

BrightLife Kids and Soluna are helping families and young people get timely, confidential behavioral health support. They are free, don't require insurance, referrals, or immigration status, and are used by children and families in every California county.

County-specific Data	
5,854 (as of 02/28/2026)	963 (as of 12/31/2025)
Registrations	Coaching Sessions
48 (as of 03/31/2026)	3 (as of 03/31/2026)
Community Partners	Affiliate Network Providers

Local Community Partner Highlights

- » Zocalo Health
- » United Way Monterey
- » Monterey County Office of Education
- » Silver Star Resource Center –
Monterey County Probation
Department
- » WIC Monterey County
- » County of Monterey
- » Public Health Bureau
- » Go Kids Inc.

“At Zócalo Health, we’re working to rebuild trust in the health care system by meeting communities with culturally grounded, consistent care they can rely on. That’s why our partnership with BrightLife Kids is so meaningful. They provide a service that removes barriers entirely, offering families immediate mental health coaching without the friction that so often leads to disengagement.”

Walther Perez, Community Partnerships Manager

For more information about our impact, or to expand access to youth and family behavioral health throughout California with us, read the full impact report at CalHOPE.org/impact or contact DHCS at cybhi@dhcs.ca.gov.

