

BrightLife Kids and Soluna are helping families and young people get timely, confidential behavioral health support. They are free, don't require insurance, referrals, or immigration status, and are used by children and families in every California county.

County-specific Data	
<b>5,895</b> (as of 02/28/2026)	<b>1,201</b> (as of 12/31/2025)
Registrations	Coaching Sessions
<b>69</b> (as of 03/31/2026)	<b>3</b> (as of 03/31/2026)
Community Partners	Affiliate Network Providers

## Local Community Partner Highlights

- » LifeStance Health
- » The Stepping Stones Group
- » Pair Team
- » Santa Barbara County Office of Education
- » Santa Barbara Public Library
- » Boys and Girls Club of Santa Barbara County
- » Help Me Grow Santa Barbara
- » First 5 Santa Barbara County

“My name is Hudson and I moved last year from San Diego to Santa Barbara for school. My experience in both communities has taught me that regardless of location youth everywhere can benefit from high-quality mental health caretaking resources like Soluna. Growing up is such a challenging time for so many and there are countless people I met while growing up that could have benefited from a tool like Soluna. I am glad to be part of a team that gets to help youth find the resources they need to maintain their mental health.”

### Hudson, Soluna Young Adult Ambassador is Santa Barbara County

For details on our impact or to help expand youth and family behavioral health services in California, visit [CalHOPE.org/impact](https://CalHOPE.org/impact) or contact DHCS at [cybhi@dhcs.ca.gov](mailto:cybhi@dhcs.ca.gov).

