



# Lemon Grove Academy: Comprehensive Wellness Program (CWP)

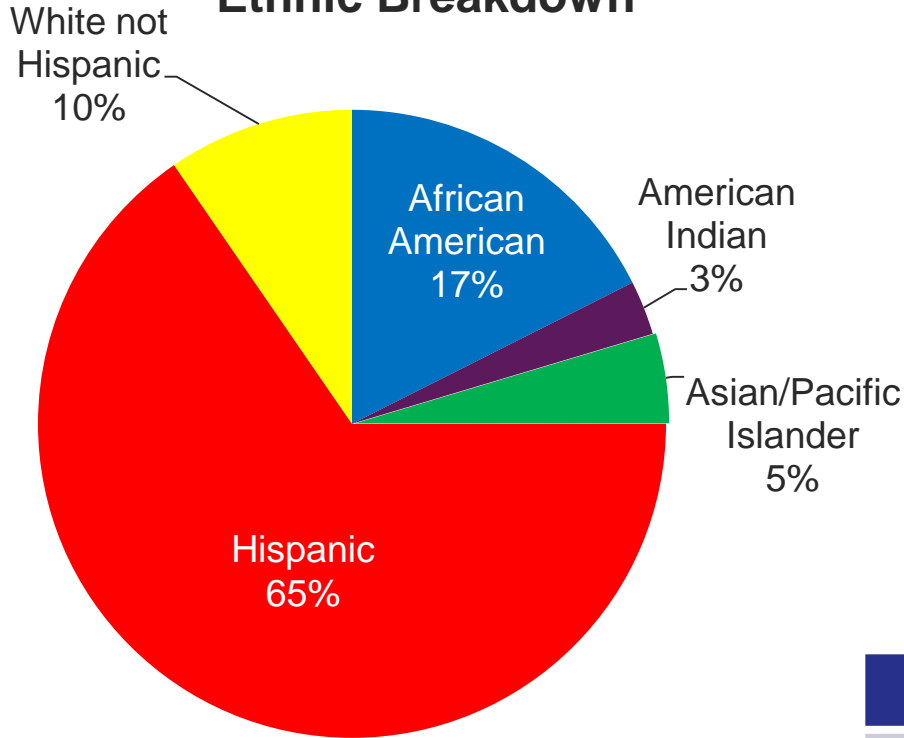
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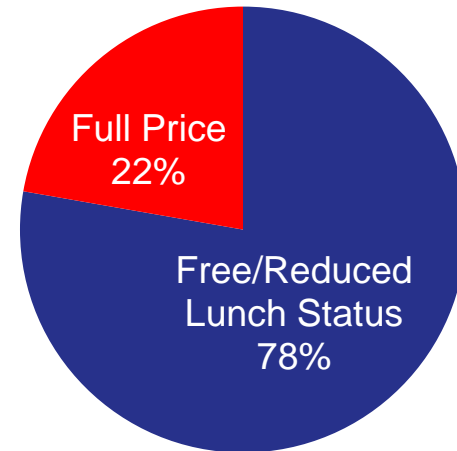


# Demographics

## Ethnic Breakdown



## Free/Reduced Lunch Status



	TOTAL
English Learners	28%
Special Education	11%

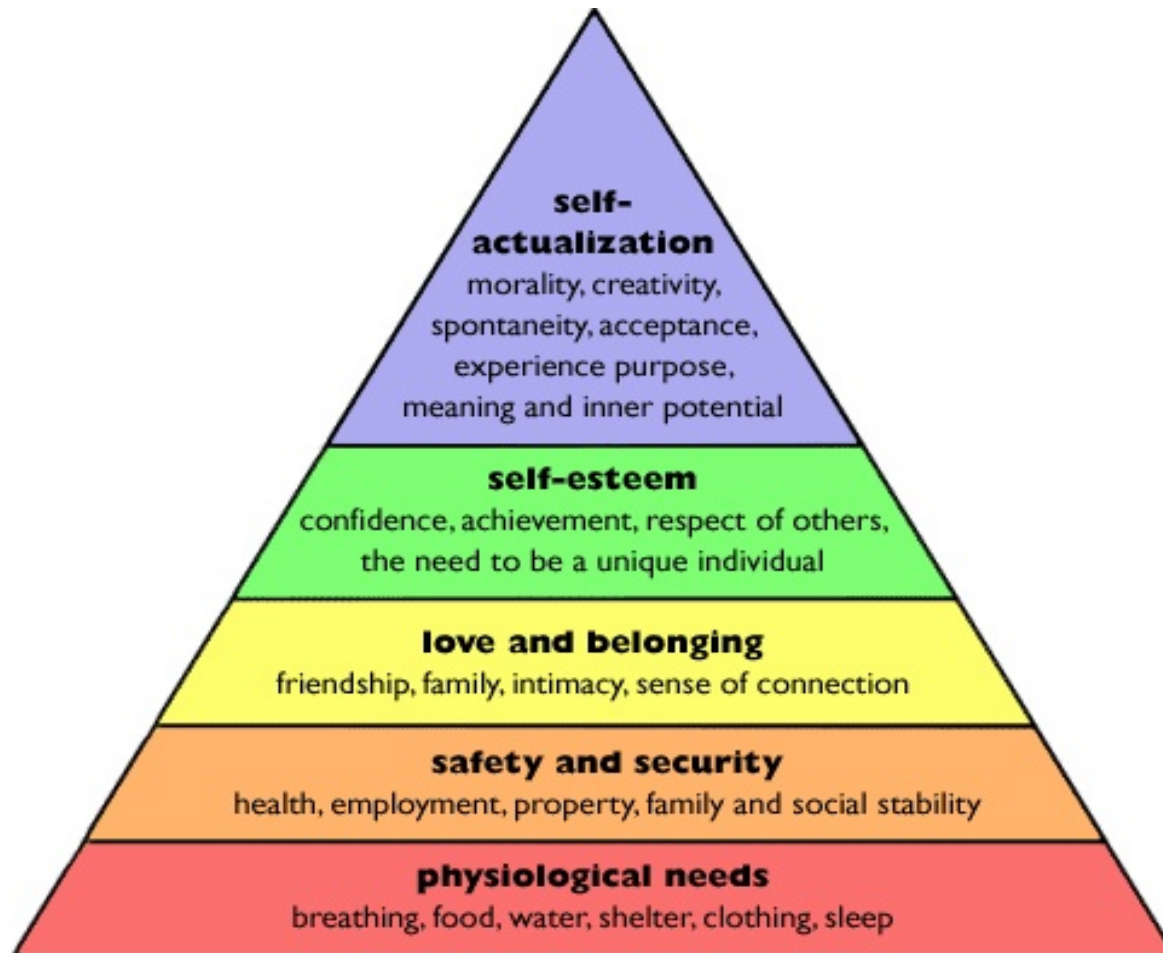


# Overview

- Originally presented to School District Governing Board in 2006
- Aligned with Center for Disease Control's Coordinated School Health Program
- Needs-Based
- Contains 4 Major Components
  1. Student Well-being
  2. Staff Well-being
  3. Family Well-being
  4. Environmental Well-being



# Based on Maslow's Hierarchy of Needs





# Student Well-being

## Needs

- High Childhood Obesity
- Low feelings of Safety
- Limited Resiliency in students
- Low School Connectedness
- High Rates of Instability in Homes
- Significant Emotional/Mental Health concerns
- Low Student Attendance

## Strategies

- Emphasis on Positive School Culture, Inclusivity, and Connectedness
- Before School Physical Activity Program
- Second Step Curriculum (Character Development)
- Full-time Social Workers at each campus
- Mental Health Therapist
- Medical & Dental Clinic
- Breakfast in the Classroom Program
- Robust After School Programming
- Music and Dance Programs
- Extended Advisory Period (middle school)
- Restorative Practices
- Mindfulness
- Murals & Gardens
- Service Learning/Contribution to the Community
- Meaningful Curriculum – Who am I? Who do I aspire to be? What is the path to get there? What problem will I solve?
- And so much more...



# Family Well-being

## Need

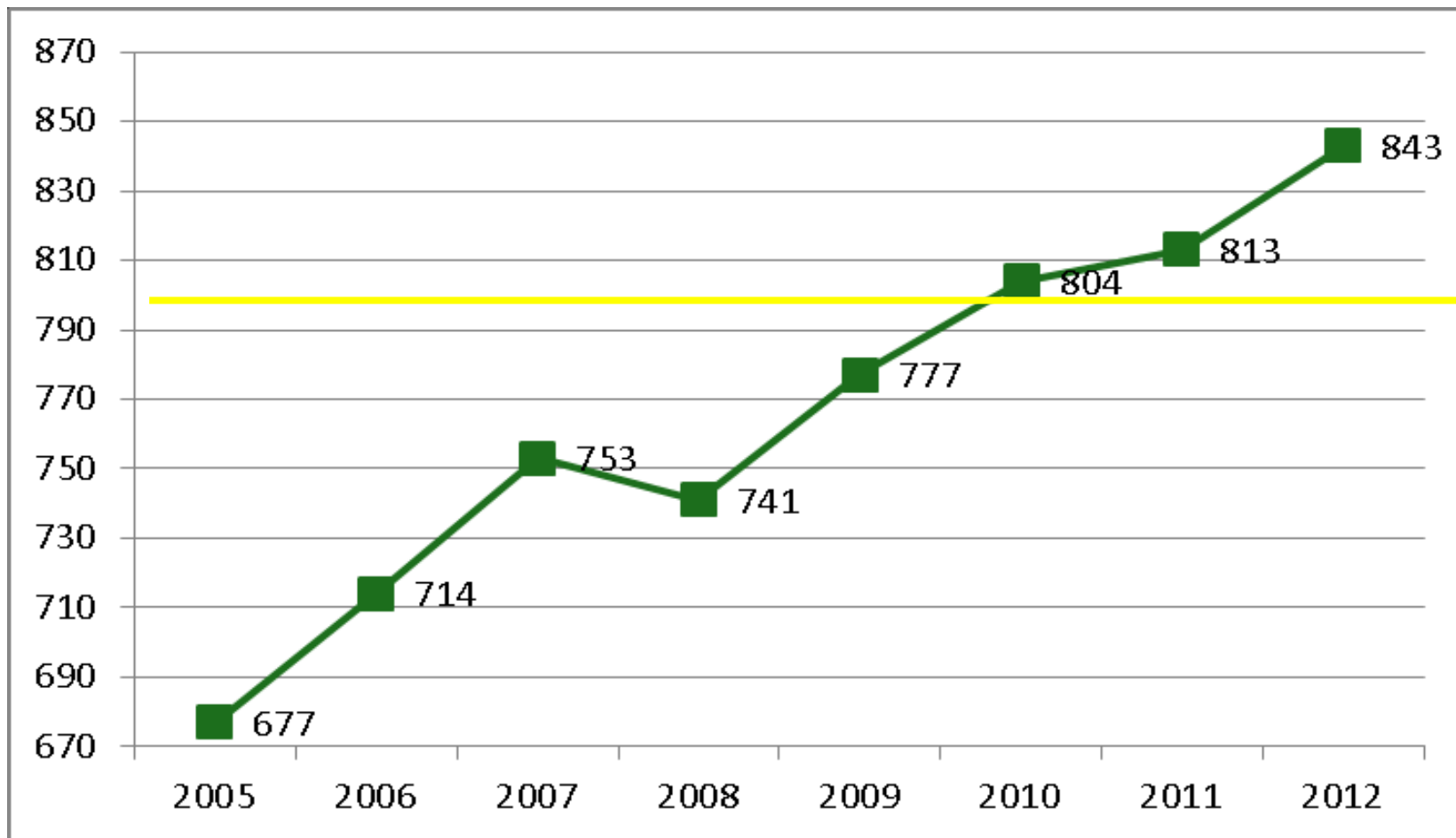
- High Poverty Community
- Significant Percent of Families without Health & Dental Care or Medical & Dental Home
- Limited Understanding of Importance of Preventive Medical & Health Care

## Strategies

- Parent/community liaison to assist with access to healthcare and community resources
- Comprehensive Parent Education
- Free health and rejuvenation classes
- Resident Leadership Academy
- Medical Clinic
- Oral Health Clinic
- School Food Pantry



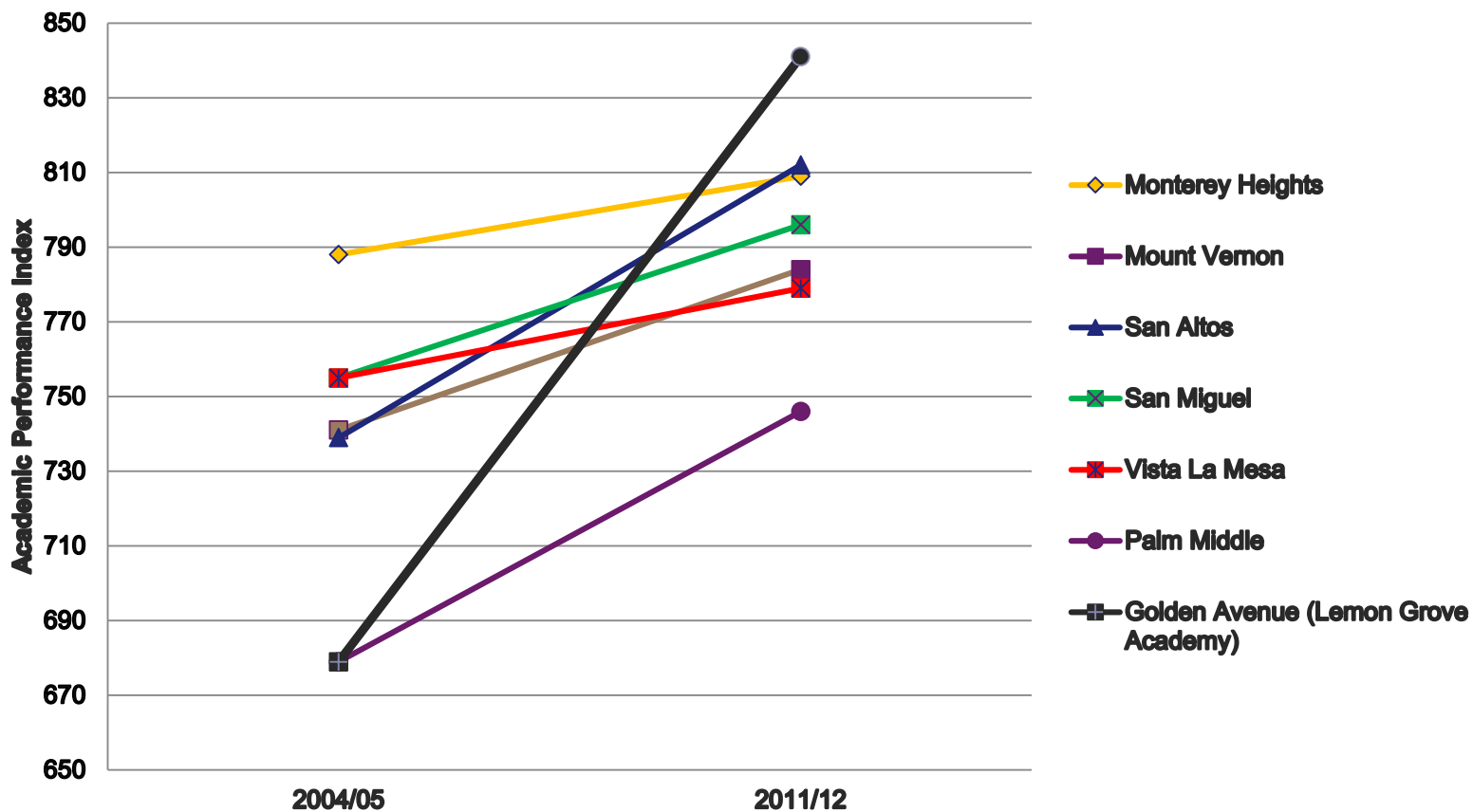
# Results: Academic Performance Index Growth



Source: California Department of Education: API School Level Reports for Lemon Grove Academy: <https://api.cde.ca.gov/reports/page2.asp?subject=API&level=School&submit1=submit>



# Results: Comparison of Academic Performance Index with All Lemon Grove School District Schools

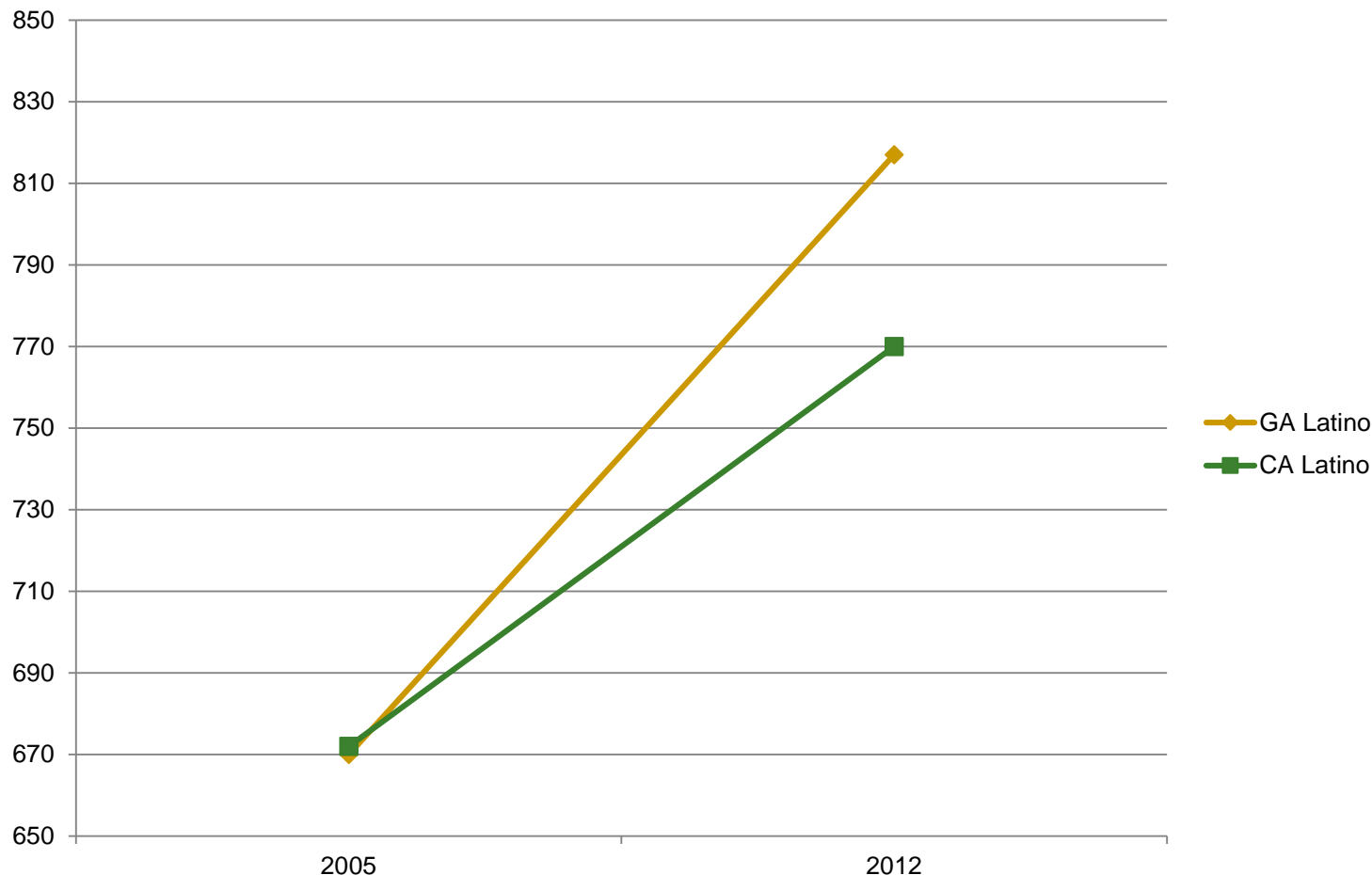


Source: California Department of Education: API School Level Reports for Lemon Grove School District: <https://api.cde.ca.gov/reports/page2.asp?subject=API&level=School&submit1=submit>





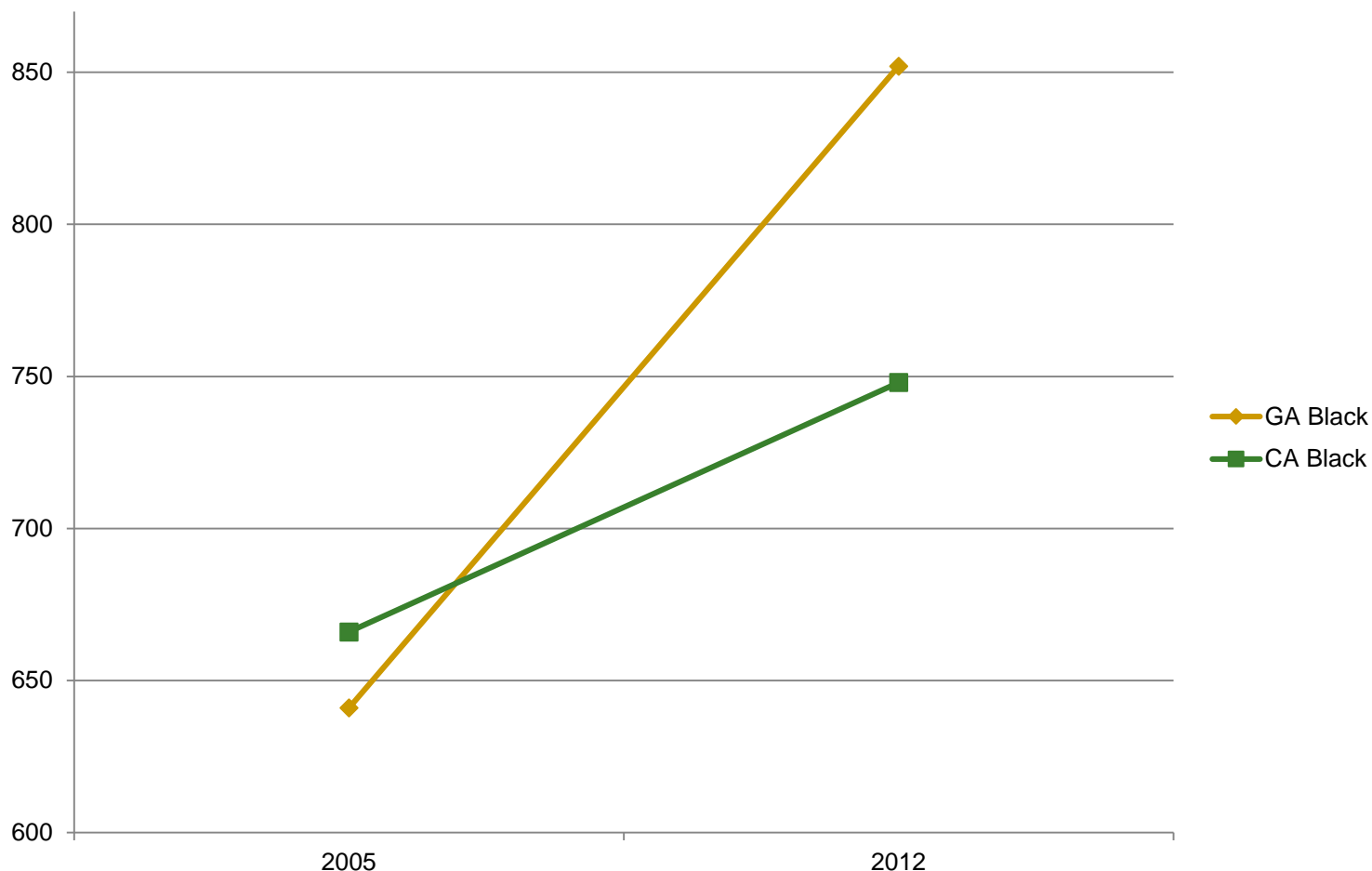
# Results: Latino Academic Performance Index



Source: California Department of Education: API School Level Reports for Lemon Grove Academy:  
<https://api.cde.ca.gov/reports/page2.asp?subject=API&level=School&submit1=submit>



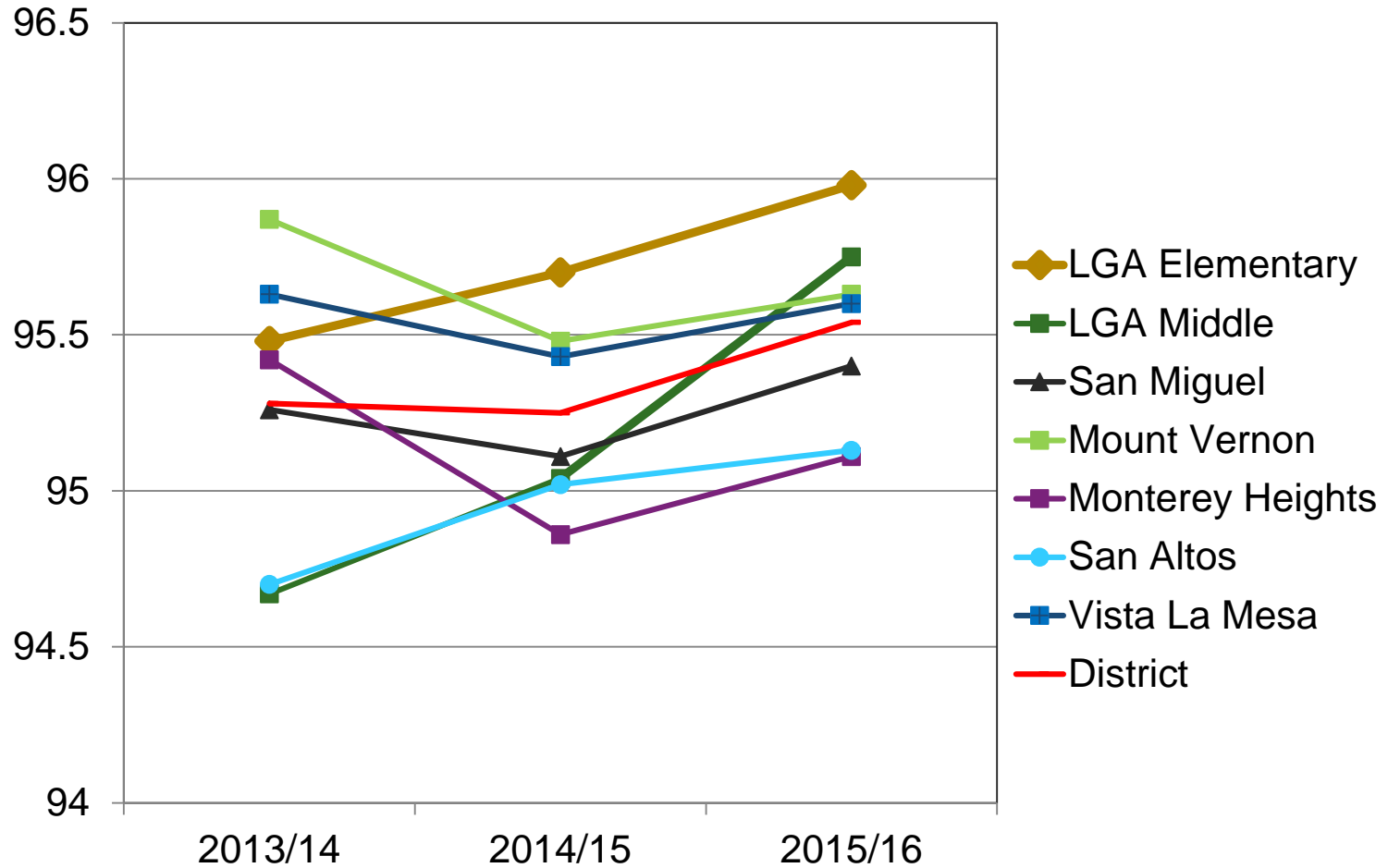
# Results: African American Academic Performance Index



Source: California Department of Education: API School Level Reports for Lemon Grove Academy: <https://api.cde.ca.gov/reports/page2.asp?subject=API&level=School&submit1=submit>

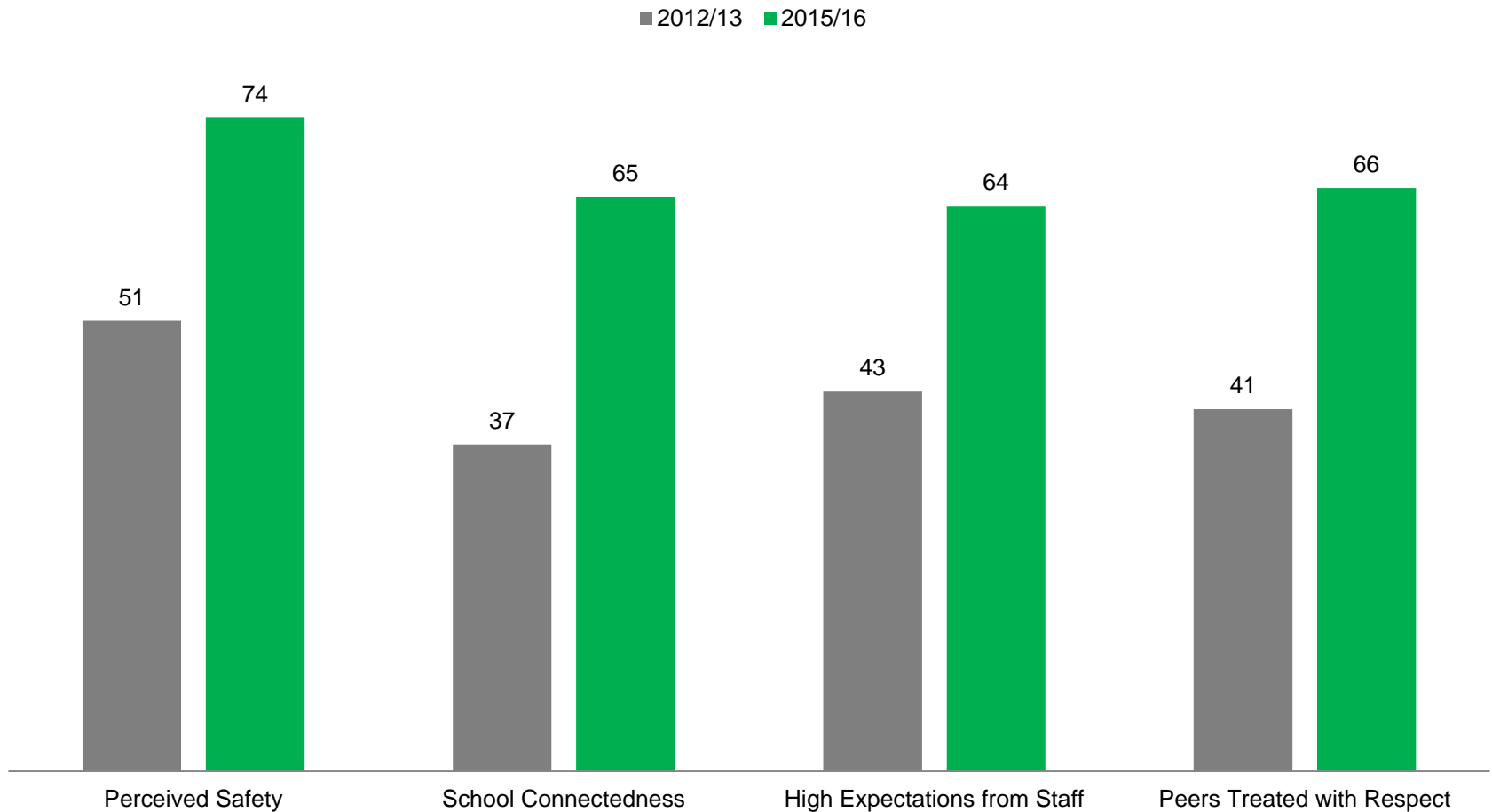


# Student Attendance





# Results: Middle School Culture California Healthy Kids Survey (CHKS)



Source: California Healthy Kids Survey: <http://chks.wested.org/>



# Benefits of the CWP at Lemon Grove Academy

- Increases student attendance
- Increases student academic achievement
- Increases true parent involvement/engagement
- Establishes deep trust and respect with the community
- Demonstrates true commitment to educating the whole child
- The “Intangibles”

