

BrightLife Kids and Soluna are helping families and young people get timely, confidential behavioral health support. They are free, don't require insurance, referrals, or immigration status, and are used by children and families in every California county.

County-specific Data	
2,163 (as of 02/28/2026)	439 (as of 12/31/2025)
Registrations	Coaching Sessions
28 (as of 03/31/2026)	1 (as of 03/31/2026)
Community Partners	Affiliate Network Providers

Local Community Partner Highlights

- » Parish Health and Wellness;
- » Humboldt County WIC;
- » Loleta Unified School District;
- » Northern United – Humboldt Charter School;
- » Open Door Health;
- » Humboldt County Office of Education;
- » Humboldt County Health and Human Services;
- » Population Health Innovation Lab

“Hi everyone my name is Oden and I was born and raised from Nevada county and currently go to school at Cal Poly Humboldt. I joined the Soluna team because as a psychology major I have a passion for spreading awareness about mental health support and believe that access to confidential support should be available free to everyone at all stages of life, especially the youth who may not have the financial means for support.” **Oden, Soluna Young Adult Ambassador in Humboldt County**

For details on our impact or to help expand youth and family behavioral health services in California, visit CalHOPE.org/impact or contact DHCS at cybhi@dhcs.ca.gov.

