatment (MAT): A treatment approach for substance use disorders that combines medication with counseling and behavioral therapies. Also referred to as Medications for Opioid Use Disorder (MOUD).
- » Intensive Outpatient Treatment (IOT): A structured, non-residential treatment program for substance use disorder and/or co-existing conditions.