

BrightLife Kids and Soluna are helping families and young people get timely, confidential behavioral health support. They are free, don't require insurance, referrals, or immigration status, and are used by children and families in every California county.

County-specific Data	
127,083 (as of 02/28/2026)	21,701 (as of 12/31/2025)
Registrations	Coaching Sessions
669 (as of 03/31/2026)	24 (as of 03/31/2026)
Community Partners	Affiliate Network Providers

Local Community Partner Highlights

211 LA; Los Angeles County Department of Mental Health; LA Best Babies Network; YMCALA; PHFE WIC; Los Angeles Unified School District; El Nido Family Centers; The Help Group; Tarzana Treatment Centers; Zocalo Health



"Help Me Grow LA (partners) with BrightLife Kids because their virtual coaching is accessible, practical, and supportive for families. We refer families frequently and hear consistent reports of progress in behavior, communication, and daily routines. BrightLife Kids is a trusted resource in our community."

Christine Economos, Family Partner, Los Angeles Dept of Public Health- Help Me Grow LA

*Baldwin Park High School
Wellness Wave Mental
Health Fair, May 2025*

For details on our impact or to help expand youth and family behavioral health services in California, visit CalHOPE.org/impact or contact DHCS at cybhi@dhcs.ca.gov.

