

Medi-Cal Diabetes Prevention Program Overview

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Agenda

- Program Overview
 - Legislation
 - Beneficiary Eligibility
 - DPP Suppliers
- CDC Recognition
- DHCS DPP Policy
- Implementation Process



Legislation – SB 97

- Established the Diabetes Prevention Program (DPP) for Medi-Cal
- To help prevent or delay the onset of type 2 diabetes
- Requires compliance with CDC guidelines and CDC recognition

Program Overview

- Core benefit is 12 consecutive months
 - **Core sessions:** at least 16 weekly sessions over months 1-6
 - **Core maintenance sessions:** at least 6 monthly sessions over months 6-12
 - **Ongoing maintenance sessions:** offered if participants achieve and maintain 5% weight loss

Beneficiary Eligibility

- Enrolled in Medi-Cal
- 18 years of age or older
- BMI \geq 25 if not self-identified as Asian
 - BMI \geq 23 if self-identified as Asian
- Within the 12 months prior to the provider's recommendation:
 - HgbA1c test with a value between 5.7 and 6.4 **or**
 - Fasting plasma glucose of 110-125 mg/dL **or**
 - 2-hour post-glucose challenge of 140-199 mg/dL
- No previous diagnosis of type 1 or type 2 diabetes
 - Excludes gestational diabetes
- Does not have end-stage renal disease

Who Can Enroll as a DPP Supplier?

- Must enroll in Medi-Cal
- Suppliers must comply with Medi-Cal requirements
- An organization with recognition from the CDC's Diabetes Prevention Recognition Program
 - The CDC will address standards for preliminary recognition in 2018

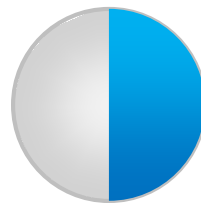
CDC Recognition

- Medicare allows DPP organizations with **full** or **preliminary** recognition to apply for MDPP supplier status



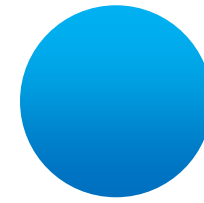
Pending

A DPP organization with PENDING status cannot participate in the Medicare DPP as a supplier.



Preliminary

- After 12 months in Pending status
- 1 completed cohort with:
 - At least 5 participants who attended at least 3 sessions in the first 6 months **and** have been in the program for at least 9 months



Full Recognition

Can apply for MDPP supplier status.

Medi-Cal Policy Topics

DHCS is researching and discussing:

- Virtual and hybrid DPPs
- Enrolling organizations with pending, preliminary, and full recognition
- Connecting Medi-Cal providers and MCPs to DPP Suppliers

Implementation Process

- External Stakeholder Engagement
- Finalize Policy
- State Plan Amendment
- Regulations
- Provider Manual Updates



Questions?

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Thank you!