# Medi-Cal Children's Health Advisory Panel (MCHAP) Meeting September 9, 2021





# Webinar Tips

»Please use <u>either</u> computer <u>or</u> phone for audio connection

»Please mute your line when not speaking.

»For questions or comments, email:

MCHAP@dhcs.ca.gov.

#### **Director's Update**



#### Medi-Cal Rx Update



### **Pharmacy Outreach and Education**

- » 93% (6,026) of qualified pharmacies are enrolled in Medi-Cal.
- » DHCS Provider Enrollment Division reached out to encourage the other 7% to enroll.
- » Magellan is contacting those pharmacies through December 31 to understand and overcome remaining enrollment barriers.
- » Magellan is refreshing training tools and methods while also driving web portal enrollments (initial enrollments = 1,078).
- » Magellan is partnering with professional associations and employing their outreach/education channels.
- » Pharmacy education starts in September, runs through December, and is purposely adjacent to the January 1, 2022, launch of Medi-Cal Rx.

#### **Prescriber Outreach and Education**

- » Prescriber interest and engagement has been low during the transition period. (initial web portal enrollment = 1,078)
- » Magellan is refreshing their outreach and education strategies by:
  - » Reaching out to professional associations and managed care plans (MCPs) to characterize their prescribers and discover targeted needs and communication channels.
  - » Readying new outreach and education strategies to engage prescribers in a more targeted manner.
- » Prescriber outreach and education starts in September, runs through December, and is purposely adjacent to the January 1, 2022, launch of Medi-Cal Rx.

#### **COVID-19 Update**



#### Received at least one dose as of August 22, 2021 Percentage of 12+ years old, by county

#### **All Californians Medi-Cal Beneficiaries** Medi-Cal Recipients Statewide Recipients 0.0 - 30.0% 0.0 - 30.0% 30.1 - 45.0% 30.1 - 45.0% 45.1 - 55.0% 45.1 - 55.0% 55.1 - 70.0% 55.1 - 70.0% 70.1 - 100% 70.1 - 100%

Note: Medi-Cal beneficiaries are a subset of all Californians. Slides are updated regularly and are available on <u>DHCS' COVID-19 response page</u>.

#### California Advancing and Innovating Medi-Cal (CalAIM), 1115 and 1915(b) waiver processes updates



#### CalAIM Behavioral Health Initiatives Timeline Update

Policy	Go-Live Date
Changes to eligibility criteria for SMHS	January 2022
DMC-ODS 2022-2026	January 2022
Documentation redesign for SUD & SMHS	July 2022
Co-occurring treatment	July 2022
No Wrong Door	July 2022
Standard screening & transition tools	January 2023
Payment reform	July 2023

# Health Equity Roadmap

#### Quality and Population Health Management



#### **Health Equity Domains**



#### **Planned Activities**

- » Assess recommendations from Sellers Dorsey report in light of conceptual framework.
- » Identify areas of overlap and alignment with existing DHCS efforts, including:
  - » CalAIM
  - » National Committee for Quality Assurance Health Equity requirements
  - » New benefits, including doulas and community health workers
  - » Redesign of cultural competence plans for county mental health plans and Community Mental Health Equity Project
- » With stakeholder engagement, identify gaps in existing efforts and create strategies to address them to further inform the Health Equity Roadmap.

#### **Addressing Equity in COVID-19 Vaccinations**

- » Coordination and collaboration with key partners
  - » California Department of Public Health
  - » California Medical Association and California Primary Care Association
  - » California Association of Public Hospitals and health systems
- » Multi-pronged strategy with managed care and home and communitybased waiver programs to address vaccination disparities
- » Biweekly data published on the <u>DHCS COVID-19 webpage</u>.

#### Medi-Cal COVID-19 Vaccination Incentive Program

- » Designed to close the gap between Medi-Cal member vaccination rates and state averages, especially among communities of color, homebound populations, adults with multiple chronic conditions, and youth returning to school.
- » \$350 million for the incentive period of September 1, 2021, through February 2022 for most managed care plans (MCPs).
  - » \$100 million for beneficiary gift cards (\$50/beneficiary)
  - » \$250 million process and outcome measures for addressing vaccination

#### Comparing Medi-Cal Beneficiaries to all Californians Received at least one dose as of August 22, 2021



#### Comparing Medi-Cal Beneficiaries to all Californians Received at least one dose as of August 22, 2021



#### COVID-19 Vaccination Status as of August 22, 2021 CA vs. Medi-Cal - by Community Conditions

#### **All Californians**

#### **Medi-Cal Beneficiaries**



#### Addressing Equity in the Medi-Cal MCP Procurement

- » Required MCPs to have a Health Equity Officer and Quality Improvement & Health Equity Committee.
- » Broadened "Cultural Competency Training" to address health equity concepts and renamed as "Diversity, Equity and Inclusion Training".
- » Updated annual "Quality Improvement Annual Report" and "External Quality Review" to include health equity activities and findings.
- » Required MCPs to have policies and procedures for data sharing with third-party entities and county programs for bidirectional exchange of member information and data.
- » Required MCPs to have an infrastructure in place to coordinate with health and social services to provide members with the appropriate level of case management across the continuum of care.

# **Addressing Equity in Medi-Cal Benefits**

»Postpartum expansion: Full-scope benefits available for 12 months postpartum

»New benefits to promote better health

»New benefits to improve patient care

#### **New Benefits for 2022**

#### »New benefits to promote better health:

- » Community Health Worker (CHW) Services
- » Asthma Prevention Services
- » Doula Services

»Benefits will be available in managed care and fee-for-service.

#### New Benefits for 2022 (continued)

- »Adding new benefits under the "Preventive Services" option.
- »Stakeholder feedback will inform development of the benefits.
- »Stakeholder processes will be ongoing in fall 2021.

#### New Benefits for 2022 (continued)

»New benefits to improve patient care: »Remote patient monitoring »Continuous Glucose Monitors for Type I diabetes

»Benefits will improve monitoring of chronic conditions.

# Discussion



#### **Children and Youth Behavioral Health Initiative**

Jacey Cooper, State Medicaid Director, Chief Deputy Director

#### Goal

» Transform California's children and youth behavioral health (BH) system into a world-class, innovative, <u>up-stream focused</u>, ecosystem where ALL children and young adults are routinely screened, supported, and served for emerging behavioral health needs.

# **Children and Youth BH Initiative**

- » ALL of Californian's children and youth will receive early and routine, evidence-based, culturally responsive, equity-focused behavioral health screenings.
- » More than \$4 billion in total funds invested over the next five years.
- » Those with service needs receive access to readily available virtual and interactive tools.
- » When virtual tools are not enough, timely services are made available through telehealth and in person.
- » The program will be statewide for ALL children and youth, regardless of insurance type or status.

# Why?

- » Early Intervention: Serving young people and doing it well pays off.
  - » Half of all lifetime cases of diagnosable mental illnesses begin by age 14
  - » Three-fourths of all lifetime cases of diagnosable mental illness begin by age 25
- » State's children's BH system is inadequate to meet current needs.
  - » Too little focus on prevention
  - » Too few programs
  - » Too few BH professionals
  - » Too few crisis and emergency services
  - » Too few acute care services and beds
- » The most glaring BH challenges are borne inequitably by communities of color, low-income communities, LGBTQ+ communities, and in places where adverse childhood experiences (ACEs) are widespread.

#### **COVID Intensified Need to Address** Inadequacies

- » Children's BH-related emergency department visits increased significantly due to COVID-19.
- » A Kaiser Family Foundation report found that of Americans between ages 18-24:
  - » 56% reported symptoms of anxiety and depression
  - » 25% described an increase or onset of substance use
  - » 26% reported serious thoughts of suicide
- » Children's BH conditions are anticipated to grow and intensify due to the pandemic, including untreated anxiety, depression, psychosis, and new substance use disorders.

### **Key components**

- » BH Service Virtual Platform and e-consult
  - » Direct service and CBO network
  - » Defined list of services and fee schedule
- » Training for pediatric, primary care, and other health care providers
- » School BH capacity grants to expand services and programs
- » BH evidence-based programs: spread and scale
- » BH continuum of care infrastructure
- » Dyadic care (integrating BH and medical services)
- » Expanding BH workforce capacity
- » Public education and change campaign

#### **Key Components: Virtual Services Platform**

- » Multi-year development: first year focused on research, planning, and convening subject matter experts and stakeholders.
- » A **new statewide virtual platform:** screening, tools and supports, and initial care for ALL young people through age 25 and their caregivers.
  - » Portal is a **universal point of entry**
  - » **Tiered model:** most effective, least resource-intensive treatment is delivered first and then referrals to plans for higher level of services.
  - » Statewide eConsult/eReferral service to allow primary care pediatric and family practice providers to receive asynchronous support and consultation to better manage BH conditions.
  - » **Navigation tools** to guide step-by-step access to help regardless of pay source, support locating available services and supports.

# Key components: Programs and workforce

- » Evidence-based practices: Support scale and spread of interventions proven to improve outcomes for children and youth with or at high risk for BH conditions
- » School behavioral health capacity grants: Support to build and expand behavioral health services in schools through health plans, counties, community-based organizations, providers.
- » **Workforce:** Expand available workforce to include new school BH counselors and coaches, and build new training opportunities and pipelines for other BH professionals.

# **Key Components (continued)**

- » Build new mental health and SUD infrastructure: beds and facilities: includes social model and residential settings, crisis stabilization and crisis residential services in a home-like settings, Wellness Centers and services for children and youth.
- » Implement dyadic services in Medi-Cal: integrating BH screening and services into medical care.
- » Statewide **education and awareness campaign** to raise the BH literacy of all Californians to normalize and support prevention and early intervention. Develop a public awareness campaign on ACEs and toxic stress.
- » Initiative-wide independent **evaluator** for all program components to identify best and innovative practices and inform future policy and program work.

#### Addressing Behavioral Health for ALL California's Children and Youth is Vital to California's Recovery

# Questions and discussion



# Behavioral Health and Medi-Cal in Schools

Daniel Lee, Psy.D, CSP Deputy Superintendent of Equity

CALIFORNIA DEPARTMENT OF EDUCATION Tony Thurmond, State Superintendent of Public Instruction

#### **School-Based Services**

- Schools are essential to systemically address the social, emotional, and behavioral health needs of children.
- There is a growing body of research proving that social and emotional learning (SEL) is fundamental to academic success.
- The provision of physical and mental health services, as well as integrated care interventions, is critical to pursuing equity and supporting vulnerable student populations.
### Implementation Challenges for School-Based Behavioral Health

- Siloed health and education systems
- Differing terminology and service eligibility thresholds
- Different staffing structures for service providers (e.g., licensing/credentialing requirements)
- Complexity of Medicaid requirements and audit risk
- Lack of available resources, technical assistance, and model programs

## Building Equitable Child Serving Systems

- Whole child approach to wellness and education by improving child serving systems to maximize partnerships and integrate services.
- Several recent statewide initiatives seek to incentivize cross-agency collaboration, overcome implementation challenges, and leverage available funding (including Medi-Cal).

#### California's Children and Youth Behavioral Health Initiative

- More than \$3 billion over the next few years to transform California's behavioral health system for children into an innovative and prevention-focused system.
- The initiative includes school-linked partnership, capacity, and infrastructure grants to support behavioral health services in schools and school-linked settings.

#### Mental Health Student Services Act of 2019

- The 2019 Budget provided \$75 million to establish additional mental health partnerships between county mental health or behavioral health departments and local education entities.
- Incentivizes partnerships between behavioral health departments and education entities to increase access to mental health services in locations that are easily accessible to students and their families.
- Grants administered by the Mental Health Services Oversight and Accountability Commission

### **Community Schools Partnership Act**

- The Budget provided \$2.8 billion for the California Department of Education (CDE) to administer the California Community Schools Partnership Act.
- Funding will serve to expand the statewide infrastructure to support community schools, which partner with families and communities to meet students' health, academic, and social emotional needs.
- Community schools offer integrated health, mental health, and social services alongside high-quality, supportive instruction.

### Senate Bill 75 (Chapter 51, Statutes of 2019)

- Charged the CDE, in collaboration with the California Department of Health Care Services (DHCS), to convene a work group to identify barriers to local educational agency (LEA) access to federal Medicaid reimbursement for student health services and recommend improvements.
- Work began in early 2020 with an interim report published in October 2020.
- Final report with recommendations is due to the Legislature and Department of Finance on October 1, 2021.

### Senate Bill 75: Preliminary Recommendations

Preliminary workgroup recommendations addressed:

- Increased state agency collaboration
- Increased training and guidance for local agencies
- Establishing school-based demonstration sites
- Increased audit support for school-based Medi-Cal programs
- Student access to preventive services

#### 2021 Budget: Office of School-Based Health

Establishes an office of school-based health at the CDE:

- The office will assist LEAs with information on, and participation in, several school-based health and Medi-Cal programs.
- The office will advise on opportunities for effective coordination between health and education systems to advance school-based health programs, and on strategies to leverage school-based Medi-Cal programs.
- The office will include a state school nurse consultant.

## 2021 Budget: School Health Demonstration Project

- Provided \$5 million for a pilot project to expand comprehensive health and mental health services to public school pupils.
- Provide training and technical assistance on the requirements for health care provider participation in the Medi-Cal Program to enable LEAs to participate in, contract with, and conduct billing and claiming in the Medi-Cal Program.
- Three organizations will be selected to serve as technical assistance teams for purposes of the pilot project.

## 2021 Budget: Medi-Cal Billing Guidance

- Provided \$250,000 for an LEA to offer guidance around Medi-Cal billing and increase capacity of LEAs to successfully submit claims through the Local Educational Agency Medi-Cal Billing Option Program (LEABOP).
- Provided the CDE a position to serve as a Medi-Cal billing coordinator and liaison to the DHCS.

### California Department of Education Initiatives

The CDE is currently expanding its capacity for bringing whole child supports to students in additional ways:

- Promoting Transformative SEL competencies
- Universal Transitional Kindergarten
- Expanded Learning
- Increased access to and quality of school meals

#### **Contact Information**

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# Thank you



## Member Updates and Follow-Up



## **Public Comment**



## **Upcoming Meeting and Next Steps**

