

# Performance Outcomes System

Report run on August 3, 2016

## Background

Three reports will be created during each new reporting period. The reports that will be produced are as follows: statewide aggregate data; population-based county groups; and county-specific data. These reports help meet the intent of the Legislature, as stated in Welfare and Institutions Code Section 14707.5, to develop a performance outcomes system for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services that will improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. This reporting effort is part of the implementation of a performance outcomes system for Medi-Cal Specialty Mental Health Services (SMHS) for children and youth.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop the Performance Measurement Paradigm, and to develop indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx>

## Purpose and Overview

These county-specific reports provide updated information on the initial indicators that were developed for the Performance Outcomes System and reported on at the statewide aggregate level in February 2015; they help establish a foundation for on-going reporting. DHCS plans to move to annual reporting of this data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of children and youth under 21 who are receiving SMH' based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Two types of penetration information are provided. Both penetration rates tables are also broken out by demographic characteristics. Utilization of services data are shown in terms of dollars, as well as by service, in time increments. The snapshot table provides a point-in-time view of children/youth arriving, exiting, and continuing services over a two-year period. The time to step down table provides a view over the past four years of the time to step-down services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for four Fiscal Years (FY). A FY is from July 1st to June 30th.

Utilization of services reports are shown in terms of dollars, as well as by service in time increments. The snapshot report provides a point-in-time view of children arriving, exiting, and continuing services over a two-year period. The final report provides a view over the past four years of the time to step-down services (i.e., time to next contact after an inpatient discharge). **Note:** *The time to step-down report has a change in methodology from the first report produced in February 2015. In the initial report only outpatient services provided at least one day after the inpatient discharge were included in the calculations. On subsequent reports, any outpatient service that occurs on or after the inpatient discharge is included in the analysis.*

## Definitions

**Population** - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim; or
- Age 21 during the approved date of the service on the claim and a birth date on or after January 1st of the Fiscal Year.

**Data Sources** -

- Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 11/12 through FY 14/15.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 11/12 through FY14/15.

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## Additional Information

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at:

<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

### Note on Privacy:

The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium, medium, whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A "Public Aggregate Reporting – DHCS Business Reports" process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, this data is represented as follows: 1) Data that is missing is indicated as "-" 2) Data that has been suppressed due to privacy concerns is indicated as "^".

## Report Interpretation

\*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

\*The **penetration rates** reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology make comparison between the POS penetration rates and the EQRO penetration rates not appropriate or useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of youth who received X number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

\*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). As of now, this report only classifies youth and their service usage for the two most recent fiscal years. Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

\*The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the county of the hospital the patient is discharged from and whom has been attributed the time to next service in days used in the calculations for this indicator.

Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Sacramento County as of August 3, 2016**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
<b>FY 11-12</b>	10,040		198,914	
<b>FY 12-13</b>	10,207	1.7%	226,368	13.8%
<b>FY 13-14</b>	10,766	5.5%	245,868	8.6%
<b>FY 14-15</b>	10,911	1.3%	259,656	5.6%
<b>Compound Annual Growth Rate SFY**</b>		<b>2.8%</b>		<b>9.3%</b>

\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

\*\*SFY = State Fiscal Year which is July 1 through June 30.

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Sacramento County as of August 3, 2016**

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 11-12	103	1.0%	440	4.4%	2,909	29.0%	2,325	23.2%	3,254	32.4%	453	4.5%	556	5.5%
FY 12-13	107	1.0%	471	4.6%	2,850	27.9%	2,382	23.3%	3,224	31.6%	530	5.2%	643	6.3%
FY 13-14	97	0.9%	498	4.6%	2,830	26.3%	2,498	23.2%	3,388	31.5%	710	6.6%	745	6.9%
FY 14-15	102	0.9%	577	5.3%	2,719	24.9%	2,479	22.7%	3,401	31.2%	853	7.8%	780	7.1%

*Please note: This report uses the Medi-Cal Eligibility Data System (MEDS) to obtain race/ethnicity data. The MEDS data is entered by County Welfare Departments and may differ from data maintained by County Mental Health Plans. For more information, please refer to the Measures Catalog.*

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Sacramento County as of August 3, 2016**

Fiscal Year	Children 0-5 Count	Children 0-5 %	Children 6-11 Count	Children 6-11 %	Children 12-17 Count	Children 12-17 %	Youth 18-20 Count	Youth 18-20 %
FY 11-12	1,324	13.2%	3,629	36.1%	4,054	40.4%	1,033	10.3%
FY 12-13	1,181	11.6%	3,708	36.3%	4,069	39.9%	1,249	12.2%
FY 13-14	1,208	11.2%	4,042	37.5%	4,255	39.5%	1,261	11.7%
FY 14-15	1,196	11.0%	4,096	37.5%	4,344	39.8%	1,275	11.7%

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Sacramento County as of August 3, 2016**

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 11-12	4,379	43.6%	5,661	56.4%
FY 12-13	4,495	44.0%	5,712	56.0%
FY 13-14	4,735	44.0%	6,031	56.0%
FY 14-15	4,935	45.2%	5,976	54.8%

**Penetration Rates\* Report: Children and Youth With At Least One SMHS Visit\*\*  
Sacramento County as of August 3, 2016**

	FY 11-12			FY 12-13			FY 13-14			FY 14-15		
	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
<b>All</b>	<b>10,040</b>	<b>198,914</b>	<b>5.0%</b>	<b>10,207</b>	<b>226,368</b>	<b>4.5%</b>	<b>10,766</b>	<b>245,868</b>	<b>4.4%</b>	<b>10,911</b>	<b>259,656</b>	<b>4.2%</b>
Children 0-5	1,324	71,432	1.9%	1,181	75,627	1.6%	1,208	78,307	1.5%	1,196	79,968	1.5%
Children 6-11	3,629	53,238	6.8%	3,708	64,599	5.7%	4,042	70,617	5.7%	4,096	74,405	5.5%
Children 12-17	4,054	46,645	8.7%	4,069	55,565	7.3%	4,255	60,394	7.0%	4,344	63,189	6.9%
Youth 18-20	1,033	27,599	3.7%	1,249	30,577	4.1%	1,261	36,550	3.5%	1,275	42,094	3.0%
Alaskan Native or American Indian	103	1,533	6.7%	107	1,611	6.6%	97	1,658	5.9%	102	1,706	6.0%
Asian or Pacific Islander	440	31,144	1.4%	471	36,296	1.3%	498	40,954	1.2%	577	44,252	1.3%
Black	2,909	39,889	7.3%	2,850	41,595	6.9%	2,830	43,184	6.6%	2,719	44,822	6.1%
Hispanic	2,325	51,980	4.5%	2,382	59,548	4.0%	2,498	63,451	3.9%	2,479	65,543	3.8%
White	3,254	45,574	7.1%	3,224	51,487	6.3%	3,388	56,227	6.0%	3,401	58,937	5.8%
Other	453	19,719	2.3%	530	25,192	2.1%	710	28,694	2.5%	853	31,837	2.7%
Unknown	556	9,075	6.1%	643	10,639	6.0%	745	11,700	6.4%	780	12,559	6.2%
Female	4,379	98,467	4.4%	4,495	111,842	4.0%	4,735	121,307	3.9%	4,935	127,905	3.9%
Male	5,661	100,447	5.6%	5,712	114,526	5.0%	6,031	124,561	4.8%	5,976	131,751	4.5%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in the Medi-Cal Managed Care system.

\*\*Children and Youth that have received at least one SMHS in the Fiscal Year.

Please note: This report uses the Medi-Cal Eligibility Data System (MEDS) to obtain race/ethnicity data. The MEDS data is entered by County Welfare Departments and may differ from data maintained by County Mental Health Plans. For more information, please refer to the Measures Catalog.

**Penetration Rates\* Report: Children and Youth with Five or More SMHS Visits\*\*  
Sacramento County as of August 3, 2016**

	FY 11-12			FY 12-13			FY 13-14			FY 14-15		
	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
<b>All</b>	<b>8,450</b>	<b>198,914</b>	<b>4.2%</b>	<b>8,540</b>	<b>226,368</b>	<b>3.8%</b>	<b>9,064</b>	<b>245,868</b>	<b>3.7%</b>	<b>9,147</b>	<b>259,656</b>	<b>3.5%</b>
Children 0-5	1,040	71,432	1.5%	917	75,627	1.2%	951	78,307	1.2%	944	79,968	1.2%
Children 6-11	3,115	53,238	5.9%	3,150	64,599	4.9%	3,442	70,617	4.9%	3,459	74,405	4.6%
Children 12-17	3,460	46,645	7.4%	3,461	55,565	6.2%	3,623	60,394	6.0%	3,758	63,189	5.9%
Youth 18-20	835	27,599	3.0%	1,012	30,577	3.3%	1,048	36,550	2.9%	986	42,094	2.3%
Alaskan Native or American Indian	92	1,533	6.0%	88	1,611	5.5%	82	1,658	4.9%	87	1,706	5.1%
Asian or Pacific Islander	368	31,144	1.2%	388	36,296	1.1%	405	40,954	1.0%	467	44,252	1.1%
Black	2,397	39,889	6.0%	2,378	41,595	5.7%	2,376	43,184	5.5%	2,245	44,822	5.0%
Hispanic	1,919	51,980	3.7%	1,991	59,548	3.3%	2,053	63,451	3.2%	2,069	65,543	3.2%
White	2,805	45,574	6.2%	2,691	51,487	5.2%	2,894	56,227	5.1%	2,912	58,937	4.9%
Other	379	19,719	1.9%	454	25,192	1.8%	595	28,694	2.1%	703	31,837	2.2%
Unknown	490	9,075	5.4%	550	10,639	5.2%	659	11,700	5.6%	664	12,559	5.3%
Female	3,694	98,467	3.8%	3,729	111,842	3.3%	3,960	121,307	3.3%	4,122	127,905	3.2%
Male	4,756	100,447	4.7%	4,811	114,526	4.2%	5,104	124,561	4.1%	5,025	131,751	3.8%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in the Medi-Cal Managed Care system.

\*\*Children and Youth that have received at least five SMHS in the Fiscal Year.

Please note: This report uses the Medi-Cal Eligibility Data System (MEDS) to obtain race/ethnicity data. The MEDS data is entered by County Welfare Departments and may differ from data maintained by County Mental Health Plans. For more information, please refer to the Measures Catalog.

**Utilization Report\*: Approved Specialty Mental Health Services for Children and Youth  
Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year\*  
Sacramento County as of August 3, 2016**

Fiscal Year	SDMC Total Approved	IHBS (Minutes)	ICC (Minutes)	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Therapeutic Behavioral Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 11-12	\$ 5,503.21	0	0	524	1,741	2,724	309	101	16	630	777	0	0	9	13	0	4
FY 12-13	\$ 5,512.23	0	0	481	1,749	3,038	325	109	13	630	609	0	0	8	19	0	12
FY 13-14	\$ 5,427.39	1,152	569	480	1,696	2,575	326	98	12	623	602	0	0	9	18	0	12
FY 14-15	\$ 5,332.66	1,744	1,155	483	1,688	2,943	342	92	12	389	702	0	0	9	27	0	14
<b>MEAN</b>	<b>\$ 5,443.87</b>	<b>1,448</b>	<b>862</b>	<b>492</b>	<b>1,718</b>	<b>2,820</b>	<b>325</b>	<b>100</b>	<b>13</b>	<b>568</b>	<b>672</b>	<b>0</b>	<b>0</b>	<b>9</b>	<b>19</b>	<b>0</b>	<b>11</b>

\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

**Snapshot Report: Unique Count of Children and Youth Receiving SMHS  
Arriving, Exiting, and with Service Continuance by Fiscal Year  
Sacramento County as of August 3, 2016**

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Children/Youth that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Children/Youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Children/Youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which children/youth met both the criteria for <b>Arrivals</b> and <b>Exiting</b> above for the fiscal year.
Service Continuance & Exiting	A distinct category in which Children/Youth had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Service Continuance (>= 2 YR) %	Service Continuance (<2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance (>= 2 YR) & Exiting Count	Service Continuance (>= 2 YR) and Exiting %	Total Count	Total %
FY 12-13	3,012	29.5%	969	9.5%	991	9.7%	2,223	21.8%	2,639	25.8%	382	3.7%	10,216	100%
FY 13-14	3,030	28.1%	1,033	9.6%	1,089	10.1%	2,401	22.3%	2,759	25.6%	467	4.3%	10,779	100%
FY 14-15	2,871	26.3%	985	9.0%	1,043	9.6%	2,632	24.1%	2,884	26.4%	493	4.5%	10,908	100%

**Time to Step Down Report: Children and Youth Stepping Down in SMHS Services Post Inpatient Discharge\***  
**Sacramento County as of August 3, 2016**

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down Between 8 and 30 Days	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 11-12	750	62.4%	196	16.3%	180	15.0%	75	6.2%	0	365	29.0	2
FY 12-13	933	67.2%	201	14.5%	164	11.8%	91	6.6%	0	365	23.8	1
FY 13-14	996	62.1%	268	16.7%	207	12.9%	133	8.3%	0	365	22.6	2
FY 14-15	757	57.7%	224	17.1%	187	14.2%	145	11.0%	0	365	21.4	3

\* **No Step Down** is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that were moved to a community-based program or beneficiaries that were incarcerated.