

# STATE-WIDE SESSION [VIRTUAL] FEBRUARY 7, 2024

## SESSION WELCOME

"We extend our gratitude and appreciation to all of the ancestors of all California Native American tribes and their descendants." - Pam Riley, DHCS

DHCS is on a mission to create a better future - a better program that serves all populations we serve better.

## WHAT'S WORKING

Delivering my baby at a birth center with a Black midwife

• ACCESS... to medicine & medicine records to programs for women of color

• REFERRALS within 30 days



## BARRIERS & CHALLENGES

Getting doctors to LISTEN & RESPECT me when I advocate for my child.

• ACCESS to postpartum care

• No services for AUTISM near me in Sacramento County (e.g., Occupational Therapy)

• DELAYS in getting appointments of any kind.

• Lack of EMPATHY

• Lack of TRAUMA-INFORMED DOCTORS

## WHAT'S IMPORTANT

• Having a HIGH-QUALITY doctor  
• BEING HEARD

• DOULA SERVICES

• TRANSPORTATION  
• MENTAL HEALTH SERVICES FOR VICTIMS OF HUMAN TRAFFICKING & TRAUMA

• TIMELY ACCESS to HEALTH CARE

• More OPPORTUNITIES to speak about my care

• MORE PROVIDERS ACCEPT Medi-Cal

• More PROVIDERS OF COLOR

• EQUITY & CULTURAL COMPETENCY TRAINING for all providers

## IDEAS

• HOPES & WISHES

• BETTER PAY for Health Care Workers

• More INPUT from Community

• Match services based on what is NEEDED in a community

• AVAILABLE CARE does not mean ACCESSIBLE Care