



# Population Health Management at PHC

Rebecca Boyd Anderson, Director Care Coordination

# What is Population Health Management (PHM)?

- How we promote the health and wellbeing of the communities we serve
- Includes:
  - Assessing the population
  - Segmenting the population
  - Developing/targeting activities to meet needs of the population
  - Analyzing the results and continuously improving interventions
- Involves collaboration across all sectors
  - Health Plan
  - Providers
  - Counties
  - Community-Based-Organizations
  - Members
- An NCCA requirement

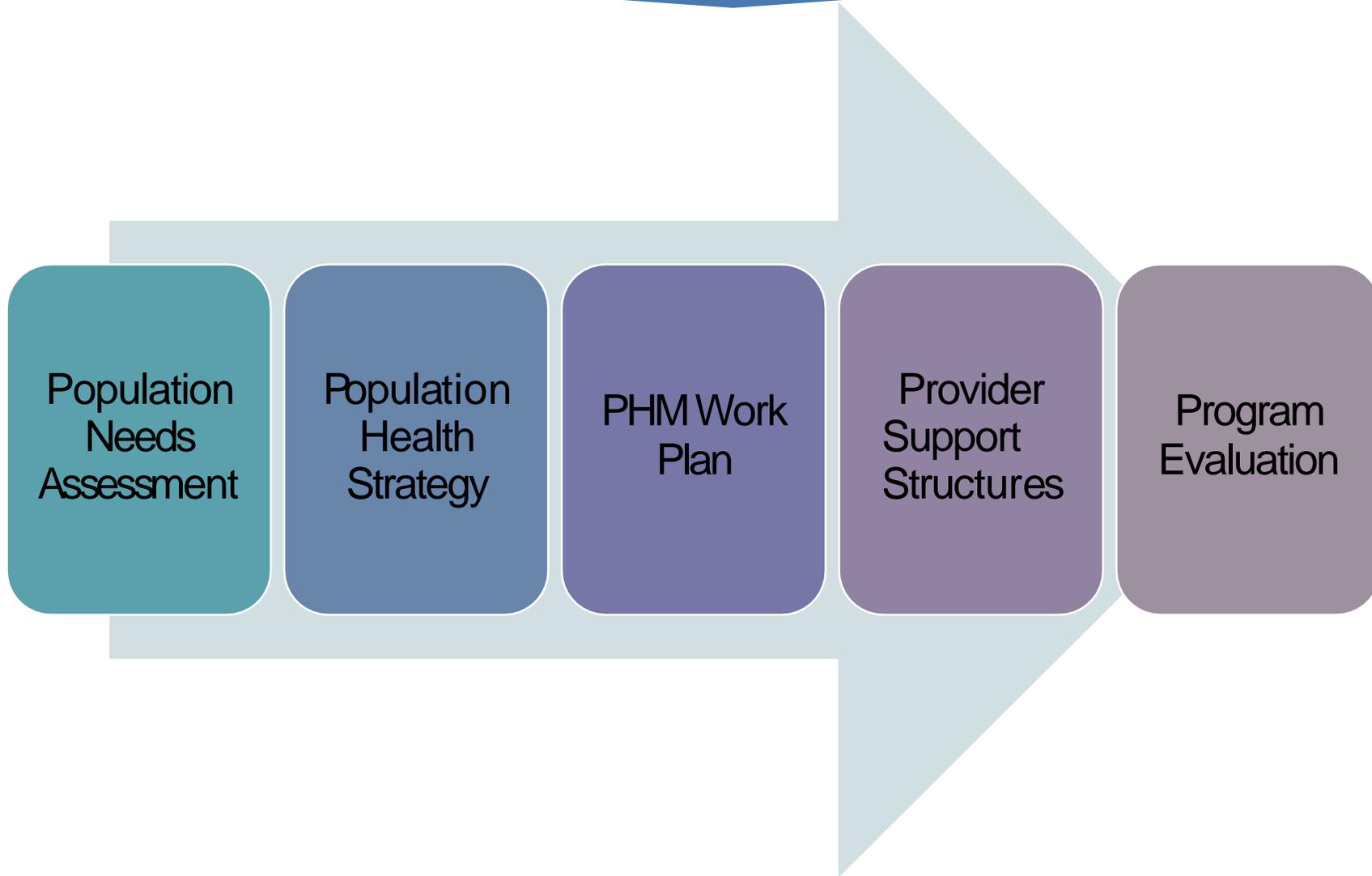
# Definition of Population Health Management

Intentional and proactive organization of care that utilizes:

- actionable data & information technology,
- collaborative teams, and
- clear goals

to improve health outcomes for defined populations for whom the organization is accountable for cost and quality of care.

# PHC's Approach to PHM



Population Needs  
Assessment

Population Health  
Strategy

PHM Work Plan

Provider Support  
Structures

Program  
Evaluation

## Annual Data-Driven Analysis of PHC's Regions and Members Performed by Health Education Team & Health Analytics Drives Interventions and Programs

- Communications
- Health Education
- Quality
- Care Coordination
- Provider Relations
- Initiatives
  - Housing Grant
  - Drug Medi-Cal

## Population Needs Assessment

Population Health Strategy

PHM Work Plan

Provider Support Structures

Program Evaluation

## Data Sources

- Health plan data
  - Member demographics
  - Medical and pharmacy claims
  - Disease registries
  - Transportation claims
- CMS adult and child core sets
- Consumer and Assessment of Healthcare Providers and Systems (CAHPS)
- Focus Group / Member Interviews
- County Data
- Provider Community Needs Assessment
- Social Determinants of Health
  - California Healthy Places Index
  - County Health Rankings State Report

## Population Needs Assessment

Population Health Strategy

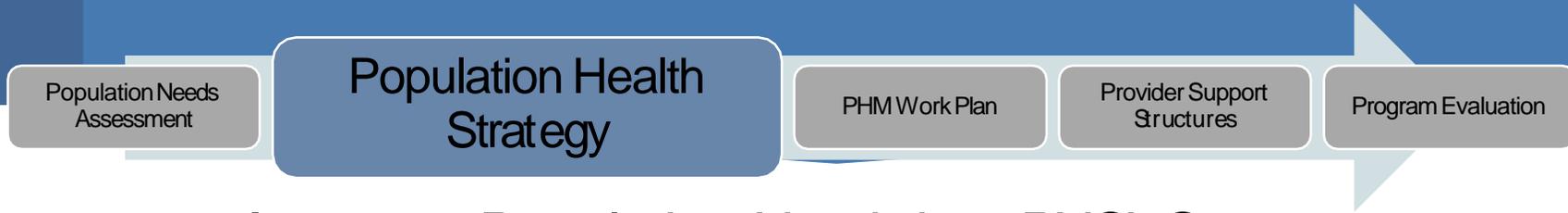
PHM Work Plan

Provider Support Structures

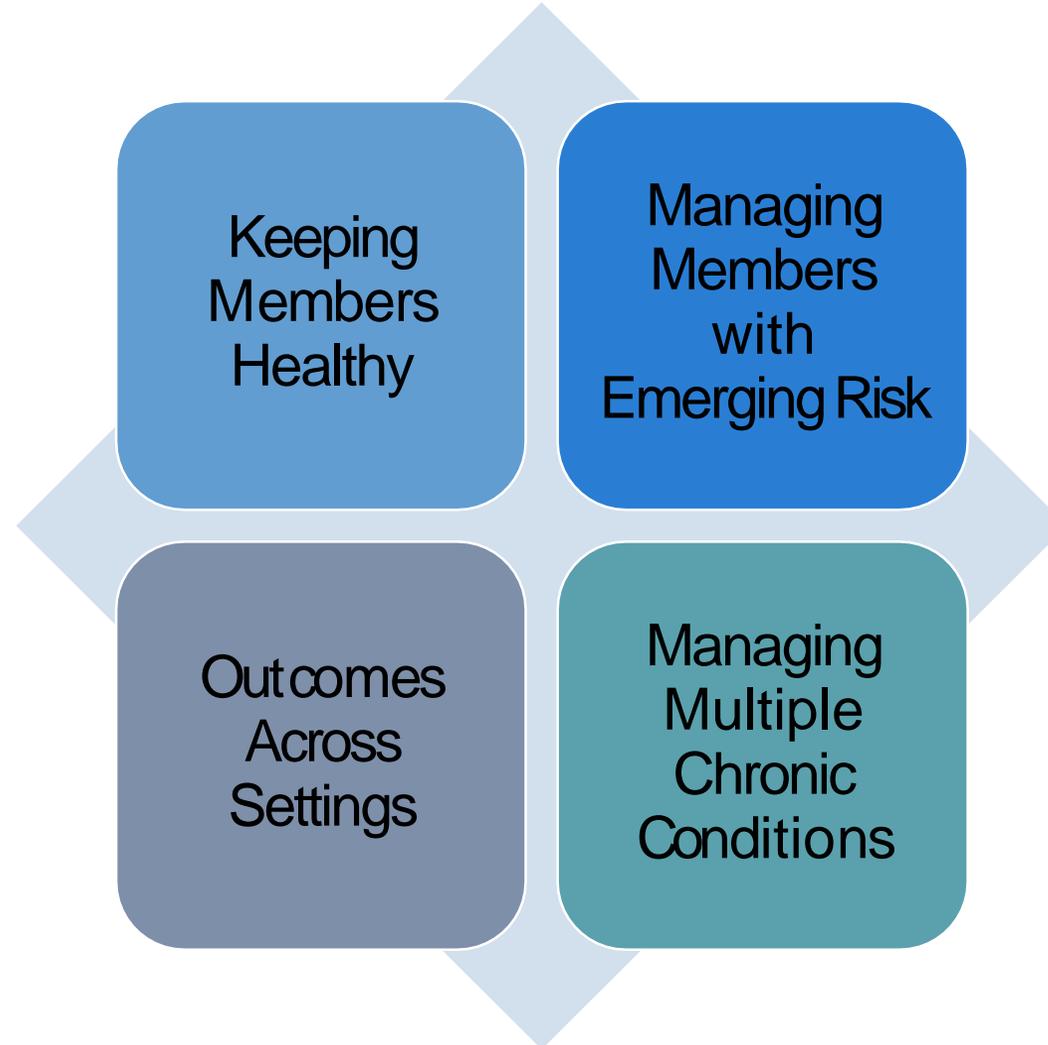
Program Evaluation

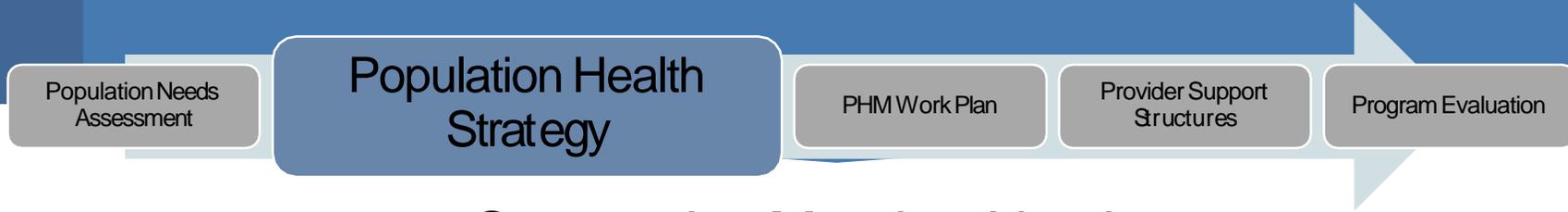
## Key Findings

- Social/ Environmental Issues for PHC Members
  - Children living in poverty
  - Violent crime and injury deaths
  - Food insecurity
- Health Behaviors
  - Adult smoking
  - Impaired driving
  - Substance use disorder
- Vulnerable Populations
  - CCS/ Children and Youth with Special Health Care Needs
  - Seniors and Persons with Disabilities
  - Homeless
  - Serious and Persistent Mental Illness
  - LGBTQ+

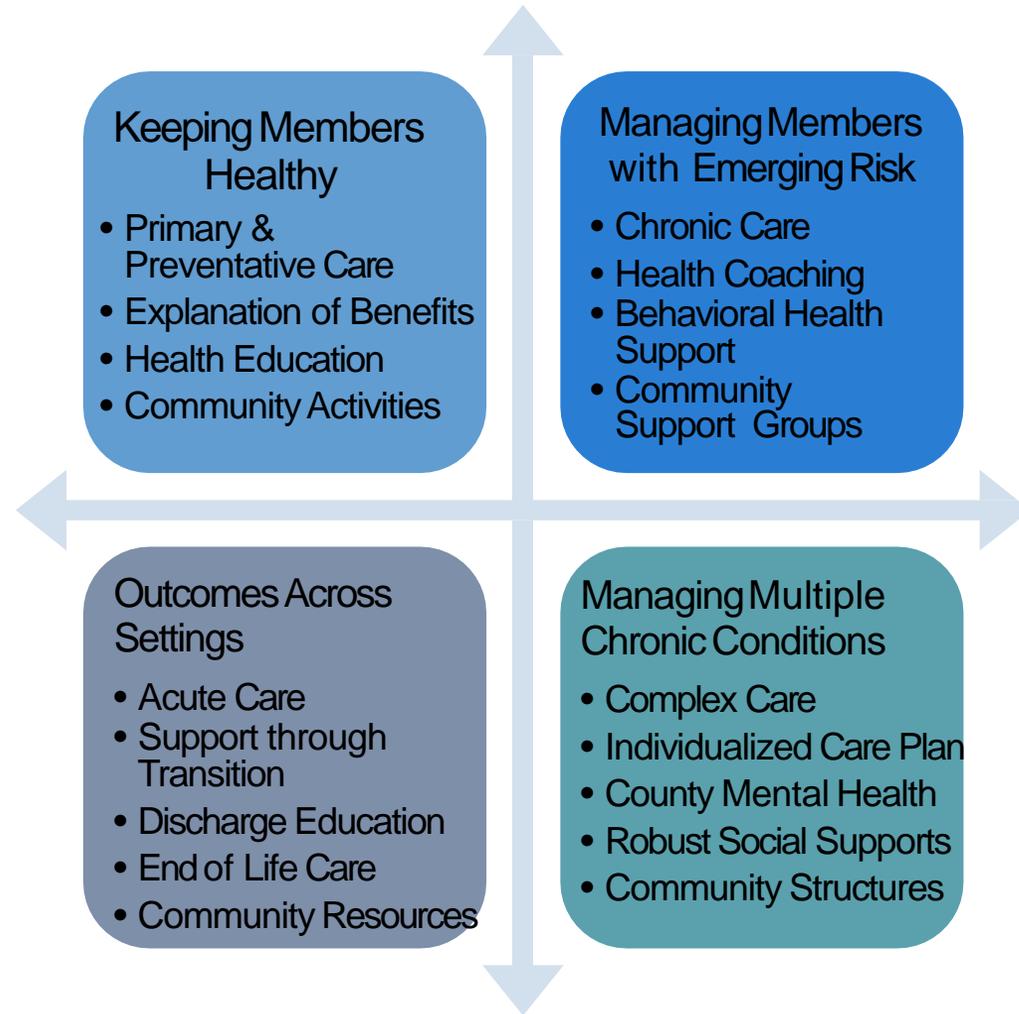


## Integrate Population Needs into PHC's Strategy





## Segmenting Member Needs



Population Needs  
Assessment

Population Health  
Strategy

PHM Work Plan

Provider Support  
Structures

Program Evaluation

## Aligning Services with Member Needs

### Keeping Members Healthy

Low-Risk New Member Assessments

HEDIS Outreach Calls

Growing Together Well-Baby Program

Care Coordination Access to Care

Birthday Club

### Managing Members with Emerging Risk

Growing Together Maternal Program

Pharmacy Point of Sale Messages

Mild/Moderate Mental Health Case Management

### Outcomes Across Settings

High-Risk Infant Follow Up

Utilization Management Discharge Planning

Care Coordination Transitions of Care Program

### Managing Multiple Chronic Conditions

High-Risk New Member Assessments

Care Coordination Complex Case Management

Integrated Behavioral / Medical Complex Case Management

Population Needs  
Assessment

Population Health  
Strategy

PHM Work Plan

Provider Support  
Structures

Program Evaluation

## Identifying Cases

### Keeping Members Healthy

Health Information  
Forms (HIFs)

Member Self-  
Identification

Annual CCS-Member  
Re-assessments

HEDIS Well-Care  
Gap Lists

Newborn Delivery  
Reports

### Managing Members with Emerging Risk

HEDIS Chronic  
Disease  
Gap Lists

Pregnancy /  
Delivery Reports

Medication Fill  
Reports

Disease Registry  
Reports

Change in Utilization  
Reports

Provider Referral

### Outcomes Across Settings

Hospital Discharge  
Reports

- High-Risk Infant
- Pediatric Discharge
- Adult Discharge Home

Utilization  
Management  
Referral

Provider Referral

### Managing Multiple Chronic Conditions

High Utilizer Report

New CCS Condition  
Report

Provider Referral

County Partner  
Referral

Member/Caregiver  
Self- Referral

Other Care  
Coordination  
Program

Population Needs  
Assessment

Population Health  
Strategy

PHM Work Plan

Provider Support  
Structures

Program Evaluation

## Sharing Data

- eReports
  - Provider measures targeted for incentive
- Partnership Quality Dashboard
  - HEDIS measure-specific data for provider's paneled members
  - Trended data (monthly or annually)
- Comparable Data
  - Peer performance, local averages, and national benchmarks

## Practice Transformation Technical Assistance

- ABCs of QI
- ADVANCE training program

## Value-Based Payment Programs

## Ongoing Education / Support

- Provider Newsletters & Education
- Annual Conference

Population Needs  
Assessment

Population Health  
Strategy

PHM Work Plan

Provider Support  
Structures

Program Evaluation

## Outcomes Data

- HEDIS performance measure data for targeted measures
- Complex Case Management Outcomes
  - Emergency Department Visits
  - Inpatient Admissions
  - Total Inpatient Days
- Transitions of Care Outcomes
  - PCP visit within 28 days of discharge
  - 90 day readmission rate
- Member Experience Surveys
  - Complex Case Management
  - Transitions of Care

## Population Needs (re)-Assessment

# Summary

PHC's Mission Statement is  
"To help our members,  
and the communities we serve,  
be healthy"  
=  
Population Health