



What is a Medi-Medi Plan?

A Medi-Medi Plan is a type of Medicare Advantage plan. It is for people who have both Medicare and Medi-Cal. It combines your Medicare and Medi-Cal benefits and Medicare prescription drug benefits into one plan. This means you have:

- » One care team to coordinate care.
- » One health plan to coordinate delivery of services, including medical supplies, transportation, and long-term services and supports.
- » One set of benefits and a network of providers, including doctors, hospitals, clinics, labs, pharmacies, and medical equipment suppliers.
- » You may get extra benefits like dental, hearing, or vision coverage, in addition to what Medi-Cal covers.

What Services are Covered by a Medi-Medi Plan?

Your Medi-Medi Plan will cover both your Medicare benefits and your Medi-Cal benefits. It coordinates services you get now or may need later. This includes:

- » All Medicare covered services, including doctors, hospitals, labs, and x-rays
- » Prescription drugs covered by Medicare
- » Coordination of the services you get now or that you may need later
- » Transportation to medical services
- » Long-term services and supports like Community-Based Adult Services (CBAS)
- » Nursing home care
- » Medical supplies
- » Durable Medical Equipment (DME)
- » Vision, dental, and hearing benefits

Who Can Join a Medi-Medi Plan?

You can join a Medi-Medi Plan if you:

- » Have both Medicare Part A and B and Medi-Cal
- » Are 21 years or older
- » Live in one of these counties: Fresno, Kings, Los Angeles, Madera, Orange, Riverside, Sacramento, San Bernardino, San Diego, San Mateo, Santa Clara, or Tulare

Will Joining a Medi-Medi Plan Change My IHSS?

Joining a Medi-Medi Plan will NOT change your In-Home Supportive Services (IHSS) provided through the IHSS Program.

- » You can keep your IHSS hours. Your county IHSS Office authorizes the number of hours per month you receive.
- » You can keep your IHSS provider. You also retain the right to hire, fire, and manage your IHSS provider.



Joining is Free

There are three ways to join a Medi-Medi Plan:

If you are already enrolled in a Medi-Cal plan, call your plan directly and ask about their Medi-Medi Plan option.

Call Medicare at 1-800-MEDICARE (TTY 1-877-486-2048) or visit [Medicare.gov](https://www.Medicare.gov).

Call Health Care Options at 1-844-580-7272 (TTY 1-800-430-7077) or visit www.healthcareoptions.dhcs.ca.gov

For a list of the current Medi-Medi Plan options in your county, view the [Medicare Medi-Cal Plan List](#) on the Department of Health Care Services website.

Additional Resources

- » For free counseling on Medicare options, contact the Health Insurance Counseling and Advocacy Program (HICAP): 1-800-434-0222
- » Compare your Medicare and Medi-Cal choices at My Care My Choice: www.mycaremychoice.org
- » If you need help with a problem your health plan has not been able to resolve, call the Medicare Medi-Cal Ombudsman: 1-855-501-3077