

Oix zuqc zoux haaix nyungc yiem njiect meih dorh fu'jueiv mingh zaah baengc wuov?



Ninh mbuo zorc fu'jueiv nyei ndie-sai oix zuqc:

- Zaah mangc nzoih beih sin baengc
- Zaah naaic taux meih nyei huov jaa nyei lox-hnoi baengc zingh gouv-nyinh
- Mbuox heuc nziepv ndie, haaix zanc taux qiempx taux ziangh hoc wuov
- Ca'laangh caux zorc nyaah zang aengx caux, haaix zanc qiempx zuqc nyei bouc dauh, bun fu'jueiv duqv longc fluoride corh nyaanh aengx caux longc fluoride nzemz tipv, aengx caux tengx lorx zorc nyaah zangc
- Tengx fu'jueiv zaah seix mangc m'normh aengx caux m'zing
- Ca'laangh gorngv jienv sic goux taux wangc siangx jau-louc beiv taux gorngv meih ganh a'fai fu'jueiv hlo siepv nodngc haaix, corngh zingh ei-leiz hnangv haaix, nyanc hnaangx jau-louc, mbueix njormh benx hnangv haaix, nzieqc zingz nyei fai, aengx caux goux longx mv bun nyuto pui ndopv laauz

Ninh mbuo zorc fu'jueiv nyei ndie-sai oix zuqc zaah mangc:

- Maaih haaix nyungc zien sic bun buatc gorngv taux hlo hlang nyei ei-leix
- Yunh nyei siouz cungz zuqc
- Maaih dorngx haih congz hoic zuqc benx **nziaamv zaamv**,
- Buoz zauz wuaaic**
- Oix zuqc zaah mangc gu'nguaaz maac coqc ndutv sin liuz **ninh benx haix nzauh huang nyei fai**
- Nzauh hnamv camv**
- Maaih dorngx haih congz hoic zuqc benx **butv haa-cunv baengc (TB)**
- Maaih dorngx haih congz hoic zuqc benx **hmei zorpç yiem nziaamv**
- Corc maaih da'nyeic nyungc baengc** a'fai meih corc haaix nyungc jau-louc kuonx hnyouv

Se gorngv meih maaih waac qiempx zuqc naaic a'fai oix hiuv jaa

Meih nyei Medi-Cal gunv goux mangc wangc siangx sou-gorn Fonh nam mber se hiety yiem meih nyei hmien-fangx ID aengx caux yiem meih nyei sou-gorn nyei website a'fai bieqc mangc yiem www.dhcs.ca.gov/mmchpd

Medi-Cal tengx baengc nyei finx-gorn

Korh waac **1-800-541-5555** (TDD 1-800-430-7077)
A'fai bieqc mangc yiem www.dhcs.ca.gov/myMedi-Cal

Medi-Cal goux zorc nyaah

Korh waac lorx Smile, California yiem naav **1-800-322-6384**
(TTY 1-800-735-2922)
A'fai bieqc mangc yiem smilecalifornia.org a'fai www.dhcs.ca.gov/MCP

Lengc jeiv neqv zorc ziux goux corngh zingh baengc

Douc waac **1-888-452-8609**
Liouh naaic gorngv taux nzie weih goux zorc baengc bbutv benx corngh zingh baengc kouv nyei buonc, lorx taux meih nyei nquenc zangc beu weih corngh zingh heng-wangc sou-gorn yiem naav www.dhcs.ca.gov/CMHP

Butv diuv-nzeuz a'fai buov ndie yong-in

Douc waac lorx taux domh gorn nzie weih ziux goux taux wangc siangx (DHCS) gorn zangc gunv goux butv inv jau-louc benx 24/7 yiem naav **1-800-879-2772**
A'fai bieqc mangc yiem www.dhcs.ca.gov/SUD-NETRL

Tengx nzie goux taux jiepv sih njiouz maengc

Mborqv finx lorz taux tengx ziux goux daiz ga'ganh daic nyei gorn zangc & Jiepv sih njiouz maengc dorngx yiem njiect naav **988**

Tengx daav za'eix njiouz goux corngh zingh baengc/tengx nzie goux

Mborqv finx a'fai fungx nzangc-fienx bun taux **1-833-317-HOPE** (4673)
a'fai bieqc lorz mangc yiem www.calhope.org

Hiuv taux leiz beu ze'buonc bun meih aengx caux liuc leiz ndaam-dorng gong

Douc waac **1-888-452-8609**



Medi-Cal for Kids & Teens

Maaih gong-bou tengx mbungh nqaeqv aengx caux
nzie weih ziux goux zorc baengc bun ninh mbuo
yiem cuotv sez hnoi mingh taux 21 hnyangx



www.dhcs.ca.gov/kidsandteens

Medi-Cal tengx nzie weih ziux goux se benx baeqc wang-hen heng tengx fu'jueiv



Yietc zungv tengx nzie weih ziux goux fu'jueiv nyei gong se baeqc wang-hen tengx

Se gorngv meih nyei fu'jueiv maaih mbuoq bieqc yiem Medi-Cal, ninh mbuo maaih horpc bouc pui-juang gauz zipv baeqc wang-hen tengx nzie weih ziux goux zorc baengc aengx caux bouc sengh bun maaih wangc siangx longx henv a'fai maaih ngaengc caengz longx yiem cuotv sez hnoi mingh taux hnyang-jeiv buangv 21.

Naaiv se lemh nzoih dimv baengc, nziepv ndie-nqaeqv, dimv mangc sin zangc baengc, aengx caux tengx zorc beih sin baengc, corngh zingh baengc, aengx caux goux zorc nyaah.

Doqc mangc yietv nyelic bouc dauh liouh tengx dimv baengc yiem ga'ndiev wuov

Ninh se benx jienv sic dungh oix zuqc dorch meih nyeli fu'jueiv dimv baengc ei bouc dauh ziangh hoc mv gunv jieq gorngv ninh mbuo mv butv baengc yaac baac. Ziangh diuh mingh dimv baengc se tengx zoux bun fu'jueiv nyeli sin zangc maaih ngaengc caengz longx henv. Tengx goux nqaeqv longx baengc bun ninh mbuo, aengx caux jaa-ndaangc dimv baengc aengx caux zorc nziouv.

Meih corc haih dingc ziangh hoc liouh ca'laaqg caux ndie-sai haaix zanc yaac duqv nyeli, mv gunv jieq gorngv meih coqc dorch fu'jueiv mingh dimv baac baengc yaac longx. Doqc mangc yietv nyelic bouc dauh liouh tengx zaah dimv baengc yiem ga'ndiev wuov.

Dingc benx daan liouh dimv baengc a'fai ndaangc buangv naaiv deix hnyang-jeiv



Meih corc haih duqv baeqc wang-hen cie tor faaux njiec liouh lorc ndie-sai zorc baengc



Mbaenc ziangx daan liouh dorh meih nyei fu'jueiv mingh dimv baengc

Korh waac lorc meih nyeli gunv goux mangc wangc siangx sou-gorn A'fai korh waac lorc Medi-Cal tengx baengc nyei finx-gorn yiem naaiv **1-800-541-5555** (TDD 1-800-430-7077).

Meih corc haih lorc mienh tengx yiem njiec:

- Lorc ndie-sai** a'fai dingc ziangh hoc liouh buangh
- Duqv geh baeqc wang-hen cie** mingh lorc ndie-sai aengx caux nzuonx maengz a'fai mingh zorqv ndie, zorc baengc jaa-sic aengx caux ga'naaiv longc
- Tov heuc tengx lorc faan waac mienh tengx faan waac** yiem njiec buangh ndie-sai nyeli ziangh hoc
- Tov heuc ninh mbuo tengx nzie faan waac bun muangx**

Se gorngv meih qiexm zuqc longc benx naaiv zeiv daan a'fai da'nyelic diuc Medi-Cal nyungc horng haaic benx **ganh hoc zei-daan** beiv gorngv benx domh nzangc, bungx benx waa-qiez bun muangx, CD, a'fai zoux benx nzang-pokc, korh waac lorc **1-833-284-0040**.

Medi-Cal liouh beu bun gu'nguaaz & fu'juei-caan nyei gong-bou jau-louc tengx goux mangc aengx caux zorc sin zangc baengc

Se gorngv ninh mbuo ndie-sai dimv buatc maaih beih zangc baengc, corngh zingh baengc, a'fai nyaah haih wuaaic dungh oix zuqc zorc a'fai goux longx, Medi-Cal oix zuqc jien sin tengx aengx caux beu weih nzoih naaic deix gong-bou jau-louc.

Medi-Cal beu weih liouh nzie weih ziux goux mangc gu'nguaaz & fu'juei-caan:

- Tengx nzie weih ziux goux zorc beih sin baengc, lemh jienv jiex gorn jaa-ndaangc ziox bouc nyei gong-bou jau-louc aengx caux mingh lorc buangh ndie-sai
- Tengx nzie weih ziux zoux zorc corngh zingh baengc aengx caux buov ndie yong-in a'fai zorc hopv diuv baengc, lemh jienv zorc cornz sin bun henv
- Zaah mangc nyaah aengx caux zimh mangc baengc nyei gong gorngv benx hnangv haaix mi'aqc
- Ziux goux mangc m'zing, lemh jienv bun muoc-ziuz
- Ziux goux mangc m'normh
- Dimv COVID-19 aengx caux tengx zorc baengc
- Zorc baengc jaa-sic aengx caux ga'naaiv longc, lemh jienv wuonv ginc zorc baengc jaa-sic
- Ndie-nyanc
- Ziux seix baengc, lemh jienv dimv nziaamv mangc maaih haaix nyungc zorpc, aengx caux qiexm zimh mangc haaix nyungc baengc
- Zorc beih zangc baengc, zorc ga'nyuoq hnyou, aengx caux corc nzuuh gorngv waac
- Ziux goux zorc baengc yiem biauv, lemh jienv yiem mienh goz dorngx
- Zorc baengc dorng haaic caux yiem dorngx dauh
- Yietc zungv da'nyelic nyungc qiexm longc zorc baengc jau-louc, ei ninh mbuo tengx fu'jueiv zorc baengc ndie-sai dimv cuotv wuov

