

# Medi-Cal Managed Care Cov Kev Kho los sis Nyiaj Pab Nyob Hauv Lub Ib Hlis 2023 Rau Cov Neeg Uas Lawv Yeej Muaj Cai Tau Ob Yam Kev Pab (Medi-Medi)



Thaum Lub Ib Hlis Tim 1, 2023, kev pab them nqi kho mob ntawm Medi-Cal nyob hauv ib cov nroog yuav hloov ntawm Fee-For-Service (FFS) Medi-Cal mus rau Medi-Cal Managed Care. Peb yuav muab cov ntawm ceeb toom xa tawm rau thaum lub Kaum Ib Hlis tim 1 thiab Lub Kaum Ob Hlis tim 1, 2022. **Cov nyiaj uas Medicare muab rau koj thiab koj cov kws kho mob los sis cov chaw kho mob yuav tsis.**

Rau cov neeg uas muaj Medicare thiab Medi-Cal tib si, kev pab them nqi kho mob ntawm Medi-Cal yuav hloov mus ua kev pab cuam Medi-Cal uas muaj tswj cov kev kho (Medi-Cal managed care) nyob hauv cov nroog uas tau muab teev tseg rau nram qab no. Nyob hauv tag nrho lwm cov nroog, lub xeev twb siv cov kev faj seeb rau kev kho mob hauv qhov kev pab cuam Medi-Cal uas muaj kev tswj cov kev kho (Medi-Cal managed care) coj los muab Medi-Cal rau cov pej xeem siv lawm uas yog cov nroog hauv qab no:

Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, El Dorado, Fresno, Glenn, Imperial, Inyo, Kern, Kings, Madera, Mariposa, Mono, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, Sierra, Stanislaus, Sutter, Tehama, Tuolumne, Tulare, thiab Nroog Yuba.

## Kev muab npe siv ib Qhov Kev Faj Seeb Rau Kev Kho Mob Nyob Hauv Medi-Cal Managed Care Yuav Tsis Pauv Cov Nyiaj los sis Kev Kho Mob Uas Medicare Muaj Rau Koj Siv

Cov nyiaj los sis kev kho mob uas Medicare muaj rau koj siv yuav tsis pauv tom qab koj mus siv Medi-Cal qhov kev faj seeb rau kev kho mob. Kev siv Medi-Cal ib qhov kev faj seeb rau kev kho yeej yuav tsis muaj dab tsi cuam tshuam cov kws kho mob los sis chaw kho mob uas Medicare muaj rau koj siv los sis kev xaiv ib qhov kev faj seeb nyob hauv Medicare Advantage los sis qhov kev pab cuam Medicare Uas Muaj Thaum Xub Thawj (Original Medicare) li. Cov kws kho mob los sis chaw kho mob

uas Medicare muaj yeej tsis tag yuav yog cov uas muaj ntawv cog lus nrog Medi-Cal es lawv thiaj li yuav kho tau koj mus ntxiv. Koj yeej tseem mus ntsib tau cov kws kho mob los sis mus siv tau cov chaw kho mob uas Medicare muaj rau koj siv thiab yeej tseem mus kho tau mob nyob ntawm cov tsev kho mob uas koj yeej ib txwm mus ntsib cov kws kho mob uas Medicare muaj.

## **Kev Xaiv Medi-Cal Managed Care Ib Qhov Kev Faj Seeb Rau Kev Kho**

Cov kev faj seeb rau kev kho mob uas Medi-Cal muaj rau koj xaiv yeej yog nyob ntawm saib koj nyob lub nroog twg, thiab saib puas yog koj siv Medicare Advantage ib qhov kev faj seeb rau kev kho mob. Mus kawm kom paub ntxiv txog cov kev faj seeb uas muaj rau koj xaiv nyob ntawm [Health Care Options \(HCO\)](#) los sis hu xov tooj mus rau 1-800-430-2022.

## **Medi-Cal Managed Care Ib Qhov Kev Faj Seeb Rau Kev Kho Mob yog dab tsi?**

Medi-Cal ib qhov kev faj seeb yog ib qhov kev faj seeb rau kev kho uas saib xyuas tag nrho cov nyiaj los sis kev kho mob uas Medi-Cal muaj rau koj siv. Koj qhov kev faj seeb Medi-Cal yeej muab tau nyiaj los sis pub koj mus siv tau ib cov kev kho mob ntxiv nrog rau cov uas Medicare muab rau koj los sis pub koj siv tau. Cov nyiaj los sis kev kho ntawm no yog muaj:

- Kev saib xyuas Cov Kev Pab Cuam thiab Cov Kev Txhawb Nqa Mus sij Hawm Ntev (Long-Term Services and Supports) uas koj siv los yog xav tau
- Kev thauj mus thiab los ntawm cov kev teem caij mus kho mob
- Cov khoom kho mob tshwj xeeb thiab cov khoom siv coj los pab kom koj nyob tau nyab xeeb hauv koj lub tsev
- Txhim Kho Kev Tswj Hwm Kev Saib Xyuas Kho Mob (Enhanced Care Management) thiab Cov Kev Pab Txhawb Nqa Hauv Zej Zog (Community Supports) coj los pab kom koj nyob tau nyab xeeb hauv koj lub tsev

Tom qab muaj npe mus siv Medi-Cal ib qhov kev faj seeb rau kev kho mob lawm, tej zaum koj tseem yuav tau txais tej cov kev pab cuam Medi-Cal los ntawm lwm lub koom haum, suav nrog rau:

- In-Home Supportive Services (IHSS)
- Cov kev pab rau kev kho neeg txoj kev xav thiab siv yeeb siv tshuaj
- Medi-Cal cov kev pab Kho Hniav
- Cov kev pab uas lub chaw Regional Center muaj
- Cov kev pab feem ntau rau Medi-Cal txoj kev yuav tshuaj

## **Kev Muab Npe Mus Siv Medi-Cal Managed Care Ib Qhov Kev Faj Seeb Rau Kev Kho Mob Yuav TSIS Pauv Cov Kev Pab Uas IHSS Muaj Rau Koj Siv Ios sis Lwm Cov Kev Pab**

Cov nyiaj pab los sis kev kho mob uas Medi-Cal muaj nyob nram qab yuav tsis pauv thaum koj muab npe siv Medi-Cal ib qhov kev faj seeb rau kev kho mob lawm:

- In-Home Supportive Services (IHSS)
- Community-Based Adult Services (CBAS)
- Multipurpose Senior Services Program (MSSP)
- Cov kev pab cuam hauv tsev laus

## **Lwm Cov Chaw Uas Muaj Kev Pab Ntxiv**

- Yog xav paub ntxiv txog cov kev faj seeb rau kev kho mob uas Medi-Cal muaj rau neeg xaiv nyob hauv koj lub nroog, mus saib ntawm [Health Care Options](#) los yog hu xov tooj rau 1-800-430-2022
- Yog xav tau kev tawm tswy yim hais txog cov kev faj seeb rau kev kho mob uas Medicare muaj, nug mus rau Health Insurance Counseling and Advocacy Program (HICAP): 1-800-434-0222
- Yog xav tau kev pab hais txog ib qhov teeb meem uas koj qhov kev faj seeb rau kev kho mob tseem daws tsis tau tag, hu rau Medicare Medi-Cal Ombudsman: 1-855-501-3077
- Yog xav paub ntxiv txog txoj kev pauv ntawm Medi-Cal managed care, thov mus xyuas ntawm lub vas sab ntawm no uas yog nyob ntawm California Department of Health Care Services: [Statewide Medi-Cal Managed Care Enrollment for Dual Eligible Beneficiaries](#)