



# **Transition to Adulthood Workgroup**

**Integrated Systems of Care Division**

Wednesday, January 30, 2019



# Agenda

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1. Welcome and Introductions

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2. Purpose and Objective

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3. Definition of Transition

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4. Review Current Guidelines, Needs, and Past Findings

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5. Review Action Items



# Purpose of Workgroup

What age should transition activities begin?

What transition activities should be required?

For what population?



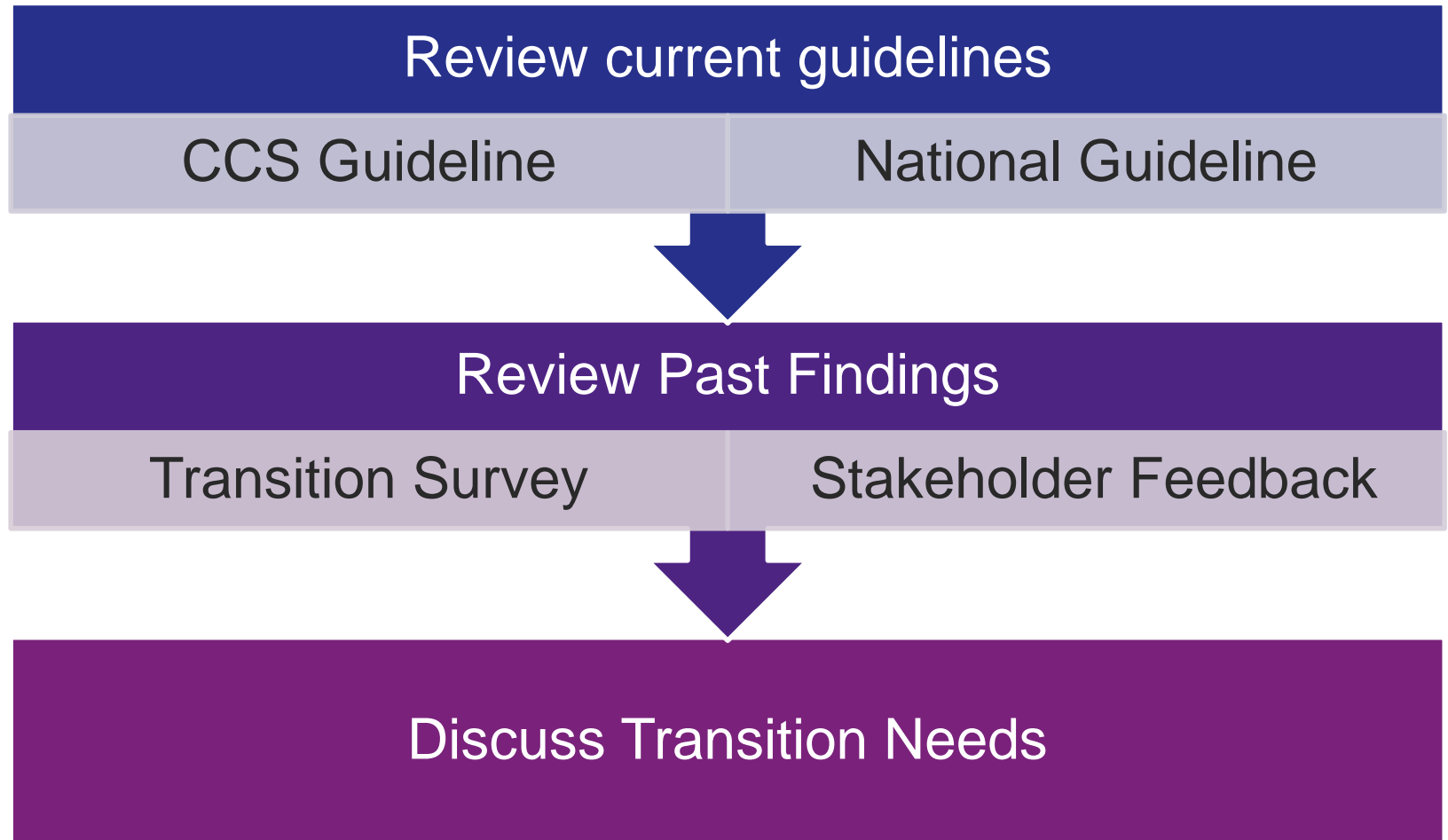
# Objective of the Workgroup

Health Care Transition to Adulthood is the deliberate, coordinated process of moving a patient from pediatric oriented health care to adult oriented health care, with the goal of optimizing the young adult's ability to assume adult roles and functions.

- Mennito & Clark, 2010



# Meeting Objectives





# Current Transition Policy

- [CCS Information Notice 10-02](#)
- Health care transition planning
  - should be strategically planned over a period of time
  - should take into consideration the client's developmental maturity, education and social situation, and parent/family readiness
- Informal transition planning should begin at age 14



# Current Transition Policy *(cont.)*

Age(s)	Tasks
14-18	<ul style="list-style-type: none"><li>• Identify CCS clients requiring transition planning (TP)</li><li>• Notify the client/family of starting the TP process</li><li>• Contact CCS (PCP) with TP information and completion of adolescent health care skills checklist</li><li>• Collaborate with special care centers regarding transition</li></ul>
16	<ul style="list-style-type: none"><li>• Adolescent transition conference (ATC); adolescent TP</li></ul>
17-18	<ul style="list-style-type: none"><li>• Send client/family adult services declaration/notice of privacy practices</li></ul>
18-20	<ul style="list-style-type: none"><li>• Notify of need or work with family to update transition health care plan</li></ul>
20	<ul style="list-style-type: none"><li>• Send letter to PCP on continuation of care and ask if adult provider identified</li><li>• Exit Interview/Survey</li></ul>



# Current Transition Policy... Planning Elements

- Identification of client
- Notification of client regarding transition planning
- Notification of PCP
- Coordination with specialists
- Adolescent Transition Health Care Conference
- Legal pieces including Notice of Privacy Practices and Adult Services Declaration Form
- Exit Conference





# Existing Performance Measure in Plan and Fiscal Guideline (PFG)

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Current  
PFG

14 and older

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Chronic health conditions

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Transition planning checklist

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# National Recommendation – Six Core Element Approach

- 1 • Transition policy
- 2 • Transition tracking and monitoring
- 3 • Transition readiness
- 4 • Transition planning
- 5 • Transfer/Integration into adult-centered care
- 6 • Transition completion/ongoing care



## National Recommendation – Six Core Element Approach *(cont.)*

Age(s)	Tasks
12-14	Transition Policy <ul style="list-style-type: none"><li>▪ Discuss transition policy</li></ul>
14-18	Transition Tracking and Monitoring <ul style="list-style-type: none"><li>▪ Track progress</li></ul>
14-18	Transition Readiness <ul style="list-style-type: none"><li>▪ Assess skills</li></ul>
14-18	Transition Planning <ul style="list-style-type: none"><li>▪ Develop transition plan, including medical summary</li></ul>
18-21	Transfer of Care <ul style="list-style-type: none"><li>▪ Transfer to adult-centered care</li><li>▪ Integration into adult practice</li></ul>
18-26	Transfer Completion <ul style="list-style-type: none"><li>▪ Confirm transfer completion</li><li>▪ Elicit consumer feedback</li></ul>



# Transition Survey

Survey Monkey link was emailed to all 58 counties in January 2017

20/58 counties responded to survey



# Transition Survey Results

**At what age does your county start the transition to adulthood process?**

<b>Age</b>	<b>Number of Counties</b>
14	7
15	1
16	4
17	3
18	2
Prior to 21	2



## Transition Survey Results *(cont.)*

**Does your county CCS Program follow a transition policy (based on CCS information notice: 10-02)?**

7/20

- Yes

1/20

- No

12/20

- Somewhat



# Other Transition Survey Findings

**Does your county CCS program work with health plans to facilitate the transition process?**

7/20

- Yes

6/20

- No

7/20

- Somewhat



# Stakeholder Feedback

Transition to Adulthood Survey

Title V

Communications with Families

Performance Measure Quality  
Sub-committee





# Transition Needs

- What age should transition activities begin?
- What transition activities should be required?
- For what population?



# Workgroup Meeting

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2019

Wednesday, January 30

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Wednesday, February 27

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Wednesday, March 27

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Wednesday, April 24

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