

**BHTWG CORE ELEMENTS
MENU OF OPTIONS**

CORE ELEMENTS	BEST PRACTICES				
	Clinical	Operational/ Administrative	Financial	Oversight	Population-Specific Considerations (i.e. Medi-Medi; SMI and Specific Quadrant(s))
1. Care Management	<ul style="list-style-type: none"> • Screening on intake and periodically thereafter to determine clear treatment pathways • Personal physician assigned to each patient who is responsible for overall care • Care Coordination • Team-based care • Shared philosophy of care between BH, SU and PCP staff • Shared treatment plans • Psychiatric consultation/back to PCP and care manager • Define treatment and service array 	<ul style="list-style-type: none"> • Co-location of MH/SU and Primary Care, including “virtual” • Partnerships Between County MH/SU and Primary Care Providers • Buy-in by top leadership and health providers • Inter-disciplinary collaboration, communication and cross-training • Ensuring connection to and, to the extent possible, enrollment in other medical and social benefits programs • Navigators to help facilitate linkages 	<ul style="list-style-type: none"> • Case rate to cover care mgmt; risk adjustment for quadrant • Same day visit reimbursement • Alignment of incentives • Reimbursement for MFT’s services at primary care • Removal of two-session cap on psychologist session 	<ul style="list-style-type: none"> • Locally accountable entity to oversee integration 	<ul style="list-style-type: none"> • Target highest-intensity services to SMI population • Quadrants 2,3,4 • Composition of care teams dependent on Quadrant

2. Data Management and Information Exchange	<ul style="list-style-type: none"> • Feedback mechanisms to inform patients clients and administrators using data • Registry for outcomes tracking and care planning • Population-based care and panel management 	<ul style="list-style-type: none"> • Information technology/electronic data systems to facilitate information sharing • Interim paper-based systems but only to allow time for electronic systems to develop • Mechanisms to address confidentiality issues • Analytic capacity to interpret and analyze data and document outcomes 	<ul style="list-style-type: none"> • Tracking costs and expenditures 	<ul style="list-style-type: none"> • Assignment of responsibility and MOUs 	
3. Engagement of Consumers	<ul style="list-style-type: none"> • Self management and coping skills training • Consumer participation in care plan development • Linkage of consumer with support resources in the community • Appointment reminders and follow-up 	<ul style="list-style-type: none"> • Pilot program design • Evaluation of services • Use of peers/promotores • Expanded clinic hours • Open scheduling • Non-visit options for communication, such as phone and/or email • Expanded access 	<ul style="list-style-type: none"> • Mechanism for paying for peers as part of care team • Mechanism for paying for support services linking consumer with needed resources • Paying for outreach 		

	<ul style="list-style-type: none"> • Incentives for initial engagement (ie food vouchers) • Health coaching 	through telehealth			
4. Clear Designation of Person-Centered Health care Home	<ul style="list-style-type: none"> • Regular screening (for MH/SU in primary care and for health status in MH/SU settings) • Bi-directionality • Determine role for SU provider as potential health home • Provider engagement, including substance use • “Warm” hand-off • Stepped care, informed by registry data • Follow up assessments 	<ul style="list-style-type: none"> • Training for staff • Creation of Registry • Inclusion of experienced staffing in mental health, physical health and substance abuse (as they relate to different quadrants) • Use of evidence-based algorithms and guidelines to determine initiation, termination, type and level of treatment • Assignment of responsibility for follow up assessments 	<ul style="list-style-type: none"> • Alignment of incentives to support treatment with the preferred choice of provider of the consumer 	<ul style="list-style-type: none"> • Locally accountable entity to oversee integration • Use IPI Continuum to identify responsibilities of different providers 	<ul style="list-style-type: none"> • For Q 1 & 3, HC home likely in primary care site • For Q 2 & 4, HC Home may be mental health site
5. Performance Measures	<ul style="list-style-type: none"> • Standardized clinical measures across all three disciplines and feedback mechanisms • Quality of life indicators 	<ul style="list-style-type: none"> • Process measures 	<ul style="list-style-type: none"> • Financial incentives for meeting process measures • Financial incentives for quality 		