

# SIANG-YUNGZ ZAAH HAIZ WAAC DUQV MI'AQV

## Meih Gu'nguaaz Saaix Duqv Daauh Kang Haiz Waac nyei Zaah

Zaah cuotv haiz waac nyei zaah biux mengh meih nyei gu'nguaaz haiz waac yiem l bungv m'normh dongh zanc.

**Gu'nguaaz nyei Mbuox:**

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**Hnoi-nyieqc:** \_\_\_\_\_ **Zaah nyei Za'eix** (mbiuv yietc kang): **OAE** **ABR**

## Yie Mbuo Hnangv Haaix Zaah Meih Gu'nguaaz Haix Waac nyei Jauv?

Zaah nyei jauv kungx longc l ziex buon hnangv, gauh camv se dongh meih nyei gu'nguaaz m'njormh nyei ziangh hoc. Sienc nyei qiex oix bungx bun gu'nguaaz muangx yiem buang jienv m'normh nyei ja'sic. Meih nyei gu'nguaaz haiz wuov deix qiex ziouc yietc zaah ndorqc yiem zaah qiex nyei ja'sic heuc "Otoacoustic Emissions (OAE)" a'fai zaah m'nqorngv-famv heuc Auditory Brainstem Response (ABR).

Ih jaax hnoi hungh heic zaah nyei za'eix se bangc duqv zuqc haic. Maiv la'guaih pioux gu'nguaaz muangx waac maiv haiz nyei jauv.

Zaah daaih nyei jauv dingc gorngv meih nyei gu'nguaaz ih zanc haiz waac aqv. Mv baac, maaih zoqc nyei gu'nguaaz dongh zoux duqv jiez siang-yungz zaah haiz waac nyei jauv haiz nqa'haav hingv muangx maiv haiz waac nyei.

## Weic Haaix Diuc Zaah Gu'nguaaz?

M'normh ndung haih mangc maiv buatc. Ih zanc, maaih ja'sic haih zaah duqv cuotv m'normh ndung yiem gu'nguaaz lunx nyei ziangh hoc.

Jiex gorn wuov deix hlaax caux hnyangx yiem fu'jueiv nyei maengc se longc jienv haic taux hoqc linc jiu tong nyei jauv. Muangx waac maiv haiz a'fai m'normh ndung nyei gu'nguaaz maaih aqc yiem gorngv waac jiu tong a'fai aqc yiem horqc dorngh. Weic hnangv naaic cingx longc jienv haic zaah taux muangx waac nyei jauv yiem lunx nyei ziangh hoc caux mbenc lengc jeiv nyei tengx bun gu'nguaaz caux hmuangv doic.



## Maaiah Mba'ziex Dauh Gu'nguaaz nyei M'normh Waaic?

Seix nyei m'normh waaic duqv zaah cuotv maaiah 2-4 dauh yiem 1000 dauh gu'nguaaz. Leih maiv go 50% gu'nguaaz nyei m'normh waaic maiv haiz yietc nyungc a'fai zorqv-guaix, hnangv hnief nyei baengc a'fai hmuangv doic douh zong m'normh ndung nyei jauv. Dauh baav gu'nguaaz nyei m'normh haiz waac zaih nyei yiem ninh mbuo nyei maengc weic m'normh butv-uiv, m'nqorngv-famv baengc, mborqv zuqc m'nqorngv a'fai ganh nyungc buonh sin baengc. Nzunc baav gu'nguaaz muangx waac maiv haiz, caux maiv hiuv duqv weic haaix nyungc.

Jiu tong caux meih gu'nguaaz nyei ndie-sai se gorngv meih maaiah haaix nyungc waac-naaic fai guaax hnyouv nyei jauv. Da'yietv diuc taux oix zuqc zaah meih gu'nguaaz haiz waac nyei jauv maiv gunv duqv zaah liuz aqv se weic goux nyei mienh guaax hnyouv. Meih hiuv duqv meih ganh nyei gu'nguaaz gauh longx.

## Jiex Mingh Maaiah Haaix Nyungc Bun Gu'nguaaz?

Muangx waac nyei jauv oix zuqc zaah jienv ei gu'nguaaz hlo jienv faaux. Siang-Gu'nguaaz Haiz Waac nyei Zaah se benx da'yietv kang zaah gu'nguaaz haiz waac, gorngv waac, caux longc waac nyei jauv. Za'gengh longc jienv haic taux hiuv duqv gu'nguaaz haih gorngv waac caux longc waac nyei jauv.

Dongh gorngv Haiz Waac caux Gorngv Waac ei Hnyangx-Jeiv yiem sou-box maaiah nyungc baav gu'nguaaz oix zoux ei ninh mbuo nyei hnyangx-jeiv. Meih nyei gu'nguaaz hlo jienv faaux, meih haih beiv mangc taux ninh mbuo zoux nyei sic caux gorngv waac ei naaiv kuaaiv daan. Se gorngv meih maaiah haaix nyungc nzauh heix nyei jauv taux meih gu'nguaaz haiz waac nyei jauv, gaanv jienv jiu tong caux meih gu'nguaaz nyei ndie-sai a'fai zaah baengc mienh.

## Haiz Waac caux Gorngv Waac Kang Ei Hnyangx-Jeiv

| Hnyangx-Jeiv                       | Haiz Waac caux Gorngv Waac Kang                                                                                                                                                                                                                                          |
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| <b>Cuotv Seix taux<br/>3 Hlaax</b> | <ul style="list-style-type: none"><li>» Seqv weic muangx zieqv duqv nyei waac caux qiex</li><li>» Guen taux hlo nyei qiex, gu'nguaaz biatc, nyapc m'zing, dingh maiv soqv, nyiemv, a'fai niie.</li><li>» Zoux sienx nyei qiex yiem nyie daaih, gu'nguaaz ngux.</li></ul> |

| Hnyangx-Jeiv             | Haiz Waac caux Gorngv Waac Kang                                                                                                                                                                                                                                                                          |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>3 mingh 6 Hlaax</b>   | <ul style="list-style-type: none"> <li>» Hlioux m'zing mingh haiz qiex wuov bung, waac, ga'naaiv-longc nyei qiex, juv njungx</li> <li>» Jiex gorn zoux hnangv gorngv waac nyei qiex, "gaa", "uh," "mbaa" caux p, mb, m nyei qiex</li> <li>» Dongz sin yiem haiz waac fai qiex nyei ziangh hoc</li> </ul> |
| <b>6 mingh 9 Hlaax</b>   | <ul style="list-style-type: none"> <li>» Dau nzuonx yiem haiz ganh nyei mbuox caux huin hmien mangc</li> <li>» Bieqc hnyouv jioux baac hungh heic nyei waac, "maiv zeiz," "mbaai-mbaai", "biouv-wuom"</li> <li>» Njiouv nzuih, "ndaa, ndaa, ndaa," "maa, maa, maa," "mbaa, mbaa, mbaa"</li> </ul>        |
| <b>9 mingh 12 Hlaax</b>  | <ul style="list-style-type: none"> <li>» Dau nzuonx yiem sienc caux beqv nyei qiex</li> <li>» Nzamc yietc jioux waac caux zuotv saengh kuv nyei qiex</li> <li>» Haaix zanc naaic taux, haiz nuqv oix nyei ga'nyaaiv-longc a'fai ga'naaiv-nyanc</li> </ul>                                                |
| <b>12 mingh 18 Hlaax</b> | <ul style="list-style-type: none"> <li>» Haih gorngv gauh camv 10 jioux waac</li> <li>» Haih zoux ei gorngv liangv nyei waac, "zorqv mban"</li> <li>» Haaix zanc heuc, haih nuqv mienh, buonh sin a'fai ga'naaiv-longc</li> <li>» Dongz ei lorz-nzox</li> </ul>                                          |
| <b>18 mingh 24 Hlaax</b> | <ul style="list-style-type: none"> <li>» Haih longc gauh camv 20 jioux waac</li> <li>» Gapv zunv gauh camv 2 jioux waac, "jaa camv," "haaix nyungc?"</li> <li>» Haih longc camv-norm nzangc-maac nyei qiex jiex gorn, mb, g, m</li> <li>» Muangx nangv caux hungh heic nyei gouv caux nzung</li> </ul>   |

| Hnyangx-Jeiv             | Haiz Waac caux Gorngv Waac Kang                                                                                                                                                                                                                                                                                                                          |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>2 mingh 3 Hnyangx</b> | <ul style="list-style-type: none"> <li>» Longc 2-3 jioux waac nyei waac-liouz.</li> <li>» Buangv 2 hnyangx, mienh camv haih bieqc hnyouv fu'jueiv gorngv nyei waac (25%-50%)</li> <li>» Buangv 3 hnyangx, mienh camv haih bieqc hnyouv fu'jueiv gorngv nyei waac (50%-75%)</li> <li>» Ei l kang yietv-nyeic, "zorqv mban daaih an jienv dieh"</li> </ul> |

### Haiz waac nyei jauv haaix zanc zaah yaac duqv.

California Siang-Cuotv Seix Zaah Haiz Waac Gorn nyei mouz deic se zaah mangc gu'nguaaz muangx waac maiv haiz caux tengx ninh mbuo duqv zipv tengx yiem biau juqv hlaax. Gorn zaangc maaih Haiz Waac Liuc Leiz Gorn dongh zoux gong caux hmuangv doic, zorc baengc mienh caux ndie-biau taux fu'jueiv haih duqv zipv tengx qiemx zuqc nyei jauv.

Siang-Cuotv Seix Zaah Haiz Waac Gorn siou sou-gorn taux meih gu'nguaaz haiz waac nyei zaah ei Ginc 124119 yiem Baengc caux Zoux Horpc Leiz. Haiz Waac Liuc Leiz Gorn haih longc naaiv deix sou-gorn tengx meih caux meih nyei gu'nguaaz zimh lorz qiemx zuqc nyei jauv. Haih benx duqv nyei taux Haiz Waac Liuc Leiz Gorn haih jiu tong caux meih taux duqv zipv tengx nyei jauv.

### Weic maaih camv nyei waac-fienx:

- » Maiv Zuqc Cingv nyei Heuc 1-877-388-5301 a'fai bieqc mangc yiem website [www.dhcs.ca.gov/services/nhsp](http://www.dhcs.ca.gov/services/nhsp)