

# KEV THOV LUB ROOJ SIBTHAM LOS MLOOG OB TOG COV LUS

## Vim li cas kuv tus menyuam thiaj li xav tau kev tshuaj ntsuam xyuas qhov hnov lus?

Ntau tus menyuam mos yuav tsum rov kuaj dua. Koj tus menyuam TSIS TAS yuav hnov lus tsis zoo, tab sis nws yog ib qho tseem ceeb heev uas koj yuav tsum ua kom tag nrho cov sij hawm teem tseg.

Nws tsis yog ib txwm ua tau kom tau txais qhov zoo thawj qhov screen. Muaj ntau yam uas tuaj yeem cuam tshuam nrog kev kuaj lub rooj sib hais. Piv txwv li, suab nrov hauv chav tsev, tus menyuam mos liab, lossis cov kua dej lossis cov khib nyiab hauv pob ntseg tom qab yug menyuam.

Txhua tus menyuam mos uas tau muaj Neonatal Intensive Care Unit (NICU) nyob thiab txhua tus menyuam mos tau kuaj xyuas siv ABR ua ntej, yuav tsum tau tshuaj xyuas / rov tshuaj xyuas siv ABR.

Nws yog qhov zoo tshaj rau rov tshuaj xyuas tus menyuam nyob nruab nrab ntawm ib lub lis piam thiab ib hlis ntawm hnuv nyoog. Lub tsev kho mob yuav teem sij hawm rov tshuaj ntsuam xyuas rau koj. Lub sijhawm no, California Newborn Hearing Screening Program's Hearing Coordination Center (HCC) muaj los pab koj thiab koj tus menyuam kom tau txais cov kev pabcuam uas koj xav tau.

## Koj Tus Menyuam Lub Teem Caij Rov Ntsuam Xyuas

**Tus Me Nyuam Lub Npe:** \_\_\_\_\_

**Hnuv tim:** \_\_\_\_\_ **Lub Sijhawm:** \_\_\_\_\_

**Qhov chaw:** \_\_\_\_\_

**Hu rau tus xov tooj:** \_\_\_\_\_

*Thov hu rau yog tias koj xav tau tshem tawm / rov teem caij koj lub sijhawm teem tseg.*



## **Nws yog ib qho tseem ceeb uas yuav tsum khaws qhov Kev teem caij rov ua dua**

Qhov rov tshuaj ntsuam xyuas yog ib kauj ruam hauv kev saib xyuas koj tus menyuam qhov hnov lus, hais lus thiab kev kawm lus. Tsis hnov lus tuaj yeem pom tsis tau. Tam sim no, thev naus laus zis ua rau nws tuaj yeem tshawb pom qhov tsis hnov lus nyob rau hauv thaum ntxov ntawm tus menyuam lub neej.

Thawj lub hlis thiab xyoo ntawm tus me nyuam lub neej tseem ceeb heev rau kev txhim kho kev sib txuas lus. Tus me nyuam uas tsis hnov lus los yog lag ntseg yuav nyuaj rau kev txhim kho kev txawj lus ib txwm los yog yuav ua tsis tau zoo hauv tsev kawm ntawv. Qhov no yog vim li cas nws yog ib qho tseem ceeb los txheeb xyuas qhov poob thaum ntxov thiab muab kev pabcuam tshwj xeeb rau tus menyuam thiab tsev neeg.

## **Yuav Ua Li Cas Kuv Tus Menyuam Qhov Hnov Lus Yuav Rov Ntsuam Xyuas?**

Kev tshuaj ntsuam xyuas dua yuav zoo ib yam li thawj zaug kuaj koj tus menyuam hauv tsev kho mob. Qhov kev tshuaj ntsuam yuav siv li ob peb nas thiv xwb, feem ntau yuav yog thaum koj tus menyuam tsaug zog. Cov suab mos yuav raug ntaus los ntawm lub pob ntseg tshwj xeeb tsim rau cov menyuam mos. Koj tus menyuam cov lus teb rau lub suab yuav raug ntsuas los ntawm Otoacoustic Emissions (OAE) lossis Auditory Brainstem Responses (ABR).

## **Koj Yuav Ua Li Cas Kom Npaj Rau Me Nyuam Qhov Hnov Lus Rov Ntsuam Xyuas**

Nws yuav pab tau yog tias koj tus menyuam tsaug zog thaum kuaj. Qee cov lus qhia los pab npaj koj tus menyuam rau kev rov kuaj lub rooj sib hais muaj xws li:

- » Sim tsis txhob cia koj tus menyuam pw ua ntej lub sijhawm teem tseg.
- » Pub mis rau koj tus menyuam ua ntej kuaj yuav pab kom lawv tsaug zog
- » Nqa ib daim pam, daim pawm ntxiv, hloov khaub ncaws, thiab cov mis ntxiv, yog siv.

## Leej Twg Them Nyiaj Rau Kev Rov Ntsuam Xyuas Dua?

Kev tuav pov hwm feem ntau them rau tus nqi ntawm Kev Tshuaj Ntsuam Xyuas Me Nyuam Me Nyuam Hnov Lus. Medi-Cal yuav them rau kev kuaj xyuas cov menyuam mos uas tsim nyog.

## Yuav Ua Li Cas Tom Qab Rov Ntsuam Xyuas

Koj thiab koj tus menyuam tus kws kho mob lossis tus kws kho mob yuav tau txais cov txiaj ntsig ntawm kev tshuaj ntsuam xyuas lub rooj sib hais dua. Tej zaum koj tus menyuam yuav dhau qhov kev tshuaj ntsuam rov qab. Ob peb tus menyuam mos yuav xav tau kev ntsuas qhov hnov lus kom tiav. Yog tias thaum lub sijhawm rov tshuaj ntsuam xyuas nws tau txiaj txim siab tias koj tus menyuam xav tau kev soj ntsuam lub rooj sib hais, tus neeg ua rov tshuaj ntsuam xyuas yuav teem caij ntsuas rau koj lossis xa koj mus rau lwm tus kws kho mob.

Nws yog ib qho tseem ceeb uas yuav tau ua tib zoo saib xyuas koj tus menyuam cov lus thiab kev hais lus li cas. Cov ntaub ntawv "Hnub Hnov thiab Hais Lus los ntawm Hnub Nyooog" hauv phau ntawv qhia no qhia qee yam ntawm cov menyuam mos feem ntau yuav ua thaum muaj hnub nyooog sib txawv.

## Hnov thiab hais lus theem raws hnub nyooog

| Hnub nyooog                 | Hnov thiab hais lus theem                                                                                                                                                                                                                                                           |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Yug rau 3 Lub Hlis</b>   | <ul style="list-style-type: none"><li>» Nyob ntsiag to rau cov suab uas paub los yog suab</li><li>» Ua rau lub suab nrov, tus me nyuam pib tsaug zog, tsa muag, nres nqus, quaj, los yog sawv.</li><li>» Ua suab nrov thaum tsaug zog, tus me nyuam ua suab mos ab</li></ul>        |
| <b>3 mus rau 6 lub hlis</b> | <ul style="list-style-type: none"><li>» Tig ob lub qhov muag los yog lub taub hau mus rau lub suab, suab, suab nrov ua cov khoom ua si, aub to</li><li>» Pib hais lus zoo li suab, "ga," "ooh," "ba" thiab p, b, m suab</li><li>» ua rau kev hloov hauv koj lub suab nrov</li></ul> |

| Hnub nyoog                    | Hnov thiab hais lus theem                                                                                                                                                                                                                                                                                                                                                           |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>6 rau 9 muaj</b>           | <ul style="list-style-type: none"> <li>» Teb rau tus kheej lub npe thiab zoo li thaum hu</li> <li>» Nkag siab cov lus yooj yooj yim, "tsis yog," "bye-bye", "kua txiv"</li> <li>» Ua suab, "da da da," "ma ma ma," "ba ba ba"</li> </ul>                                                                                                                                            |
| <b>9 mus rau 12 lub hlis</b>  | <ul style="list-style-type: none"> <li>» Teb rau ob lub suab nrov lossis suab nrov</li> <li>» Rov hais dua ib lo lus thiab xyaum cov suab tsiaj</li> <li>» Cov ntsiab lus rau cov khoom ua si nyiam lossis khoom noj thaum nug</li> </ul>                                                                                                                                           |
| <b>12 txog 18 Lub Hlis</b>    | <ul style="list-style-type: none"> <li>» Siv 10 lo lus lossis ntau dua</li> <li>» Ua raws li cov lus qhia yooj yim, "tau pob"</li> <li>» Cov ntsiab lus rau tib neeg, lub cev lossis cov khoom ua si thaum nug</li> <li>» Bounces rau suab paj nruag</li> </ul>                                                                                                                     |
| <b>18 mus rau 24 lub hlis</b> | <ul style="list-style-type: none"> <li>» Siv 20 lo lus lossis ntau dua</li> <li>» Muab 2 lo lus los yog ntau dua, "ntau kua txiv," "dab tsi?"</li> <li>» Siv ntau lub suab sib txawv thaum pib ntawm cov lus, b, g, m</li> <li>» Mloog cov dab neeg thiab nkauj yooj yim</li> </ul>                                                                                                 |
| <b>2 mus rau 3 xyoos</b>      | <ul style="list-style-type: none"> <li>» Siv 2-3 lo lus kab lus</li> <li>» Thaum 2 xyoos, tib neeg tuaj yeem nkag siab qhov tus menyuam hais qee lub sijhawm (25%-50%)</li> <li>» Thaum 3 xyoos, tib neeg tuaj yeem nkag siab qhov tus menyuam hais feem ntau (50%-75%)</li> <li>» Ua raws li cov lus qhia ob kauj ruam, "tau lub pob thiab muab tso rau ntawm lub rooj"</li> </ul> |

*Yog tias koj muaj kev txhawj xeeb txog koj tus menyuam qhov kev hnov lus, hu rau tus menyuam tus kws kho mob lossis tus kws kho mob.*

Lub hom phiaj ntawm California Qhov Kev Tshawb Fawb Txog Kev Hnov Lus Me Nyuam Tshiab yog txhawm rau txheeb xyuas cov menyuam mos uas tsis hnov lus thiab txuas lawv nrog cov kev pabcuam thaum muaj hnuv nyoog rau lub hlis. Qhov kev zov me nyuam muaj Cov Chaw Sib Koom Tes Sib Tham uas ua haujlwm nrog cov tsev neeg, cov kws kho mob, thiab tsev kho mob kom paub tseeb tias cov menyuam tau txais kev pabcuam xav tau.

Qhov Kev Ntsuam Xyuas Kev Hnov Lus Me Nyuam Tshiab sau cov ntaub ntawv hais txog koj tus menyuam lub rooj sib hais raws li Tshooj 124119 ntawm Txoj Cai Kev Noj Qab Haus Huv thiab Kev Nyab Xeeb. Lub Chaw Pabcuam Kev Sib Tham yuav siv cov ntaub ntawv no los pab koj thiab koj tus menyuam kom tau txais kev pabcuam uas koj xav tau. Nws muaj peev xwm hais tias Lub Tsev Haujlwm Saib Xyuas Kev Hnov Lus tuaj yeem tiv tauj koj txog cov kev pabcuam taug qab.

**Yog xav paub ntxiv:**

- » Hu rau tus xov tooj hu dawb 1-877-388-5301
- » los yog mus ntsib peb ntawm lub vev xaib ntawm [www.dhcs.ca.gov/services/nhsp](http://www.dhcs.ca.gov/services/nhsp)