



Department of
Health Care Services



DHCS Behavioral Health Forum April Forum Meeting

**April 6, 2015
9:30 a.m. to 5:00 p.m.**

Forum Agenda Overview

9:30 – 9:45	Welcome & Opening Remarks
9:45 – 10:45	Client and Family Member Forum
10:45 – 12:00	Strengthening Forum
12:00 – 1:00	Lunch Break
1:00 – 2:10	Integration Forum
2:15 – 3:30	Data Forum
3:30 – 3:45	Break
3:45 – 4:45	Fiscal Forum
4:45 – 5:00	Next Steps and Wrap Up

INTRODUCTION OF CHAIRS



Behavioral Health Forum Leads

Karen Baylor, Ph.D., LMFT, Deputy Director
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YEAR IN REVIEW



Behavioral Health Forum

- Convened 4 Quarterly Meetings
- Over 140 participants in-person or webinar
- Client and Family Member Forum has included the voices of consumers
- Fiscal Forum was added



FORUMS & PRIORITIES



**“STRENGTHEN SPECIALTY MENTAL HEALTH AND DRUG
MEDI-CAL COUNTY PROGRAMS AND DELIVERY
SYSTEMS” FORUM
(a.k.a. “Strengthening”)**

This forum will focus on issues that are unique to the specialty mental health and substance use disorders as they relate to SUD programs and services including, but not limited to, Drug Medi-Cal.

Strengthening - Priorities

FY 14-15 Priorities:

- Children’s Behavioral Health (Grid Issue #14)
- Compliance and Monitoring (Grid Issue #17, 30)
- Cultural Competence (Grid Issue #19, 20)
- DMC Waiver
- Service Delivery Systems (Grid issue #1, 2, 3, 31, 32, 37)



Strengthening - Priorities

Priority	Accomplishment
<p>Children’s Behavioral Health (Grid Issue #14)</p>	<p>Katie A. Lawsuit – provided overview of settlement agreement. State provides technical assistance and monitors implementation progress. State is working collaboratively to determine performance goals.</p> <p>Out-of-County MH Services - Draft document dated 2/20/15 developed in alignment with Katie A and CCR. Document elements include: Screening and Assessment; Authorization of services; Services (CCR and TFC); Payment and Finance; Capacity and Accountability. Next steps include: finalize the policy; continue to meet and established timelines for completion; implementation.</p> <p>Clarification of coverage for “Autistic Spectrum Disorders” (Grid Issue #14) - On July 7, 2014, CMS released guidance for coverage of Behavioral Health Therapy services for adolescent beneficiaries 0 to 21 years of age diagnosed with Autism Spectrum Disorders</p>
<p>Compliance and Monitoring (Grid Issue #17, 30)</p>	<p>DHCS convened a collaborative workgroup with CBHDA to develop uniform measures; increased monitoring efforts before system reviews; considered increasing frequency of system and chart reviews for MHPs with higher rates of out-of-compliance; conduct Provider Certification training; analyzed Triennial MC Program Oversight Reviews for 3 FYs; provided TA calls to assist MHPs; collected information from all the MHPs regarding 24/7 access, and mechanisms used to meet linguistic access requirements, and requested MHP submission of Quality Improvement Work Plans.</p>



Strengthening – Accomplishments (cont.)

Priority	Accomplishment
Cultural Competence (Grid Issue #19, 20)	<p>DHCS requires Mental Health Plans to identify, analyze and report disparities in MH services and develop a plan with strategies to address these disparities (Cultural Competency Plans). Plans were updated to include CLAS standards and changes to MHSAs reporting requirements.</p> <p>CCP submission from counties anticipated for in Summer / Fall 2015</p>
DMC Waiver	<p>1115 Waiver: Standard Terms and Conditions (STC) were submitted to Centers for Medicare and Medicaid Services (CMS) November 2014.</p> <p>DMC-ODS Waiver – CMS 120 day review.; WAG meetings; Draft DMC county contract developed; Sample implementation plan developed; response from CMS provided</p>
External Quality Review Organization (EQRO)	<p>As of September 1, 2014, a new EQRO contract has been awarded to Behavioral Health Concepts (BHC) for DHCS Specialty Mental Health Services. The department is transitioning EQRO activities to BHC. The department is expecting only a few changes to the existing Mental Health Plan review process</p>



Strengthening – Accomplishments (cont.)

Priority	Accomplishment
<p>Service Delivery Systems (Grid issue #1, 2, 3, 31, 32, 37)</p>	<ul style="list-style-type: none"> • The department is currently working to strengthen SUD licensing regulations. • The Department has taken steps to strengthen DMC oversight and monitoring efforts in the current county contract and for FY 15/16 county contracts. Additionally the DMC-ODS waiver takes into account effective continuum of care services. • The Department is in the process of submitting a State Plan Amendment (SPA) to Centers for Medicare and Medicaid Services (CMS) to expand the available medication assisted treatments (MATs) in DMC programs to include buprenorphine and disulfiram. The SPA will be submitted at the end of March 2015. Currently Medi-Cal beneficiaries can access some MATs through their pharmacy benefits (see MHSUDS Information Notice Number 14-032). • The Department is in the process of submitting a SPA to remove limitations on individual counseling to allow individual counseling to occur on the telephone, at home visits and in the hospital. The SPA will be submitted to CMS at the end of March 2015. • The Department is the process of submitting a SPA to CMS, to change the group counseling size to two to 12. The SPA will submitted at the end of March 2015. • Regulations went into effect June 2014 which describes Medical Director’s responsibilities for determining medical necessity as well as other licensed professionals in clinics.



**“DEVELOP A COORDINATED AND INTEGRATED SYSTEM
OF CARE FOR MHSUD AND MEDICAL CARE” FORUM
(a.k.a. “Integration”)**

The Integration Forum will specifically address key areas related to the development of a coordinated and integrated system of care for mental health, substance use disorder treatment and physical care.



Integration - Priorities

FY 14-15 Priorities:

- Best Practices (Grid Issue #6)
- Monitoring Effectiveness of MOUs (Grid Issue #24, 20)
- Dispute Resolution (Grid Issue 34, 35, 27)
- Ombudsman Services (Grid Issue #2)
- Quality Improvement Dashboard (Grid Issue #25)
- Screening and Assessment (Grid Issue #37, 38)



Integration - Accomplishments

Priority	Accomplishment
Best Practices (Grid Issue #6) and Effective Monitoring MOU's (Grid issue #20, 24)	<p>SUD focused on Best practices including Drug Medi-Cal-ODS 1115 Waiver. MH focused on Best practices included Health Home, 1115 Waiver Renewal and Workforce Development.</p> <p>DHCS provided oversight to the process and convene regional calls for MCPs and MHPs to share lessons learned for effective MOU implementation</p>
Dispute resolution (Grid issue #25, 34, 35)	DHCS provided stakeholders with an in depth presentation on Dispute Resolution which included the Healthy San Diego Model as a case study
Ombudsman Services (Grid Issue #2)	Determined Ombudsman services complaint process is handled Compliance Department
Screening and Assessment (Grid Issue 37, 38)	DHCS invited guest speakers to inform stakeholders to provide a SBIRT overview and the implementation activities. DHCS rolled out statewide trainings and dedicated a resource website
Quality Improvement Dashboard (Grid Issue #25)	



**“CREATE COORDINATED AND USEFUL DATA
COLLECTION, UTILIZATION & EVALUATION OF
OUTCOMES” FORUM
(a.k.a. “Data”)**

The Data Forum will specifically address key areas related to improving and coordinating the systems and infrastructure necessary to strengthen data quality, as well as the utilization and evaluation of data for improved program performance and service-recipient outcomes.



Data - Priorities

FY 14-15 Priorities:

- Data Systems (Grid Issue #4, 5)
- Quality Improvement / Performance Outcomes System (POS) (Grid Issue #3, 18 – bullet 1, 2, 4)
- Data Collection Coordination (Grid Issue #2, 6)
- Data Sharing
- Outcomes Reporting (Grid Issue #18, bullet 3)
- Electronic Health Record (Grid Issue #9)



Data - Accomplishments

Priority	Accomplishment
<p>Data Systems (Grid Issue #4, 5)</p>	<p>DHCS is working with counties and stakeholders through its Performance and Outcomes System (POS) to identify key data elements in the current systems and address additionally needed or redundant data elements.</p> <p>DHCS and the Mental Health Services Oversight and Accountability Commission (MHSOAC) are reviewing State data capture and reporting systems for improvement and simplification.</p>
<p>Quality Improvement/ Performance and Outcomes System (Grid Issue #3, 18 – bullet 1, 2, 4)</p>	<p>The implementation of POS is addressing the implementation of a comprehensive, statewide data-driven system.</p>
<p>Data Collection Coordination (Grid Issue #2, 6)</p>	<p>DHCS has begun coordination in its POS related efforts. In order to address this recommendation effectively, we would like specific suggestions and priorities from CBHDA.</p> <p>This is being addressed through the POS implementation. DHCS and the Mental Health Services Oversight and Accountability Commission (MHSOAC) are reviewing State data capture and reporting systems for improvement and simplification.</p>



Data – Accomplishments (cont.)

Priority	Accomplishment
Data Sharing	DHCS will expand the Public Aggregate Reporting (PAR) Criteria for Internal Reports to external reports and ad hoc data requests for aggregate data.
Outcomes Reporting (Grid Issue #18, bullet 3)	The POS is addressing this for Mental Health. Substance Use Disorders (SUD) has developed performance and outcome criteria for Outpatient Drug Free Services and continues to draft criteria for other service modalities.
Electronic Health Record (Grid Issue #9)	County Mental Health Plans are implementing Electronic Health Record systems. It may be helpful to report statewide on successes to date, related improvements made to care and quality, lessons learned. The State is reviewing its data capture and reporting systems for improvement and simplification. DHCS would like specific suggestions and priorities from CBHDA.



**“COST EFFECTIVE AND SIMPLIFIED FISCAL MODELS”
FORUM
(a.k.a. “Fiscal”)**

The Fiscal Forum will specifically address key areas related to improving fiscal policy, reimbursement methodologies, and billing processes for MHSUD – Short Doyle Medi-Cal.



Fiscal - Priorities

Priorities for FY 14-15

- Improve Fiscal Policies / Statues / Regulations (Grid Issue #10, 24, 33, 34 ,35)
- Improve Reimbursement Methodologies (Grid Issue #14, 40, 60)
- Improve the Billing System / Process (Grid Issue #5, 45, 49, 50, 52)



Fiscal - Accomplishments

- Forum Co-Chairs introduced
- Fiscal Forum Charter completed
- Presentations on:
 - MH Services Funding
 - SUD Funding
 - Cost Reporting
 - MITA



Client and Family Member Forum

- This forum has served as an opportunity to hear first-hand the experiences of clients and family members/support persons who access and utilize mental health and substance use disorders services.
- The panelist have enriched the BHF process to hear how policies and current systems impact access and utilization of services.



Contact Information

Behavioral Health Forum Stakeholder Website:

<http://www.dhcs.ca.gov/provgovpart/Pages/MH-SUD-UpcomingMeetings.aspx>

Please e-mail questions, comments or concerns to:

MHSUDStakeholderInput@dhcs.ca.gov

