



Department of
Health Care Services



Adolescent Healthcare in Medi-Cal Managed Care

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Outline

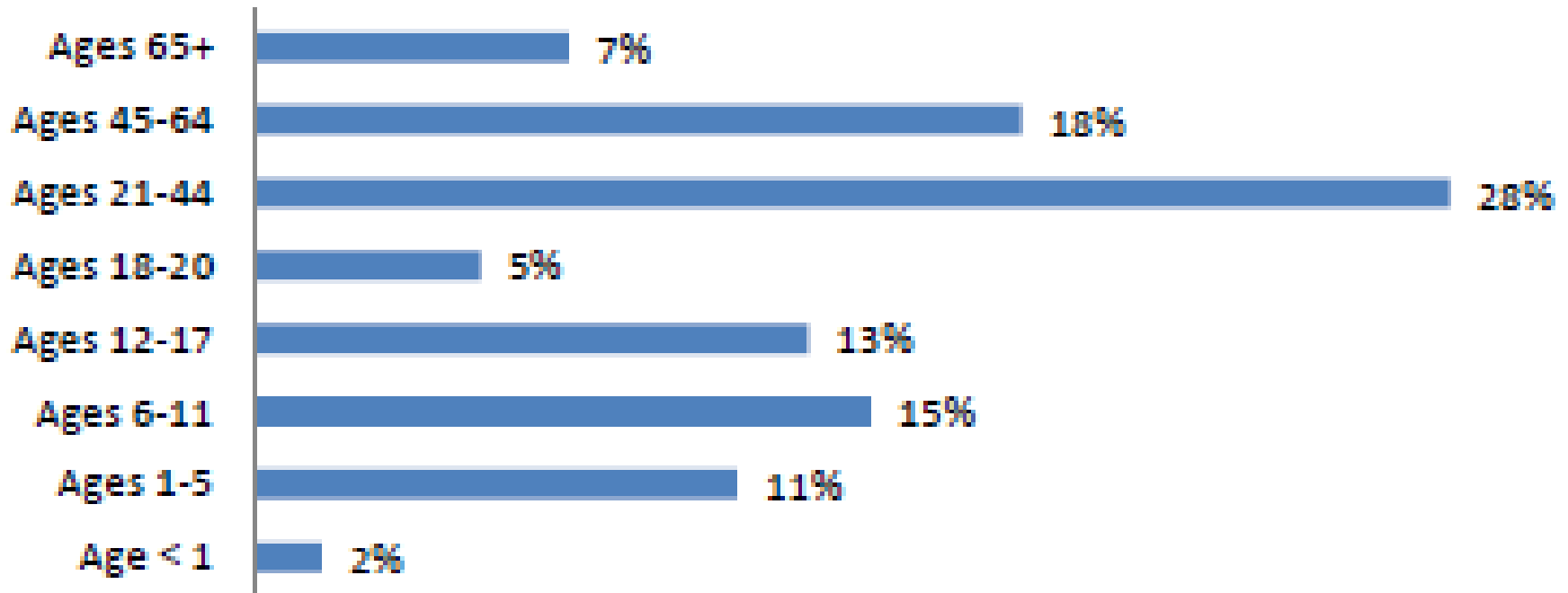
- Overview of Children and Adolescents Served by Managed Care
- Monitoring Care for Children and Adolescents
- Promising Strategies and Opportunities to Improve Quality of Care for Children and Adolescents

Who Managed Care Serves

- As of December 2016
 - Medi-Cal served 13.5 million beneficiaries
 - 10.8 million of those beneficiaries are in a Medi-Cal managed care health plan (MCP)
 - About 1.6 million of these managed care beneficiaries are categorized as Seniors and Persons with Disabilities (SPDs)
 - Beneficiaries between the ages of 0 to 18 years old make up 20% of the SPD population

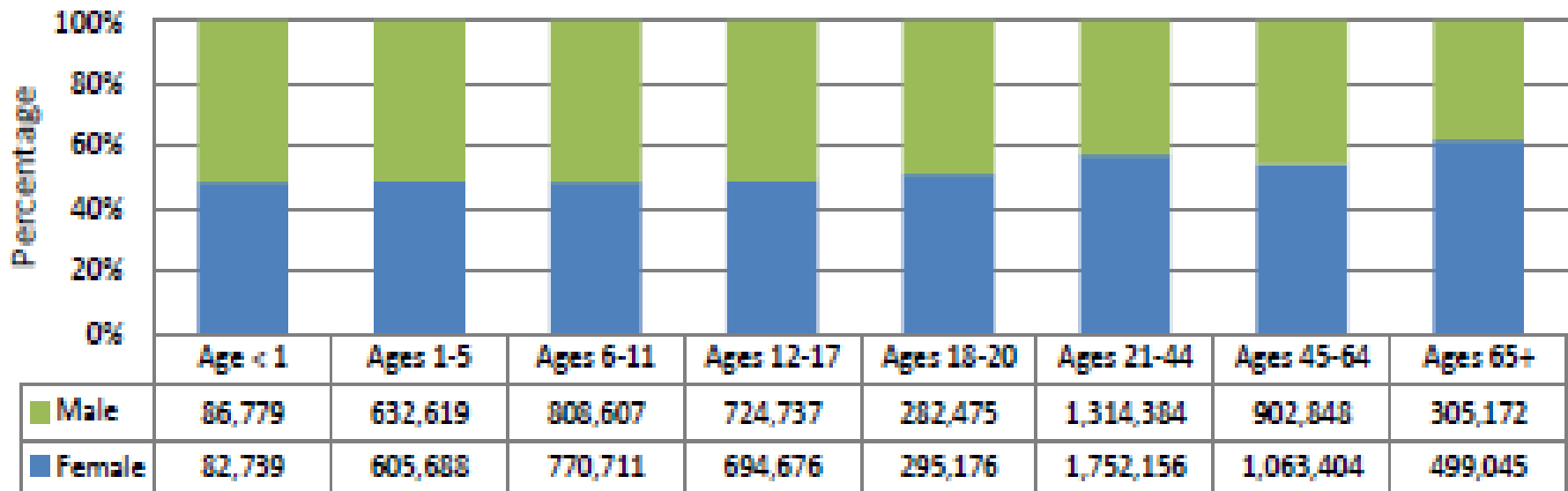
Managed Care by Age

- 41% of Managed Care beneficiaries are under age 18



Managed Care by Gender

- In Managed Care, 51% of beneficiaries are male compared to 49% female up to age 17.
- Between the ages of 18 to 20, the percentage switches to 51% female compared to 49% male.



MCP Services

- MCPs provide medically necessary services to children and adolescents, such as:
 - Preventive Services
 - Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)
 - Care for Children with Special Health Care Needs
 - Services for Persons with Developmental Disabilities
 - Early Intervention Services
 - Case Management and Care Coordination
 - Health Education and Translation
 - Non-Emergency Medical Transportation and Non-Medical Transportation

DHCS Monitoring

- DHCS monitors MCPs in a number of ways, such as:
 - Network Access
 - Network Composition
 - Audits and Surveys
 - Quality Review
 - Facility Site and Medical Record Reviews
 - Grievances and Appeals
 - Data Monitoring
 - Additional monitoring for population transitions, new benefits, continuity of care, or areas of concern

External Accountability Set (EAS)

- All Cause Readmissions
- Ambulatory Care Outpatient and Emergency Department
- Annual Monitoring for Patients on Persistent Medications (ACE Inhibitors/ARBs and Diuretics)
- Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis
- Breast Cancer Screening
- Cervical Cancer Screening
- Childhood Immunizations Status
- Children & Adolescents' Access to Primary Care Practitioners
- Comprehensive Diabetes Care
- Controlling High Blood Pressure
- Immunizations for Adolescents
- Asthma Medication Ratio
- Prenatal & Postpartum Care
- Screening for Clinical Depression and Follow-up Plan
- Use of Imaging Studies for Low Back Pain
- Weight Assessment & Counseling for Nutrition & Physical Activity for Children & Adolescents
- Well Child Visits in the 3rd, 4th, 5th & 6th Years of Life

Include Children & Adolescents

- All Cause Readmissions
- **Ambulatory Care Outpatient and Emergency Department**
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- **Well Child Visits in the 3rd, 4th, 5th & 6th Years of Life**

Exclusive to Children & Adolescents

- All Cause Readmissions
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- **Well Child Visits in the 3rd, 4th, 5th & 6th Years of Life**

2016 EAS Results

Table 5.6—Multi-Year Statewide Medi-Cal Managed Care Weighted Average Performance Measure Results for Full-Scope Managed Care Health Plans

Measure	R _Y 2013 Rate ¹	R _Y 2014 Rate ²	R _Y 2015 Rate ³	R _Y 2016 Rate ⁴	R _Y s 2015-16 Rate Difference ⁵
Care for Children and Adolescents					
Childhood Immunization Status—Combination 3	77.25%	75.07%	73.84%	70.59%	-3.25^^
Children and Adolescents' Access to Primary Care Practitioners—12–24 Months	94.42%	95.25%	93.54%	92.40%	-1.14^^
Children and Adolescents' Access to Primary Care Practitioners—25 Months–6 Years	84.89%	86.27%	85.39%	84.20%	-1.19^^
Children and Adolescents' Access to Primary Care Practitioners—7–11 Years	85.89%	86.08%	87.24%	87.21%	-0.03
Children and Adolescents' Access to Primary Care Practitioners—12–19 Years	85.62%	82.90%	84.19%	84.56%	0.37^
Immunizations for Adolescents—Combination 1	72.66%	74.44%	73.51%	74.20%	0.69^
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents— BMI Percentile—Total	71.55%	71.17%	77.47%	78.39%	0.92^
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents— Counseling for Nutrition—Total	72.53%	71.37%	73.42%	73.43%	0.01
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents— Counseling for Physical Activity—Total	58.28%	59.53%	63.64%	64.57%	0.93^
Well-Child Visits in the Third, Fourth, Fifth, and Sixth Years of Life	74.50%	73.29%	72.78%	71.30%	-1.48^^

Care for Children and Adolescents

- Reporting Year (RY) 2016:
 - For metrics MCPs are held to the Minimum Performance Level (MPL), all weighted averages were above the MPL
 - Childhood and Adolescents Access to Primary Care Providers (CAP) metrics were below the MPL
- Examples of high performing MCPs:
 - Kaiser NorCal
 - Kaiser SoCal
 - San Francisco Health Plan

2017 EAS Results

- For RY 2017: Care for Children and Adolescents
 - For metrics MCPs are held MPL, all weighted averages were above the MPL
 - 2 CAP metrics were also above the MPL
 - 12 to 24 months
 - 25 months to 6 years
 - 2 CAP metrics remained below the MPL
 - 7 to 11 years
 - 12-19 years
- Further analysis is ongoing, including analysis of possible disparities

Opportunities

- In adolescence there is an opportunity to address health behaviors and chronic conditions at a time when utilization often decreases
- Adolescent engagement in healthcare
 - Youth Engagement with Health Services
 - 'Got Transition' Program's Assessment Tools
 - Peer Health Educators
 - Advisory Group Participation
 - Advancing Technology and Use of Social Media

MCP Promising Practices

- **Member Incentives:** Many MCPs have identified member incentive program to target teen preventive care and adolescent immunizations, including focusing on HPV vaccinations.
- **Partnerships:** Many MCPs are collaborating with external partners to better target adolescent health

Peer Health Exchange



PEER HEALTH EXCHANGE

- Mission is to empower young people with the knowledge, skills, and resources they need to make healthy decisions.
- Demonstrate the value of health education, bringing together the health and education systems to achieve better outcomes for young people.

Welltopia

UC Davis
Institute for Population
Health Improvement



California Department
of Health Care Services



“Welltopia was created to encourage and inspire you to find your best self. Welltopia is a place where you can connect directly to credible resources that empower healthy personal, family, and community development.”

Think, Act, Grow® (TAG)

- TAG is a national call to action to improve adolescent health in the United States
- Five Essentials for Healthy Adolescence
 - Positive connections with supportive people
 - Safe and secure places to live, learn and play
 - Access to high-quality, teen-friendly health care
 - Opportunities for teens to engage as learners, leaders, team members, and workers
 - Coordinated, adolescent- and family-centered services
- Resource for promising practices through shared successful strategies

Additional Information

- California Health and Human Services Open Data Portal
<https://data.chhs.ca.gov/>
- Managed Care Dashboards
<http://www.dhcs.ca.gov/services/Pages/MngdCarePerformDashboard.aspx>
- Managed Care Reports and External Accountability Set
<http://www.dhcs.ca.gov/dataandstats/reports/Pages/MMCDQualPerfMsrRpts.aspx>
- Medi-Cal Managed Care Health Plan Boilerplate Contracts
<http://www.dhcs.ca.gov/provgovpart/Pages/MMCDBoilerplateContracts.aspx>
- Medi-Cal Managed Care All Plan Letters, Policy Letters and Dual Plan Letters
<http://www.dhcs.ca.gov/formsandpubs/Pages/MgdCareAPLPLSubjectListing.aspx>
- Adolescent Health: Think, Act, Grow®
<https://www.hhs.gov/ash/oah/tag/index.html>
- Peer Health Exchange
<http://www.peerhealthexchange.org/>
- Eliminating Health Disparities in Medi-Cal
<http://www.dhcs.ca.gov/dataandstats/reports/Pages/HealthDisparities.aspx>
- Welltopia
<http://mywelltopia.com/>

Abbreviations

- CAP: Childhood and Adolescents Access to Primary Care Providers
- EAS: External Accountability Set
- HPL: High Performance Level
- MCP: Medi-Cal managed care health plan
- MPL: Minimum Performance Level
- RY: Reporting Year
- SPD: Seniors and Persons with Disabilities
- TAG: Adolescent Health: Think, Act, Grow®

Questions

Questions?

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